HRG Memorandum 15-17

To: KEHP HR Generalists (HRGs)
From: Department of Employee Insurance (DEI)
Re: Wellness Leader Conferences – Still Time to Register
Date: July 20, 2015

Wellness Leader Conferences held across the state to date have been a huge success.

Don't miss out on your opportunity to participate in the HumanaVitality Wellness Leader Conference in your area – there is still time to register. Spend the day with the HumanaVitality Engagement team sharpening your HumanaVitality and worksite wellness skills.

Education topics will include:
- Basic HumanaVitality instruction
- Fitness device and app usage
- Challenge platforms
- Worksite wellness strategies

Lunch and snacks will be provided.

We need your assistance to grow KEHP's LivingWell program - please register for an upcoming event near you by clicking on this link: Register Here.

Event Dates (Events will be approximately 9am-3pm each day)
- Johnson - July 23rd
  - KCTCS Big Sandy (Paintsville)
- McCracken - July 28th
  - Western Kentucky Community and Tech College (Emerging Technology Center)
- Hopkins – July 30th
  - Madisonville Community College
- Jefferson – August 4th
  - Waterfront Plaza East (10th Floor)
- Franklin – August 18th
  - Kentucky State Office Building Auditorium

Note: KEHP medical membership preferred but not required (waivers do not have access to HumanaVitality but have made great wellness champions in the past).