

Program Schedule

Wednesday Sept. 5, 2007

9 a.m.– noon	Registration	
9 a.m.–11 a.m.	State Health Insurance Assistance Program (SHIP) Coordinators meeting	Coe
9 a.m.–11 a.m.	Aging Institute	Nunn
9 a.m.–11 a.m.	Senior Community Service Employment Program (SCSEP) Coordinators meeting	Clements
9:30–11:30 a.m.	Session 1: Food Safety, Parts I and II Jane Simmons, MS, RD, LD certified ServSafe instructor <i>Safe food handling practice and correct use of forms and temperature measurements</i>	Brown
11 a.m.	Exhibit Hall Opens	Exhibit Hall
12:30–2 p.m.	Welcome and Greeting Governor Ernie Fletcher Deborah Anderson, commissioner, Department for Aging and Independent Living Secretary Mark D. Birdwhistell, secretary, Cabinet for Health and Family Services	Grand Ballroom
2 p.m.–2:30 p.m.	Break	Exhibit Hall
2:30 p.m.–3:30 p.m.	Concurrent Workshops	
	Session 2: Memory Enhancement Jane Thibault, Ph.D. <i>Differences between normal age–related memory function and abnormal cognitive changes</i>	Willis
	Session 3: Sexual Health and Seniors Sheri White, MBA <i>Sexually transmitted disease trend, symptoms and sequelae</i>	Nunn
	Session 4: Guardianship, Part I Sue Crone, Cabinet for Health and Family Services <i>The Kentucky guardianship process</i>	Stopher
	Session 5: Creating a Safe and Secure Future: Estate Planning 101 Carolyn Wheeler, MS <i>Creating a safe, secure future for loved ones with intellectual or developmental disabilities</i>	French
	Session 6: Medication Management and Aging David Casey, M.D. <i>Medication treatment approaches of psychiatric disorders and major governing principals of geriatric psychopharmacology</i>	Jones
	Session 7: Service Systems Integration for Older Adults Charlotte Kauffman, MA, LCPC <i>Important stakeholders, potential barriers and recommendations for comprehensive service systems integration for older adults</i>	Combs
	Session 8: Using Technology to Manage Your Senior Center Bill Freeman <i>Software solutions and how to become a part of the emerging network of senior centers (Center director track)</i>	Carroll
	Session 9: How to Build Great Relationships Between Boards and Staff Eric Schmall, MA <i>The roles of board and staff and the keys to maintaining high performing relationships between the two. (Advocates track)</i>	Breathitt

Concurrent workshops continued next page

	<p>Session 10: Consumer–Directed Option Juanita Shackelford, MSW, Marie Allison, JD <i>The philosophy, technical steps and positive impact of consumer–directed options</i> (SHIP track)</p>	Coe
	<p>Session 11: Food Safety, Part III Jane Simmons, MS, RD, LD</p>	Brown
	<p>Session 12: SCSEP: (Senior Community Service Employment Program) Updates, Part I Joyce Welsh, MA <i>Changes that impact program management</i> Sponsored by Kentucky Department for Aging and Independent Living</p>	Clements
3:30 p.m.– 4 p.m.	Break	Exhibit Hall
4 p.m.–5 p.m.	Concurrent Workshops	
	<p>Session 13: Aging Well Stephen Michael Cox, M.D. <i>Results and implications of an 80–year–long prospective study on aging well by</i> <i>Harvard Medical School</i></p>	Nunn
	<p>Session 14: Opening Doors to a New Lifestyle–Housing Transitions Vickie Blanton and Kathryn Vaughn <i>Factors that impact a move for seniors and managing the home sale process</i></p>	Jones
	<p>Session 15: Spotlight on Shingles: Know What You Can Do Teresa Flynn, RN <i>The causes and early warning symptoms of shingles</i></p>	Breathitt
	<p>Session 16: Guardianship, Part II Sue Crone <i>The roles of a guardian</i></p>	Stopher
	<p>Session 17: Mental Health and Older Adults Charlotte Kauffman, MA, LCPC <i>How normal and pathological aging differ</i></p>	Combs
	<p>Session 18: Transforming Senior Centers, Panel Discussion Darlene McKinney, Melissa Vermillion, Steve Russ (Center director track)</p>	Carroll
	<p>Session 19: Grassroots Advocacy: How to Make Your Voice Heard Mike Morris <i>The importance and impact of constituent lobbyists on policy making.</i> (Advocates track)</p>	French
	<p>Session 20: Accessing Resources Sue Williams, RN <i>Locating and accessing resources</i> (SHIP Track)</p>	Coe
	<p>Session 21: Food Safety, Part IV Jane Simmons, MS, RD, LD</p>	Brown
	<p>Session 22: SCSEP: (Senior Community Service Employment Program) Changes and Updates, Part II Joyce Welsh, MA Sponsored by Kentucky Department for Aging and Independent Living</p>	Clements
5 p.m. – 6 p.m.	SAMS User Group	Combs
6 p.m.– 9 p.m.	Reception: This is your Life: A Celebration of a Lifetime of Achievement	Grand Ballroom

Thursday Sept. 6, 2007

7:30 a.m.–8:30 a.m.	Coffee and muffins	Exhibit Hall
8:30 a.m.– 9:30 a.m.	<p>Concurrent Workshops</p> <p>Session 23: From Lawrence Welk to Jerry Garcia: The Changing Face of Older Adult Addiction, Part I Carol Colleran <i>The incidence and profile of two generations of older adults with alcohol and chemical dependencies</i></p> <p>Session 24: Aging 101–Introduction to the Aging Network Bill Cooper, MS <i>The aging network and how its history affects the future of programs</i></p> <p>Session 25: Grant Writing Eileen Cackowski, MSW <i>Tips to improve grant applications and using scoring criteria to better manage your time and response.</i></p> <p>Session 26: Hearing Technology for Better Hearing, Better Understanding, Better Living Ed Schickel, M.Ed. <i>Assistive listening devices for communication in large and small groups</i></p> <p>Session 27: Weatherization 101 Patrick Flowers, Cabinet for Health and Family Services <i>The mission of the state Weatherization Assistance Program</i></p> <p>Session 28: Connections and Collaborations for Adults with Intellectual Disabilities Linda McAuliffe, MBA <i>Resources available to adults with intellectual disabilities</i></p> <p>Session 29: Keeping Your Teeth for a Lifetime: Oral Health and Aging, Robert Henry, DM.D and Pamela Stein, DM.D. <i>Key components in effective oral health and the relationship between oral health and systemic diseases</i></p> <p>Session 30: It’s All in the Way We Think! Virginia Drake, MA <i>Challenge and be challenged by your personal beliefs about getting or being “old”</i></p> <p>Session 31: Volunteer Recruitment Melissa Newton, Kentucky Commission on Community Volunteerism and Service, CHFS <i>Positive volunteer recruitment (SHIP track)</i></p> <p>Session 32: Food Purchasing Susan Williams, RD, LD and Jamie Belongie, MBA <i>Ensure best–value purchasing.</i></p> <p>SCSEP Update Deborah Bradley, MA <i>Role and responsibility of SCSEP federal project officers</i></p>	<p>Breathitt</p> <p>Carroll</p> <p>Jones</p> <p>Stopher</p> <p>Combs</p> <p>Beckham</p> <p>French</p> <p>Nunn</p> <p>Coe</p> <p>Willis</p> <p>Clements</p>
9:30 a.m.– 10 a.m.	Break	Exhibit Hall

10 a.m.– 11 a.m.

Concurrent Workshops

Session 33: From Lawrence Welk to Jerry Garcia: the Changing Face of Older Adult Addiction, Part II
Carol Colleran
Addiction trends and principles of successful treatment Breathitt

Session 34: Domestic Violence Among the Elderly
Darlene Thomas, MSSW
Types of elder domestic abuse and barriers compared to younger victims French

Session 35: Making Conflict Productive, Session I
Jerry Mayes, Ph.D.
Different styles in handling conflict and the role and consequences of coercive power in resolving conflict
Sponsored by Purchase Area Mental Health and Aging Coalition Beckham

Session 36: Kentucky's Graying Prisons
Elizabeth McKune, Ed.D.
Aging of inmates and the impact for relationships in the community Jones

Session 37: Coping with the Hard of Hearing Client
Ed Schickel, M.Ed.
Hard of hearing communication issues and strategies for communicating with hard of hearing clients Stopher

Session 38: Osteoporosis: It's Preventable It's Treatable
Genie Prewitt, RN, MSN
Risk factors for osteoporosis and ways to prevent osteoporosis and hip fractures Combs

Session 39: New Realities for an Aging Kentucky
Ron Crouch, MA, MSSW, MBA
U.S. and Kentucky population demographics and the social, economic and lifestyle issues of aging Willis

Session 40: A Matter of Balance: Managing Concerns about Falls
Sue Johnson, MBA and Barbara Gordon, MA
Manage falls and increase activity levels Carroll

Session 41: Benefits Check Up
Leslie Wilson
Applying Web-based tools to everyday situations. (SHIP track) Coe

Session 42: A World of Flavor
Steven Lee
The flavor power of herbs Nunn

SCSEP Update
Deborah Bradley, MA
Role and responsibility of SCSEP federal project officers Clements

11 a.m.–11:30 a.m.

Break

Exhibit Hall

11:30 a.m.– 1 p.m.

Luncheon

Grand Ballroom

Noon–1 p.m.

Luncheon Presentation: Presenting a Professional Image at Any Age
LisaMarie Luccioni, MA, AICI, CIP

Grand Ballroom

1 p.m.– 1:30

Break and Sponsor/Exhibitor Door Prize Giveaway

Exhibit Hall

1:30 p.m.– 2:30 p.m.

Concurrent Workshops

Session 43: Presenting a Professional Image at Any Age Workshop, Part 1
LisaMarie Luccioni, MA, AICI, CIP Breathitt

Concurrent workshops continued next page

	<p>Session 44: Homelessness and Older Adults Marlene Gordon, M.Ed. <i>The plight of the homeless and identifying who is homeless in Kentucky</i></p>	Stopher
	<p>Session 45: Personal Safety, Session 1 Sgt. Michael Todd Evans Kentucky State Police <i>Better protect yourself in threatening circumstances with basic self-defense techniques</i></p>	Carroll
	<p>Session 46: Making Conflict Productive, Session II Jerry Mayes, Ph.D. <i>Different styles in handling conflict and the role and consequences of coercive power in resolving conflict</i> Sponsored by Purchase Area Mental Health and Aging Coalition</p>	Beckham
	<p>Session 47: Kentucky Elder Readiness Initiative Graham Rowles, Ph.D. <i>Responding to the challenges and opportunities raised by retirement and aging of the baby boom generation</i></p>	Nunn
	<p>Session 48: Elder Abuse Nikki Henderson, MSSW <i>Signs and symptoms of nursing home elder abuse and how to report it</i></p>	Combs
	<p>Session 49: Transportation Issues Gale G.W. Reece, Jack Hutchinson, Barbra Gordon, MA, Nancy Snow and Adam Whitlock <i>Transportation issues relevant to Kentuckians</i></p>	French
	<p>Session 50: CMS Update, Part I Charlotte Pickens <i>Resources for day-to-day work with Medicare beneficiaries and new benefits and changes in the Medicare program, including quality initiatives, financial and program integrity, Medicare Advantage and Part D (SHIP track)</i></p>	Coe
	<p>Session 51: Maintaining Food Temperature During Transport Using Insulated Containers Doug Nelson, Ph.D. <i>Way to maintain food temperatures during transport, features of different insulated transport containers and which will best fit your needs</i></p>	Willis
2:30 p.m.–3 p.m.	Break - Exhibits close at 3 p.m.	Exhibit Hall
3 p.m.– 4 p.m.	Concurrent Workshops	
	<p>Session 52: Presenting a Professional Image at Any Age Workshop, Part 2 LisaMarie Luccioni, MA, AICI, CIP</p>	Breathitt
	<p>Session 53: Long-Distance Caregiving David Bassoni <i>Strategies, techniques, resources and objectives in caregivers reaching out across the miles</i></p>	Beckham
	<p>Session 54: Person Centered Planning Linda McAuliffe, MBA and Amy DiLorenzo, MA <i>Specific and practical person-centered planning techniques to enhance the lives of individuals we serve</i></p>	Nunn
	Concurrent workshops continued next page	

	Session 55: Introduction to Project Lifesaver Officer Steven Gaunce, Lexington Division of Police <i>Basic information on Alzheimer's disease and related disorders and an overview and demonstration of equipment used in Project Lifesaver</i>	Stopher
	Session 56: Kentucky State Aging Database Overview Jeanette Woodward <i>SAMS and Omnia database software and tips for managing data, maintaining client security and useful report features</i>	Combs
	Session 57: Use It or Lose It David Allen, M.D., MPH <i>The importance of physical activity in aging</i>	French
	Session 58: Personal Safety, Session II Sgt. Michael Todd Evans, Kentucky State Police <i>Better protect yourself in threatening circumstances with basic self-defense technique</i>	Carroll
	Session 59: CMS Update, Part II Charlotte Pickens (SHIP track)	Coe
	Session 60: Beyond Katrina—Responding to the Lessons of Disaster Sara Jane Hope, MS, Senior Nutrition Services, Valley Services, Inc. <i>Writing company disaster plans and lessons learned from recent natural disasters, especially Hurricane Katrina</i>	Willis
4 p.m.–4:30 p.m.	Break	
4:30 p.m.	Session 61: Everybody Moving—Fun Run/Walk (Note: Special incentives offered for participation) Sponsored by Kentucky Department for Aging and Independent Living	Meet in hotel lobby

Friday, Sept. 7, 2007

7:30 a.m.– 8:30 a.m.	Breakfast Buffet	Grand Ballroom
9 a.m.– 10 a.m.	Keynote Address: How to Do the Impossible Bruce Boguski, president of the Winner's Edge <i>Personal effects of positive belief, humor and fun on health, confidence, performance; and success and attitude adjustment techniques to use in challenging situations</i>	Grand Ballroom
10:15 a.m.–11:45 a.m.	Awards Presentation: Department for Aging and Independent Living	Grand Ballroom

Continuing Education Information

Please see the program insert available at the registration desk for information on conference CEUs for nurses, nursing home administrators, social workers and dietitians. Certificates of attendance also are available at the registration desk at the conclusion of each conference day. Please pick yours up before leaving the conference.

Conference Highlights

Governor Ernie Fletcher



Governor Ernie Fletcher's public service began in the United States Air Force where he was an F-4E aircraft commander, NORAD alert force commander and fighter pilot. He served his community as a physician in Lexington for 12 years, including two years as CEO of the Saint Joseph Medical Foundation. Governor Fletcher was elected to the 78th district seat in the Kentucky House of Representatives in 1995. As a state legislator he served on the Kentucky Commission on Poverty and the Task Force on Higher Education. He was elected Kentucky's 6th district United States Congressman in 1998 and served as a member of the House committees on energy and commerce and chaired the Policy Subcommittee on Health. Governor Fletcher and his wife, the former Glenna Foster, have two children and four grandchildren.

Mark D. Birdwhistell

Cabinet for Health and Family Services

Mark D. Birdwhistell was appointed by Governor Fletcher as the secretary of the Kentucky Cabinet for Health and Family Services in December 2005. Secretary Birdwhistell has more than 27 years of experience in health care leadership and executive management in both the private and public sectors. He has received national recognition for his role in the design of Kentucky's Medicaid modernization initiative. Secretary Birdwhistell played an instrumental part in gaining federal approval for Kentucky to become the flagship state to implement comprehensive Medicaid reform. Under his leadership the Cabinet focuses on delivering quality services that enhance the health, safety and well-being of all people in the Commonwealth of Kentucky, particularly the aging population.



Greg Case

Center for Planning and Policy Development

U.S. Administration on Aging

Greg Case is a senior policy analyst with Center for Planning and Policy Development of the U.S. Administration on Aging (AoA) where he works with the assistant secretary for aging to set policy and develop programs in support of administration priorities. Current initiatives to promote consumer choice include the joint AoA and Center for Medicare and Medicaid Services Aging and Disability Resource Center grant program to help states streamline access to long-term care; providing planning support for future long-term care needs; an evidence-based disease and disability prevention initiative; and Cash and Counseling. Case has worked in

the field of aging for more than 30 years and has a master's degree from the University of Illinois.



LisaMarie Luccioni

Luncheon Presentation: Presenting a Professional Image at Any Age

Lisa Marie has been a member of the faculty at the University of Cincinnati College of Arts and Sciences for 17 years, teaching an expansive range of classes in the Department for Communication. Luccioni is a certified image consultant through the Association of Image Consultants International and is past president of its Ohio/Pennsylvania chapter. She recently was credentialed as a certified image professional. She is officially certified in image issues by both AWIS Beauty and the Conselle Institute of Image Management, where she studied under Judith Rasband, one of only seven image masters in the world. She has been featured on radio, in newspapers – including William Safire's On Language column - and in magazines. Luccioni most recently appeared as a guest on CNN's news and features program, Anderson Cooper 360.

Luccioni consults and makes presentations on topics including communication, business etiquette and personal and professional image.

Bruce Boguski

Keynote Address: How to Do the Impossible

Author, motivational speaker, columnist and media personality, is well known for his ability to inspire others to do the impossible. Boguski has a bachelor's degree in business and education from Bowling Green State University and a level-two certification in brain-based learning strategies. Boguski knows firsthand the attitude and skills required to overcome physical and mental challenges. At age 18, he was partially paralyzed in an automobile accident and, although doctors warned that he might never walk again, he left the hospital a few months later under his own power. Boguski is president of The Winner's Edge, a peak performance consulting firm in Findlay, Oh., and is a nationally known presenter on motivational tactics and mental toughness training.

