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## **Kentucky Hospital Association Honors Central State Hospital with 2016 Quality Award**

**Frankfort, KY. (May 13 , 2016)**—The Kentucky Hospital Association presented a 2016 Quality Award to Central State Hospital during a special awards presentation held as part of its Annual Conference in Lexington.

The Quality Awards are presented in six categories, with Central State Hospital being honored in Psychiatric Care. Other categories include Critical Access Hospital, under 100 beds, 100 to 250 beds, greater than 250 beds, and Post-Acute Care.

Central State Hospital is an inpatient behavioral health facility operated by the Cabinet of Health and Family Services. It serves the populations of Jefferson and surrounding counties providing a variety of recovery-focused, individualized care for adult psychiatric patients. Recovery-based services include a state of the art Recovery Center, the only one of its kind in the region.

“We are honored to receive the 2016 KHA Quality Award that recognizes our teams’ focus on high reliability and improving the safety of our patients. The facility has a strong focus on working with the patient, family, and community for successful patient recovery,” said Dr. Vital Shah, CEO and Chief Medical Officer at Central State Hospital. The facility has embarked upon a journey to transform the hospital from an “institution” into a welcoming place for persons of great need to receive quality care in a safe environment.



The award honors hospital leadership and innovation in quality, safety, and commitment in patient care. According to KHA, the goals of this award are to:

- Raise awareness of the need for an organization-wide commitment to highly reliable, exceptional quality, patient-centered care
- Reward successful efforts to develop and promote improvements in quality of care
- Inspire organizations to systematically integrate and align their quality improvement efforts throughout the organization
- Communicate successful programs and strategies to the hospital field
- Facilitate Kentucky hospitals' alignment of quality initiatives with national initiatives

Central State Hospital has held fast to the notion that the most effective interventions for the population they serve are produced by a multidisciplinary team approach. By the very nature of that structure, teamwork is the most basic tenet. Each department in the facility, whether clinical or non-clinical, has opportunity to provide input when decisions are made regarding hospital operations.

One of the hospital's most significant accomplishments in the past year has been to enhance patient safety through improvements to the patient environment, focusing on the prevention of self-harm. The hospital completed a proactive risk assessment on the process of assessing patient self-harm and suicide risk from admission until discharge. They addressed these issues using a comprehensive systematic analysis to mitigate identified risks.

In addition to being recognized by KHA for quality of care, the hospital was also recently honored by The Joint Commission as a "Top Performer on Key Quality Measures".