

**Children's Health Technical Advisory Committee Meeting**  
**Public Health Building**  
**275 East Main Street**  
**Frankfort, Kentucky**  
**July 8, 2015 – 10:00 a.m. EST**

TAC members in attendance: Chair Tara Grieshop-Goodwin, Mary Burch, Dr. Kelli Whitt, Janice Jackson, Michael Flynn, Dr. Charlotte Haney and Cecelia White.

Managed Care Organization (MCO) representatives in attendance: David Hanna, Jessica Beal, Liz McKune and Micah Cain, Passport Health Plan; Lee Ann Magre and Stephanie Jamison, WellCare; David Crowley, Mary Maupin, Gwen Embry and Andrew Mudd, Anthem Blue Cross-Blue Shield; Kimberlee Richardson, Dr. Jeb Teichman, Mendy Pridemore and Kelly Fellonneau, CoventryCares; Dr. Vaughn Payne, Kristen Mowder and Paula Cissell, Humana-CareSource .

Medicaid staff in attendance: Dr. John Langefeld, Cindy Arflack, Deborah Simpson, Catherann Terry and Candace Crawford. Others in attendance: Dr. Deborah Winders Davis, Dr. Gilbert Liu, Dr. William D. Lohr and Dr. Charles Woods, University of Louisville; Dr. Jerry Caudill, Avesis; Dennis Yastes and Mahak Kalra with Kentucky Youth Advocates; Jason Baird, DentaQuest; Dr. Julia Richerson with AAP-KY; Karen Mercer, Commission for Children.

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The meeting was called to order by Ms. Grieshop-Goodwin, Chair. Introductions were made by the TAC members.

Behavioral Health Presentation:

Dr. John Langefeld, Chief Medical Officer for Department for Medicaid Services (DMS), made a presentation on psychotropic medication use with children. The summary of concerns he reported are as follows:

- Kentucky has one of the highest rates in the U.S. of psychotropic medications prescribed to children
- Psychotropic medications are being prescribed to very young children at high rates and often in combination with other medications
- The rate of use for foster children is disproportionately higher (nearly six times that of TANF children in Medicaid)

Dr. Langefeld discussed the steps taken to date to address this:

- (1) Preliminary analysis is completed on Medicaid claims data (medical and pharmacy)
- (2) DMS is engaged in active discussion with all Medicaid MCOs, with the implementation by MCOs of a Performance Improvement Project (PIP) focused on the effectiveness of treatment that includes the use of psychotropic medications in children. The 2015 HEDIS measures to be looked are the use of higher-than-recommended doses and use of multiple antipsychotics, the use of first-line psychosocial care and follow-up visits and metabolic screening and monitoring.
- (3) DMS is engaged with faculty at U of L Department of Pediatrics. A multidisciplinary research team called Child and Adolescent Health Research Design and Support (CAHRDS) has been engaged to:
  - Validate and further refine initial data analysis
  - Research clinical evidence-based best practices in prescribing and treatment
  - Make recommendations regarding potential programmatic actions
  - Be actively involved in continued research, education and interactions with treating physicians
  - Make recommendations on appropriate and effective quality outcome metrics

Dr. Deborah Davis with the University of Louisville introduced the CAHRDS research team who were in attendance at the meeting to address the group. Dr. Davis discussed a PowerPoint presentation entitled "Patterns of Psychotropic Medication Use Among Kentucky Medicaid Children in 2013."

The highlights of this analysis are:

- Approximately 45% of children aged 6-11 with a diagnostic code of mood disorder are prescribed an antipsychotic medication. This subgroup should be prioritized for intervention.
- Rates of prescribing psychotropic and antipsychotropic medications vary slightly by region. Region-specific interventions do not seem to be warranted.

- The rate of prescribing to children five years and under is 15-20% lower for non-APM psychotropics when those with seizure diagnoses are removed.

Dr. Davis discussed the next steps to take:

- Look at behavioral health claims in each diagnostic category and by age and region
- Look at whether laboratory monitoring was done versus the HEDIS appropriate lab monitoring
- Look at concurrent antipsychotic medication use
- Look at appropriate versus inappropriate use in foster care population

Dr. William D. Lohr with U of L discussed the provider interviews performed, the provider survey methodology and the provider survey preliminary results.

Dr. Langefeld stated that the TAC's feedback on these reports and any input concerning what steps to take in the future are welcomed.

Approval of Minutes:

A motion was made by Mr. Flynn and seconded by Ms. Burch to approve the May 13, 2015 meeting minutes. Motion passed.

Cabinet Updates on Medicaid & KCHIP:

Ms. Arflack reported that as of June 1, there were 44,226 children enrolled in KCHIP. She noted that the dental regulation should be final by the end of the year, and that the federal KCHIP match for federal years 2016 and 2017 will be 100%. Ms. Arflack stated that the asthma codes are still in progress and that Charles Douglass is working on them.

Clarification was needed from Dr. Richerson concerning questions she had on tubal ligations for pregnant women and immunization reimbursement rates. Dr. Richerson clarified that the tubal ligation question concerned the restrictions for Medicaid women to receive a tubal and she asked for a copy of this regulation. Dr. Richerson stated the immunization question was around the Kentucky VFC administrative rate being lower than surrounding states and wanted to know if that could be reviewed.

MCO Updates on PIPs:

ANTHEM: Ms. Mary Maupin reported that on the behavioral health PIP, there is not a huge denominator in the population yet and the MCO is continuing to build the non-HEDIS measures within their software. On the oral health initiative, work group is looking at recipient incentives for dental screenings and ways to make a child's first visit to the dentist more pleasant and less traumatic. For the emergency utilization PIP, the "Know Before You Go" magnets have been made for distribution to promote the nurse call line.

Ms. Maupin noted that a Teen Advisory Board is being developed to get input and feedback from the teenage population concerning health issues; and for the smaller children, immunizations, well-child visits and provider education are being addressed. Mr. Crowley noted that with effective July 1, Anthem will be in all regions across the state.

COVENTRYCARES: Ms. Kimberlee Richardson reported that she had the behavioral health data that was asked for. She noted that the prior authorization and claims information was pulled from January 1 to June 30. Specific to child data, they had 954 claims that were fully approved requests, 220 that were partially approved and 89 that were denied. The appeals data was not available at the time of the meeting. Ms. Richardson stated the MCO would need more information as to what the TAC wants concerning Reports 59 and 61.

Ms. Mendy Pridemore stated that the number of enrolled in foster care currently is 4,022. She stated that approximately 580 were receiving antipsychotic medications and that outreach is being done to the family members and caregivers of these foster care children.

HUMANA: Dr. Vaughn Payne stated that a provider webinar will be conducted to discuss the antipsychotic medication topic and that he will look into the idea of providers receiving CME's for attending. He noted that claims data is still being collected and interventions are beginning to take place. Dr. Payne stated that

due to time constraints of the meeting, he had lengthy reports concerning enrollment, new enrollees, prior authorizations and claims that he would not discuss but these reports were furnished to the TAC.

**PASSPORT:** Dr. Liz McKune stated that the MCO is working on building an improved data analytics tool that will aid in pulling information about the asthma population and to help support the goals for the asthma PIP. For the antipsychotic monitoring, the MCO is looking at building a comprehensive tool to better pull data for the six measures they are measuring for at this point. The MCO has been looking at an alternative charts' auditing process for the upper respiratory infection and pharyngitis infection. The MCO has been working with Louisville Metro EMS to look at how they respond to non-emergent calls that result in ER visits.

Dr. McKune handed out a PowerPoint presentation that covered the general data, prior authorization, claims and appeals, the quarterly grievance activity, substance abuse treatment and foster care membership.

**WELLCARE:** Ms. LeAnn Magre stated that the data is still being analyzed on the PIP updates and that a report will be submitted on September 1. She noted that the antipsychotic medication PIP interventions are still being formulated and not completely confirmed to date.

Discuss Recommendations to MAC:

No formal recommendations were made.

Other Committee Business:

There was no other committee business.

A motion was made by Dr. Haney to adjourn the meeting. The next meeting is September 9, 2015.

(Minutes were taped and transcribed by Terri Pelosi, Court Reporter, this 15th day of July, 2015.)