

Save the Date: July 20 & 21, 2009

Agenda and Registration Form Follow



Coordinated School Health Institute *Growing Healthy Kids in Kentucky*

Who and What. The Coordinated School Health Institute and the Growing Healthy Kids in Kentucky programs have joined to provide tools and information to:

- Classroom teachers,
- School and public health administrators,
- Dietitians and nutritionists,
- Health department providers and health educators,
- Nurses,
- Family resource and youth services centers personnel,
- School food service workers,
- Health and physical education teachers,
- Certified health education specialists,
- Cooperative extension service agents,
- Social workers, and
- Parents and others involved children's health and wellness.

Breakout workshops will focus on: health education; health services; family and community involvement; nutrition; staff wellness; counseling, psychological, social services; healthy school environment; and physical education.

When. Monday, July 20 through Tuesday afternoon, July 21, 2009.

Where. Marriott Griffin Gate, Lexington.

Contact. E-mail ajgrizzell@insightbb.com if you have any questions.





Coordinated School Health Institute

Growing Healthy Kids in Kentucky

Agenda / Register NOW . . . Space is Limited

Sunday, July 19

- 3:00 PM Begin to check into the Marriott Griffin Gate
- 6:00 Reception & appetizers in Hospitality Suite (Optional)

Monday, July 20

- 6:00 AM Wake up body & mind with physical activity options
- 7:30 Registration / continental breakfast / health screenings / exhibits
- 9:00 Welcome
- Joan Buchar, Program Officer
Foundation for A Healthy Kentucky
 - Susan Zepeda, Executive Director
Foundation for a Healthy Kentucky
 - Amanda Goldman, President
Kentucky Dietetic Association
 - Steve Davis, MD, Deputy Commissioner
Kentucky Department for Public Health
- 9:45 Kentucky's Future: Healthy Kids
Dave Adkisson, President & CEO
Kentucky Chamber of Commerce (Invited)
- 10:45 Tasty, Healthy Break / exhibits
- 11:10 Breakout Session OPTIONS
- A. Collaborating for Wellness ... A Success Story
John Cain, Action for Healthy Kids
Patty Lane, Alliance for Healthier Generation
 - B. Smart Bites Project
Marilyn Gardner, Western Kentucky University
Healthy Weight Kids Coalition
 - C. Worksite Wellness: Virgin Health Miles
Mindy Wallin
- NOON Networking Lunch
- 1:00 Breakout Session OPTIONS
- A. Farm To School:
Growing Minds Farm to School Program
Appalachian Sustainable Agriculture Project
Emily Jackson, BS, Ed.D, Founder and Director
 - B. Question, Persuade, and Refer
Help save a life from suicide
Michael McFarland
State Suicide Prevention Coordinator
- 2:30 Break
- 2:45 Y5210 & Stress Reduction
Stephanie Bramer & Delia Gibbs & Michelle Coker

- 3:30 Health & Academic Achievement
Carolyn Fisher, Senior Advisor
Centers for Disease Control & Prevention
Coordinated School Health
- 4:30 Adjourn for the day
- 5:00 Reception in Hospitality Suite (Optional)
Dinner on your own to network with your peers

Tuesday, July 21

- 6:30 **AM** Wake up body & mind with physical activity options
- 8:00 Continental breakfast
- 9:00 Breakout Sessions
- A. Covering All Kids
Lisa Lee & Cindy Arflack
Cabinet for Health & Family Services
 - B. Coordinated School Health Program
Renee DelPico & Lisa Sims, Daviess County
Coordinated School Health Program
 - C. Policy Analysis: Is There a Relationship
Between Required Physical Education in
Lower Grades and Adolescent Obesity
Rates? A Kentucky Case Study
David Gross, UK Center for Rural Health
- 9:50 Break
- 10:00 Breakout Session OPTIONS
- A. Safe Routes to School
Jackie Jones, Safe Routes to School Coordinator
Kentucky Transportation Cabinet
 - B. Overview of Children's Health
Jeff Jones, Ph.D, College of Public Health,
University of Kentucky College of Medicine
 - C. Addressing Mental Health Issues in
Schools / Lynn Bailey, Boyd County
- 10:50 Break
- 11:00 When Systems Change:
What Happens to Practical Living?
Terry Brooks & Melody Noland
- Shaping Kentucky's Future: Policies to Reduce Obesity
Wendy Carlin, Partnership for A Fit Kentucky
- Noon Lunch: Speaker on Green Schools
Jane Eller, Executive Director
Kentucky Environmental Education Council (KEEC)
- 1:30 Evaluations, CEUs & Wrap Up



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July 20 & 21, 2009

Name: _____

Credentials _____ Title: _____ E-mail Address: _____

Institution/School/Business: _____

Institution/School Address: _____

City, State, Zip: _____ Telephone: _____

Supervisor's Name and Signature (if appropriate): _____

Home Address: _____

Home City, State, Zip: _____ Telephone: _____

Home E-mail Address: _____ Cell Phone Number: _____

Conference Fee: \$ 175

Please make checks payable to the Kentucky Dietetic Association, and mail with this completed form to:
Kentucky Dietetic Association / P. O. Box 23555 / Lexington, KY 40523-3555

Space is limited, so register NOW.

If you wish to reserve your space, you may

fax your completed registration form to: 859-245-0717.

Mail your check and a copy of your registration form as well.

We cannot accept credit cards.

Purchase orders may be mailed to the address listed above, or faxed to 859-245-0717.

There are no refunds. If you are not able to attend, someone may take your place.

Please Note: A \$50 late fee applied to registrations postmarked after July 10, 2009.

Registration fee includes continental breakfasts, break services, lunches, knowledge, networking, and a flash drive with conference materials and tools to use.

(Continued on the next page)

Due to the generous support of the Foundation for A Healthy Kentucky, funding is available for lodging to those who live outside a 40-mile radius of the Marriott Griffin Gate Lexington.

Do you live outside the 40-mile radius? YES NO

If YES:

Would you like a room at the Marriott Griffin Gate:

____ Sunday night, July 19

____ Monday night, July 20

With whom would you like to share a room: _____
We will make your room reservation for you.

If you do not qualify for this lodging support and would like to stay at the Marriott Griffin Gate at your own expense, call 800-228-9290 or 859-231-5100 and ask for the special conference rate of \$99 per night.

It is very important to us that you enjoy this meeting.

If you have any special dietary or facility needs or requirements please let us know:

Please note that, if you do not specify any special needs in advance, we may not be able to accommodate.

Questions? Contact the KDA Office at info@kyeatright.org or 859.245.0717

REGISTER NOW:

Send this form and your check today. Keep a copy of this form for your records. You will not receive confirmation in the mail. We will apply for continuing education hours for RD, CN, RN, CHES, EILA. Selected sessions will qualify for School Food Service certification.

REGISTER AFTER JUNE 15:

To receive CEUs' you will need to register on TRAIN at <https://ky.train.org>. If you do not already have an account then you will need create one. After the conference you will need to log back on to TRAIN and complete an evaluation.

NOTE: Those applying for EILA CEUs and School Food Service certification do not need to register on TRAIN.

