

Name: _____ Date: _____

DAIL Attendant Care Training Test

Select only one multiple choice answer with an X in the appropriate box.

Question 1. When speaking to a participant who is hard of hearing and does not wear a hearing aide, you should:

- A) Face the participant when speaking to him or her
- B) Speak as loud as you must in order to be heard without shouting
- C) Speak slowly and clearly without exaggerating
- D) All of the above

Question 2. The principles of documentation include:

- A) If a task is not charted, it is assumed not to have been done
- B) If you make a charting mistake, use the single line technique to correct it
- C) You may not chart activities performed by other personnel as if you did them
- D) All of the above

Question 3. A participant complains that he has fallen three times in the past two days. Which of these steps should you take?

- A) Ask the participant when and what happened when he fell
- B) Report the falls to your supervisor and document what you see, hear, and/or feel
- C) Check the participant for possible injury
- D) All of the above

Question 4. Standard infection control precautions are used:

- A) Only for participants with HIV or HBV
- B) Only for participants with TB
- C) With all participants
- D) Only if you have a cold or flu

Question 5. An attendant is way behind in finishing all her work for the day. She decides to skip part of the care for the participant. She charted that the care was given as assigned. This is an example of:

- A) Fraud
- B) Unethical behavior
- C) Lying
- D) All of the above

Question 6. An attendant should wash their hands:

- A) Before you give physical care to the participant
- B) After you empty a bedpan
- C) Before you leave the participant's home
- D) All of the above

Question 7. Gloves are used when:

- A) Emptying a urinary drainage bag
- B) The participant has been incontinent of stool
- C) The participant has an infectious disease
- D) All of the above

Question 8. Communication is defined as exchanging information with others.

- True
- False

Question 9. You should always check the temperature of the water for a bath or shower with what part of your body?

- A) Elbow
- B) Hand
- C) Wrist

Question 10. In case of a fire in the home, what is the BEST procedure to follow?

- A) Tell the participant to be calm, call the fire department, and then take the participant out of the house.
- B) Get the participant and yourself out of the house and call the fire department from your cell phone or a neighbor's phone
- C) Attempt to extinguish the fire yourself with the household's fire extinguisher or the garden hose
- D) Call your supervisor and the fire department before leaving the home

Question 11. What do you do if you arrive at the participant's door and they do not answer when you knock?

- A) Call 911
- B) Call the family
- C) Call your supervisor or employer
- D) Go to the next participant and check back later

Question 12. Which of the following is an example of protected personal information (PPI) and/or protected health information (PHI) that must remain confidential?

- A) Your participant was a clerk in a grocery store in town
- B) Your participant was a professional athlete
- C) Your participant has AIDS
- D) All of these

Question 13. Keeping the skin clean and well moisturized is the most appropriate practice to promote good skin care.

- True
- False

Question 14. Poor oral hygiene can cause tooth decay and gum infections.

- True
- False

Question 15. Your participant occasionally wets his trousers. What should you do?

- A) Give him fluids with his meals only
- B) Avoid giving him coffee and tea
- C) Tell him if he urinates on himself, he will have to wear a diaper
- D) Encourage him to empty his bladder every two hours

Question 16. You are assisting your participant in a transfer when he suddenly becomes weak and begins to fall. What do you do?

- A) Quickly grab a chair and seat the participant
- B) Call for help
- C) Help the participant gently to the floor
- D) Carry the participant back to bed

Question 17. You are assisting your participant into his wheelchair. When considering wheelchair safety, which of these actions is necessary?

- A) Unlock the brakes and lower the foot rests
- B) Lock the brakes and fold the foot rests up
- C) Unlock the brakes and fold the foot rests up
- D) Lock the brakes and lower the foot rests

Question 18. The four basic food groups include (select all that apply):

- A) Meat/poultry/seafood group
- B) Dairy products group
- C) Bread group
- D) Fruits and vegetables group
- E) Fats group
- F) Sweets group
- G) Grains and cereals group

Question 19. Part of the attendant's job is to report "critical incidents". An incident can be changes in a participant's behavior or condition, or an accident that happens to the participant or the worker while working with the participant. When reporting a "critical incident," the worker should:

- A) Tell the supervisor or employer as soon as the attendant becomes aware of the incident
- B) Wait until they get back to the office and have time to write it up
- C) Leave a note
- D) Call the family

Question 20. You suspect a person is abused. You have a duty to report it to the Abuse Hotline.

- True
- False