

## Monday ~ June 25th

### Keynote Presentation 8:30 - 10 a.m.

1. Eldertopia: The Rise of a New Old Age, Dr. Bill Thomas

### Concurrent Sessions 10:30 a.m. - noon

2. Grace-full Aging: Four Models of Late Life Spirituality, Drew Leder, M.D., Ph.D.
3. *Geriatric Update*: Frailty: Aging and Muscle Atrophy, Charlotte Peterson, Ph.D.
4. A Year in the Life of a Therapy Dog, Lynne Hugo, M.S.; Hannah Marie Hugo, CGC, TD
5. Broken Vows: Domestic Violence in Later Years, Candace Heisler, J.D.

### Bonus Session 12:15 - 1:15 p.m. (lunch can be provided at an additional fee)

6. Exercising the Competitive Spirit: Lessons Learned from Senior Olympians, Jenifer J. Mason, Dr.P.H.

### Plenary Session 1:30 - 3 p.m.

7. *Dementia Update*: Early Detection and Prevention, Greg Jicha, M.D., Ph.D.

✦ = An Offering in Our  
Innovations Series

### Concurrent Sessions 3:30 - 5 p.m.

8. *Workshop*: Aquatic Therapy, Betsy Noll, P.T.A.
9. The Lifelong Learning Movement, Kali Lightfoot, M.S.
- ✦ 10. Not Home Alone: Aging in Community, Dene Peterson, M.A., HDFP
11. Diabetes: Risk Factors, Prevention, Treatment Options, Carrie Johnson, Pharm.D.

## Tuesday ~ June 26th

### Plenary Session 8:30 - 10 a.m.

12. At the End of Life's Journey: Hope and Dignity, Richard Payne, M.D.

### Concurrent Sessions 10:30 a.m. - noon

13. Love, Romance, and New Relationships in Later Years, Connie Goldman
14. Old Dogs- New Tricks: An Overview Of Learning and Aging, Fred Schmitt, Ph.D.
15. Palliative Care: Comfort at the End of Life, Richard Payne, M.D.

- ✦ 16. *Workshop*: Dancing on Wheels- Wheelchair Ballroom Dancing, Melinda Kremer & American DanceWheels

### Plenary Session 1:30 - 3 p.m.

17. *CDC Immunization Update*: Shingles and Other Adult Vaccines, Andrew Kroger, M.D., M.P.H.

### Concurrent Sessions 3:30 - 5 p.m.

18. Get Your Mind Moving- Brain Training Program for the Cognitively Healthy and the Impaired, Patti Said, M.A.

- ✦ 19. Mind Manipulation: Financial Exploitation Using Undue Influence, Candace Heisler, J.D.

20. Aging and Disability Resource Centers: AoA Choices for Independence Initiative, Leslie Swann, Ph.D., Phyllis Culp, R.N., M.S.W.  
Donna Collins, R.N.C., Sue Williams, R.N., B.S.N.

21. When the Voice Ages: Disorders, Risk Factors and Socioemotional Effects, Joe Stemple, Ph.D., CCC-SLP, ASHAF

### Special Event 6 - 8 p.m.

22. Come Dance With Us - Ballroom Dancing featuring American DanceWheels

## Wednesday ~ June 27th

### Concurrent Sessions 8:30 - 10 a.m.

23. REAP- A Mental Health Outreach Model for Substance Abuse, Todd Ringelstein, M.S.W., A.C.S.W.

- ✦ 24. Innovative Dementia Care Practices, Joanne Rader, R.N., M.N.

25. Music for the Ages: Integrating Music Therapy into Programs and Practice, Shannon Bowles, ABD, MME, NMT, MT-BC

26. A Model for Preparing States for an Aging America: Kentucky Elder Readiness Initiative, Graham Rowles, Ph.D.

### Concurrent Sessions 10:15 - 11:45 a.m.

- ✦ 27. Mental Health Collaboration and Planning for Those Who Fall Through the Cracks, Todd Ringelstein, M.S.W., A.C.S.W.

28. Creative Programming/Activities for Persons with Dementia, Tonya Cox, M.S.W., and Robin Hamon, M.S.W.

29. Aging Artfully: Learning from Women Artists Aged 85-105, Amy Gorman, M.S., M.S.W.

30. Disasters and Dilemmas: Complexities of Decision Making in Emergencies, Marian Roman, Ph.D., APRN, CS

### Closing Luncheon Presentation 11:45 a.m. - 1:45 p.m.

31. The Secrets of Becoming a Late Bloomer, Connie Goldman

### Post-Session Intensive 2 - 5 p.m.

32. Person Centered Dementia Care: Personal Care/ Bathing without a Battle, Joanne Rader, R.N., M.N.