

Pregnant, Breastfeeding and Postpartum Women Certificate for Medical Necessity for Formula and WIC Food Exceptions

WIC Clinic:
Clinic Fax number:
Attention:

Exception to WIC foods requests: Complete Sections A, C and D
Exempt formula or WIC Nutritionals: Complete A, B, C and D

This form should be used to provide guidance in regard to failure to thrive, lactose intolerance, gluten free diets, foods to avoid due to allergies, developmental delays or inability to tolerate solid foods, medical conditions that impair ingestion, digestion or absorption of nutrients, etc. These foods may not be issued solely for the purpose of enhancing nutrient intake or managing body weight.

A. Patient Information (please print)		
Patient's name (Last, First, MI):	DOB:	
Medical diagnosis/qualifying condition (ICD-9): (Justifies the medical need for formula/food)		
Medical documentation valid for: <input type="checkbox"/> 1 mo. <input type="checkbox"/> 2 mos. <input type="checkbox"/> 3 mos. <input type="checkbox"/> 4 mos. <input type="checkbox"/> 5 mos. <input type="checkbox"/> 6 mos. (not to exceed 6 months)		
B. Medical formula/medical food (please print)		
Name of medical formula/medical food requested:		
Prescribed amount: _____ per day OR <input type="checkbox"/> maximum allowable		
Special instruction/comments:		
C. Supplemental foods		
Supplemental foods appropriate will be provided in addition to the formula if no boxes are checked below.		
<input type="checkbox"/> Omit all supplemental foods and provide formula only.		
<input type="checkbox"/> Omit Formula/Medical Food.		
<input type="checkbox"/> Provide only the following checked foods.		
<input type="checkbox"/> Whole Milk	<input type="checkbox"/> Reduced Fat (2%) Milk	Special Instructions:
<input type="checkbox"/> Low-fat (1%) Milk	<input type="checkbox"/> Nonfat Milk (Skim)	
<input type="checkbox"/> Soy Milk	<input type="checkbox"/> Cheese	
<input type="checkbox"/> Tofu	<input type="checkbox"/> Eggs	
<input type="checkbox"/> Cereal	<input type="checkbox"/> Peanut butter	
<input type="checkbox"/> Juice	<input type="checkbox"/> Beans	
<input type="checkbox"/> Fresh/frozen fruits and vegetables	<input type="checkbox"/> Whole grain bread/tortillas <u>or</u> brown rice	
<input type="checkbox"/> Infant jarred fruits and vegetables	<input type="checkbox"/> Infant Cereal	
<input type="checkbox"/> Canned fish (fully breastfeeding women only)		
D. Health care provider information		
Signature of health care provider:		
Provider's name (please print):		
<input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PA <input type="checkbox"/> NP		
Medical office/clinic:		
Phone number:	Fax number:	Date:

Adapted from Oregon Medical Documentation Form.

USDA is an equal opportunity provider and employer.

WIC – 400

Low-fat (1%) milk/nonfat is the standard issuance for women.

Whole milk may only be authorized if a woman requires a formula/WIC Nutritional.

Infant jarred fruits and vegetables and infant cereal may only be authorized if a woman requires a formula/WIC Nutritional.

See back for most commonly provided formulas and WIC Nutritionals.

Rev. 10/14

This certification for medical necessity is necessary for providing the following products from the WIC Program. The most commonly used products are listed below:

GI Malabsorption/chronically impaired GI function

- Tolerex
- Vital HN
- Vivonex Plus
- Vivonex T.E.N.

Glucose Control

- Boost Glucose Control

Higher calories/Higher nutrients

- Boost
- Boost High Protein
- Boost Plus
- Ensure
- Ensure High Protein
- Ensure Plus

Impaired GI function

- Peptamen

Isotonic/altered taste

- Osmolite 1 Cal

Impaired kidney function/hypocalcemia

- Similac PM 60/40

For additional products available from WIC please view the website at:

<http://chfs.ky.gov/dph/ach/ns/Nutrition+Education+Materials.htm>

Use the above link and click on “WIC Formula Resource Guide” from the list of materials.

WIC is a registered service mark of the U. S. Department of Agriculture for USDA’s Special Supplemental Nutrition Program for Women, Infant and Children.

