

Greetings:

The Kentucky Department for Aging and Independent Living and Area Agencies on Aging and Independent Living are pleased to announce and invite you to attend our third annual conference. This year's conference theme, Independent Living: A Lifetime of Achievement, is reflected in the informative, high-quality agenda we have prepared for you.

Our keynote speakers and presenters will challenge you to work to make a difference and the diverse range of session topics and interactive opportunities will inspire and motivate anyone interested or involved in providing services to Kentucky's aging population and people with disabilities.

Please review, complete and return the attached conference registration to ensure your place at what promises to be a highly relevant and thought-provoking event.

I look forward to seeing you at the conference Sept. 5-7 at the Galt House in Louisville.

Sincerely,



Deborah Anderson, Commissioner
Kentucky Department for Aging and Independent Living

*Independent Living:
A Lifetime of Achievement*



2007 Aging and Independent Living Conference

Agenda

Wednesday, Sept. 5

Registration opens: 9 a.m.

Pre-conference sessions: 9:30–11:30 a.m.

1. Food Safety, Parts I and II, Jane Simmons, MS, R.D., L.D. Certified ServSafe Instructor

General Session: 12:30–2 p.m. Welcome

Concurrent Sessions: 2:30–3:30 p.m.

2. Memory Enhancement, Jane Thibault, MA, MSSW, Ph.D.
3. Sexual Health and Seniors, David Raines and Sheri White
4. Guardianship, Part I, Sue Crone
5. Estate Planning: Creating a safe and secure future for a loved one with an intellectual or developmental disability, Carolyn Wheeler, MSW
6. Medication Management, David Casey, M.D.
7. Systems Integration, Charlotte Kaufman

Group Professional Training: 2:30–3:30 p.m.

8. Center Directors: Technology in Senior Centers, Emily Caspe
9. Advocates: How to build great relationships between boards and staff, Eric Schmall
10. SHIP: Consumer Directed Option, Juanita Shackelford, MSW and Marie Allison, J.D.
11. Food Safety, Part III, Jane Simmons, MS, R.D., L.D. (Must attend Parts I and II)
12. SCSEP: (Senior Community Service Employment Program) Changes and Updates, Part I, Mary Ann Hirschler

Concurrent Sessions: 4–5 p.m.

13. Aging Well, Stephen Cox, M.D.
14. Retirement/Housing Planning, TBA
15. Shingles, Teresa Flynn, RN
16. Guardianship, Part II, Sue Crone
17. Mental Health and Older Adults, Charlotte Kauffman

Group Professional Training: 4–5 p.m.

18. Center Directors: Transforming Senior Centers, TBA
19. Advocates: Civic Action Network Advocacy by GSK, Mike Morris
20. SHIP: Accessing Resources, Panel Discussion
21. Food Safety, Part IV, Jane Simmons, MS, R.D., L.D. (Must attend Parts I, II and III)
22. SCSEP: (Senior Community Service Employment Program) Changes and Updates, Part II, Mary Ann Hirschler

Reception: 6–9 p.m.

This is your Life: A celebration of a Lifetime of Achievements.

Thursday, Sept. 6

Concurrent Sessions: 8:30–9:30 a.m.

23. Substance Abuse and Older Adults, Part I Carol Colleran, CAP, ICADC
24. Aging 101–Introduction to the Aging Network, TBA
25. Grant Writing, Eileen Cackowski, MSW
26. Hearing Technology for Better Hearing, Better Understanding, Better Living, Ed Schickel, M.Ed.
27. Weatherization, Patrick Flowers
28. Connections and Collaborations for Adults with Intellectual Disabilities, Panel Discussion
29. Keeping your teeth for a lifetime: Oral Health and Aging, Robert Henry, DMD, MPH
30. It is all in the Way We Think, Virginia Drake, MA
31. SHIP: Volunteer Recruitment, Melissa Newton
32. Food Purchasing, Susan Williams, R.D., L.D. and Jamie Belongie

Concurrent Sessions: 10–11 a.m.

33. Substance Abuse and Older Adults, Session II, Carol Colleran, CAP, ICADC
34. Elder Domestic Violence and Sexual Assault, Darlene Thomas, MSSW, CDA
35. Making Conflict Productive, Session I, Jerry Mayes, Ph.D.
36. Kentucky's Graying Prisons, Elizabeth McKune, Ed.D.
37. Coping with the Hard of Hearing Client, Ed Schickel, M.Ed.
38. Osteoporosis/Arthritis, Jennye Grider, Genie Prewitt, RN
39. Aging Trends in Kentucky, Ron Crouch
40. Matter of Balance, Sue Johnson and Barbara Gordon, MA
41. SHIP: Benefits Check Up, Leslie Wilson
42. Cooking with Herbs, Steven Lee

Luncheon Presentation: 11:30–1 p.m.

Presenting a Professional Image at Any Age, LisaMarie Luccioni

Concurrent Sessions: 1:30–2:30 p.m.

43. Presenting a Professional Image at Any Age Workshop, Session I, LisaMarie Luccioni
44. Homelessness and Older Adults, Marlene Gordon
45. Defense Tactics, Session I, Kentucky State Police
46. Making Conflict Productive, Session II, Jerry Mayes, Ph.D.
47. Kentucky Elder Readiness Initiative, Graham Rowles, Ph.D.
48. Elder Abuse, Nikki Henderson, MSSW
49. Transportation Issues, Panel Discussion
50. SHIP: CMS Update, Part I, Charlotte Pickens
51. Food Temperature, Doug Nelson, Ph.D.

Concurrent Sessions: 3–4 p.m.

52. Presenting a Professional Image at Any Age Workshop, Session II, LisaMarie Luccioni
53. Long Distance Caregiving, David Bassoni
54. Person Centered Planning, Linda McAuliffe, MBA and Amy DiLorenzo, MA, CRC
55. Project Lifesaver, Officer Steven Gaunce, Lexington-Fayette Urban County Division of Police
56. Kentucky State Aging Database Overview, Jeanette Woodward
57. Use It or Lose It, David Allen, M.D., M.P.H.
58. Defense Tactics, Kentucky State Police
59. SHIP: CMS Update, Part II, Charlotte Pickens
60. Beyond Katrina - Responding to the Lessons of Disaster, Sara Jane Hope, MS, Senior Nutrition Services, Valley Services, Inc.

Concurrent Sessions: 4:30 p.m.

61. Everybody Moving - Fun Run/Walk (Note: Special incentives offered for participation)

Friday, Sept. 7

Keynote Address: 9–10 a.m.

How to Do the Impossible, Bruce Boguski

Awards Presentation: 10: 15–11: 45 a.m.

Department for Aging and Independent Living

Featured Presenters



Bruce Boguski, author, motivational speaker, columnist and media personality, is well known for his ability to inspire others to do the impossible. Boguski has a bachelor's degree in business and education from Bowling Green State University and a level-two certification in brain-based learning strategies. Boguski knows first-hand the attitude and skills required to overcome physical and mental challenges. At age 18, he was partially paralyzed in an automobile accident and, although doctors warned that he might never walk again, he left the hospital a few months later under his own power. Boguski is president of The Winner's Edge, a peak performance consulting firm in Findlay, Oh., and is a nationally known presenter on motivational tactics and mental toughness training.



LisaMarie Luccioni has been a member of the faculty at the University of Cincinnati College of Arts and Sciences for 17 years, teaching an expansive range of classes in the Department for Communication. Luccioni is a certified image consultant through the Association of Image Consultants International and is past president of its Ohio/Pennsylvania chapter. She recently was credentialed as a certified image professional. She is officially certified in image issues by both AWIS Beauty and the Conselle Institute of Image Management, where she studied under Judith Rasband, one of only seven image masters in the world. She has been featured on radio, in newspapers – including William Safire's On Language column - and in magazines. Luccioni most recently appeared as a guest on CNN's news and features program, Anderson Cooper 360. Luccioni consults and makes presentations on topics including communication, business etiquette and personal and professional image.

General Information

*Independent Living:
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2007 Aging and Independent Living Conference

Conference.

Galt House West Standard Room

\$89 +tax, single occupancy
\$99 +tax, double occupancy
\$109 +tax, triple occupancy
\$119 +tax, quad occupancy

Galt House East Executive Suite

(conference sessions will be held in the East tower of the Galt House)

\$99 +tax, single occupancy
\$109 +tax, double occupancy
\$119 +tax, triple occupancy
\$129 +tax, quad occupancy

Registration information: The full registration fee includes all course materials, continental breakfast, luncheon and reception. Additional reception tickets may be purchased separately.

Mail: Please mail completed registration form with payment to:

Cindy McCane
Department for Aging and Independent Living
275 East Main Street, 3W-F
Frankfort, KY 40621

Make check/money order payable to: GRADD-KY-AILNC

Contact: For more information contact Cindy McCane at (502) 564-6930 or cindy.mccane@ky.gov

Continuing education: Nursing, social worker, nursing home administration and dietetic professionals may check our Web site for continuing education information at <http://chfs.ky.gov/agencies/os/dail/2007Conference.htm>

Reception: This is Your Life– Wednesday, 6-9 p.m.

We invite you to a celebration of a lifetime of achievement. Wear your Sunday best and plan on joining us for good food, fun and live entertainment.

