Kentucky WIC Program
Infant (< 1 year old)

Certificate for Medical Necessity for Formula and WIC Food Exceptions

The WIC Program provides Good Start Gentle Formulas to all non-medically fragile infants.
Noncontract standard formula request: Complete sections A, B and D
Exception to WIC foods requests: Complete Sections A, C and D.
Exempt formula or WIC Nutritional: Complete sections A, B, C and D.

<table>
<thead>
<tr>
<th>Kentucky Guidelines for issuance of infant formula:</th>
<th>Client must try:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Requests for milk based formula</td>
<td>Good Start Gentle or Soothe</td>
</tr>
<tr>
<td>Requests for soy based formula</td>
<td>Good Start Soy and Soothe (if no milk allergies)</td>
</tr>
<tr>
<td>Requests for lactose free/reduced formula</td>
<td>Good Start Soothe and Soy</td>
</tr>
<tr>
<td>Requests for infant/toddler formulas</td>
<td>Good Start Graduates Gentle or Soy</td>
</tr>
<tr>
<td>Requests for 19 Kcal formulas will not be authorized. Must try Good Start product based on above guidelines.</td>
<td></td>
</tr>
</tbody>
</table>

A. Patient Information (please print)

<table>
<thead>
<tr>
<th>Patient’s name:</th>
<th>DOB:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent/Caregiver’s Name:</td>
<td></td>
</tr>
</tbody>
</table>

Medical diagnosis/qualifying condition (ICD-10 code):

(Justifies the medical need for formula/food)

Medical documentation valid for: □ 1 mo. □ 2 mos. □ 3 mos. □ 4 mos. □ 5 mos. □ 6 mos. □ 7 mos.
□ 8 mos. □ 9 mos. □ 10 mos. □ 11 mos. □ 12 mos.

B. Medical Formula/Food (please print)

Name of formula or WIC Nutritional requested:

Prescribed amount: ____________________ per day OR □ maximum allowable

Special instruction/comments:

Provide information regarding Formulas tried & length of time tried:

Problems encountered:

C. WIC Supplemental Foods for Infants < 1 year old

Supplemental foods: Please mark the appropriate boxes below to indicate any foods that would be contraindicated and/or require special instructions. □ If no boxes are marked, the infant will receive the WIC foods.

<table>
<thead>
<tr>
<th>WIC Supplemental Foods (provided at 6 months of age)</th>
<th>Restrictions/Special Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Infant cereal</td>
<td></td>
</tr>
<tr>
<td>□ Infant fruits</td>
<td></td>
</tr>
<tr>
<td>□ Infant vegetables</td>
<td></td>
</tr>
<tr>
<td>□ Infant meats (fully breastfeeding infants only)</td>
<td></td>
</tr>
<tr>
<td>□ No supplemental foods: omit all supplemental foods and provide exempt infant or medical formula/food only.</td>
<td></td>
</tr>
</tbody>
</table>

D. Health care provider information

Signature of health care provider: Provider’s name (please print): □ MD □ DO □ PA □ NP

Medical office/clinic:

Phone number: Fax number: Date:

Adapted from Oregon Medical Documentation Form.
USDA is an equal opportunity provider and employer.
WIC – 200
Rev. 10/15
See back for most commonly provided exempt infant formulas/WIC Nutritional.
This certification for medical necessity is necessary for providing the following products from the WIC Program for medically fragile infants.

The most commonly used products are listed below:

**Hypoallergenic formulas:**
- Nutramigen
- Pregestimil
- Similac Expert Care Alimentum

**Impaired kidney function/hypocalcemia**
- Similac PM 60/40

**Premature formulas**
- Enfamil EnfaCare
- Enfamil Premature with Iron 20
- Enfamil Premature with Iron 24
- Good Start Premature 24
- Similac Expert CareNeoSure
- Similac Special Care 24 with Iron
- Similac Special Care 30 with Iron

**Reflux formulas**
- Enfamil AR

**Severe cow’s milk allergy/multiple food protein allergy**
- Neocate Infant
- Neocate Infant DHA & ARA
- Elecare for Infants
- PurAmino

For additional products available from WIC please view the website at: http://chfs.ky.gov/dph/ach/ns/Nutrition+Education+Materials.htm

Use the above link and click on “WIC Formula Resource Guide” from the list of materials.

WIC is a registered service mark of the U. S. Department of Agriculture for USDA’s Special Supplemental Nutrition Program for Women, Infant and Children.