

Richard Simmons

to lead the
**World's Largest
Senior Workout**





What

Fitness expert Richard Simmons will lead seniors in a **FREE** 45-minute, low impact fitness class during the National Senior Games, presented by Humana. First 1,000 participants will receive a **FREE** t-shirt. All participants will be entered to win a 2-night stay at any of Kentucky's resort state parks. Richard will be available for autographs and photos following the workout.

When

Saturday, June 30, 2007 at 10:30 a.m.
(Doors will open at 10:00 a.m.)

Where

Broadbent Arena
Kentucky Exposition Center
937 Phillips Lane
Louisville, KY 40209-1398

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