

## Optimum Choices

Optimum Choices is the benefit plan that covers members with mental retardation or developmental disabilities who need long-term care. The member must:

- Meet Intermediate Care Facilities for the Mentally Retarded (ICF/MR) level of care and be in an ICF/MR, or
- Receive services through Supports for Community Living (SCL) Waiver (mental retardation or developmental disability), or the Michelle P. Waiver.

This plan has all the benefits that are included in Global Choices. This is not a complete list of services. If a service is not listed, there is no co-pay. Some service limits can be increased if the service is medically necessary (requires prior approval).

Some people covered by Kentucky Medicaid never have to pay co-pays. These people include:

- Non-KCHIP Children
- Children under 19 years old who are in foster care
- Pregnant women
- Hospice care patients
- Personal Care or Family Care Home
- Members who live in an ICF/MR

Co-pays cannot be more than 5% of a family's income per quarter.

Call Kentucky Medicaid at 1-800-635-2570 with questions about your benefits or visit the website at <http://chfs.ky.gov/dms/>.

Optimum Choices		
Benefit/Services	SCL Waiver Co-pays	Service Limits
Medical Out-of-Pocket Maximum	\$225 per calendar year (January – December)	
Pharmacy Out-of-Pocket Maximum*	\$225 per calendar year (January – December)	See prescription drug benefit
Acute Inpatient Hospital Services	\$10 co-pay	
Laboratory, Diagnostic and Radiology Services		
Out-patient Hospital / Ambulatory Surgical Centers	\$3 co-pay	
Physician Office Services **		
Behavioral Health Services ***		
Allergy Services		Shots and allergy treatments limited to children under 21
Preventive Services		
Emergency Ambulance		

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Dental Services		<ul style="list-style-type: none"> <li>• Children under 21, to include:               <ul style="list-style-type: none"> <li>- 2 cleanings per 12-month period</li> <li>- Extractions and fillings</li> <li>- 1 set of x-rays 12-month period</li> <li>- Other dental services are available</li> </ul> </li> <li>• Adults 21 and over:               <ul style="list-style-type: none"> <li>- 1 cleaning per 12-month period</li> <li>- Limited to one dental visit per month</li> <li>- Extractions and fillings</li> <li>- 1 set of x-rays per 12-month period</li> </ul> </li> </ul>
Family Planning		
Occupational Therapy		At an approved setting: <ul style="list-style-type: none"> <li>• No limit for children under 21</li> <li>• Adults 21 and over are limited to 30 visits per calendar year</li> </ul>
Physical Therapy		At an approved setting: <ul style="list-style-type: none"> <li>• No limit for children under 21</li> <li>• Adults 21 and over are limited to 30 visits per calendar year</li> </ul>
Speech Therapy		At an approved setting: <ul style="list-style-type: none"> <li>• No limit for children under 21</li> <li>• Adults 21 and over are limited to 30 visits per calendar year</li> </ul>
Hospice (non-institutional)		
Non-Emergency Transportation		Only to a Kentucky Medicaid-approved medical service, <b>not to pick up prescriptions.</b>
Chiropractic Services		Limited to 26 visits per 12-month period for children and adults

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<b>Benefit/Services</b>	<b>SCL Waiver Co-pays</b>	<b>Service Limits</b>
Prescription Drugs (For Members who do NOT have Medicare Part D)	<ul style="list-style-type: none"> <li>- \$1 co-pay generic</li> <li>- \$2 co-pay preferred brand</li> <li>- 5% co-insurance non-preferred brand up to a maximum of \$20 per prescription</li> </ul>	<ul style="list-style-type: none"> <li>• Members are normally limited to 4 prescriptions per month with a maximum of 3 brand names</li> <li>• These limits do not apply to children under 19 or people without Medicare Part D coverage who live in a nursing home</li> <li>• Insulin is excluded from the 4-prescription limit</li> <li>• Ask your doctor or pharmacist about exceptions for medical conditions or certain drugs</li> </ul>
Emergency Room	5% co-insurance for non-emergency visits not to exceed \$6 per visit	See Emergency Room section of this handbook
Hearing Aids		<ul style="list-style-type: none"> <li>• Limited to children under 21</li> <li>• Not to exceed \$800 per ear every 36 months</li> </ul>
Audiometric Services		<ul style="list-style-type: none"> <li>• Limited to children under 21</li> <li>• One audiologist visit per calendar year</li> </ul>
Vision Services	\$2 co-pay for ophthalmologic or optometric office visit	<ul style="list-style-type: none"> <li>• Eyewear limited to children under 21</li> <li>• \$400 limit per calendar year. Maximum paid for one pair of glasses is \$150.</li> <li>• Adults and children limited to 1 eye exam per calendar year</li> </ul>
Prosthetic Devices		
Home Health Services		
Durable Medical Equipment (DME)	3% co-insurance up to a maximum of \$15 per month	
Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)		Limited to children under 21
Substance Abuse		EPSDT and pregnant women only

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Maternity Services <ul style="list-style-type: none"> <li>• Nurse mid-wife services</li> <li>• Pregnancy-related services</li> <li>• Services for other conditions that might complicate pregnancy</li> <li>• 60 days postpartum pregnancy-related services</li> </ul>		
Podiatry Services	\$2 co-pay	
End Stage Renal Disease and Transplants		
Nursing Home Care		

\* The Kentucky Medicaid Pharmacy Program allows pharmacy providers to dispense a 93-day supply or 100-dosage units, whichever is greater, of selected medications. If you have questions about which medications may be dispensed as a 93-day supply or 100-dosage units, check with your pharmacist.

\*\* 'Physician Office Services' includes physicians, certified pediatric and family nurse practitioners, nurse midwives, Federally Qualified Health Centers (FQHC's), rural health clinics (RHC's), primary care centers (PCC's), and physician assistants.

\*\*\* 'Behavioral Health Services' include mental health rehab/stabilization, behavioral support, psychological services, and inpatient psychiatric services.

If you are in Optimum or Comprehensive Choices and would rather be in Global Choices, call 1-800-635-2570 to change. Keep in mind Global Choices has higher co-pays and more service limits.