

Diabetes Vaccine Tips

Diabetes “Seasonal” Flu Vaccine Guide **

- People with diabetes (6 months old or older) should receive a yearly “seasonal” flu vaccine as soon as the vaccine becomes available each fall.
- Children with diabetes, under the age of 9, who get the “seasonal” flu vaccine for the first time should get 2 doses at least 28 days apart.
- People with diabetes SHOULD receive the “seasonal” flu vaccine (inactivated) and SHOULD NOT receive FluMist® or intranasal (live) flu vaccine.

****NOTE:** If YOU have egg allergies or have had other allergic reactions – check with your physician before receiving any flu vaccine.

People with Diabetes who become sick with the flu...

- Should see their health care provider as soon as possible and ask about using antiviral drugs (like Tamiflu or Relenza) preferably within 2 days after becoming ill.

Diabetes Pneumococcal (Pneumonia) Vaccine Guide

- Adults and children (age 2 or more) with diabetes should receive a pneumococcal polysaccharide vaccination (PPSV) against pneumococcal disease (pneumococcal bacteria can cause pneumonia).
- A one time pneumococcal revaccination may be recommended for people with diabetes who are older than 65. Discuss the need for revaccination with your health provider.

TAKEN FROM THE KY DIABETES PREVENTION AND CONTROL PROGRAM & THE KY IMMUNIZATION PROGRAM

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