HEPATITIS C, ACUTE

Hepatitis C is a liver disease caused by the hepatitis C virus (HCV), which is found in the blood of persons who have this disease. HCV is spread by contact with the blood of an infected person. Hepatitis C often produces an illness with insidious onset of symptoms, including anorexia, abdominal discomfort, nausea, vomiting, and progressing to jaundice less frequently than hepatitis B. Ninety percent of cases are asymptomatic, but chronic infection is common (50 to 80% of cases). Of these about half will develop cancer or cirrhosis of the liver. Groups at high risk of acquiring HCV are injecting drug users, recipients of blood products prior to 1992, and hemodialysis patients.

Laboratory Criteria for Confirmation:
?? Serum aminotransferase levels > 2½ times the upper limit of normal; and
?? IgM anti-HAV negative, and
?? IgM anti-HBc negative (if done) or HBsAg negative, and
?? Anti-HCV positive, with confirmation by a supplemental test (e.g., PCR or RIBA).

Case Classification

Confirmed: A case that meets the clinical case definition and is laboratory confirmed.

Comment

1. Persons who have chronic hepatitis or persons identified as HbsAg positive or anti-HCV positive should not be reported as having acute viral hepatitis unless they have evidence of an acute illness compatible with viral hepatitis (with the exception of perinatal hepatitis B infection).

Acute Hepatitis C Incidence, Kentucky 1995-2001

<table>
<thead>
<tr>
<th>Year</th>
<th>Rate</th>
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<tbody>
<tr>
<td>1995</td>
<td>0.5</td>
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<tr>
<td>1996</td>
<td>0.7</td>
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<tr>
<td>1997</td>
<td>0.4</td>
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<tr>
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<td>2001</td>
<td>0.3</td>
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</tbody>
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Epidemiology

Kentucky 2001 | Rate per 100,000 | U. S. Rate (2000) per 100,000
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Cases | 13 | 0.3 | 1.17

Cases by Gender
Female | 7 | 0.3
Male | 6 | 0.3

Acute Hepatitis C by District, Kentucky
Annual Incidence, 2001

Barren River District had the highest rate at 1.6 cases per 100,000. Eight districts did not have any reported cases. The ages ranged from 32 to 66 years of age in the 13 cases confirmed statewide.