

INDWELLING URINARY CATHETER REMOVAL CHECKLIST

**FOR MALES & FEMALES**

NAME: \_\_\_\_\_ POSITION: \_\_\_\_\_

UNIT: \_\_\_\_\_

The above named health care provider:

- HAS MET all performance criteria (critical behaviors) identified below;
- HAS NOT MET the performance criteria (critical behaviors) identified below with a checkmark (✓) in “NOT MET” box. **Refer to action plan.**

As of \_\_\_\_\_, validated by: \_\_\_\_\_

(Date) (Signature of evaluator)

\_\_\_\_\_  
 (Printed name)

CRITICAL BEHAVIORS	MET	NOT MET	COMMENTS
1. Close curtain or door to ensure resident privacy. Verify that discontinuation orders match resident information.			
2. Explain procedure to resident.			Introduce self, explain purpose and necessity of procedure, teach if able.
3. Perform hand hygiene and don gloves.			
4. Position bed to appropriate working height.			If side rails are raised, lower side rail on working side.
5. Organize equipment for catheter removal.			
6. Position resident.			Cover resident with bath blanket, exposing only perineal area.
7. Place waterproof pad under resident.			
8. Obtain sterile urine specimen if required.			
9. Remove adhesive tape or Velcro tube holder securing and anchoring catheter.			
10. Observe any discharge or redness around urethral meatus.			
<i>Checklist continued on the next page...</i>			

<b>CRITICAL BEHAVIORS</b>	<b>MET</b>	<b>NOT MET</b>	<b>COMMENTS</b>
11. Insert hub of syringe into inflation valve (balloon port). Allow sterile water to return into syringe by gravity until the plunger stops moving and the amount instilled is removed.			
12. Pull catheter out slowly and gently while wrapping contaminated catheter in waterproof pad.			If resistance is met during catheter removal, catheter should be left in place and urologist should be consulted.
13. Unhook collection bag and drainage tubing from bed.			
14. Reposition resident as necessary to cleanse perineum.			
15. Readjust bed to initial position.			
16. Empty, measure, and record urine present in drainage bag.			
17. Discard used supplies.			
18. Remove gloves and perform hand hygiene.			
19. Document the procedure in the resident's record.			

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