

Featured Presenters



William H. Thomas, M.D., an international authority on geriatric medicine and eldercare, is president of The Center for Growing and Becoming, Inc., an organization dedicated to promoting and developing constructive, holistic approaches to aging and the care of our elders. He founded The Eden Alternative and the Green House approach to long-term care. He has been interviewed in print and broadcast media including CNN, NPR, *The New York Times*, *Washington Post*, *Newsweek* and *Time*. His awards include the American Medical Writers Association Book of the Year 2005 for *What Are Old People For? How Elders Will Save the World* and the *U.S. News & World Report's* "one of America's most influential leaders" in 2006. In October 2006, he received the prestigious Heinz Award for the Human Condition from the Heinz Family Foundation. Thomas has been an AARP Visiting Scholar since 2005.



Richard Payne, M.D., Ph.D., is professor of Medicine and Esther Colliflower Director at Duke Institute on Care at the End of Life, Duke University Divinity School and is an internationally recognized lecturer on pain relief, palliative medicine, oncology and neurology; involved in treatment, research, training and community outreach. He has authored or co-authored over 250 peer-reviewed papers, invited reviews, book chapters, abstracts and articles and has co-edited two books. Certified in hospice and palliative medicine by The American Board of Hospice and Palliative Medicine, in neurology and pain medicine by The American Board of Psychiatry and Neurology, and a diplomat of the American Board of Pain Medicine, he is Chair of the Board of Foundation for Hospices in Sub-Saharan Africa of The National Hospice and Palliative Care Organization. He is also on the board of National Coalition of Cancer Survivors; co-chair of Palliative Care Steering Committee; and member of the Long Term Care Commission of the National Quality Forum. He is a graduate of Yale and Harvard Medical School.



Gregory A. Jicha, M.D., Ph.D., assistant professor in the Department of Neurology, Sanders-Brown Center on Aging, and UK Alzheimer's Disease Center. A recipient of an NIH Medical Scientist Training Program Grant, he obtained his M.D. and Ph.D. at Albert Einstein College of Medicine in New York City. He completed his internship, neurology residency, and a behavioral neurology fellowship at the Mayo Clinic, and was an integral member of the clinical core at the Mayo ADC. While at Mayo, his research focused on mild cognitive impairment. He serves on the Executive Committee and as Assistant Director for both Clinical and Education Cores of the UK ADC. He also directs the Telemedicine Cognitive Clinic reaching rural populations across the Commonwealth for AD-related clinical and research activities. As principal investigator for the Alzheimer's Disease Cooperative Study Group, he conducts several clinical trials. In 2006 he received the Wethington Award for contributions to the UK Research Program.



Andrew Kroger, M.D., MPH, is a medical epidemiologist with the National Immunization Program (NIP) at the Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia. He is board-certified in General Preventive Medicine and Public Health, having completed a preventive medicine residency at Emory University. He received his Master of Public Health in 1998 at Yale University as part of a joint MD/MPH program, where he concentrated on International Health. He trained in pediatrics in Cleveland, Ohio, at the Rainbow Babies and Children's Hospital from 1998-2000. His work in notifiable disease surveillance at the Georgia Division of Public Health, allowed him to complete a preventive medicine residency in 2001. From 2001-2003 he continued working in notifiable disease surveillance as a contractor in the Epidemiology Program Office at the CDC. Currently, he works in the Education, Information and Partnership Branch at the NIP at CDC, providing programmatic guidance in the area of bioterrorism-related vaccine-preventable disease, assisting in the training and educational activities of the branch.



Connie Goldman, an award-winning public radio producer and reporter, devotes herself to programs and projects exclusively concerned with issues and images of aging in America. Over the last twenty-five years, as president of her own non-profit company, she has produced several radio programs that reflect the insights, inspiration, and wisdom of the rapidly growing midlife and older population, distributing programs without charge through both NPR and PRI. She has been a keynote speaker and presenter at conferences, seminars, and special events. Goldman received the Senior of the Year award in 2001 at the ASA/NCOA conference. Her books include *The Ageless Spirit, 2nd Edition* (Fairview Press, 2004); *The Gifts of Caregiving* (Fairview Press, 2002); *Secrets of Becoming a Late Bloomer*, co-author Richard Mahler (Hazelden Press 2000); and *Tending the Earth, Mending the Spirit. The Healing Gifts of Gardening* (Hazelden 2000) also with Richard Mahler; and, most recently, *Late Life Love—Romance and New Relationships in Later Years* (Fairview Press 2006).



Joanne Rader, R.N., M.N., an independent consultant, she has worked as a clinical specialist in mental health nursing in nursing homes for 27 years, in addition to being an Associate Professor at Oregon Health Sciences University, School of Nursing for 20 years. She was project director for a Robert Wood Johnson Foundation (1991-1994) grant to develop strategies to assist Oregon nursing homes reduce the use of physical restraints and inappropriate psychoactive medications. In addition, she was co-investigator for a study designed to reduce aggressive behaviors during bathing and co-investigator and interventionist for another study looking at pain and its relationship to behavioral symptoms during morning care. She is widely published, addressing issues of emotional needs and behavioral symptoms, including *Individualized Dementia Care: Creative, Compassionate Approaches*, and *Bathing Without a Battle*, which received AJN Book of the Year awards in 1996 and 2002. As a volunteer, she is a founding member and board member of the Pioneer Network, working to change the culture of aging in America.



AN EQUAL OPPORTUNITY UNIVERSITY

www.ukcph.org/Research/CouncilonAging/Summerseries

University of Kentucky
Summer Series on Aging
Ligon House, 658 S. Limestone
Lexington, KY 40506-0442

June 1, 2007 - Early Registration Deadline
June 10, 2007 - Hotel Deadline for Conference Rate

The **University of Kentucky**
College of Public Health &
Sanders-Brown Center on Aging
present the:

24th Annual Summer Series on Aging

June 25-27, 2007
Marriott Griffin Gate Resort
Lexington, Ky.



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Conference Description and Objectives

University of Kentucky College of Public Health and Sanders-Brown Center on Aging are proud to provide a forum for professionals to share the most up-to-date information in geriatrics and gerontology from a broad-based multi-disciplinary perspective. During three days of workshops and lectures, participants will choose from 32 sessions including: frailty, domestic violence, diabetes, lifelong learning, aquatic therapy, models of spiritual aging, end of life issues, palliative care, aging in community, love and romance in late life, substance abuse, pet therapy, dementia care, mental health coalitions, music therapy, lessons from older women artists, secrets of becoming a late bloomer and wheelchair ballroom dancing.

The Summer Series on Aging presents innovative and practical information for professionals in nursing, social work, administration, health care, recreation, case management, psychology, adult day care, law enforcement, home health, pharmacy, religion, nutrition, education, physical therapy, and all other professions in the field of aging.

Upon completion of the Summer Series on Aging, participants will have the knowledge to: apply new and updated practical information in geriatrics and gerontology to their own specific professional responsibilities; describe new and innovative programs and services in the field of aging that are functioning effectively throughout the country and select concepts and/or processes appropriate for replication in other community or professional settings; and outline current initiatives and emerging issues in the field of aging and identify a network of speakers, participants, and programs as available resources.

Sponsors

Platinum

- AARP Kentucky
- University of Kentucky College of Public Health
- Commonwealth of Kentucky Cabinet for Health and Family Services, Adult Safety Branch

Gold

- Cardinal Hill Rehabilitation Hospital
- Harborside Healthcare-Bowling Green Alzheimer's Living Center
- Kentucky Association of Health Care Facilities
- PMD Corporation
- Wellington Parc

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- Central Baptist Hospital
- Commonwealth of Kentucky Cabinet for Health and Family Services, Department for Public Health
- Hospice of the Bluegrass
- Kentucky Home Health Association
- Ohio Valley Appalachia Regional Geriatric Education Center

Bronze

- Kentucky Association for Gerontology
- Kentucky Association of Homes and Services for the Aging, Inc.
- Kentucky Hospital Association
- University of Kentucky Area Health Education Center

Registration Form

JUNE 1 - Early Registration Deadline

REGISTRATION FEES:

Postmarked on or before 06/01/07

	Regular	Student/Senior
Three Days	\$260	\$150
Two Days	\$210	\$125
One Day	\$160	\$100

Postmarked after 06/01/07

	Regular	Student/Senior
Three Days	\$290	\$165
Two Days	\$240	\$140
One Day	\$185	\$115

Name: _____

Discipline: _____

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www.ukcph.org/Research/CouncilonAging/Summerseries

Please check all sessions you will attend, only one session per time period.

June 25	June 26	June 27
8:30 - 10 a.m. 1K <input type="checkbox"/>	8:30 - 10 a.m. 12P <input type="checkbox"/>	8:30 - 10 a.m. 23 <input type="checkbox"/>
Keynote	Plenary	Concurrents
10:30 a.m. - noon 2 <input type="checkbox"/>	10:30 a.m. - noon 13 <input type="checkbox"/>	24 <input type="checkbox"/>
Concurrents	Concurrents	25 <input type="checkbox"/>
3 <input type="checkbox"/>	14 <input type="checkbox"/>	26 <input type="checkbox"/>
4 <input type="checkbox"/>	15 <input type="checkbox"/>	10:15 - 11:45 a.m. 27 <input type="checkbox"/>
5 <input type="checkbox"/>	16 <input type="checkbox"/>	Concurrents
12:15 - 1:15 p.m. 6 <input type="checkbox"/>	1:30 - 3 p.m. 17 P <input type="checkbox"/>	28 <input type="checkbox"/>
Bonus Session	Plenary	29 <input type="checkbox"/>
1:30 - 3 p.m. 7 P <input type="checkbox"/>	3:30 - 5 p.m. 18 <input type="checkbox"/>	30 <input type="checkbox"/>
Plenary	Concurrents	11:45 a.m. - 1:45 p.m. 31 CL <input type="checkbox"/>
3:30 - 5 p.m. 8 <input type="checkbox"/>	19 <input type="checkbox"/>	Closing Luncheon
Concurrents	20 <input type="checkbox"/>	2 - 5 p.m. 32 PS <input type="checkbox"/>
9 <input type="checkbox"/>	21 <input type="checkbox"/>	Post Session
10 <input type="checkbox"/>	22 SE <input type="checkbox"/>	
11 <input type="checkbox"/>	6 - 8 p.m. 22 SE <input type="checkbox"/>	
	Special Event	

Detach this panel and register by:

Mail



Summer Series on Aging
University of Kentucky
Ligon House - 658 S. Limestone
Lexington, KY 40506-0442



Fax (859) 323-4940
Attention - Melissa Tuttle



Phone (859) 257-5179
8 a.m.-4:30 p.m. (EDT) M-F

CONTINUING EDUCATION

Applications will be sent to the following organizations. For CE hours, check appropriate discipline(s) below:

- Nursing (ANCC)
- Activities (NCCAP)
- Case Management (CCMC)
- Dietetics, R.D./D.T.R. (CDR)
- Health Education (C.H.E.S.)
- Nursing Home Administration
- Pharmacy (KY)
- Physical Therapy (KY)
- Psychology (KY)
- Social Work (NASW & OH)
- Therapeutic Recreation (ATRA)

REMITTANCE

Registration Fee _____

\$15 per CE discipline requested _____
(i.e. if requesting two disciplines = \$30)

\$25 Additional Special Event Ticket _____
(one ticket included with registration)

Total Enclosed _____

METHODS OF PAYMENT

- My check is enclosed (*payable to UNIVERSITY OF KENTUCKY*).

Please charge my credit card. Check one:

- Visa
- Mastercard

Card # _____

Exp. Date: _____/_____/_____

Billing Address: (if different from address above)

Agenda

Monday - June 25th

Keynote Presentation 8:30 - 10 a.m.

1. Eldertopia: The Rise of a New Old Age, William H. Thomas, M.D.

Concurrent Sessions 10:30 a.m. - noon

2. Grace-full Aging: Four Models of Late Life Spirituality, Drew Leder, M.D., Ph.D.
3. *Geriatric Update*: Frailty: Aging and Muscle Atrophy, Charlotte Peterson, Ph.D.
4. A Year in the Life of a Therapy Dog, Lynne Hugo, M.S.; Hannah Marie Hugo, CGC, TD
5. Broken Vows: Domestic Violence in Later Years, Candace Heisler, J.D.

Bonus Session 12:15 - 1:15 p.m.

6. Exercising the Competitive Spirit: Lessons Learned from Senior Olympians, Jenifer J. Mason, Dr.P.H.

Plenary Session 1:30 - 3 p.m.

7. *Dementia Update*: Early Detection and Prevention, Greg Jicha, M.D., Ph.D.

Concurrent Sessions 3:30 - 5 p.m.

8. *Workshop*: Aquatic Therapy, Betsy Noll, P.T.A.
9. The Lifelong Learning Movement, Kalli Lightfoot, M.S.
10. Not Home Alone: Aging in Community, Dene Peterson, M.A., HDFP
11. Diabetes: Risk Factors, Prevention, Treatment Options, Carrie Johnson, Pharm.D.

Tuesday - June 26th

Plenary Session 8:30 - 10 a.m.

12. At the End of Life's Journey: Hope and Dignity, Richard Payne, M.D.

Concurrent Sessions 10:30 a.m. - noon

13. Love, Romance, and New Relationships in Later Years, Connie Goldman
14. Old Dogs- New Tricks: An Overview of Learning and Aging, Fred Schmitt, Ph.D.
15. Palliative Care: Comfort at the End of Life, Richard Payne, M.D.

16. *Workshop*: Dancing on Wheels- Wheelchair Ballroom Dancing, Melinda Kremer & American DanceWheels

Plenary Session 1:30 - 3 p.m.

17. CDC *Immunization Update*: Shingles and Other Adult Vaccines, Andrew Kroger, M.D., M.P.H.

Concurrent Sessions 3:30 - 5 p.m.

18. Get Your Mind Moving - Brain Training Program for the Cognitively Healthy and the Impaired, Patti Said, M.A.
19. Mind Manipulation: Financial Exploitation Using Undue Influence, Candace Heisler, J.D.
20. Aging and Disability Resource Centers: AoA Choices for Independence Initiative, Leslie Swann, Ph.D., Phyllis Culp, R.N., M.S.W., Donna Collins, R.N.C., Sue Williams, R.N., B.S.N.
21. When the Voice Ages: Disorders, Risk Factors and Socioemotional Effects, Joe Stemple, Ph.D., CCC-SLP, ASHAF

Special Event 6 - 8 p.m.

22. Come Dance With Us - Ballroom Dancing featuring American DanceWheels

Wednesday - June 27th

Concurrent Sessions 8:30 - 10 a.m.

23. REAP - A Mental Health Outreach Model for Substance Abuse, Todd Ringelstein, M.S.W., A.C.S.W.

24. Innovative Dementia Care Practices, Joanne Rader, R.N., M.N.

25. Music for the Ages: Integrating Music Therapy into Programs and Practice, Shannon Bowles, ABD, MME, NMT, MT-BC
26. A Model for Preparing States for an Aging America: Kentucky Elder Readiness Initiative, Graham Rowles, Ph.D.

Concurrent Sessions 10:15 - 11:45 a.m.

27. Mental Health Collaboration and Planning for Those Who Fall Through the Cracks, Todd Ringelstein, M.S.W., A.C.S.W.
28. Creative Programming/Activities for Persons with Dementia, Tonya Cox, M.S.W., Robin Hamon, M.S.W.
29. Aging Artfully: Learning from Women Artists Aged 85-105, Amy Gorman, M.S., M.S.W.
30. Disasters and Dilemmas: Complexities of Decision Making in Emergencies, Marian Roman, Ph.D., APRN, CS

Closing Luncheon Presentation 11:45 a.m. - 1:45 p.m.

31. The Secrets of Becoming a Late Bloomer, Connie Goldman

Post-Session Intensive 2 - 5 p.m.

32. Person-Centered Dementia Care: Personal Care/Bathing Without a Battle, Joanne Rader, R.N., M.N.

= An Offering in Our Innovations Series

General Information



REGISTRATION INFORMATION: The registration fee includes all course materials, daily continental breakfasts, refreshment breaks, Special Event, Closing Luncheon and Post-Session Intensive. **To receive early registration discount, completed registration forms and payment must be postmarked by JUNE 1.**



CONTACT US: For registration information contact Melissa Tuttle, Registrar, (859) 257-5179, melissa.tuttle@uky.edu. For Conference information contact Barbara Helm, Conference Coordinator, (859) 257-8301, bjhelm2@email.uky.edu.



LOCATION: The conference will be held at the Marriott Griffin Gate Resort, 1800 Newtown Pike, Lexington, KY 40511, <http://cwp.marriott.com/lexky/uksummerseries/>. Plenty of convenient and free parking.



ACCOMMODATIONS: Hotel conference reservation website <http://cwp.marriott.com/lexky/uksummerseries/>. **June 10** is the deadline to reserve accommodations at the special rate of \$99+ tax per night single or double occupancy. **This rate will not be available after June 10.** Please be sure to mention you are with the UK Summer Series on Aging. You may contact the hotel directly at (859) 231-5100 or toll free at (800) 228-8290. Hotel reservations are the responsibility of the program participant.



DISABILITIES AND SPECIAL NEEDS: If you have special needs and require assistance, please contact us at (859) 257-5179. The Marriott is a barrier-free facility.



STUDENT AND SENIOR (65+) DISCOUNTS: Discounts are available to full time students of any post secondary institution and adults 65 years or older.



GROUP DISCOUNTS: To qualify for group discounts all persons must be employed by the same company, registering for the same number of days, and all registrations must be mailed together with full payment enclosed. Group discounts of 10% are available to three or more employees with FULL (3-day) registrations. Additional 1, 2, and 3-day discounts are available for groups of eight or more. For full 3-day registrations for eight or more- 20% discount, 2 day registrations for eight or more- 15% discount, 1 day registrations for eight or more- 10% discount. **Continuing education fees are not included in discounts. For specific details and requirements, visit the web site or call (859) 257-8301.**

CONTINUING EDUCATION: We will offer contact hours for 11 disciplines. There is a charge of \$15 per discipline.



The University of Kentucky, College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. The Kentucky Board of Nursing approves the College of Nursing as a continuing nursing education provider. Kentucky Board of Nursing approval of an individual nursing continuing education provider does not constitute endorsement of program content. This activity is approved for a maximum of ANCC (60 minute) 18 and 21.6 KBN (50 minute) contact hours for nurses who attend all sessions (6/25/07 = 7.2 KBN [6.0 ANCC], contact hours 6/26/07 = 7.2 KBN [6.0 ANCC] contact hours, 6/27/07 = 3.6 KBN [3.0 ANCC] contact hours and post session = 3.6 KBN [3.0 ANCC] contact hours). Provider #: 3-0008-7-07-177-180. A certificate will be issued after the conference.



REFUND/ SUBSTITUTION/ CANCELLATION POLICY: Substitution and cancellation requests must be received in writing. A full refund will be granted, less a \$50 processing fee, until June 1. After June 1, a 50% refund will be given. Due to unrecoverable costs refunds can not be given after June 15.

DISCLOSURE OF FINANCIAL INTEREST: All faculty members are expected to disclose any real or perceived conflict of interest related to the content of their presentations.