How to Clean a Drainage Bag

If you are using a leg bag during the day, the drainage bag should be cleaned in the morning when changing the leg bag, and the leg bag should be cleaned at night when changing back to the drainage bag.

Wash your hands before cleaning the bag.

Disconnect the drainage bag from the catheter and empty urine from bag.

Choose one cleaning solution:
A) bleach (preferred) or B) vinegar

Bleach

Mix a solution of 1 part bleach to 10 parts tap water. This would be 1 tablespoon of bleach to 5 ounces of water (a little over ½ cup).

Pour the bleach solution into the drainage bag tubing and bag. Agitate for 30 seconds so the solution comes in contact with all surfaces of the bag & tubing. Drain the solution out of the bag.

Allow to air dry.

Viniger

Mix a solution of 1 part vinegar to 3 parts tap water. This would be ½ cup of vinegar to 1 ½ cups of tap water.

Pour the vinegar solution into the drainage bag tubing and bag. Agitate so the solution comes in contact with all the surfaces of the bag & tubing, then soak for 30 minutes. Drain the solution out of the bag.

Once dry, store in clean towel or bag until ready for use.

Wash hands.