

## Building Reading Habits

Most children learn to read, but not all acquire the habit of reading. Parents can play a large role in helping their children develop into a reader. The following suggestions may be helpful to grow lifelong readers in your family.

## Ways to Build Reading Habits

**Talk with your children about reading.** Ask your children to tell you about books they have read and tell your children about your own reading. Make reading a topic of family discussions around the dinner table.

**Visit the library with your children.** The library is a great place for family activities. Great conversations can be started while searching for a special book.

**Make time for family reading.** Occasionally set aside 30 minutes or more for everyone to read. No television, no cell phones, no music headphones. Family members need to select their own reading material for these nights. Enjoy the quiet reading time together.

**Give books as gifts to your children.** Books make wonderful lifelong gifts for the holidays, birthdays, and to remember special events, like losing the first tooth!

**Read aloud with your children.** Parents often read to their children when they are small. When children first learn to read, they read aloud to their parents. But when children get older, they often stop reading aloud. Keep alive this reading pastime. As you come across favorite passages in your reading, share them with your children and encourage them to share with you.

**Use the newspaper as a tool for encouraging the habit of reading.** Talk about the newspaper with your children. Build family conversations around interesting newspaper articles. Clip articles and share them with your children.

**Encourage children to read to prepare for family activities.** Before a family vacation, outing, or special event, ask your children to read about the location or activity and to be responsible for reporting that information during the activity planning meetings.

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## KYPIRC Mission Statement

*Coordinating services, sharing information, identifying resources, fostering contact, and creating a network to support the interest and needs of parents and schools, and subsequently improved academic achievement.*



*The sky's the limit  
 for student achievement when  
 parents are involved!*

## KYPIRC January Parent Trainings

### **Western KY Regional Training**

January 11; 4:30 pm—5:30 pm  
 "How to Support Your Child's Learning"  
 Christian County Public Library, Christian Co.

### **North Central KY Regional Training**

January 18; 6:00 pm—7:30 pm  
 "How to Support Your Child's Learning"  
 Bullitt Lick Middle School, Bullitt Co.

### **Eastern KY Regional Training**

January 11; 10:00 am—12:00 pm  
 "NCLB Parental Involvement Policy"  
 South Floyd High School, Floyd Co.

***Please visit our website:***

**[www.kypirc.org](http://www.kypirc.org)**

*for more January training dates and other helpful information!*