



# Victory Over Violence

---

A Vision for a  
Safer Kentucky

July 14-16, 2009

Crowne Plaza Hotel,  
Louisville

# Agenda

## **Tuesday, July 14, 2009**

## ***Location***

- 12:00 p.m. Registration
- 1:00-2:45 p.m. Opening Session *Crowne A*
- Welcome-Michael Denney, Director, Division of Family Resource & Youth Services Centers
- Opening Remarks-Secretary Janie Miller, Cabinet for Health and Family Services
- Director's Remarks- Michael Denney, Director, Division of Family Resource & Youth Services Centers
- Keynote Address- Mr. Jimmy Dyer- "Change Your World"
- 2:45-3:15 p.m. Break
- Snacks in the Exhibit Hall provided by the FRYSCKy Coalition of Kentucky
- Please visit our exhibitors!
- 3:15-4:45 p.m. Concurrent Sessions
- Protecting Families: Keeping Mothers and Children Safe in Situations of Domestic Violence *Coronet A*
  - Promoting Social-Emotional Health in Children *Crowne B*
  - Cyber Bullying: What Can We Do About It? *Crowne C*
  - Recognizing and Reporting Child Abuse and Neglect and Shaken Baby Syndrome *Elliott*
  - Special Issues in Suicide Prevention *Perry*
  - Involving Fathers in Services to Families and Children *Madison*

## **Wednesday, July 15, 2009**

## ***Location***

- 8:30-10:00 a.m. Concurrent Sessions
- An Overview of Educating and Mobilizing Men to Respond to and Prevent Sexual and Dating Violence (Part 1) *Coronet A*
  - Child Care Disaster Planning *Crowne B*
  - Encouraging Dads To Be Involved In Their Child's Life *Crowne C*

- Positive Role Models Needed: Sign Up Here *Elliott*
- 3 Reasons You Should Quit Your Job-And 1 Reason You Should Not *Perry*
- Creating a Culture of Conflict Resolution *Madison*

10:15-11:45 a.m.

Concurrent Sessions

- An Overview of Educating and Mobilizing Men to Respond to and Prevent Sexual and Dating Violence (Part 2) *Coronet A*
- “Scam I Am”-Identity Theft 101 *Crowne B*
- Changing for Good *Crowne C*
- Is Your School Prepared To Handle a Suicidal Crisis? *Elliott*
- Medical Elements of Child Abuse and Neglect (MECAN): Bruises, Burns and Bites *Perry*
- Family Talk *Madison*

11:45-1:00 p.m.

Lunch

*Crowne A*

Featuring Keynote Speaker Dale Thomas Smith “The Game of Life and How to Play It”

1:15-2:25 p.m.

Concurrent Sessions

- Darkness to Light’s *Stewards of Children* Sexual Abuse Prevention Training (Part 1) *Coronet A*
- The Choking Game-Educating Our Kids About This Deadly “Game” *Crowne B*
- Some Secrets SHOULD Be Shared: Teaching Youth How To Help a Friend in a Suicidal Crisis *Crowne C*
- Long Term Implications of Exposure to Child Abuse and Stress *Elliott*
- Change Your Thinking: The Keys to Opening Doors and Minds *Perry*
- Teen Issues and Trends *Madison*

3:00-4:30 p.m.

Concurrent Sessions

- Darkness to Light’s *Stewards of Children* Sexual Abuse Prevention Training (Part 2) *Coronet A*
- Helping Children Succeed in School *Crowne B*
- Advisory Council Training: Make-Up Session *Crowne C*
- Creating a Poverty Considerate School *Elliott*
- Cyber Predators: How Do We Protect Our Children? *Perry*
- The Ones Left Behind (Youth Who Have an Incarcerated Parent) *Madison*

4:45-5:45 p.m.

FRYSCKy Coalition of Kentucky Board Meeting

## **Thursday, July 16, 2009**

## **Location**

8:30-10:00 a.m.	Concurrent Sessions	
	<ul style="list-style-type: none"><li>• The Spirit Within</li><li>• Understanding and Responding to Self-Harming Behavior</li><li>• Teen Issues and Trends</li><li>• Domestic Violence Education 101</li></ul>	<i>Crowne B</i> <i>Crowne C</i> <i>Elliott</i> <i>Perry</i>
10:30-11:45 a.m.	Closing Brunch	<i>Crowne A</i>
	Featuring Keynote Raymond Smith: "You Are Somebody"	
11:45 a.m.	Door Prizes: Participants must be present to win	
	Announcement of bid winners for the FRYSCky Coalition's Silent Auction	

## **Workshop Descriptions**

### **Tuesday, July 14, 2009**

#### **3:15-4:45 p.m. Concurrent Workshops**

**Title:** Protecting Families: Keeping Mothers and Children Safe in Situations of Domestic Violence

**Location:** Coronet A

**Faculty:** Ms. Gretchen Hunt, Staff Attorney, Division of Violence Prevention Resources

**Description:** One in three Kentucky women will be a victim of domestic violence in her lifetime. Countless numbers of children survive with their mothers in these situations. FRYSC coordinators and other community members are key to helping children be safe and resilient. Come learn about the impact of domestic violence on children learning and on parenting. We will discuss the most effective interventions to assist non-offending parents and their children so that they may be safe and heal from violence.

---

**Title:** Promoting Social-Emotional Health in Children

**Location:** Crowne B

**Faculty:** Ms. Renee Knight, MSW

**Description:** A strong social-emotional foundation can help children get off to a good start. Information for supporting social-emotional development will be shared.

---

**Title:** Cyber Bullying: What Can We Do About It?

**Location:** Crowne C

**Faculty:** Dr. Christine McIntosh, Kentucky Center for School Safety

**Description:** A disturbing and ever-growing trend, cyber bullying is an emotional and physical threat to the safety and well being of our students. Cyber bullies use technology to intimidate and harass the vulnerable, with devastating results. This session focuses on what constitutes cyber bullying, how children/teens can avoid being a cyber bully victim (or perpetrator), what can be done to avoid cyber bullies online, and tips for concerned adults as to what needs to be done if cyber bullying occurs.

---

**Title:** Recognizing and Reporting Child Abuse and Neglect and Shaken Baby Syndrome

**Location:** Elliott

**Faculty:** Ms. Rashmi Adi-Brown, Director of Prevention Education, Prevent Child Abuse Kentucky

**Description:** This workshop will provide an overview on the indicators and effects of child abuse, neglect and shaken baby syndrome. Information provided will assist FRYSC and other school professionals in the prevention and/or protection of children in their day-to-day life. Videos and discussion will be utilized to increase participant's knowledge. Additionally, the responding to disclosure, providing support to parents and reporting to authorities will also be addressed.

---

**Title:** Special Issues in Suicide Prevention

**Location:** Perry

**Faculty:** Mr. Michael McFarland, LMFT, State Suicide Prevention Coordinator, Kentucky Department for Mental Health

**Description:** Suicidal behavior among adolescents can be connected to many factors; suicidality is never just about "one thing." We will explore some of the significant factors which can impact a student's vulnerability: bullying; sexual orientation; drug and alcohol abuse; self-harming behavior; relationships; stress, etc. The purpose of this workshop is to further participant's appreciation for what students face and how these factors can increase the potential toward suicidal behavior. You will learn how connectedness can make a lasting difference against such factors.

---

**Title:** Involving Fathers in Services to Families and Children

**Location:** Madison

**Faculty:** Dr. Armon Perry, Assistant Professor, Kent School of Social Work, University Of Louisville

**Description:** In this session, the presenter will review the literature on the benefits that families and children receive from having involved fathers, as well as the consequences associated with uninvolved fathers. The presenter will also discuss strategies for engaging and retaining fathers in services to families.

---

**Wednesday, July 15, 2009**

---

### **8:30-10:00 a.m. Concurrent Workshops**

**Title:** An Overview of Education and Mobilizing Men to Respond to and Prevent Sexual and Dating Violence (Part 1)

**Location:** Coronet A

**Faculty:** Mr. Rus Ervin Funk, Executive Director, MensWork: Eliminate Violence Against Women, Inc

**Description:** Sexual and domestic violence are typically defined as “woman’s issues.” While it is true that women are affected much more than men by the incidence and threat of men’s violence, men are integrally involved. This workshop will explore ways to effectively educate men about the issues of sexual and dating violence, examining the common barriers that occur when attempting to educate men, explore methods and strategies to overcome these barriers, and exercises and activities that have found to be effective.

---

**Title:** Child Care Disaster Planning

**Location:** Crowne B

**Faculty:** Ms. Donna S. Eastham, Assistant Professor, Somerset Community College

**Description:** Come learn about steps to take in keeping the children in your care safe in the case of a disaster or emergency. Topics include keeping paperwork accessible if we have no hard copies at our center after the incident. What do we keep in our classrooms if we need to leave quickly and how to contact parents or caregivers if we have to leave our center? The goal is safety and to be prepared for the children and families we serve.

---

**Title:** Encouraging Dad’s To Be Involved In Their Child’s Life

**Location:** Crowne C

**Faculty:** Ms. Renee’ Knight, MSW

**Description:** Dads are valuable to their child’s growth and development. This session explores what prevents dads from being involved and strategies involving dads. Come learn how to encourage and empower dads to be active in the lives of their children.

---

**Title:** Positive Role Models Needed: Sign Up Here

**Location:** Elliott

**Faculty:** Mr. Jimmy Dyer, Teacher, Caldwell County High School

**Description:** Many of our students do not have enough positive influence in their lives. This workshop will examine easy, practical ways to be that positive influence that our students need so badly.

---

**Title:** 3 Reasons You Should Quit Your Job-And 1 Reason You Should Not

**Location:** Perry

**Faculty:** Jason Creech, Founder, Mirror-Mirror

**Description:** Have you thought about throwing in the towel lately? Perhaps at times you’ve felt unappreciated. Each week I can think of a million reasons to walk away, but for the sake of time we will discuss only three. We will also look closely at the one thing that keeps us all going. What causes us to return

to work Monday morning? If you're on the edge of giving up or your just looking for someone to gripe with- don't miss this session!

---

**Title:** Creating a Culture of Conflict Resolution

**Location:** Madison

**Faculty:** Ms. Eileen L. Blanton, Executive Director, Peace Education Program

**Description:** This workshop will help participants develop a plan for creating a culture of conflict resolution in their schools. Presenters will 1) demonstrate communication, conflict resolution and mediation methods used with youth k-12 2) present school wide plans that work 3) help participants develops their own plan.

### **10:15-11:45 a.m. Concurrent Workshops**

---

**Title:** An Overview of Education and Mobilizing Men to Respond to and Prevent Sexual and Dating Violence (Part 2)

**Location:** Coronet A

**Faculty:** Mr. Rus Ervin Funk, Executive Director, MensWork: Eliminate Violence Against Women, Inc

**Description:** Sexual and domestic violence are typically defined as “woman’s issues.” While it is true that women are affected much more then men by the incidence and threat of men’s violence, men are integrally involved. This workshop will explore ways to effectively educate men about the issues of sexual and dating violence, examining the common barriers that occur when attempting to educate men, explore methods and strategies to overcome these barriers, and exercises and activates that have found to be effective

---

**Title:** “Scam I Am”-Identity Theft 101

**Location:** Crowne B

**Faculty:** Mr. Doug Graham, IS Manager, Commonwealth Credit Union

**Description:** “Are you really chatting” with who you think you are? “Why do you need my account number?” Is WIFI as safe as everyone says it is? Come visit with the Fraud and Internet Specialists from Commonwealth Credit Union. This is a workshop designed to educate adults who work with our youth about safe uses of social networking-MySpace, Facebook and Twitters. In addition to: Cybersafety Tips, Internet Safety, How Not to Become a Victim of Identity Theft and Ways to Avoid Scams.

---

**Title:** Changing for Good

**Location:** Crowne C

**Faculty:** Ms. Renee Knight, MSW

**Description:** Do you want to change the way you do things? Come learn strategies you can use to overcome the fear of making changes in your life and maintain those changes.

---

**Title:** Is Your School Prepared To Handle a Suicidal Crisis?

**Location:** Elliott

**Faculty:** Mr. Michael McFarland, LMFT, State Suicide Prevention Coordinator, Kentucky Department for Mental Health

**Description:** Every school has a crisis response plan. But what do you do when a school loses a student to suicide; what are special suicide prevention issues that need to be considered; what is contagion and how does it impact how it shapes a school's response? These are important concerns which will determine the effectiveness of your overall plan. In this workshop we will explore practical issues which shape an appropriate protocol for dealing with the death of a student by suicide.

---

**Title:** Medical Elements of Child Abuse and Neglect (MECAN): Bruises, Burns and Bites

**Location:** Perry

**Faculty:** Ms. Deborah Acker, Nurse Service Administrator, Department for Community Based Services

**Description:** This session will provide a look into child abuse injuries at the hands of caregivers. It will provide the participant with an understanding of the differences in injuries suspicious for abusive trauma versus accidental mechanisms. Participants should be aware that this session contains graphic slides of abusive injuries.

---

**Title:** Family Talk

**Location:** Madison

**Faculty:** Jason and Melissa Creech and Bill and Jan Jones, Faith Temple Church; Donnie Caldwell, Operation UNITE Drug Coalition

**Description:** Don't you wish that each child came with his or her own set of instructions? Join us for a jam-packed session based on family talk. Jason and Melissa Creech will be leading a session on family time. Bill and Jan Jones will be sharing on the joys and challenges of raising your grandchildren, and Donnie Caldwell will discuss drug trends among today's youth.

### **1:15-2:45 p.m. Concurrent Workshops**

---

**Title:** Darkness to Light's *Stewards of Children* Sexual Abuse Prevention Training (Part 1)

**Location:** Coronet A

**Faculty:** Ms. Jamie Thompson, MSSW, Community Educator, Family & Children's Place

**Description:** Darkness to Light's ® *Stewards of Children* is a revolutionary sexual abuse prevention training program that educates adults to prevent, recognize, and react responsibly to child sexual abuse. The program believes and teaches that child safety is an adult's job. *Stewards of Children* is designed for all adults in a community and organizations that serve children and youth. Research has demonstrated that the effects of

child sexual abuse can be severe and devastating to an individual's psychological, emotional, and physical well-being.

---

**Title:** The Choking Game-Educating Our Kids About This Deadly "Game"

**Location:** Crowne B

**Faculty:** Officer Scott Harvey, Nicholasville Police Department

**Description:** The choking game is not new, but it is being taken to more dangerous levels by our kids. We educate students about all kinds of harmful things, but they never hear about the dangers of this potentially deadly "game". This powerful presentation unveils the damage caused by this activity and is geared toward the middle/high school crowd. When we equip our children, parents, and educators with the facts about this "game", we stand a much better chance of stopping it.

---

**Title:** Some Secrets SHOULD Be Shared: Teaching Youth How To Help a Friend in a Suicidal Crisis

**Location:** Crowne C

**Faculty:** Ms. Jan Ulrich, youth Suicide Prevention Specialist, Kentucky Department for Mental Health

**Description:** This workshop will acquaint participants with the Signs of Suicide (SOS) school-based suicide prevention program and materials. These are evidence-based depression awareness/suicide prevention programs that can be implemented by existing school staff. The main teaching tool is a video that teaches youth how to identify symptoms of depression and suicidality in themselves or friends, and respond effectively by seeking help from a trusted adult. Participants receive information on free SOS kit for qualifying schools (\$300 value).

---

**Title:** Long Term Implications of Exposure to Child Abuse and Stress

**Location:** Elliott

**Faculty:** Mr. David Gutierrez, Assistant Director, Division of Violence Prevention Resources

**Description:** This interactive presentation will give an overview of the long-term health and behavioral implications of exposure to violence, stress and chaotic home environments during childhood as reported in the findings from the Adverse Childhood Experiences studies and the Centers for Disease Control and Prevention will be discussed. There will also be information about referral sources for intervention.

---

**Title:** Change Your Thinking: The Keys to Opening Doors and Minds

**Location:** Perry

**Faculty:** Mr. Ken Simon, FRC Coordinator, Bowen Elementary School and Ms. Tara Gilbert, Consultant for Children Who are Deaf and Hard of Hearing, Powell County Schools

**Description:** The keys to unlocking and opening the doors to your potential lie in your ability to change the way you think. We will share with you lessons on stopping the cycle of negative thoughts by unleashing the

potential of positive thinking. Showing you how negativity handicaps individuals, thus limiting their potential for success. With reference to Jack Canfield's "Success Principals", we will share proven strategies to overcome these barriers. Relaxation and visualization exercises will stimulate the mind to greater possibilities.

---

**Title:** Teen Issues and Trends

**Location:** Madison

**Faculty:** Ms. Teresa Harding, Family Advocate, Family Life Abuse Center

**Description:** Today's teens are faced with many challenges. This workshop will look inside the lives of teenagers and the issues and trends they are up against. Do you want to know the myths about sex, truth about drugs, texting and dating violence, body image and eating disorders, and the lingo that teens use? If so, please come to this informative, interactive workshop where you will gain tools when working with teens.

### **3:00-4:30 p.m. Concurrent Workshops**

**Title:** Darkness to Light's *Stewards of Children* Sexual Abuse Prevention Training (Part 2)

**Location:** Coronet A

**Faculty:** Ms. Jamie Thompson, MSSW, Community Educator, Family & Children Place

**Description:** Darkness to Light's ® *Stewards of Children* is a revolutionary sexual abuse prevention training program that educates adults to prevent, recognize, and react responsibly to child sexual abuse. The program believes and teaches that child safety is an adult's job. *Stewards of Children* is designed for all adults in a community and organizations that serve children and youth. Research has demonstrated that the effects of child sexual abuse can be severe and devastating to an individual's psychological, emotional, and physical well-being.

---

**Title:** Helping Children Succeed in School

**Location:** Crowne B

**Faculty:** Robin Rosenstiel Jones, FRYSC Coordinator, Barbourville Rainbow Center

**Description:** This workshop will provide an introduction to Brain Gym, Motivation & Responsibility, Time Management and other organization skills, Test Taking Skills, Reading Comprehension, Listening Skills, Study Skills, Goal Setting and resources. Join us for a session jam-packed with information!

---

**Title:** Advisory Council Training: Make-Up Session

**Location:** Crowne C

**Faculty:** Ms. Tammy Gay, Region 6 Regional Program Manager

**Description:** If you haven't attended this mandatory training for all Coordinators, now is your chance! The objective of this workshop is to examine the importance of FRYSC Advisory Councils as the foundation to a successful center. Coordinators will learn how to effectively lead their councils by setting a positive tone,

cultivating relationships, effectively communicating with members, and delegating responsibilities. Participants will learn about the role and authority of council members and how they can utilize their strengths to enhance center success.

---

**Title:** Creating a Poverty Considerate School

**Location:** Elliott

**Faculty:** Ms. Lisa Hirsch-Aarvig, FRC Coordinator and Dr. Dewey Hensley, Principal, J.B. Atkinson Elementary School

**Description:** This session will examine practices schools can use to support achievement with students from poverty. The speakers will discuss the components of a Poverty Considerate School and ways systems can be created which support children from low income homes. It will focus on ideas like fostering resilience, brain research and school and home connections.

---

**Title:** Cyber Predators: How Do We Protect Our Children?

**Location:** Perry

**Faculty:** Dr. Christine McIntosh, Consultant, Kentucky Center for School Safety

**Description:** Focusing on predator identification, this presentation will convey how children, teens and the adults who care for them can recognize key characteristics of the online predator, identify behaviors associated with predators, learn how to avoid risky behavior on the Internet and know the resources available to them when confronted with an inappropriate situation online.

---

**Title:** The Ones Left Behind (Youth Who Have an Incarcerated Parent)

**Location:** Madison

**Faculty:** Rebecca D. Hentz, Y-NOW Children of Prisoners Mentoring Director, YMCA Safe Place Services

**Description:** The trauma of having an incarcerated parent has been likened to death, but the grief that a child experiences often goes unacknowledged. It is common for them to exhibit anxiety, shame, fear, sadness, and guilt. These inward battles often present themselves in anti-social behaviors such as aggression, attachment issues, poor academic performance, and distrust of adults. Ultimately, children of prisoners are 7x more likely to become incarcerated themselves. Come hear about ways you can support these vulnerable children and help break the cycle of incarceration.

---

**Thursday, July 16, 2009**

### **8:30-10:00 a.m. Concurrent Workshops**

**Title:** The Spirit Within

**Location:** Crowne B

**Faculty:** Ms. Beth Ryan, Community/Court Advocate, Family Life Abuse Center

**Description:** What soul searching is necessary to heal the pain of a violent relationship? While women who have experienced domestic violence are not at fault for the abuse, they may have underlying traumatic issues that keep them entangled in abuse. Beth offers a candid and compelling look at her own experiences in a violent relationship and discusses her spiritual journey towards healing her personal “hooks” that ensnared her. Beth challenges others to find hope and strength by initiating their own search for a better life.

---

**Title:** Understanding and Responding to Self-Harming Behavior

**Location:** Crowne C

**Faculty:** Mr. Michael McFarland, LMFT, State Suicide Prevention Coordinator, Kentucky Department for Mental Health

**Description:** Self-harming behavior is one of the least understood behaviors and yet it appears to be increasing at a staggering rate. How should educators understand this behavior and appropriately respond? This presentation will attempt to summarize what is known about prevalence, nature and contagion; attention will be given to recognition of warning signs; differentiating between self-harm and suicidal behavior, and appropriate response to his behavior.

---

**Title:** Teen Issues and Trends

**Location:** Elliott

**Faculty:** Ms. Teresa Harding, Family Advocate, Family Life Abuse Center

**Description:** Today’s teens are faced with many challenges. This workshop will look inside the lives of teenagers and the issues and trends they are up against. Do you want to know the myths about sex, truth about drugs, texting and dating violence, body image and eating disorders, and the lingo that teens use? If so, please come to this informative, interactive workshop where y will gain tools when working with teens.

---

**Title:** Domestic Violence Education 101

**Location:** Perry

**Faculty:** Ms. Shana Goggins, Family/Community Advocate, Family Life Abuse Center

**Description:** People often think of domestic violence only in terms of physical abuse. This workshop will address domestic violence as a pattern of assaultive and coercive behaviors used to control intimate partners. The myths surrounding what domestic violence is and is not will be discussed. Information gained in this workshop will be especially important to those with no exposure to domestic violence; it is important to gain tools to assist a victim. Education is vital to breaking the cycle of violence.

# Victory Over Violence-Registration Form

July 14 – 16, 2009  
The Crowne Plaza Louisville Airport Hotel  
Louisville, Kentucky

**\*\*All ATTENDEES MUST COMPLETE A REGISTRATION FORM\*\***

There is no registration fee for FRYSC Coordinators

Please complete the following information and print legibly.

PARTICIPANT NAME: \_\_\_\_\_

JOB TITLE: \_\_\_\_\_

AGENCY/CENTER: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

EMAIL: \_\_\_\_\_

SCHOOL DISTRICT: \_\_\_\_\_ Region #: \_\_\_\_\_

Registration Fees:	
FRYSC Coordinator:	N/A
School Official or Community Partner:	\$85.00

Mail or fax completed registration form and payments (if applicable) to:

Mysti White  
DFRYSC  
275 E. Main St, 3C-G  
Frankfort, KY 40621  
Fax: 502-564-6108