

The Kentucky Department for Aging and Independent Living and Area Agency on Aging & Independent Living Network of Programs & Services

August 8, 2012



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What is the Aging Network?

- ▶ Older Americans Act
- ▶ Administration on Aging
- ▶ State Unit on Aging
- ▶ Area Agencies on Aging
- ▶ Area Agencies on Aging and Independent Living



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What is the Older Americans Act?

- ▶ Created in 1965
- ▶ The OAA was due for another Reauthorization in 2011. Senator Bernie Sanders (I-VT) Introduced the draft OAA Reauthorization on December 16, 2011



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Administration on Aging (AoA)

- ▶ AoA is one of the nation's largest providers of home- and community-based care for older persons and their caregivers. Our mission is to promote the dignity and independence of older people, and to help society prepare for an aging population.

NOTE: By 2030, 1 in every 5 Americans will be 60 or older



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Kentucky Demographics

- ▶ 10th in the nation when considering the proportion of individuals ages 65–74.
- ▶ 3rd for the highest poverty rate for the elderly (13.8%).
- ▶ 4th in the nation for persons age 65+ with any disability and 2nd the nation for persons age 18–64 with any disability.

(AARP's Across the States: Profiles of Long-Term Care and Independent Living, 2009)

Combined, poverty levels and disability needs require undue burden for families who must take on the role of caregiver in addition to the daily responsibilities of living.

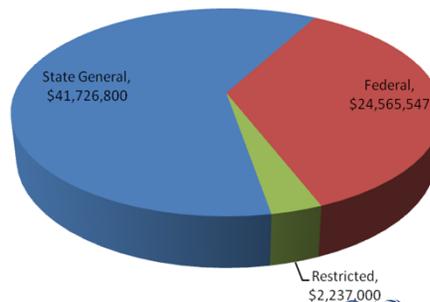


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Kentucky State Unit on Aging

- Kentucky Department for Aging and Independent Living (DAIL) established by Executive Order in 2006
- Area Agencies on Aging in Kentucky now Area Agencies on Aging and Independent Living (AAAIL)

DAIL Funding Distribution of \$68,529,347 (FY 2010).



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DAIL Organizational Structure

- ▶ Located within the Cabinet for Health and Family Services
- ▶ **Three Divisions**
 - **Division of Quality Living**
 - Constituent Services Branch
 - Community Options Branch
 - **Division of Operations and Support**
 - Program Support Branch
 - Fiduciary Branch
 - **Division of Guardianship**
 - Benefits Branch
 - Field Services Branch
- ▶ **Three Offices**
 - Long Term Care Ombudsman Program
 - Brain Injury Trust Fund
 - Research, Program Evaluation and Quality Management



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Kentucky's Area Agencies on Aging & Independent Living

- ▶ There are fifteen (15) Area Agencies on Aging and Independent Living (AAAIL) in the State.
- ▶ Each of the AAAILs are attached to the Area Development Districts (ADD) in the State.



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Area Agencies on Aging and Independent Living



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Kentucky's AAAIL, con't.

- ▶ **Provide access to services in local communities.** This may include information and assistance, assessment, case management, telephone reassurance, friendly visiting and transportation.
- ▶ **Support independent living through home and community-based care.** Examples are personal care, homemaker and chore, adult day, respite, home repair, senior center programs, money management, family caregiver services and more.

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Kentucky's AAAIL, con't.

- ▶ **Meet the nutritional needs of older adults.** These meals are served at congregate meal sites (senior centers, senior housing and adult day care centers) or delivered to the homes of frail or homebound elders. Nutrition education and counseling is also included.
- ▶ **Protect the basic rights of the most vulnerable elders.** Funds are made available for the Ombudsman program, legal services and elder abuse prevention programs.



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Kentucky's AAAIL

- ▶ **Promote Healthy Aging and Disease Prevention.** Activities are coordinated with Senior Centers, utilizing health departments, pharmacies, social agencies, educational and community resources. Health Promotion fairs are planned to increase awareness and involvement within the community for older adults. The health promotions agenda strives to strengthen advocacy related to health issues for older adults.



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How do our services fundamentally relate to Care Transitions Initiatives?

- ▶ Aging and Disability Resource Centers
 - “Single Point of Entry/One Stop Shop”
 - “Section Q” referrals for the MDS
- ▶ Individualized Case Management
- ▶ Consumer Directed Options/Support Broker Services



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Kentucky's AAAIL: More Details About Programs & Services

- ▶ Homecare
- ▶ Adult Day Care
- ▶ Medicaid Waivers (Consumer Directed Option)
- ▶ Personal Care Attendant Program
- ▶ Senior Centers/Support Services
- ▶ Senior Nutrition Program
- ▶ Health Promotion & Disease Prevention
- ▶ Transportation
- ▶ Family Caregiver Program/KY Caregiver
- ▶ Long Term Care Ombudsman Services
- ▶ SHIP (Benefits Counseling)
- ▶ Aging & Disability Resource Center



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Homecare

- ▶ Statewide program, administered by DAIL. Designed to prevent institutionalization for as long as possible.
- ▶ Eligibility:
 - 60 years or over
 - Functional disability (impairment in 2 physical activities of daily living or 3 instrumental activities of daily living)
 - At risk of institutional care or in a nursing home or personal care facility



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Homecare

- ▶ Service Providers: The Provider Network for this program includes the AAAIL and a network of other providers.
- ▶ Payment: sliding fee scale based on poverty guidelines, family income; no fee for assessment or case management services.



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Homecare

- ▶ **Services Available:**
- ▶ Assessment and case management
- ▶ Home-delivered meals
- ▶ Personal care: assistance with bathing, toileting, and other activities of daily living
- ▶ Home health aide: health care requiring a physician's order, can be done by a trained aide under the supervision of a registered nurse (such as catheter care, medication assistance)



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Homecare

- ▶ Homemaker: housekeeping tasks such as cooking, cleaning, laundry
- ▶ Home Repair: minor modifications for safety and mobility
- ▶ Chore: help with heavy household tasks
- ▶ Respite: relief service to regular caregiver
- ▶ Escort: accompaniment to physician, dentist, or other service



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Adult Day Care Services

- ▶ ADCs are designed to provide respite to the caregiver and socialization for the participant. They also provide a safe secure environment and nourishment.
- ▶ There are three types of Adult Day Care programs that may use state funds for some or all of its clients:

Adult Day Care Services

- ▶ Adult Day Care (certified social model): supervision, help with personal care, self-care training, social activities, etc.
- ▶ Adult Day Health Care (licensed medical model): continuous supervision of medical & health needs
- ▶ Alzheimer's Disease Respite: supervision and care in day center or home to provide respite to caregiver

Consumer Directed Options

- ▶ Consumer Directed Options
 - Home and Community Based Waiver
 - Supports for Community Living Waiver
 - Acquired Brain Injury Waiver
 - Michelle P. Waiver
 - Kentucky Transitions
- ▶ Services Provided under CDO:
 - Support Broker (AAA)
 - Financial Management (ADD)



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Personal Care Attendant Program

- ▶ This program was Established by the Kentucky General Assembly and mandates personal care attendant services for severely physically disabled adults age 18 and over.
- ▶ The client must be mentally alert with permanent, temporary or recurring functional loss of two or more limbs.
- ▶ The disabled adult has the management responsibility of hiring, supervising and firing the attendant. Service allow the adult to achieve greater physical independence.



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Senior Centers/Support Services

- ▶ A variety of services and activities occur at the many senior centers that exist in our state.
- ▶ There are at least one center in every county.
- ▶ There are a variety of other providers who assist with serving seniors in this network.
- ▶ Provide information and assistance, outreach, health promotion, recreation, education, counseling, employment assistance, transportation, telephone reassurance, advocacy, friendly visiting, and more.



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Senior Nutrition Program

- ▶ This program is designed to provide seniors with at least one-third (1 / 3) of the recommended dietary allowance (RDA) as often as possible.
- ▶ Meals are prepared and provided to thousands of seniors daily in every county in Kentucky.
- ▶ There is at least one senior center in every county of the Commonwealth where congregate meals are served at least once a day five days a week.
- ▶ Home-delivered meals are provided to thousands of seniors who are homebound and not able to attend senior centers.



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Health Promotion/Disease Prevention

- ▶ Programs and activities include:
 - Evidence-based models
 - Walking Programs
 - Nutrition Education
 - Health Clinics
 - Falls Prevention
 - Chronic Disease Management Programs
 - Smoking Cessation
 - Flu Clinics
 - And More



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Transportation

- Senior Service Transportation
- Non-Emergency Medical Transportation
- Special Initiative Transportation
- Travel Training
- Mobility Management
- Other Special Initiatives



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Family Caregiver Program

- ▶ The National Family Caregiver Program is designed to serve the needs of the caregiver; the person taking care of the older person, or a senior who is caring for grandchildren.
- ▶ The program is intended to provide support and resources to the caregiver, relieving the burden of taking care of their loved one.



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Kentucky Caregiver Program

- ▶ Kentucky Caregiver Support Program
 - Grandparents Raising Grandchildren
 - Supports the grandparent
 - Services include support groups, education, training, counseling, respite and supplemental services (vouchers available to eligible participants).
 - Information and assistance



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Long Term Care Ombudsman Program

- ▶ This program is designed to advocate on behalf of residents of long term care facilities.
- ▶ Residents rights, prevention of elder abuse is the core purpose of the program
- ▶ Kentucky has a State LT Care Ombudsman.
- ▶ Every region has a district Ombudsman.
- ▶ There our regional Ombudsmen also.



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SHIP (Benefits Counseling)

- ▶ The State Health Insurance Program provides information, counseling and other resource assistance to persons who are Medicare and/or Medicaid recipients.
- ▶ Benefits counseling is provided in areas such as prescription drug coverage, long-term care insurance, Medicare, Medicaid, etc.



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Care Coordination

- ▶ A process to provide comprehensive care plans and service delivery
- ▶ Partnership between DAIL, TBI case management agency, Community Mental Health Centers and AAILs
- ▶ Universal information, prescreening and intake
- ▶ Single assessment
- ▶ Single, comprehensive care plan



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Additional Programs Administered by DAIL:

- ▶ Traumatic Brain Injury (TBI) Trust Fund
- ▶ Hart Supported Living
- ▶ State Guardianship
- ▶ Various Federally Funded Grants



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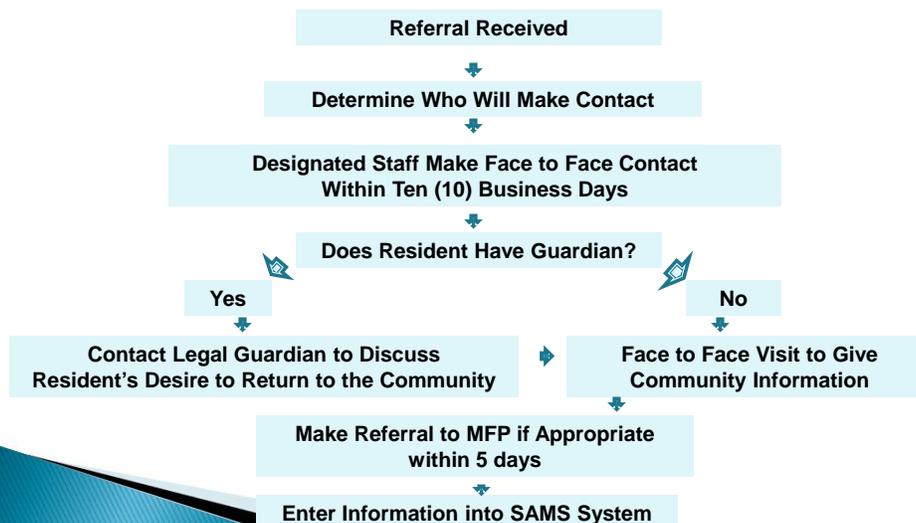
Aging and Disability Resource Center

- Information, Assistance and Referral Services
- Single Point of Entry
- Resource Counseling
- Call Center for all functions including intake and screening
- Section Q Referrals from Nursing Home facilities



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Role of ADRC



Contact Requirements

- ▶ Initial referral requires face to face visit
- ▶ Annual referral requires face to face visit
- ▶ Status Change and Quarterly referral allows for information to be mailed.

*****Currently in Revision*****

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Contact Information

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