



Division of Child Care

**School-Aged Activities
Part One**

Development Area	Week One All About Me	Week Two ABC/123	Week Three Bubbles	Week Four Farmers Market/Apples	Week Five Fall
Language and Reading	<p>-Play doctor – have your child pretend to wrap injuries, listen to heartbeats, etc. Talk about the importance of check-ups and doctor care.</p> <p>-Talk about healthy foods versus non-healthy foods and how it can affect our teeth and our bodies.</p>	<p>-Salt Tray Letters – Use a baking sheet, or any flat, contained surface to help your child draw sight words in the salt. You can put the words under the salt to trace, or you can show your child the words and have them form them and spell them out.</p>	<p>-Bubble Wrap Letters – on the FLAT side of the bubble wrap, write a letter in each bubble (you will have to write backwards, so that the letters are facing the correct way when flipped over!) Then, put the bubble wrap down so that the bubble side is up. Call out appropriate sight words for your child to spell out. Give stickers (or something to pop the bubbles) as they spell.</p> <p>-In a large Ziploc bag, use hair gel or aloe gel to fill the bag so when laid flat, it covers the bag evenly but not overflowing. Place different sight words in bold print under the bag for your child to practice tracing the letters and spelling the words.</p>	<p>-Play pretend Farmer’s Market! Set up a “stand” with boxes, use real or pretend fruits and vegetables, and have children write signs. Then, either create currency or use coins to “pay” for items! You can also practice weighing items if you have a scale and make it another math activity, too!</p>	<p>-Create a campfire collage (using items from your Scavenger Hunt, if you would like!) Or whatever materials you would like. Then, talk about different aspects of camping, fall, nature’s life cycles and leaves changing, etc.</p>

<p>Math and Science</p>	<p>-Five Senses exploration – explore something new using your 5 senses. <i>Do not use something inedible if your child intends to taste.</i> This can include various foods, flowers, textures of blankets, etc. <i>Anything available in your home that is safe for children can be used.</i></p>	<p>-Secret painting – Use white crayon on a piece of paper to write various letters, numbers, or words. Then, your child can use watercolor paint to “reveal” those letters, numbers and words. Have it decode a message if your child is up for it!</p>	<p>-Bubble Towers – Have your child select various shapes and sizes of containers to use. Add bubble solution or a mixture of soap and water to each container (Just a small amount is needed). Using a straw, have your child blow into the containers to create a bubble tower. Measure the bubble towers to see which one grew the most!</p>	<p>-Do a blind taste/smell test with seasonal vegetables and fruits. Take turns guessing.</p> <p>-Bean seeds in a bag – Before beginning, soak seeds you’re planning to use in water overnight. Drain in the morning or before beginning the experiment. Dampen a paper towel and place it along the bottom edge of a sandwich size Ziploc bag. Place the seeds all on one side of the towel. Seal the bag, and hang in a sunny window with the beans facing INSIDE.</p>	<p>-Dancing Corn Experiment- Start with a tall, clear glass jar. Add 2 cups of water. Add 2 Tbsp. of baking soda and mix until dissolved. You can also add a drop or two of food coloring if you would like. Add 1/8 to ¼ of a cup of popping kernels to the water mixture. Add small amounts of vinegar to the mixture, and watch the dancing corn! Talk about the chemical reactions, why the kernels move, etc. You can continue adding small amounts of vinegar to continue the “dancing corn”.</p>
--------------------------------	---	--	---	--	---

<p>Fine Motor and Gross Motor</p>	<p>-Use Play Doh to create an image of themselves!</p> <p>-Action Dice – Using a standard die, assign a silly movement to each number. (Your child can help develop the movements, too!) Then, roll the dice and take turns completing the movement associated with the number that was rolled!</p>	<p>-Bring out your Action Dice again, and use the same movements or create new ones!</p> <p>-Lace beads or noodles onto string or pipe cleaners, if available, to practice counting. You can use dice to select random numbers. Put the number of beads or noodles onto the string based on what is rolled. Use multiple dice for higher numbers and some addition practice! Children can also create letters, numbers, words, etc. using the materials.</p>	<p>-Toy Washing Station use a tub (or the bathtub!) to create a washing station for your child. They can use sponges, brushes, and cloth to clean their toys with soap and water.</p> <p>-Attach bubble wrap to a paintbrush or utensil. Have your child dip it in paint and create different prints using the bubble wrap on the paper.</p> <p>-Play Twister! Or, use colored papers or items and call out for your child to either move to, or put different body parts on, like the game Twister.</p>	<p>-Paint with fruit and vegetable “prints” – You can either slice them in half and dip in paint, or roll the outside of fruits and vegetables in paint to get fun shapes and patterns. Children can also use crayons and markers to trace fruits and vegetables, draw their own basket of fruits and veggies, or even draw their own plate of healthy foods they like to eat.</p>	<p>-Find leaves to paint or trace. You can also attach them to contact paper, if available, and make fall window art.</p> <p>-Go on a scavenger hunt! Make a list of things for your child to find that are available to you outside or in a nearby park. Have your child collect the items in a small bag.</p> <p>-Use corn on the cob to dip in paint and roll onto paper to create fun patterned art! You can also slice the corn into slices and make prints with the inside and kernels attached. Dissect the corn and create various patterns! You can</p>
--	---	--	--	--	--

Materials Needed

*Substitute materials for things you have on hand if needed



Division of Child Care

**School-Ages Activities
Part Two**

Development Area	Week One Pumpkins	Week Two Sensory Exploration	Week Three Farm Animals	Week Four Fall	Week Five Additional Experiences
<p>Language and Reading</p>	<p>-Pretend Play pumpkin patch.</p> <p>-Discuss the “life cycle” of a pumpkin. Read and/or listen to “From Seed to Pumpkin” by Wendy Pfifer.</p>	<p>-Read ‘Pete the Cat Firefighter Pete’ by James Dean (this is also read aloud on YouTube).</p> <p>-Have your child help develop a family fire plan. Where would you meet outside of your house? Whom would they call? Do they know 911? Make a poster board or hang the plan on paper in a place where it is visible to children. Practice crawling under smoke so children know how to safely evacuate.</p>	<p>-Discuss what foods we get from animals on the farm (meat and non-meat) and what crops are grown on the farm. Try to drive by an area where your child may see corn or other seasonal crops.</p>	<p>-Dress up in costumes, or other various pretend play outfits. You can dress up with items around the house and try to guess what the other person is dressed as. You could also use a charades game to act out various things!</p>	<p>-See if it is possible to visit a Fire Station.</p> <p>-Visit a Pumpkin Patch.</p> <p>-Visit a local farm or farmers market, if still available.</p>

<p>Math and Science</p>	<p>-Pumpkin Volcano: (You use the same pumpkins you have already cleaned out, if you would like!) Clean out the inside of a small (baking) pumpkin. This is best done as an outside activity, on a lid or in a large container. Add a couple tablespoons of baking soda to the pumpkin. Add a few squirts of dish soap, then a color or two, if you would like, to the inside of each pumpkin. Slowly pour vinegar into the pumpkin and watch the reaction!</p> <p>-Have your child assist with drying and laying out seeds on a baking sheet to bake. Allow the child to pick various seasonings to "taste test".</p>	<p>-Have children practice reading temperatures (candy or meat thermometer, if available) of cold and warm objects. You can give them a list of things to test around the house. They can also add ice cubes to warm or cold water, one at a time, and watch the changes.</p>	<p>-Go on a Scavenger Hunt for Fall items, like various colored leaves, acorns, pinecones, etc. Then, count and sort the objects based on color, size, type of item, etc.</p>	<p>-Discuss skeletons and bones. Research with your child on how to keep our bones healthy by eating healthy foods</p> <p>-Dissolve candy pumpkins in milk, water, oil and vinegar (one liquid in each glass). Put a pumpkin in each, and have your child create a hypothesis about what will happen in each.</p> <p>-Use any leftover candy pumpkins (or any small gummy candy) with toothpicks to create structures. Houses, trucks, cars, etc. can all be built!</p>	
--------------------------------	--	---	---	---	--

<p>Fine Motor and Gross Motor</p>	<p>-Pumpkin Baths: fill the bathtub or a large bin with soapy water. Let children use sponges to clean the pumpkins. (You can always make them messy prior to this activity, with washable paints, markers, mud, etc!)</p> <p>-Carve pumpkins and scoop out the seeds. This is a great sensory experience for young children! Have them pick out the seeds for you to bake together!</p>	<p>-Have children practice executing the fire plan.</p> <p>-Have children draw out the stages of the fire plan after practicing. This can include areas of the home they need to move through, and who they should contact.</p>	<p>-Play a movement game with your child: Call out an animal and its corresponding action for them to complete. Examples include: Roll in the mud like a pig, waddle like a duck, gallop like a horse, peck like a chicken, jump like a goat, etc.</p> <p>-Paper plate wreath: cut out the inner circle of a paper plate, leaving the outer circle. Scavenge for leaves to use and decorate the edge of the plate to create a wreath.</p>	<p>-Ghost Bowling: use 9 plastic cups and draw ghost faces on them (with the cups upside down). Stack them in a pyramid. Use a soft ball a "bowl" the cups over.</p> <p>-Use a broom (or any long stick) to fly like a witch! This is probably a better outside activity!</p>	<p>-DIY Moon Sand: 8 Cups of all purpose flour and 1-Cup baby oil. Have your child assist you with adding the 2 ingredients, and mixing. You may need a hand mixer to fully combine. Then, place into a box or bin for a fun "moon sand" experience! They can create structures, prints, play with other toys/cars in the sand, etc.</p>
--	--	---	---	---	--

Materials Needed

- Dish Soap, Vinegar, Baking Soda
- Food coloring
- Pumpkins, Candy Pumpkins
- Carving tools/Scooping tools
- Paper/Drawing tools/scissors-glue or glue stick
- Thermometer
- Paper Plate, Plastic Cups
- Bag for Scavenger Hunt
- Paint
- Broom, Q-tips, Toothpicks
- Flour/Baby oil/hand mixer

*Substitute materials for things you have on hand if needed