|  |
| --- |
|  **Referrals to Health and Social Services****Goal of Component**To improve the overall health and well-being of students and increase their ability to succeed in school by addressing the coordinated school health components\*, safety and oral health, thereby promoting a lifetime of personal wellness. \**Coordinated school health components include:** *Physical education,*
* *Health services,*
* *Nutrition,*
* *Counseling/Psychological services,*
* *Social services,*
* *Health promotion for staff,*
* *Family/Community involvement*
 |
| **Recommendations:**  | * Collaborate to provide physical education opportunities for families and the school community
* Identify resources and refer for health services
* Collaborate to provide nutritional information for families and the school community
* Identify resources and refer for mental health counseling and psychological services
* Collaborate to provide social services
* Identify resources and refer for dental services
 |
|  |
| **Career Exploration and Development****Goal of Component**To promote college and/or career readiness for all students by preparing them for future employment and successful transition into adult life through collaboration with school and community resources |
| **Recommendations:**  | * Provide or collaborate to provide activities to prepare students for future employment
* Provide or collaborate to provide activities for career exploration opportunities
* Provide opportunities that encourage students to obtain Post-secondary education, whether it is a university, vocational/technical college or skill training
* Provide support to encourage students to graduate on time
 |
|  |
| **Summer and part-time job development for high school students****Goal of Component**To introduce students to the world of work through education, job-related skills, and work experience by collaborating with community resources. Twenty-first century skills such as critical-thinking, problem-solving, goal-setting, leadership and decision-making will be emphasized.  |
| **Recommendations:**  | * Provide employment opportunities for students
* Introduce youth to real work environments
* Collaborate to provide or provide activities that enhance employability skills and real world experiences
 |
|  |
| **Substance Abuse Education and Counseling****Goal of Component**To assist in the prevention of the use of alcohol, tobacco and other drugs (ATOD) and improve decision-making skills by education students and families; and the reduction of ATOD use through coordination of counseling services and education.  |
| **Recommendations:**  | * Identify resources and make referrals for counseling services
* Provide or collaborate to provide activities to increase student awareness of the effects of substance abuse
* Provide or identify resources for education and treatment of substance abuse
* Provide or collaborate to provide activities that empower youth to make healthy choices and decisions
 |
|  |
| **Family Crisis and Mental Health Counseling****Goal of Component**To increase self-management and coping strategies by assisting students and families with mental health needs and/or other crises through the identification and coordination of services (i.e. for grief, illness, bullying, incarceration, dating/domestic violence, loss of income child abuse, etc.).  |
| **Recommendations:**  | * Collaborate or refer to provide opportunities that assist students in building self-esteem and individual coping skills
* Identify resources or refer for mental health services for students and families
* Provide, collaborate to provide or refer to meet immediate needs of families in crisis situations
 |