

**Medicaid Section 1115 Substance Use Disorder Demonstrations
Monitoring Report Template**

Note: PRA Disclosure Statement to be added here

1. Title page for the state's substance use disorder (SUD) demonstration or the SUD component of the broader demonstration

The title page is a brief form that the state completed as part of its monitoring protocol. The title page will be populated with the information from the state's approved monitoring protocol. The state should complete the remaining two rows. Definitions for certain rows are below the table.

State	Kentucky
Demonstration name	KY HEALTH
Approval period for section 1115 demonstration	<i>Automatically populated with the current approval period for the section 1115 demonstration as listed in the current special terms and conditions (STC), including the start date and end date (MM/DD/YYYY – MM/DD/YYYY).</i> Start Date: 01/12/2018 End Date: 09/30/2023
SUD demonstration start date^a	<i>Automatically populated with the start date for the section 1115 SUD demonstration or SUD component if part of a broader demonstration (MM/DD/YYYY).</i> 01/12/2018
Implementation date of SUD demonstration, if different from SUD demonstration start date^b	<i>Automatically populated with the SUD demonstration implementation date (MM/DD/YYYY).</i> 07/01/2019
SUD (or if broader demonstration, then SUD - related) demonstration goals and objectives	<i>Automatically populated with the summary of the SUD (or if broader demonstration, then SUD- related) demonstration goals and objectives.</i> Effective upon CMS approval of the SUD Implementation Protocol, as described in STC
SUD demonstration year and quarter	<i>Enter the SUD demonstration year and quarter associated with this monitoring report (e.g., SUD DY1Q3 monitoring report). This should align with the reporting schedule in the state's approved monitoring protocol.</i> SUD DY 5 Q 4
Reporting period	<i>Enter calendar dates for the current reporting period (i.e., for the quarter or year) (MM/DD/YYYY – MM/DD/YYYY). This should align with the reporting schedule in the state's approved monitoring protocol.</i> Start Date: 04/01/2024 End Date: 06/30/2024

^a **SUD demonstration start date:** For monitoring purposes, CMS defines the start date of the demonstration as the *effective date* listed in the state's STCs at time of SUD demonstration approval. For example, if the state's STCs at the time of SUD demonstration approval note that the SUD demonstration is effective January 1, 2020 – December 31, 2025, the state should consider January 1, 2020 to be the start date of the SUD demonstration. Note that the effective date is considered to be the first day the state may begin its SUD demonstration. In many cases, the effective date is distinct from the approval date of a demonstration; that is, in certain cases, CMS may approve a section 1115 demonstration with an effective date that is in the future. For example, CMS may approve an extension request on December 15, 2020, with an effective date of January 1, 2021 for the new demonstration period. In many cases, the effective date also differs from the date a state begins implementing its demonstration.

^b **Implementation date of SUD demonstration:** The date the state began claiming or will begin claiming federal financial participation for services provided to individuals in institutions for mental disease.

2. Executive summary

The executive summary should be reported in the fillable box below. It is intended for summary-level information only. The recommended word count is 500 words or less.

Enter the executive summary text here.

DY%Q4 and Annual Summary:

During DY5, KY received a temporary extension through 9/30/24 to the state's Section 1115 Demonstration and continue to work CMS to determine next steps and any monitoring and/or evaluation changes that may need to be implemented.

September 2023, KY was pleased to host CMS for an on-site state visit to provide an overview of KY's approach to prevent, treat, and support individuals with SUD, their families, and communities across the Commonwealth.

During this reporting period, KY was pleased to report its first reduction of 2% in overdose deaths since Implementation believed to be contributed to the many efforts highlighted during the site visit.

KY DMS was proud to assist with coordination of a successful 2023 Recovery Rally at the State Capital to celebrate with hundreds of individuals in attendance and representation from state agencies, providers, communities, individuals with lived experience and advocates. The Rally is an opportunity for DMS to network with community partners and highlight the Demonstration and its impact on the Commonwealth.

During this reporting period, DMS drafted and filed regulations to support the approved 2023 SPA coverage of additional Behavioral Health Practitioners (i.e Behavioral Health Associate) as an effort to address workforce shortages and relative challenges as need for services and access to increases. The regulations have been “deferred” while amendments are being considered to the proposed policy to ensure expanded practitioners obtain proper education, training and supervision as they work toward advanced degrees and consider limiting services the level of practitioner would be eligible to render under the proposal.

DMS withdrew its pending incarceration amendment and submitted the Reentry 1115 Demonstration request to CMS on 12/30/24 with expected approval in July 204. The amendment request includes seeking authority to reimburse for a Recovery Residence Support Service (RRSS) for those with SUD that meet criteria for the service. RRSS will provide needed support for individuals with SUD to obtain and sustain recovery.

RRSS will initially be piloted through KY's SB90, the Behavioral Health Conditional Dismissal Program (BHCDP) and supported with \$1 million in philanthropy funds as reimbursement for services. Early 2023, DMS contacted with an administrative service organization (ASO) to oversee funds and provide training and technical assistance to pilot participants. Spring 2024 DMS collaborated with the ASO to develop policies to ensure appropriate service delivery and processes to support programs with developing person-centered recovery management plans, documentation, as well as data collection and reporting required to participate in the pilot; the first cohort of programs will be eligible to apply July 2024. KY was pleased to have the opportunity to present with CMS at the 2024 Quality Conference in April to sharing how KY utilizes data to inform the Demonstration development and highlight the statewide efforts and partnerships to support KY's

3. Narrative information on implementation, by milestone and reporting topic

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
1. Assessment of need and qualification for SUD services			
1.1 Metric trends			
1.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to assessment of need and qualification for SUD services		Metric 2	DY5Q2: Metric 2 experienced a quarterly decrease by 6.42% in beneficiaries who receive MAT or a SUD-related
1.2 Implementation update			
1.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: 1.2.1.a The target population(s) of the demonstration	X		
1.2.1.b The clinical criteria (e.g., SUD diagnoses) that qualify a beneficiary for the demonstration	X		
1.2.2 The state expects to make other program changes that may affect metrics related to assessment of need and qualification for SUD services	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
2. Access to Critical Levels of Care for OUD and other SUDs (Milestone 1)			
2.1 Metric trends			
2.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 1		Metric 7, 10 & 11	DY5Q2: Metric 7, early intervention (SBIRT) services experienced a quarterly decrease of 13.57%, third straight +
2.2 Implementation update			
2.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: 2.2.1.a Planned activities to improve access to SUD treatment services across the continuum of care for Medicaid beneficiaries (e.g., outpatient services, intensive outpatient services, medication-assisted treatment, services in intensive residential and inpatient settings, medically supervised withdrawal management)			DY5 Annual: Regulations to support approved 2023 SPA for coverage of additional Behavioral Health Practitioners (i.e Behavioral Health Associate) as an effort to address workforce shortages and relative challenges as need for services and access to increases, while workforce continues to be a barrier were "deferred" during this measurement period due to concerns from KY's licensure boards and advocacy groups to align on amendments critical to ensure individuals obtain proper education, training and supervision as they work toward advanced +
2.2.1.b SUD benefit coverage under the Medicaid state plan or the Expenditure Authority, particularly for residential treatment, medically supervised withdrawal management, and medication-assisted treatment services provided to individual IMDs			DY5Q4 and Annual: During this measurement period, KY continued to collaborate with state partners in reviewing the 4th Edition of the ASAM Criteria and impacts to current state regulations, standards, etc. DMS is encouraging providers to become familiar with the new Criteria and will issue guidance in the upcoming quarter +
2.2.2 The state expects to make other program changes that may affect metrics related to Milestone 1	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
3. Use of Evidence-based, SUD-specific Patient Placement Criteria (Milestone 2)			
3.1 Metric trends			
3.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 2	X		
3.2. Implementation update			
3.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: 3.2.1.a Planned activities to improve providers' use of evidence-based, SUD-specific placement criteria	X		
3.2.1.b Implementation of a utilization management approach to ensure (a) beneficiaries have access to SUD services at the appropriate level of care, (b) interventions are appropriate for the diagnosis and level of care, or (c) use of independent process for reviewing placement in residential treatment settings			DY5Q4 and Annual: (a) Managed Care Organizations (MCOs) continued to receive a weekly SUD residential/inpatient provider file with notification of providers that have obtained ASAM LOC or DMS Provisional Certification, and what levels are provided. (b) KY DMS continues to verify providers are utilizing a six multi-dimensional assessment tool to determine +
3.2.2 The state expects to make other program changes that may affect metrics related to Milestone 2	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
4. Use of Nationally Recognized SUD-specific Program Standards to Set Provider Qualifications for Residential Treatment Facilities (Milestone 3)			
4.1 Metric trends			
4.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 3 Note: There are no CMS-provided metrics related to Milestone 3. If the state did not identify any metrics for reporting this milestone, the state should indicate it has no update to report.	X		
4.2 Implementation update			
4.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: 4.2.1.a Implementation of residential treatment provider qualifications that meet the ASAM Criteria or other nationally recognized, SUD-specific program standards			DY5Q4 and Annual: KY continues to collaborate with state partners reviewing the 4th Edition of the ASAM Criteria and will be to evaluate impacts to current state regulations, etc. KY anticipates some programmatic changes for providers related to level of care assessments and potentially required hours of programming, as well more emphasis on abilities to treat co-occurring. KY will +
4.2.1.b Review process for residential treatment providers' compliance with qualifications			DY5Q4 and Annual: During this reporting period, KY continued to review the KY DMS Provisional Residential +
4.2.1.c Availability of medication-assisted treatment at residential treatment facilities, either on-site or through facilitated access to services off site	X		
4.2.2 The state expects to make other program changes that may affect metrics related to Milestone 3	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
5. Sufficient Provider Capacity at Critical Levels of Care including for Medication Assisted Treatment for OUD (Milestone 4)			
5.1 Metric trends			
5.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 4	X		
5.2 Implementation update			
5.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: Planned activities to assess the availability of providers enrolled in Medicaid and accepting new patients in across the continuum of SUD care	X		
5.2.2 The state expects to make other program changes that may affect metrics related to Milestone 4	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s)	State response
6. Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and OUD (Milestone 5)			
6.1 Metric trends			
6.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 5		Metric 18-21, 23	DY5Q2: KY experienced the following increases/decreases in Metrics 18-21 and 23 +
6.2 Implementation update			
6.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: 6.2.1.a Implementation of opioid prescribing guidelines and other interventions related to prevention of OUD	X		
6.2.1.b Expansion of coverage for and access to naloxone	X		DY5Q4 and Annual: While KY does not report any changes to naloxone KY reports the following updates +
6.2.2 The state expects to make other program changes that may affect metrics related to Milestone 5	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
7. Improved Care Coordination and Transitions between Levels of Care (Milestone 6)			
7.1 Metric trends			
7.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to Milestone 6		Metric 17(2)	DY5Q2: Metric 17(2), percentage of ED visits for beneficiaries age 18 and older with a principal diagnosis +
7.2 Implementation update			
7.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to: Implementation of policies supporting beneficiaries' transition from residential and inpatient facilities to community-based services and supports	X		
7.2.2 The state expects to make other program changes that may affect metrics related to Milestone 6	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
8. SUD health information technology (health IT)			
8.1 Metric trends			
8.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to its health IT metrics	X		
8.2 Implementation update			
8.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:	X		
8.2.1.a How health IT is being used to slow down the rate of growth of individuals identified with SUD			
8.2.1.b How health IT is being used to treat effectively individuals identified with SUD	X		
8.2.1.c How health IT is being used to effectively monitor “recovery” supports and services for individuals identified with SUD	X		
8.2.1.d Other aspects of the state’s plan to develop the health IT infrastructure/capabilities at the state, delivery system, health plan/MCO, and individual provider levels			DY5Q4 and Annual: KY is currently developing process of onboarding Narcotics Treatment Program data for clinical use only; goal for implementation is September 2024.
8.2.1.e Other aspects of the state’s health IT implementation milestones	X		
8.2.1.f The timeline for achieving health IT implementation milestones	X		

Prompt	State has no trends/update to report (place an X)	Related metric(s) (if any)	State response
8.2.1.g Planned activities to increase use and functionality of the state's prescription drug monitoring program			DY5Q4 and Annual: There are currently 26 states integrated with the KY All Schedule Prescription Electronic Database (VASEDA). During this semester
8.2.2 The state expects to make other program changes that may affect metrics related to health IT	X		
9. Other SUD-related metrics			
9.1 Metric trends			
9.1.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to other SUD-related metrics		Metric 24	DY5Q2: Metric 24: KY reports a 4.61% decrease in total number of inpatient stays per 1,000 beneficiaries in the
9.2 Implementation update			
9.2.1 The state reports the following metric trends, including all changes (+ or -) greater than 2 percent related to other SUD-related metrics	X		

4. Narrative information on other reporting topics

Prompts		State has no update to report (place an X)	State response
10. Budget neutrality			
10.1 Current status and analysis			
10.1.1	If the SUD component is part of a broader demonstration, the state should provide an analysis of the SUD-related budget neutrality and an analysis of budget neutrality as a whole. Describe the current status of budget neutrality and an analysis of the budget neutrality to date.		KY notes significant decreases in member month thorough DY7Q3 (SUD DY5Q3), totalling 29,466. KY does not the previous year included 5 quarters therefore expects totals for DY7 to be lower. KY will continue to monitor and report on findings.
10.2 Implementation update			
10.2.1	The state expects to make other program changes that may affect budget neutrality	X	

Prompts	State has no update to report (place an X)	State response
11. SUD-related demonstration operations and policy		
11.1 Considerations		
11.1.1 The state should highlight significant SUD (or if broader demonstration, then SUD-related) demonstration operations or policy considerations that could positively or negatively affect beneficiary enrollment, access to services, timely provision of services, budget neutrality, or any other provision that has potential for beneficiary impacts. Also note any activity that may accelerate or create delays or impediments in achieving the SUD demonstration's approved goals or objectives, if not already reported elsewhere in this document. See Monitoring Report Instructions for more detail.		DY5Q4 and Annual: Through continued discussion of KY's Amendment submitted to CMS on 12/30/23; it was determined the requested "Recovery Residence Support Service (RRSS)" for individuals with SUD participating in KY's Behavioral Health Conditional Dismissal Program and Reentry Demo would fall under the SUD Extension. RRSS will further support KY's SUD Continuum of Care and supports necessary for individuals to obtain and sustain long-term recovery. RRSS will initially be piloted through KY's SB90, the Behavioral Health Conditional Dismissal Program (BHCDP) and supported with \$1 million in philanthropy funds as reimbursement for services. Early 2023, DMS contacted with an administrative service organization (ASO) to oversee
11.2 Implementation update		
11.2.1 Compared to the demonstration design and operational details, the state expects to make the following changes to:	X	
11.2.1.a How the delivery system operates under the demonstration (e.g., through the managed care system or fee for service)		
11.2.1.b Delivery models affecting demonstration participants (e.g., Accountable Care Organizations, Patient Centered Medical Homes)	X	
11.2.1.c Partners involved in service delivery	X	

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 4.0

[State name – Kentucky] [Demonstration name – KY HEALTH]]

Prompts	State has no update to report (place an X)	State response
11.2.2 The state experienced challenges in partnering with entities contracted to help implement the demonstration (e.g., health plans, credentialing vendors, private sector providers) and/or noted any performance issues with contracted entities	X	
11.2.3 The state is working on other initiatives related to SUD or OUD		DY5Q4 and Annual: KY DMS continues to partner in planning implementation of Senate Bill 90: Behavioral Health Conditional 
11.2.4 The initiatives described above are related to the SUD or OUD demonstration (The state should note similarities and differences from the SUD demonstration)		DY5Q4 and Annual: As mentioned in 11.1.1 and 11.2.3, the request to reimburse for the RRSS will expand support services under the Demonstration for the targeted populations noted.

Prompts	State has no update to report (place an X)	State response
12. SUD demonstration evaluation update		
12.1 Narrative information		
12.1.1 Provide updates on SUD evaluation work and timeline. The appropriate content will depend on when this monitoring report is due to CMS and the timing for the demonstration. There are specific requirements per 42 Code of Federal Regulations (CFR) § 431.428a(10) for annual [monitoring] reports. See Monitoring Report Instructions for more details.		DY5Q4 and Annual Update: Principal activities included: Drafting and Submission of Second Interim Assessment to the State including; Updated the assessment with new data; Data cleaning and testing of refreshed claims data set; Qualitative data collection, attribute assignment, cleaning transcription; Analysis of both claims and qualitative data sets; Analyzed data for overdose deaths for Medicaid beneficiaries; Contrasted data and findings with other publicly available data. +
12.1.2 Provide status updates on deliverables related to the demonstration evaluation and indicate whether the expected timelines are being met and/or if there are any real or anticipated barriers in achieving the goals and timeframes agreed to in the STCs		DY5Q4 and Annual: The expectation is that all goals and time-frames will be achieved relative to the independent evaluation as agreed to in the STCs. Evaluator anticipates submitting the Second Interim Assessment to the state on 7/1/24. +
12.1.3 List anticipated evaluation-related deliverables related to this demonstration and their due dates		DY5Q4 and Annual: Future deliverables are expected to be delivered as contractually specified. Final Summative Evaluation Report due 6/30/24. +

Prompts	State has no update to report (place an X)	State response
13. Other SUD demonstration reporting		
13.1 General reporting requirements		
13.1.1 The state reports changes in its implementation of the demonstration that might necessitate a change to approved STCs, implementation plan, or monitoring protocol	X	
13.1.2 The state anticipates the need to make future changes to the STCs, implementation plan, or monitoring protocol, based on expected or upcoming implementation changes		DY5Q4 and Annual: KY will continue to work with CMS and monitor future implementation plan and monitoring protocols required should KY receive extension beyond 9/30/24. KY acknowledges +
13.1.3 Compared to the demonstration design and operational details, the state expects to make the following changes to: 13.1.3.a The schedule for completing and submitting monitoring reports	X	
13.1.3.b The content or completeness of submitted monitoring reports and/or future monitoring reports	X	
13.1.4 The state identified real or anticipated issues submitting timely post-approval demonstration deliverables, including a plan for remediation	X	
13.1.5 Provide updates on the results of beneficiary satisfaction surveys, if conducted during the reporting year, including updates on grievances and appeals from beneficiaries, per 42 CFR § 431.428(a)5	X	

Medicaid Section 1115 SUD Demonstrations Monitoring Report – Part B Version 4.0

[State name – Kentucky] [Demonstration name – KY HEALTH]

Prompts	State has no update to report (place an X)	State response
13.2 Post-award public forum		
13.2.2 If applicable within the timing of the demonstration, provide a summary of the annual post-award public forum held pursuant to 42 CFR § 431.420(c) indicating any resulting action items or issues. A summary of the post-award public forum must be included here for the period during which the forum was held and in the annual monitoring report.	X	DMS provides routine Demonstration updates during the Behavioral Health Technical Advisory Committee (TAC) meetings, those noted during the reporting period include: 1/11/24, 3/14/24, 5/1/24. During DY5Q2, KY conducted two virtual public forums prior to submission of the Reentry 1115 application during this measurement

Prompts	State has no update to report (place an X)	State response
14. Notable state achievements and/or innovations		
14.1 Narrative information		
14.1.1 Provide any relevant summary of achievements and/or innovations in demonstration enrollment, benefits, operations, and policies pursuant to the hypotheses of the SUD (or if broader demonstration, then SUD related) demonstration or that served to provide better care for individuals, better health for populations, and/or reduce per capita cost. Achievements should focus on significant impacts to beneficiary outcomes. Whenever possible, the summary should describe the achievement or innovation in quantifiable terms, e.g., number of impacted beneficiaries.		DY5Q4 and Annual: September 2023, KY received a temporary extension to its Section 1115 Demonstration and continues to work with CMS regarding next steps. Additionally, DMS hosted CMS in September for a on-site visit with DMS and state partners to discuss statewide provisions and outcomes. During DY5, there were 155 actively DMS provisionally or ASAM LOC Certified residential programs enrolled; below represents the certified levels: ASAM 3.1 Only – 6 ASAM 3.5 Only – 45 ASAM 3.7 Only – 1

*The state should remove all example text from the table prior to submission.

Note: Licensee and states must prominently display the following notice on any display of Measure rates:

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