

Helping to Engage and Achieve Long Term Health



Commonwealth of Kentucky
Overview of Kentucky HEALTH

*All information based on Kentucky
HEALTH Waiver proposal.
Information is subject to change.*

Challenges Facing Kentucky

Nationally, Kentucky is ranked close to last in many crucial areas.

- unemployment rate
- poverty rate
- workforce participation rate
- wages are all significantly below the national average.

Over the past decade, the opioid epidemic has wreaked havoc on our families, communities and economy.

- Overdose deaths rate
- Neonatal Abstinence Syndrome rate
- Impacts on daily life and work functions
- Weakening family and social connections and impacting employability
 - Attendance
 - Teamwork
 - Productivity
- Ability to be independent



Kentucky is among the worst nationally in several key population health metrics.

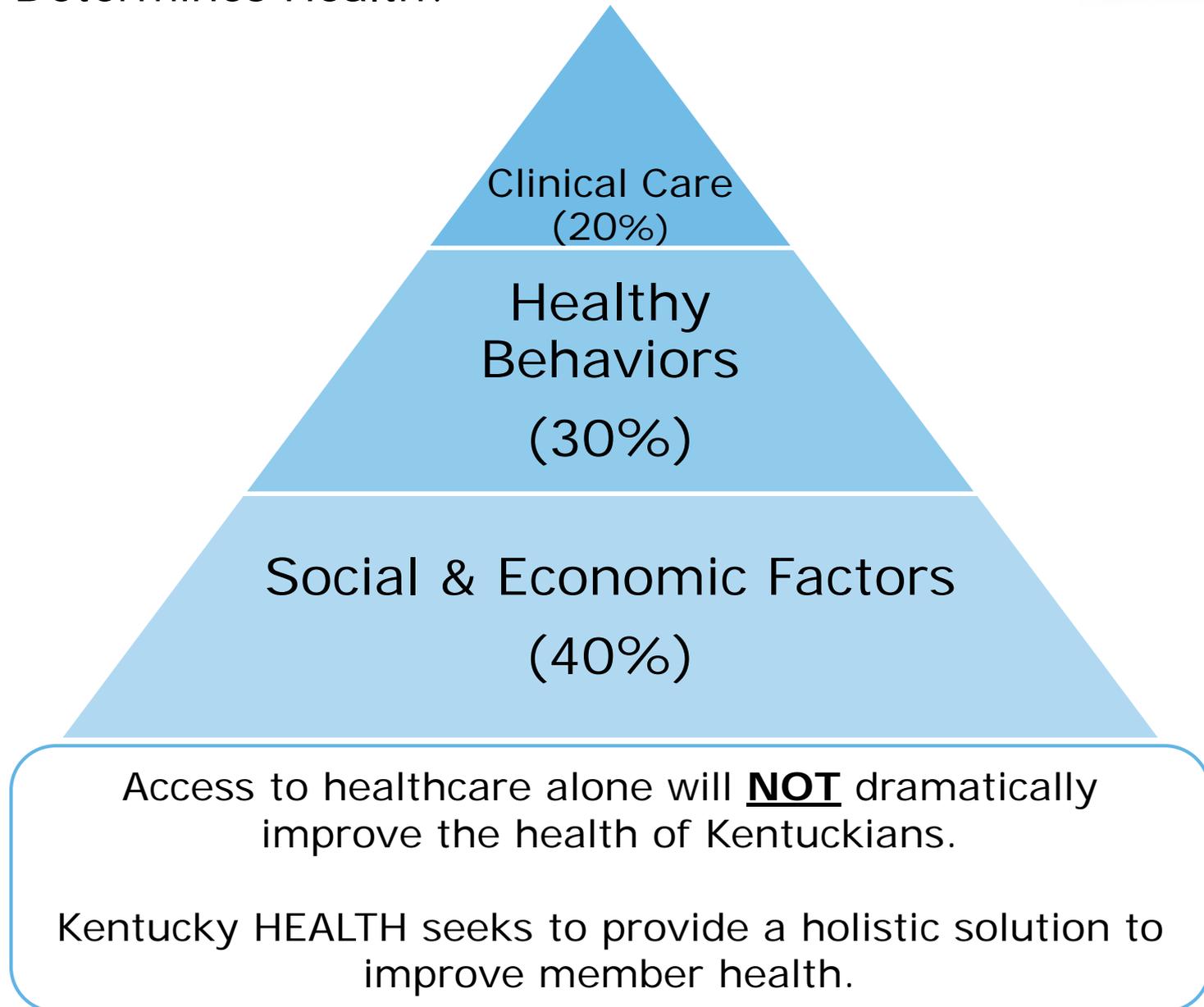
- 1st highest for cancer deaths
- 2nd highest in the nation for smoking.
- 12th highest for overweight and obesity.
- 17th highest in infant death.
- 8 of 13 counties in the nation with largest declines in life expectancy since the 1980s are in Kentucky.

Unsustainable Growth

- **High poverty & high Medicaid enrollment**
 - Workforce participation rate is 59.4% (45th in the nation)
 - 19% of Kentuckians live in poverty
 - 47th in the nation for median household income
 - **Nearly 1/3 of total state population is enrolled in Medicaid**
- **Kentucky has poor health outcomes despite high spending**
- **No long term financing plan**
 - Kentucky is projected to spend approximately **\$1.2 billion** over the next five years on expanded Medicaid benefits (SFY 2017-2021)

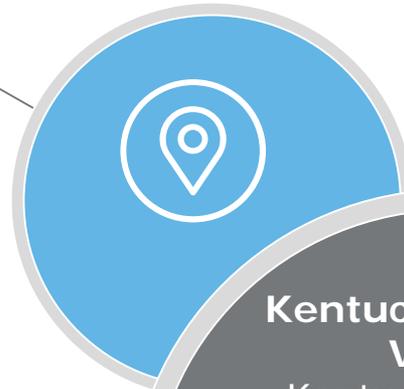
The cost growth in Medicaid expansion threatens funding for traditional Medicaid coverage for the aged, blind, disabled, pregnant women, & children.

What Determines Health?



Note: The remaining 10% accounts for miscellaneous factors.

Kentucky HEALTH Benefits

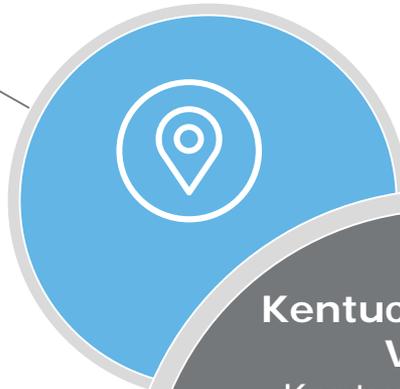


Kentucky HEALTH Vision
Kentucky HEALTH aims to improve lives and re-envision public assistance as a temporary safety net, not a long-term plan. The program aims to improve health by:



Kentucky HEALTH Benefits

Giving members more control

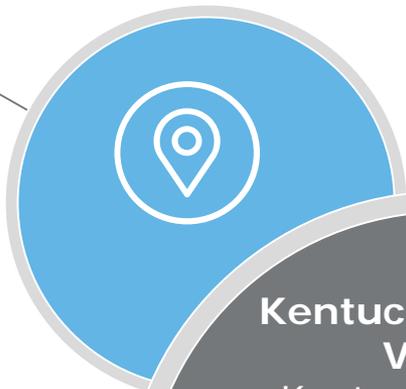


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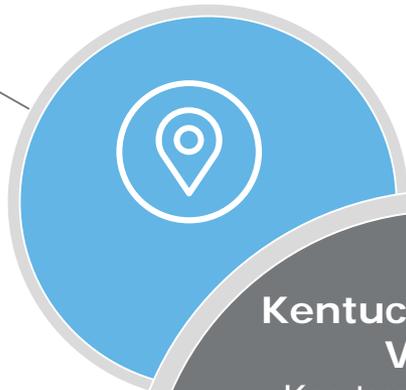


Creating opportunities for members to get involved and promote healthy living



Kentucky HEALTH Benefits

More control



Promoting self-sufficiency and engagement in their communities



Kentucky HEALTH Vision

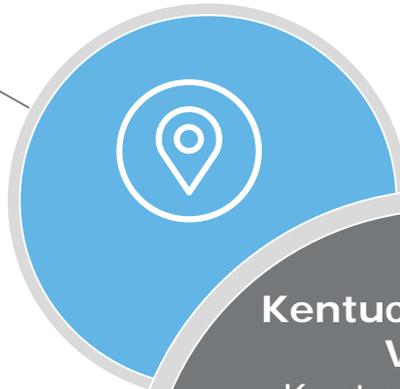
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Kentucky HEALTH Benefits

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Self-sufficiency and engagement



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Promoting healthy living



Implementing a more financially sustainable approach for Kentucky's Medicaid services



Kentucky HEALTH Covered Populations

Medicaid Populations *Not Included* in Kentucky HEALTH Traditional Medicaid (*Aged, Blind & Disabled*)



Home and Community
Based Waiver - 1915(c)

No Change

Model Waiver II –
1915(c)

No Change

Supports for
Community Living –
1915(c)

No Change

Michelle P Waiver –
1915(c)

No Change

Acquired Brain Injury –
1915(c)

No Change

Acquired Brain Injury,
Long Term Care – 1915(c)

No Change

Nursing Facility and
ICF/MR Residents

No Change

Qualified Medicare
Beneficiaries

No Change

Kentucky HEALTH Covered Populations

Medicaid Populations Included in Kentucky HEALTH

Non-Disabled Adults & Children

(Individuals covered before expansion, pregnant women, children, & adult expansion population)

Traditional Medicaid Adults Eligible Prior to Expansion

- Premiums or Copays
- No Change in Benefits (continue to get vision and dental through MCO)
- Community Engagement required, unless primary caretaker of dependent

Medicaid Expansion Adults

- Premiums or Copays
- State Employee Benefits
- Vision and Dental available through My Rewards Account
- Community Engagement required, unless primary caretaker of dependent

Pregnant Women & Children (Traditional Medicaid and KCHIP)

- No Premiums
- No Change in Benefits
- Community Engagement initiative not required

Medically Frail Adults & Former Foster Youth up to age 26

- Optional Premiums (for access to My Rewards)
- No Change in Benefits
- Community Engagement initiative not required

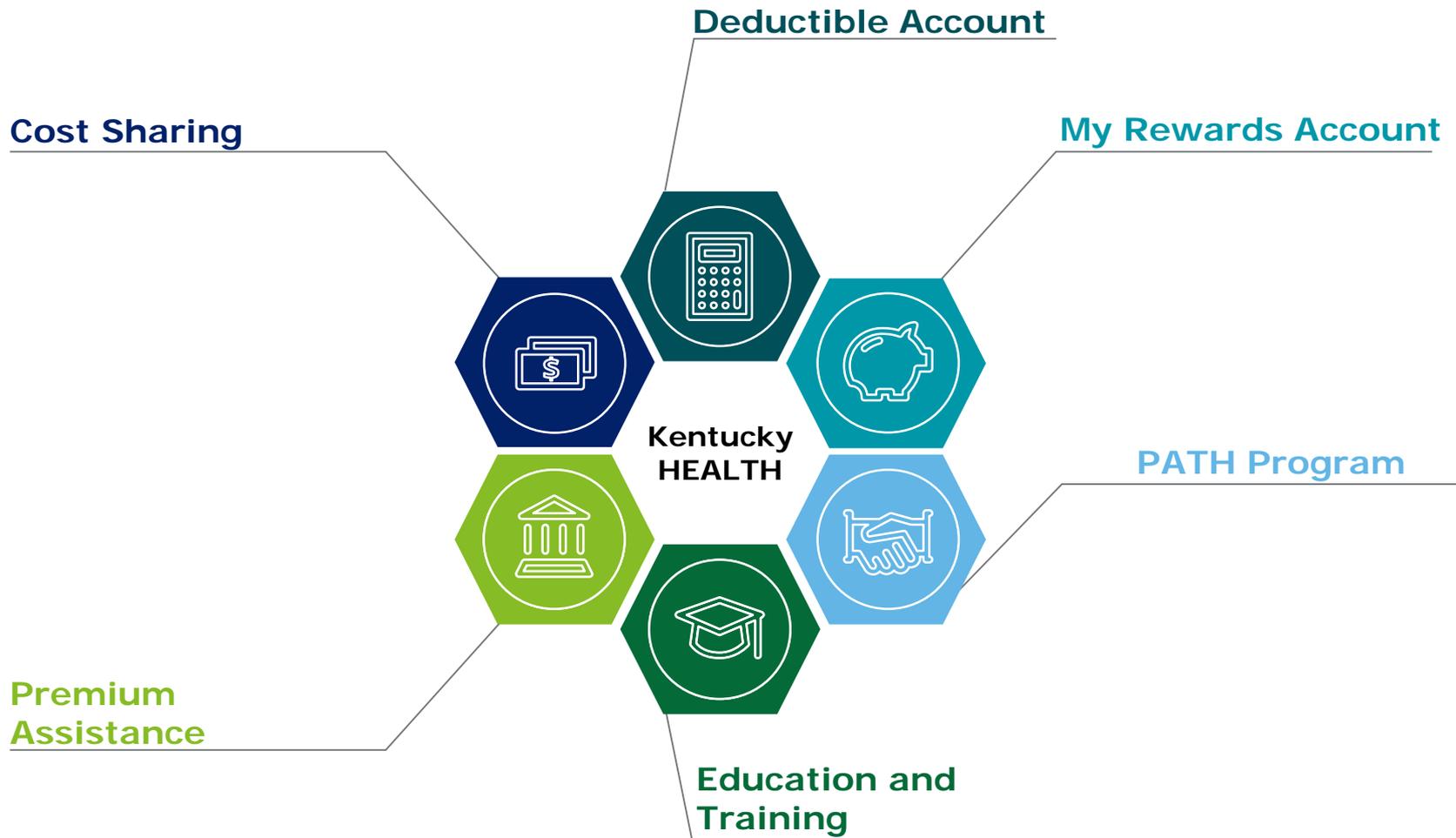
Benefits by Population

Population	Benefit Package
Adult Group	Kentucky HEALTH Alternative Benefit Plan
<ul style="list-style-type: none">• Medically Frail Adults	No change in benefits (Medicaid State Plan)
<ul style="list-style-type: none">• Former Foster Youth up to Age 26	No change in benefits (Medicaid State Plan)
<ul style="list-style-type: none">• Pregnant Adults	No change in benefits (Medicaid State Plan)
Parents and Caretakers & TMA	No change in benefits (Medicaid State Plan)
Pregnancy Category	No change in benefits (Medicaid State Plan)
Children	No change in benefits (Medicaid State Plan)

Note: Vision and dental coverage will continue to be covered by the MCOs (not the My Rewards Account) for all members with access to Medicaid State Plan benefits.

Key Components of Kentucky HEALTH

Kentucky HEALTH is broken down into several different components, detailed below.



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Cost Sharing

Cost sharing introduces members to key commercial market features as a way of investing in personal health, including monthly premium payments, tracking deductibles, and managing a health spending account (My Rewards).

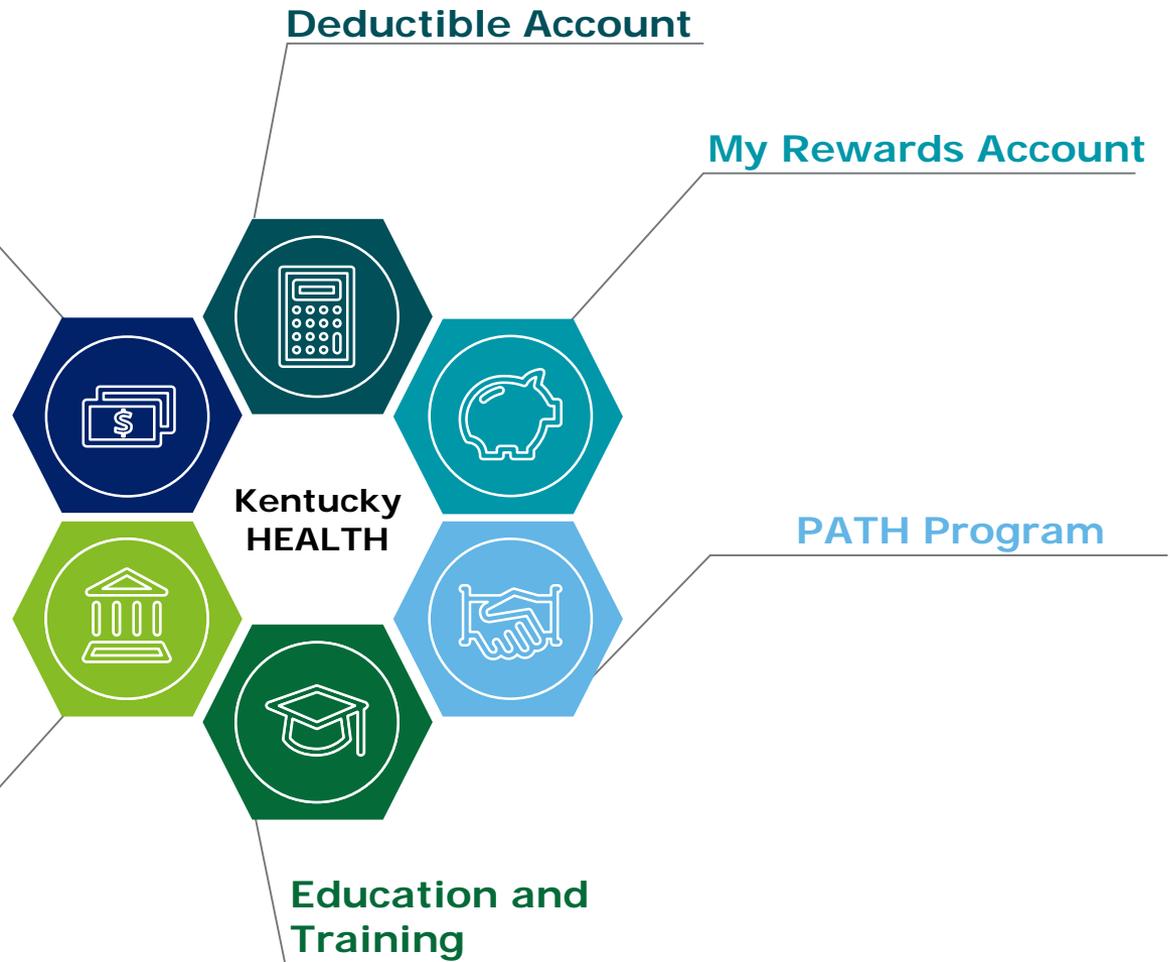
Premium Assistance

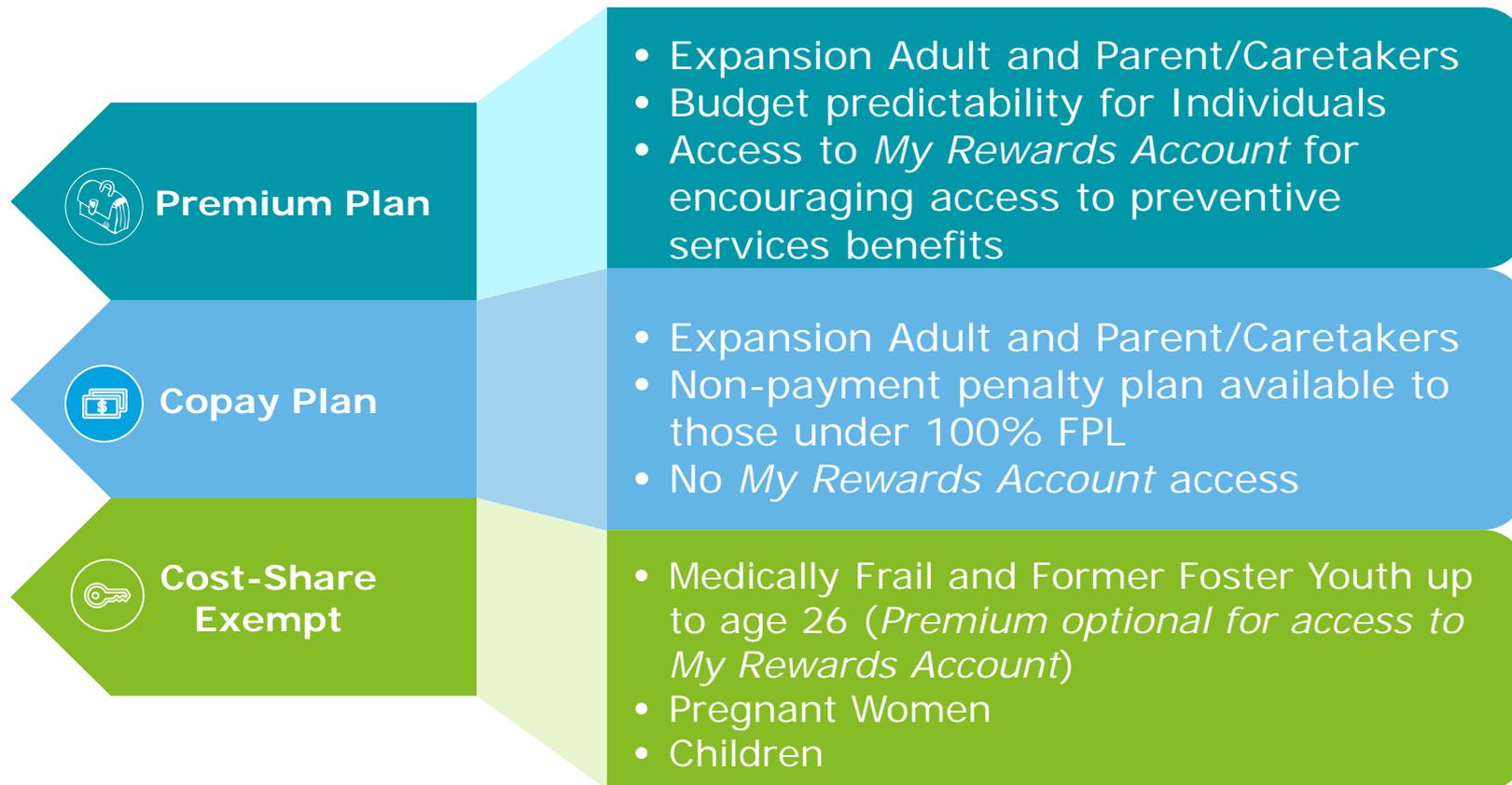
Deductible Account

My Rewards Account

PATH Program

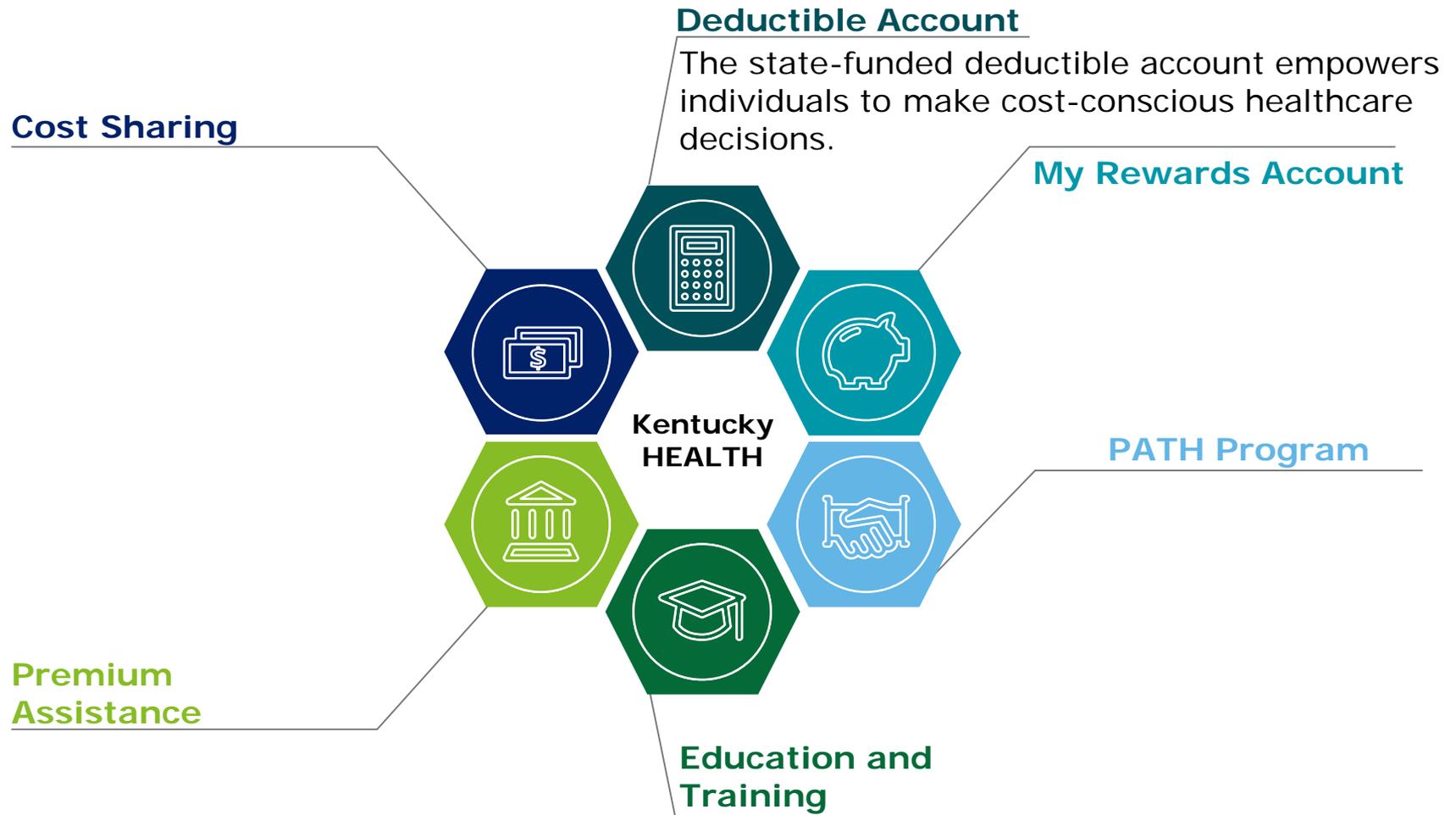
Education and Training





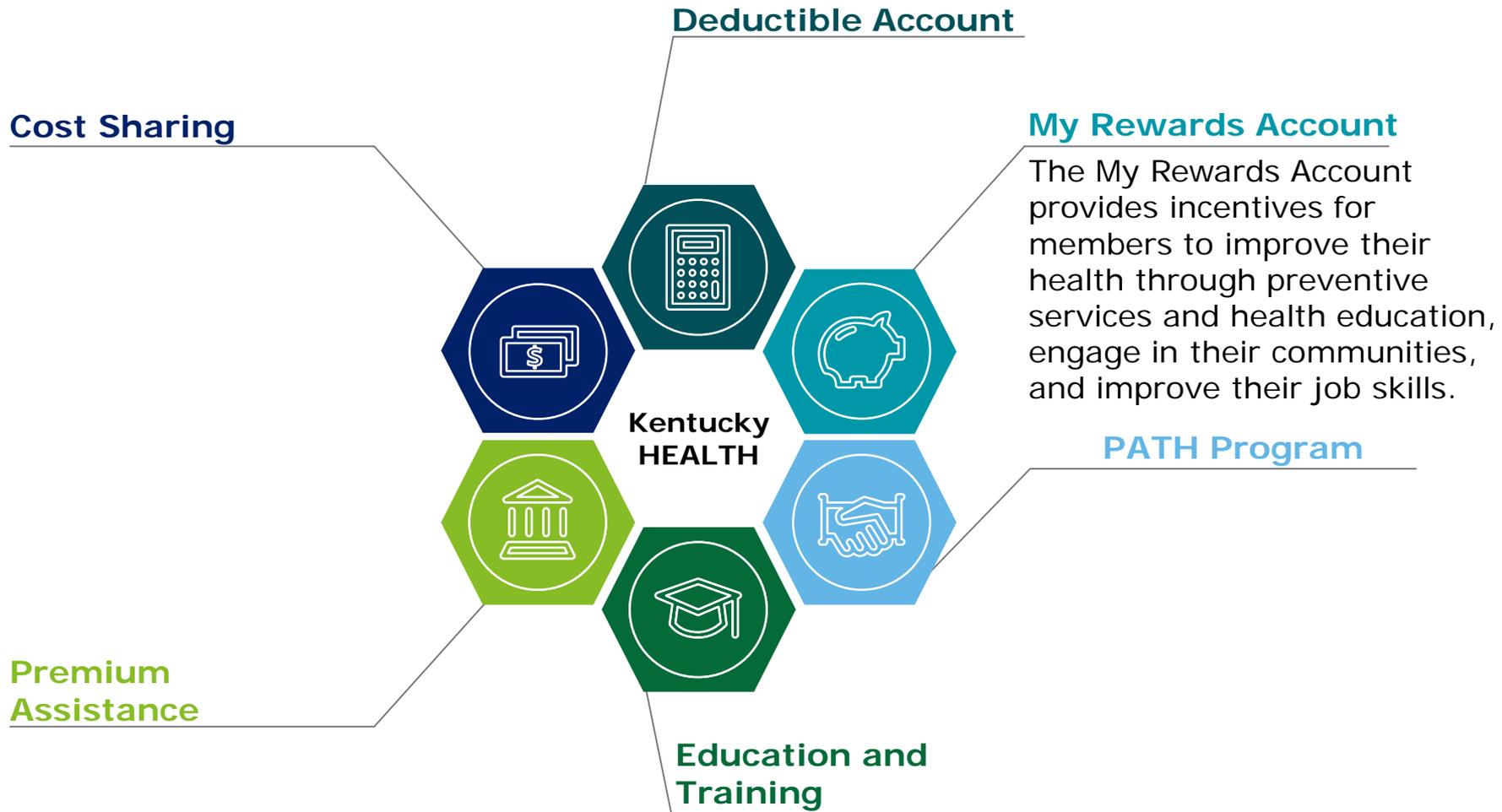
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Examples: My Rewards Qualifying Activities*

Education and Training
Complete health risk assessment with MCO
Complete diabetes, cardiovascular, weight management, or other chronic disease management course
Complete Health Access Nurturing Development Services (HANDS) program intended for any new or expectant parents
Participate in Moving Beyond Depression (MBD) intended for mothers suffering from depression needing assistance to function optimally and support their child's development
Participate in Special Supplemental Nutrition Program for Woman, Infants, and Children (WIC)
Complete a My Rewards qualifying course

*This is not an exhaustive list of My Rewards Qualifying Activities

Examples: My Rewards Qualifying Activities*

Community Engagement
Register with career center and complete goal needs assessment
Participate in qualifying community activity (including services)
Complete job skills training or training with career coach
Conduct job search activities
Employment - related education or GED - prep classes
Pass the GED exam

*This is not an exhaustive list of My Rewards Qualifying Activities

Examples: My Rewards Qualifying Activities*

Prevention

Take part in health screenings and preventative services, such as: mammograms, pap smears, prostate screenings, colonoscopy, & flu shots

Get annual physical, including biometric screening

Complete well-child physical, preventative dental exam, or vision screening for dependent child

Complete adult preventative dental exam

Complete adult preventative vision exam

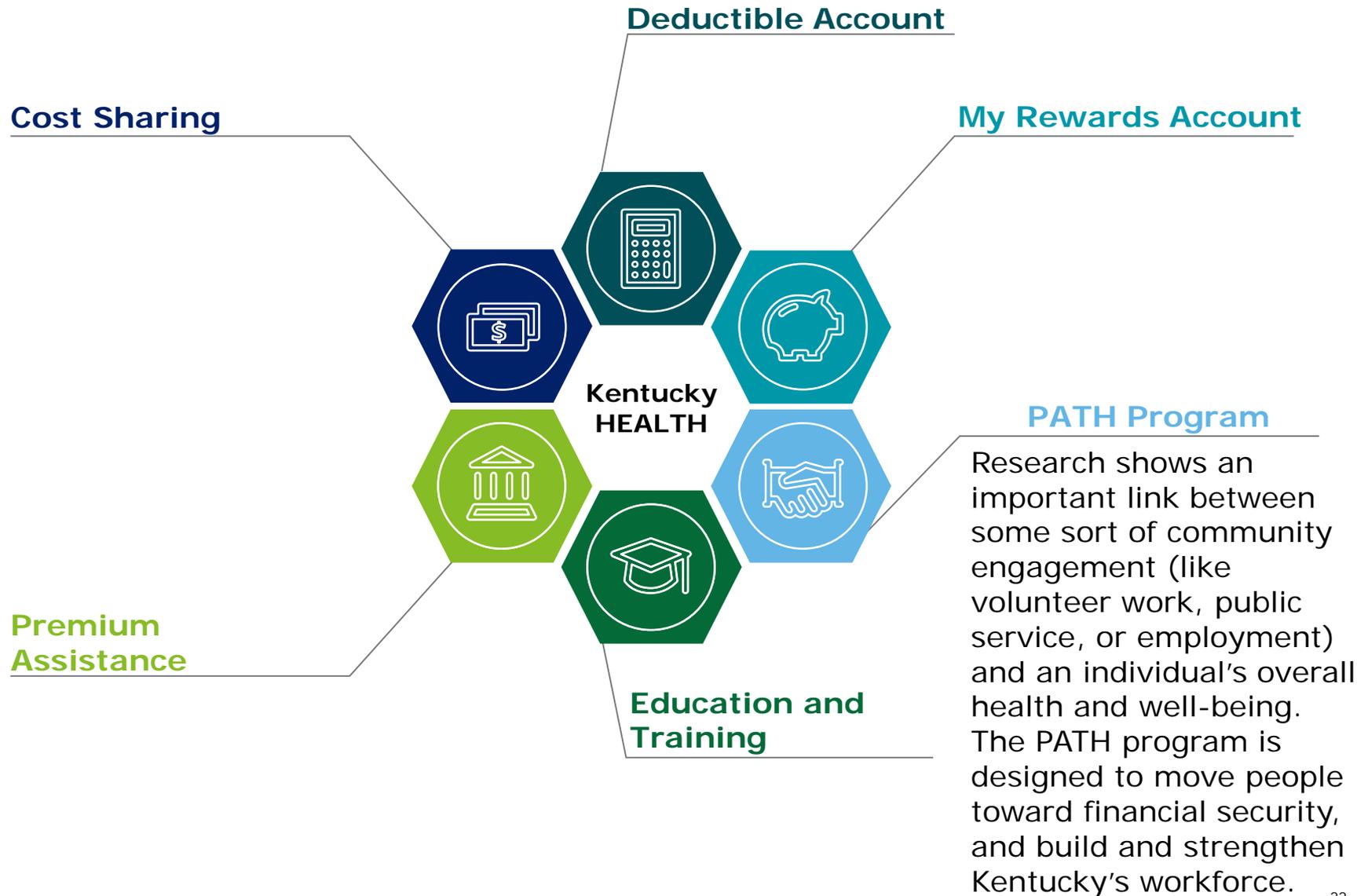
Examples: My Rewards Qualifying Activities*

Healthy Living
Participate in smoking cessation activity
Participate in drug addiction counseling (including for alcohol)
Complete First Step Program
Avoid inappropriate emergency room visits
Follow-up with primary care after ER visit

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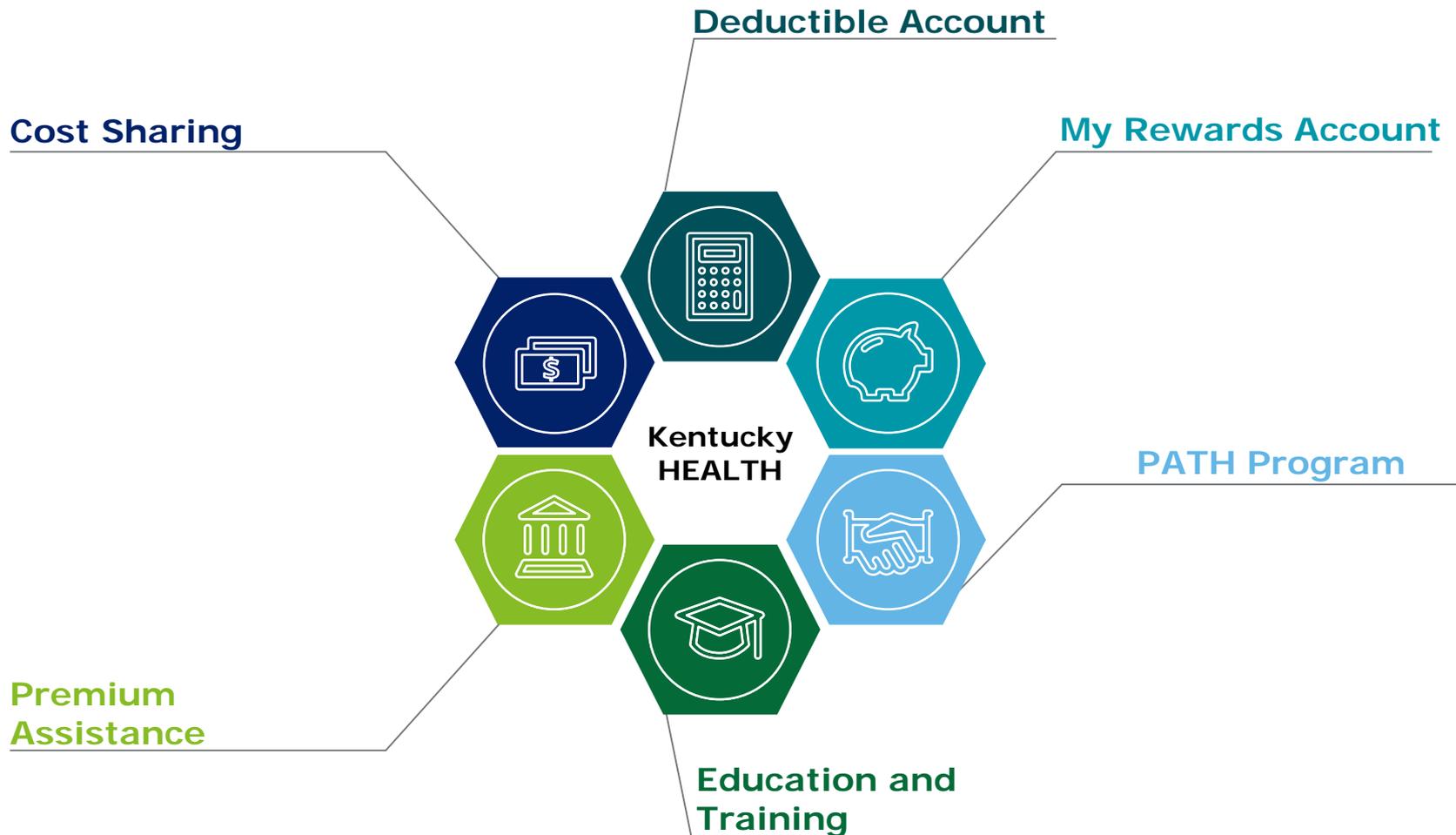
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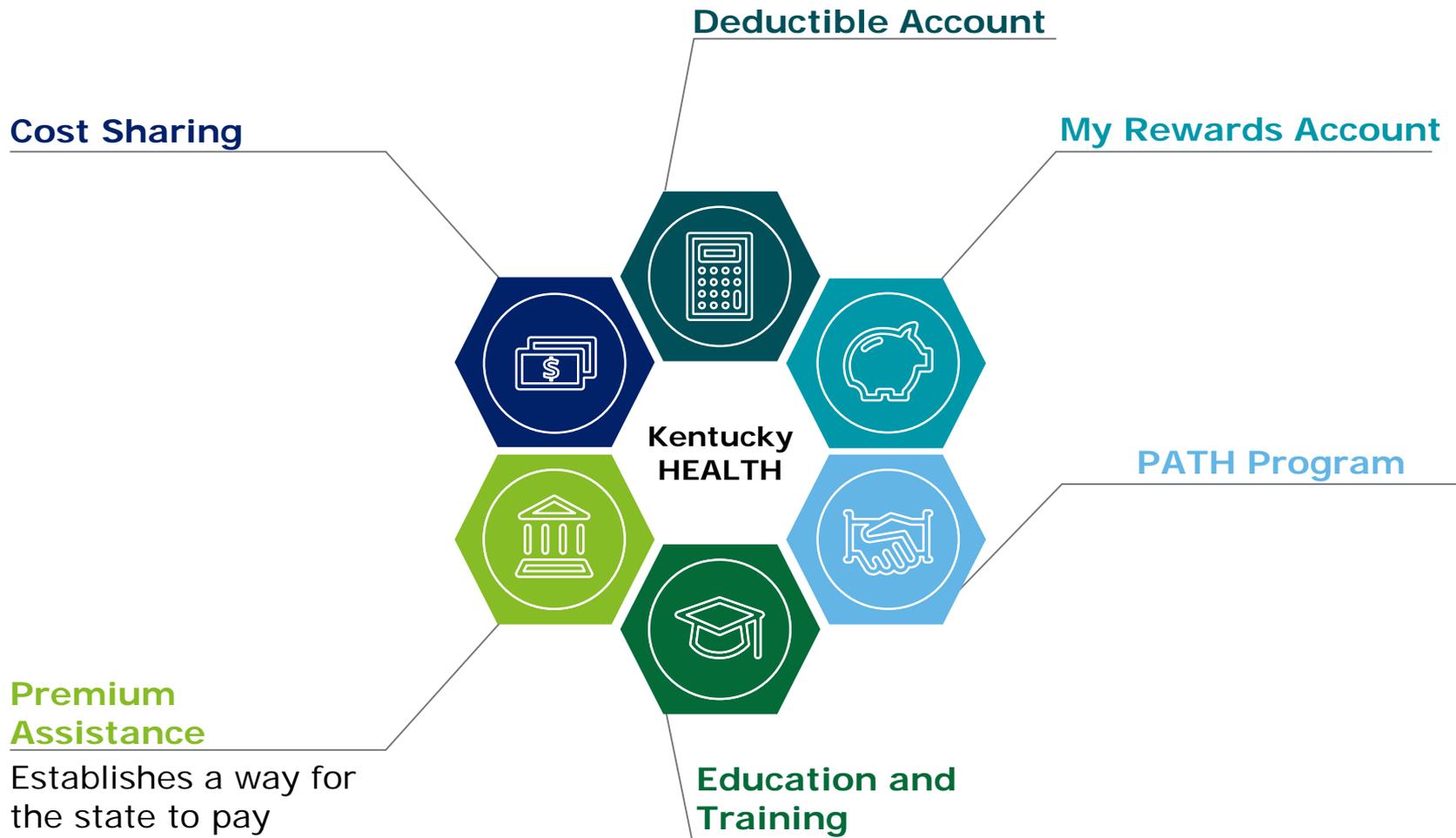
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The Health and Financial Literacy classes provide ways for Kentuckians to learn how to improve health outcomes and financial security.

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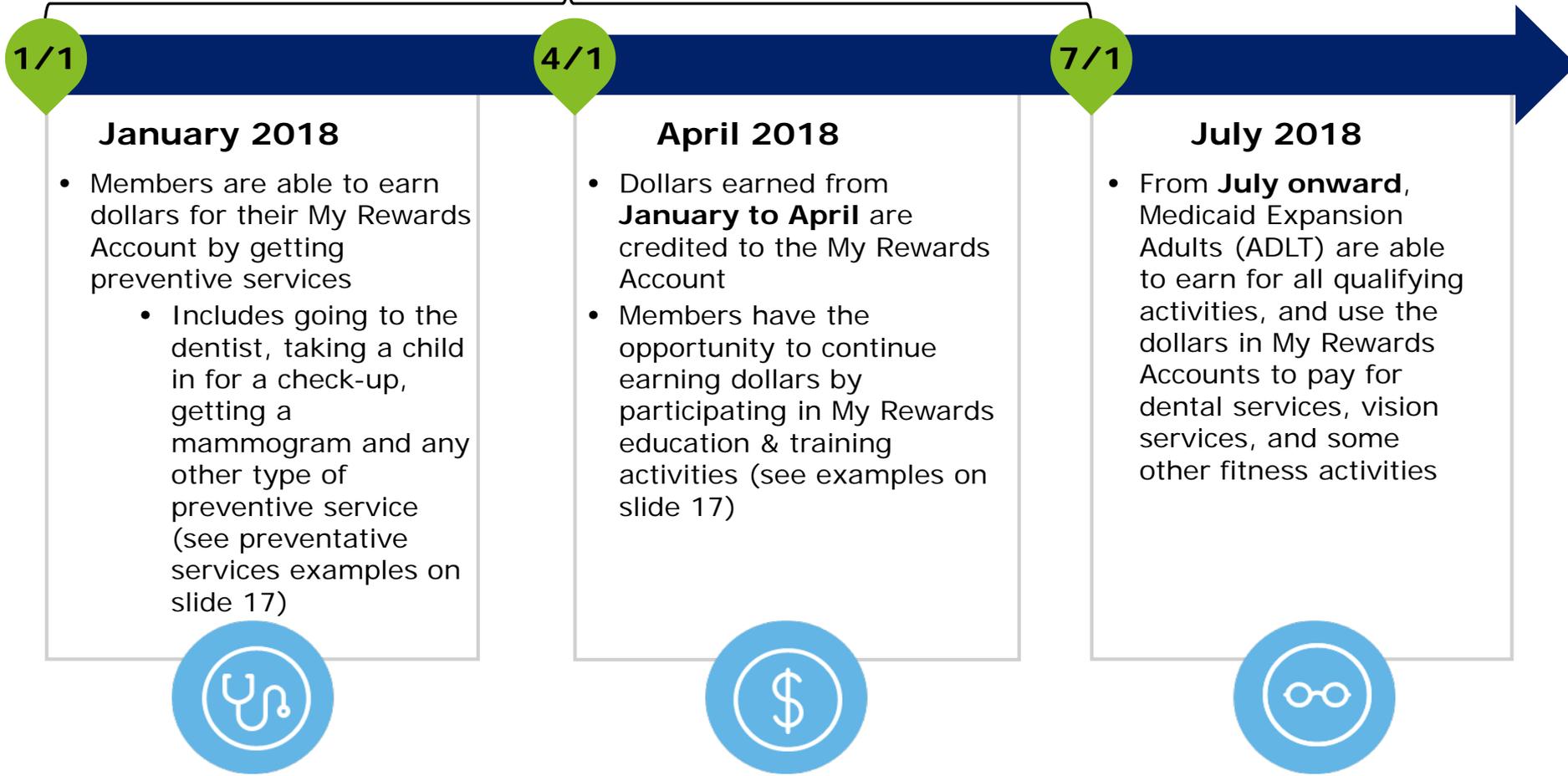


Premium Assistance

Establishes a way for the state to pay member's premium if employer sponsored insurance is available and cost-effective.

Members Can Earn My Rewards Dollars 6 Months Before Kentucky HEALTH Benefits

6 months to earn My Rewards Dollars



NOTE: After benefits change to Kentucky HEALTH on July 1, MCOs will continue to cover vision and dental services for Traditional Medicaid Adults (PACAs), pregnant women, children, and those determined to be Medically Frail. These individuals will not use My Rewards Accounts for these services. 25

Thank you!

*Questions:
KYHealthTeam@ky.gov*