

Kentucky's Behavioral Health Landscape: Improving Services and Expanding Care for Kentucky's Most Vulnerable



LESLIE HOFFMANN

Deputy Commissioner

Deputy Commissioner Leslie Hoffmann acts as the Commissioner's lead for the Kentucky's 1115 waiver evaluation, SUD 1115 waiver, incarceration waiver amendment, mobile crisis planning grant and implementation, multisystemic therapy pilot and certified community behavioral health clinic initiatives. Leslie continues to serve as Medicaid's Champion for racial and health disparities. She also supervises the Behavioral Health team and Division of Long Term Services and Supports. Leslie grew up in Campbellsville, Kentucky.



leslie.hoffmann@ky.gov



CABINET FOR HEALTH
AND FAMILY SERVICES

**KY Medicaid's Behavioral Health Landscape:
Improving Services and Expanding Care for Kentucky's Most Vulnerable**

Deputy Commissioner, Leslie Hoffmann

September 5, 2024

State Plan Covered Services

Kentucky Medicaid expanded in 2014 as a part of the Affordable Care Act.

Medicaid included coverage of behavioral health services, including mental health and substance use disorders.

Supportive Services

Peer Support

Comprehensive Community Support Services

Targeted Case Management

Outpatient Services

Screening and Assessments

Psychological Testing

Mobile and Crisis Interventions

Day Treatment

Individual, Group, Family and Collateral Therapy

Partial Hospitalization

Service Planning

Screening, Brief Intervention & Referral to Treatment

Assertive Community Treatment

Withdrawal Management

Medication Assisted Treatment

Applied Behavior Analysis

Therapeutic Rehabilitation

Residential and Inpatient Services

Residential Crisis Stabilization Units

SUD Residential

Inpatient Chemical Dependency Treatment Centers

What is a Section 1115 Demonstration?

Flexibility

The demonstration gives states additional flexibility to design and improve their programs.

Quality

Reforms that focus on evidence-based interventions that drive better health outcomes and quality of life improvements.

Budget Neutral

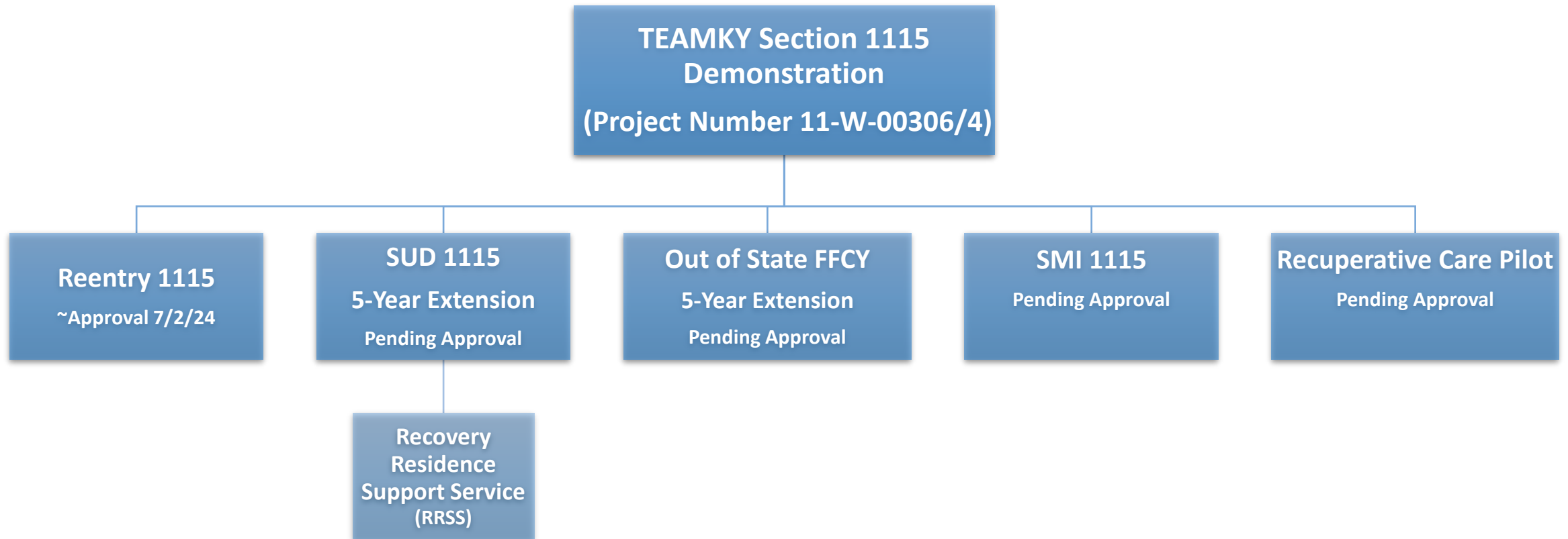
Federal Medicaid expenditures will not exceed more than Federal spending without the demonstration.

Guidance

CMS issues guidance regarding Demonstration opportunities and compliance including Demonstration Goals and Milestones.

TEAM KY 1115 Components

Kentucky's Section 1115 Demonstration entitled "TEAMKY (formally known as Kentucky Helping to Engage and Achieve Long Term Health (KY HEALTH))" was approved January 2018.



Kentucky's Section 1115 Reentry Demonstration



Justice Involved Individuals (JII) are at higher risk for poor health outcomes, injury, and death than the general public.



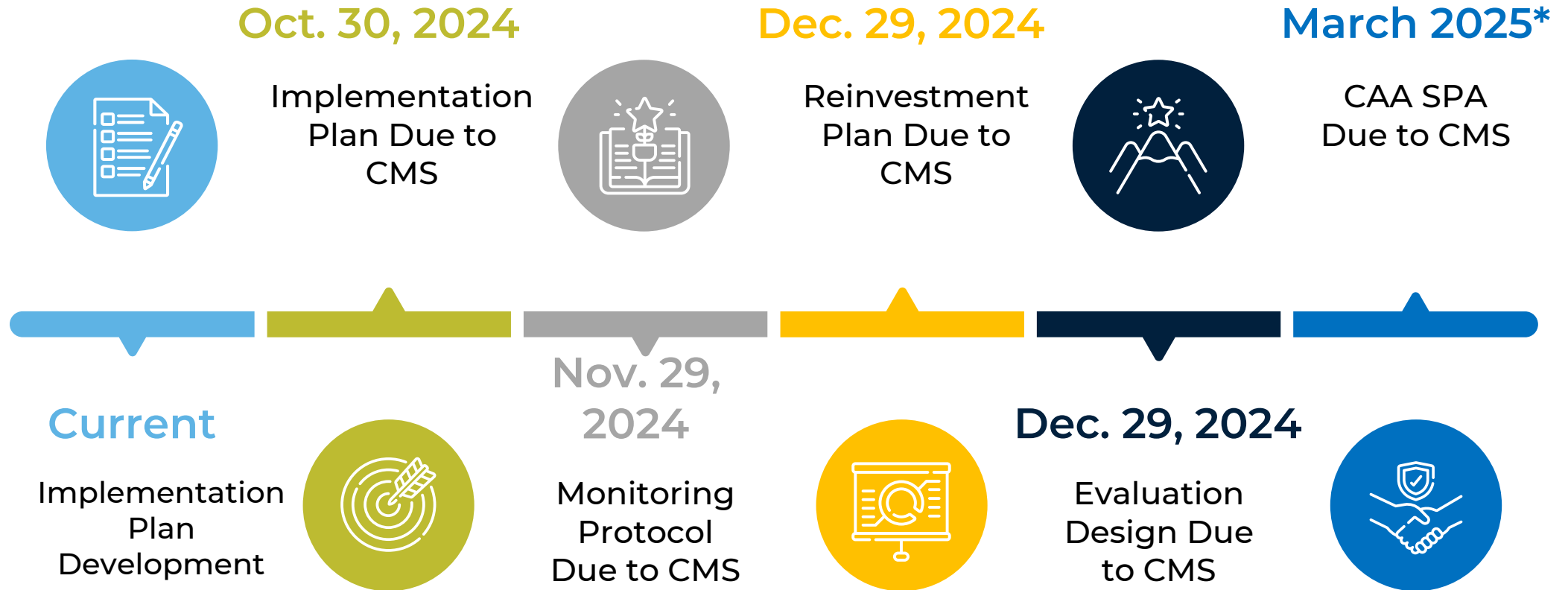
CMS **approved** Kentucky's 1115 Reentry Demonstration on July 2, 2024.



Provide Medicaid coverage for certain transitional services to JIIs in designated public institution(s), ensuring continuity of health care coverage pre- and post-release, and facilitating linkages to medical, behavioral health and health related social needs upon release.

| Reentry Program | Adults | Juveniles |
|---|--|--|
| Enrollment & Suspension | <ul style="list-style-type: none"> Initiate Medicaid application process for incarcerated individuals. Begin no later than 60 days before expected release date. Once enrolled, suspend, not terminate eligibility. | <ul style="list-style-type: none"> Initiate Medicaid application process for confined youth. Begin no later than 60 days before expected release date. Once enrolled, suspend, not terminate eligibility. |
| Pre-Release Services Timeframe | 60 Days | 60 Days |
| Pre-Release Service Facilities/Locations | 14 State Prisons | DJJ Youth Development Centers (Youth adjudicated and committed to DJJ custody) |
| Benefit & Service Package | <ul style="list-style-type: none"> Case Management. Medication Assisted Treatment (MAT) – Requires SUD diagnosis. 30-day supply of medication. | <ul style="list-style-type: none"> Case Management. Medication Assisted Treatment (MAT) – Requires SUD diagnosis. 30-day supply of medication. |
| Service Delivery Methods | In-person and Telehealth | In-person and Telehealth |

Section 1115 Reentry Next Steps



*2023 Consolidated Appropriations Act – Per SHO Letter# 24-004, states must meet 1/1/2025 effective and submit a SPA request no later than 3/31/2025.

SUD 1115 Demonstration Outcomes

23% ↑



Individuals who received SUD treatment since 2019 implementation

143K+



Beneficiaries received SUD any treatment in 2023

More than
25,000



Beneficiaries received SUD residential treatment in 2023

SUD 1115 Demonstration Outcomes



23%↑

Enrolled providers to treat SUD resulting in more individuals receiving diagnosis and treatment for SUD at appropriate levels of care, while decreasing emergency department visits.

In 2023, the average of beneficiaries per month who received Medication Assisted Treatment was

36,000



Greater than 2% decrease in Over Dose deaths

Kentucky Behavioral Health Needs Assessment

Assess Kentucky's Statewide Behavioral Health Needs

Identify Needs and Gaps

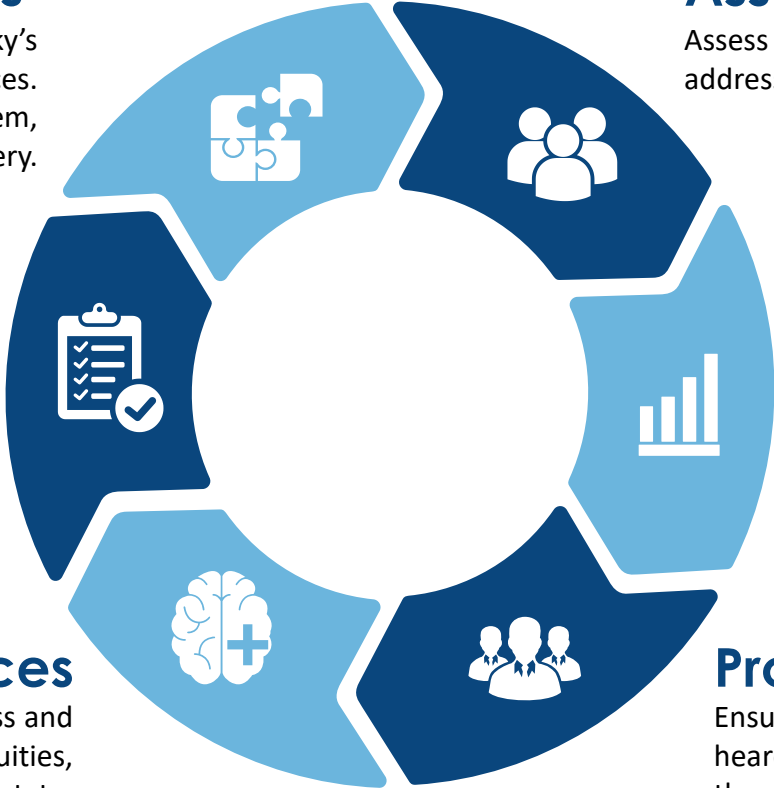
Understand the behavioral health needs of Kentucky's population, including mental health and SUD services. Identifies gaps and inefficiencies in the current system, providing a basis for improving service delivery.

Inform Policy & Program Development

Inform Kentucky policymakers regarding the Commonwealth's current behavioral health landscape, enabling data-driven decisions for effective policy change and program design. Guide the allocation of funding and resources to areas with the greatest need.

Improve Access to Services

Identify disparities in behavioral health access and outcomes, promote strategies to address these inequities, and ensure services are available across the state.



Assess Capacity

Assess provider network and system capacity to address the needs of populations served.

Enhance Service, Quality, & Outcomes

Evaluate current service delivery models and identify best practices and evidence-based interventions to improve the quality of behavioral health services and patient outcomes.

Promote Equity

Ensure the voices of diverse communities are heard and considered in the planning process through stakeholder engagement to develop collaborative solutions.

Certified Community Behavioral Health Clinics (CCBHC)



Protecting Access to Medicare Act of 2014

Outlines the creation of a demonstration program.



Kentucky Selected for Participation

Kentucky implements the eight-quarter demonstration on 01/01/2022, with an end date of 12/31/2023.



Bipartisan Safer Communities Act (BSCA) 2022

Due to the passage of this legislation, recent communication from CMS directs that Kentucky's demonstration will now end 12/31/2027.



Strengthening System of Care

CCBHCs must provide a comprehensive range of mental health and substance use disorder services to vulnerable individuals to increase access to services.

Populations Impacted



Serious mental illness (SMI)



Serious emotional disturbance (SED)



Long-term chronic addiction



Mild or moderate mental illness and substance use disorders



Complex health profiles

CCBHCs must provide care regardless of ability to pay or place of residence, providing care for those who are on Medicaid, uninsured, underserved, homeless, and for active-duty military or veterans.



Seven Counties Services
(502) 589-1100



NorthKey
(859) 331-3292



New Vista
(800) 928-8000



Pathways
(606) 324-1141

Multisystemic Therapy (MST) Pilot



POPULATION IMPACTED

Medicaid enrolled children between the ages of 10-17 that are at risk for entering the Juvenile Justice system. The goal is to work intensively with the youth and family to prevent justice involvement and out of home placements.

Multisystemic Therapy (MST) Pilot



Evidence-Based

MST is an evidenced based intensive treatment process that focuses on diagnosed behavioral health disorders and on environmental systems.



Partnerships

DCBS, DJJ, MCOs, and other community providers have referred to the programs during the first year of the pilot.



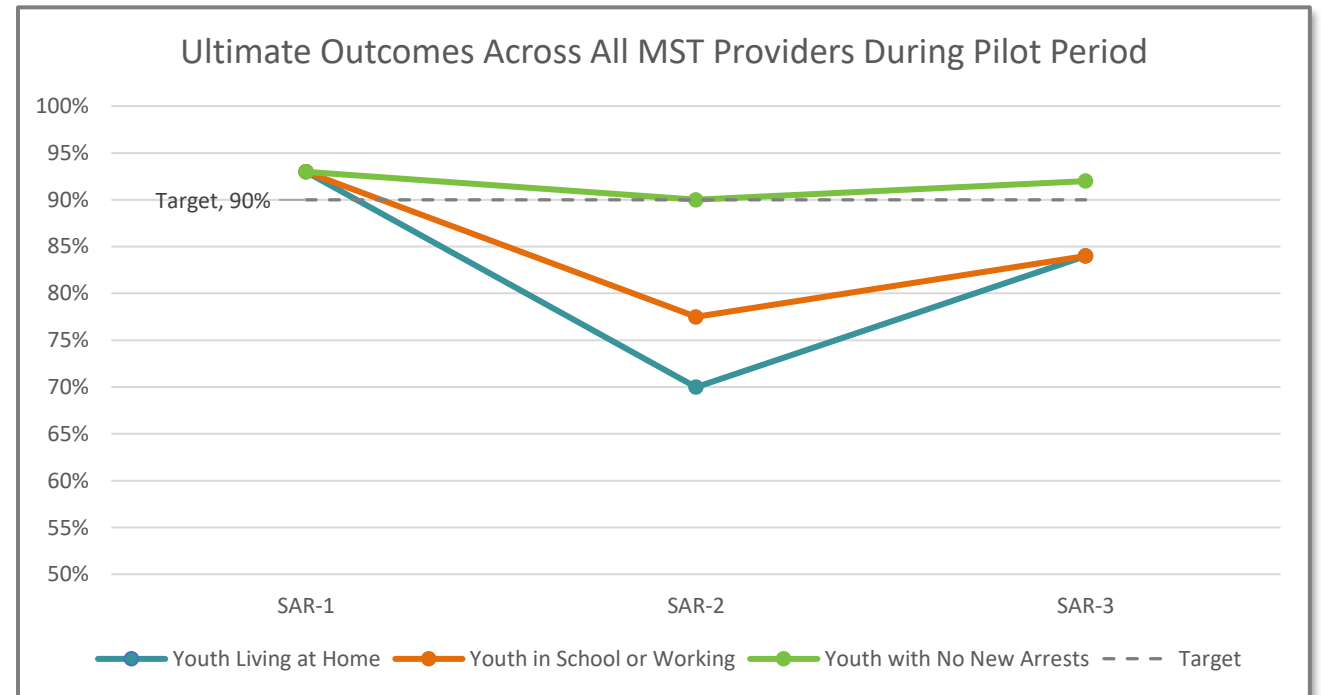
Five-Year Project

DMS, along with DCBS, has partnered with 4 Pilot providers that are licensed by the MST Institute for the delivery of this intensive service.

Multisystemic Therapy (MST) Pilot

Summary of Findings To-Date

- No new arrests has successfully been reached in all reporting periods.
- Renewed improvement in meeting ultimate outcome percent targets of 90% was demonstrated between SAR-2 and SAR-3.
- Key factors influencing the overall program include:
 - Workforce challenges
 - Inappropriate referrals
 - Data inconsistency
 - High-cost, extended inpatient stays



Driving Quality in Kentucky's Health Care System: Updates from Kentucky Medicaid's Medical Directors and Quality and Population Health

