

**CABINET FOR HEALTH AND FAMILY SERVICES  
ADVISORY COUNCIL FOR MEDICAL ASSISTANCE**

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July 25, 2019  
10:00 A.M.  
Room 125  
Capitol Annex  
Frankfort, Kentucky

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**MEETING**

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**APPEARANCES**

Elizabeth Partin  
CHAIR

Chris Carle  
Steven Compton  
Bryan Proctor  
Susan Stewart  
Jerry Roberts  
Julie Spivey  
Ashima Gupta  
Sheila M. Currans  
Ann-Taylor Morgan  
COUNCIL MEMBERS PRESENT

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**CAPITAL CITY COURT REPORTING**

**TERRI H. PELOSI, COURT REPORTER**

**900 CHESTNUT DRIVE**

**FRANKFORT, KENTUCKY 40601**

**(502) 223-1118**

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1 DR. PARTIN: Good morning. We  
2 do not have a quorum this morning, so, we will not  
3 have approval of minutes. If another person comes  
4 in, then, we will and we do have a quorum, then,  
5 we'll go back and approve the minutes.

6 As far as membership----

7 MS. HUGHES: You just got one  
8 more member.

9 DR. PARTIN: Okay. We do have  
10 a quorum. Our Secretary is not here today. Her  
11 father had surgery for cancer, and, so, she was not  
12 able to be here today. And, so, we will start with  
13 the roll call for attendance at our next meeting  
14 since the Secretary is the one who takes the roll.

15 On the agenda next is approval  
16 of minutes from the May meeting. Would somebody like  
17 to make a motion to approve those minutes?

18 MR. CARLE: So moved.

19 DR. PARTIN: Second?

20 DR. COMPTON: I'll second.

21 DR. PARTIN: Thank you. Any  
22 discussion? All in favor, say aye. Opposed? So  
23 moved. Thank you.

24 Under Old Business, an update  
25 from the Attorney General regarding video

1 teleconferencing. I have tried to call or have  
2 called the Attorney General's Office for the past  
3 three days, and my most recent call was this morning  
4 as I was driving up here.

5 And the person I spoke with  
6 finally - the other two days, I was only able to  
7 leave messages - this morning promised that she would  
8 get back with me right away and that was about maybe  
9 an hour and a half ago. So, I've got my phone here;  
10 and if it rings, I will take the call from the  
11 Attorney General's Office because they are so hard to  
12 reach and hopefully we will have some information  
13 regarding that Opinion.

14 Also under Old Business which  
15 did not get on the agenda, and partly that's because  
16 I sent out the draft for the agenda early this time,  
17 and, so, we had some late additions, but we did get a  
18 report from Beth Ennis on the Therapy TAC, and she  
19 had some concerns based on recommendations that that  
20 TAC made previously, so, this would go under Old  
21 Business.

22 And I'll just read from her  
23 report. I think members of the MAC have the report,  
24 but in the final paragraph, she says, second, we are  
25 still concerned that the Cabinet removed the pay

1 differential for speech CFY providers allowing them  
2 to bill under the supervising SLP but gave no  
3 explanation about leaving the differential in place  
4 for the PTA or COTA who are not credentialed in  
5 commercial insurances and work with the PT and the  
6 OT.

7 And, then, she says at the end,  
8 we would like more of an explanation regarding why  
9 one was removed and the others were not.

10 So, if we could request from  
11 the Department further explanation on that since that  
12 was part of a request from a previous TAC  
13 recommendation at our next meeting, it would be  
14 appreciated.

15 Actually, I skipped over one  
16 thing. Let me go back to notify you all that Melody  
17 Stafford, the consumer advocacy group representing  
18 minorities, has resigned. She said her work  
19 responsibilities were making it difficult for her to  
20 attend meetings.

21 But we do have new members and  
22 they are Ann-Tyler Morgan who will be representing  
23 consumer advocacy for disabled persons and John Dadds  
24 for the Kentucky Association of Homes and Services  
25 for the Aging. So, we welcome the new members and we

1 thank Melody for her service to the MAC.

2 MS. HUGHES: And, Beth, John  
3 already had appointments for today, so, he was not  
4 able to come. They were not appointed until Friday  
5 afternoon, so, it was late getting them word on the  
6 meeting.

7 DR. PARTIN: Sure. It's hard  
8 to adjust schedules on a short notice. So, our new  
9 member is down at the end of the table. Hello and  
10 welcome.

11 So, next up on the agenda,  
12 then, are updates from the Commissioner.

13 COMMISSIONER STECKEL: Good  
14 morning. We planned this beautiful weather for you  
15 so that you wouldn't be sweating as you walked into  
16 the building. So, if you think Medicaid can't do  
17 other things, now you know.

18 DR. PARTIN: We thank you for  
19 that. That's very nice of you.

20 COMMISSIONER STECKEL: I wanted  
21 to do two things. I don't have a lot of updates  
22 because I know we'll talk about some other things,  
23 but one is to introduce you all to my new Chief-of-  
24 Staff, Genevieve Brown.

25 MS. BROWN: Hello. Nice to

1 meet you all.

2 COMMISSIONER STECKEL: So,  
3 Genevieve is an attorney with significant experience  
4 on the federal Medicaid and Medicare aspects of the  
5 program, is from Lexington and is married to a  
6 historian and a lawyer also but brings to the table a  
7 lot of experience and we're very pleased to have her.

8 So, if you can't find me or  
9 Stephanie, then, please do look for Genevieve and she  
10 will be getting more and more involved as we throw  
11 her in the deep end. Any questions of Genevieve, or,  
12 Genevieve, would you like to anything?

13 MS. BROWN: Thank you for  
14 having me here today and I'm just anxious to learn  
15 from you. Thank you.

16 DR. PARTIN: Welcome.

17 COMMISSIONER STECKEL: And the  
18 second thing I thought we would do is I saw the  
19 request for a briefing on KI-HIPP. In all  
20 seriousness, we wanted to go ahead and do that now if  
21 that's acceptable because the program is initiated  
22 and we're sending out mailers and we're doing a lot  
23 around KI-HIPP.

24 So, if it's acceptable to you,  
25 Madam Chairwoman, I would like for Teresa Shield who



1 is our Program Director for KI-HIPP to give you an  
2 overview about the program. And I know we've put two  
3 fliers in your packet, one that is a general  
4 overview, very, very high level, and the second is  
5 more member centric. If you're a Medicaid  
6 beneficiary, it's more focused on this is information  
7 that would be beneficial for you.

8 So, if that's acceptable, I  
9 would like to go ahead and do the KI-HIPP briefing.

10 DR. PARTIN: Yes. I was hoping  
11 that you would. So, thank you.

12 COMMISSIONER STECKEL: Okay.  
13 Good. Teresa.

14 MS. SHIELDS: Thank you all for  
15 your time. KI-HIPP is the Kentucky Integrated Health  
16 Insurance Premium Payment Program.

17 It is designed to help those  
18 working Medicaid members who have access to Employer-  
19 Sponsored Insurance to cover the cost of their  
20 employee portion of the premium if it's found to be  
21 cost effective.

22 It does not in any way, shape  
23 or form affect their Medicaid eligibility. It also  
24 provides a way for possibly an entire family to be  
25 covered under commercial insurance, while still

1 having the Medicaid members enrolled and providing  
2 health insurance that possibly those other family  
3 members didn't have in the past.

4 It can be individuals or  
5 families who can apply for the program. Either the  
6 Medicaid member can be the policyholder or a non-  
7 Medicaid member be the policyholder but yet they have  
8 a Medicaid person in the family.

9 We have websites. We have a  
10 lot of notices going out to our members. We are  
11 engaging with employers, commercial insurance  
12 carriers. Anyone and everyone that we can think of  
13 we are getting involved in the program and getting  
14 out information to them.

15 Not only does it benefit our  
16 Medicaid members, because even with the commercial  
17 insurance, as our regular TPL works now----

18 COMMISSIONER STECKEL: Third-  
19 party liability.

20 MS. SHIELDS: I'm sorry.  
21 Third-party liability. If the Medicaid member  
22 currently has commercial insurance, commercial  
23 insurance pays first, then provider bills Medicaid  
24 and Medicaid provides for wrap services.

25 If a family is enrolled but not

1 all family members are on Medicaid, if it's cost  
2 effective, we will reimburse that premium but we do  
3 not provide wrap services for those non-Medicaid  
4 members.

5 We have done some interviews  
6 and we have actually had people tell us how thankful  
7 they are for the program and we are rolling this out  
8 to an extended population.

9 Because they couldn't afford  
10 the insurance premium or if they were already paying  
11 an insurance premium, it was very hard on their  
12 budgeting where now with Medicaid paying the premium  
13 for these beneficiaries, we are able to put money  
14 back in people's pockets.

15 COMMISSIONER STECKEL: So, this  
16 program enables us to do several things; one, get  
17 people that have access to employer-based insurance  
18 into that system so they're learning that system.  
19 They're able to access that system.

20 In many cases, it's a wider  
21 provider network than the Medicaid provider network  
22 and they can use those providers and we'll pick up  
23 the copay and deductibles for all of that.

24 The other thing it does is it  
25 allows us to expand our Medicaid budget. As you can



1 exists? So, take, for instance, Amazon is coming in  
2 to Northern Kentucky, UPS in Louisville, so on and so  
3 forth. Are they really aware that this exists and  
4 how they could partner with you on that?

5 MS. SHIELDS: Yes, sir. We are  
6 reaching out to those. We have meetings set up with  
7 those. We have looked at our top twenty employers  
8 that we have in our system of our Medicaid  
9 beneficiaries who are working.

10 So, we are reaching out to  
11 those people. We are reaching out to their HR folks  
12 also.

13 MR. CARLE: Right, because, in  
14 the hiring process, you want them to really talk  
15 about this as a benefit alongside with their health  
16 care benefit that they're offering their associates.

17 One of the hardest groups of  
18 people to recruit in health care besides nursing is  
19 some of those entry level positions, whether it be  
20 food service, obviously environmental services,  
21 transportation, and those are the individuals that  
22 would need this assistance which you know.

23 MS. SHIELDS: Yes, sir, and we  
24 are actually working on--as the Commissioner and I  
25 mentioned, we have a lot of materials and notices

1 that we send out to people. And as we work with the  
2 larger employers, we also work with them to design  
3 material for their needs. It covers our program and  
4 what we need but it also covers their needs to  
5 provide to their employees.

6 MR. CARLE: Great. Thank you.

7 COMMISSIONER STECKEL: And part  
8 of it is targeting to those employers that we believe  
9 have workers that meet our income requirements, and  
10 we've been working very closely with the Workforce  
11 Development Cabinet.

12 And, then, in the Cabinet for  
13 Health and Family Services, we also have a Workforce  
14 Development Director and she has been intimately  
15 involved in all of this.

16 DR. PARTIN: I have a couple of  
17 questions. Does this program actually save DMS  
18 money?

19 COMMISSIONER STECKEL:  
20 Absolutely, yes, ma'am. Do you have the estimates?  
21 I should know that off the top of my head and I  
22 don't.

23 MS. SHIELDS: Currently we have  
24 102 members involved just since May when the expanded  
25 program went live; and just on these 102 individuals,

1 we have saved thirty-five-plus thousand dollars a  
2 month.

3 DR. ROBERTS: Could you lay out  
4 exactly how this affects the budget because I see a  
5 tremendous upside but I just see the State covering  
6 more and more? Could you lay out the benefit side,  
7 where you're getting the cost savings?

8 MS. SHIELDS: Yes, sir. Part  
9 of our cost-effective tool, we not only look at the  
10 premium cost of the insurance, we also look at the  
11 coinsurance because the Medicaid member does not pay  
12 any out-of-pocket cost. So, we look at coinsurance  
13 and deductible.

14 Those members that are enrolled  
15 with an MCO, we also look at a cap fee that we were  
16 paying as part of the cost-effective tool.

17 COMMISSIONER STECKEL: And the  
18 savings come because we're buying them, just like  
19 with the Medicare savings programs where we're buying  
20 people into the Medicare Program, we're buying people  
21 into their employer-based insurance and, then, that  
22 employer-based insurance pays their services costs  
23 and that's where the savings are.

24 So, when we do our cost-  
25 effectiveness tool, their premium, any copays and

1 deductibles in their ESI Program, the Employer-  
2 Sponsored Insurance program, and, then, does that  
3 equal what we would have anticipated paying out in  
4 benefits for that beneficiary.

5 So, all of that has to equal  
6 zero or less for us to allow them to enroll in the  
7 program, but the savings come from the benefits that  
8 now are going to be paid for out of the employer-  
9 based insurance.

10 DR. SPIVEY: I have a question.  
11 So, is their medication covered in this also? You  
12 said no out-of-pocket expenses for them.

13 COMMISSIONER STECKEL: Other  
14 than those out-of-pocket expenses that every Medicaid  
15 beneficiary is obligated to pay, yes, ma'am, it does.

16 DR. SPIVEY: Okay. Thank you.

17 MS. SHIELDS: If the Medicaid  
18 member goes to the pharmacy, they would present their  
19 Employer-Sponsored Insurance first. The pharmacy  
20 would bill that and, then, turn around and bill  
21 Medicaid.

22 DR. SPIVEY: Okay. Thank you.

23 DR. ROBERTS: So, the copay is  
24 for medication, office visits. You know, the  
25 Medicaid recipients, it wouldn't change. They would



1 still have those copays that we've been laying out  
2 over the last year or two.

3 COMMISSIONER STECKEL: Correct.  
4 Yes, sir.

5 DR. ROBERTS: I think it's a  
6 great program.

7 COMMISSIONER STECKEL: It is a  
8 phenomenal program; but just to be clear, the copays  
9 and deductibles that we do a wraparound, as you all  
10 know because you pay this out when you go to the  
11 doctor, your copay may be \$10 or \$20 or higher, we're  
12 going to pay the difference between what the Medicaid  
13 copay is and their ESI copay. And, again, all of  
14 that is calculated in the cost-effectiveness tool.

15 MS. CURRANS: The formulary, I  
16 see that this could be very beneficial to our  
17 environmental services and food service folks  
18 especially. So, if the formulary is in conflict with  
19 the employer insurance with Medicaid's, it still  
20 covers the copay of the medication because not  
21 everything is on the Medicaid formulary. Yes, it  
22 would cover the employee.

23 COMMISSIONER STECKEL: They  
24 would get the ESI-covered drug but they would have to  
25 pay the Medicaid copay.

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MS. SHIELDS: Correct.

MS. CURRANS: Even if it's not on Medicaid's formulary. Thank you.

MR. CARLE: So, how many people do you project could actually be utilizing this?

MS. SHIELDS: High end is 10,000.

MR. CARLE: Ten thousand. You've got 102 on it right now.

MS. SHIELDS: Since May.

MR. CARLE: And you're saving about \$35,000 you said a month. So, the numbers are staggering.

COMMISSIONER STECKEL: Well, and, again, I try hard not to always focus on the budget, although that is my job, but it is a good way to get people into the private market and start learning how to use the private market and making decisions that they'll be able to make in the private market that they might not be able to make in Medicaid.

So, it is a significant budget savings for Medicaid but it also helps our Medicaid beneficiaries we hope become more self-sufficient and more active in their health care decisions.

1 MR. CARLE: Well, you have the  
2 uninsured and, then, you have the under-insured. The  
3 under-insured make up a big portion of all the  
4 providers' issues as well. So, this is a great  
5 program.

6 MS. SHIELDS: I do have a HIPP  
7 Program, Kentucky Health Insurance Premium Payment  
8 Program now, as the Commissioner mentioned, that has  
9 been in existence for over twenty years.

10 I apologize for not bringing  
11 those numbers but I can report back to the  
12 Commissioner so she can share at the next meeting the  
13 cost savings we have had just in a year's time for  
14 the folks on that program.

15 COMMISSIONER STECKEL: And,  
16 then, do you want to tell them about the webinar, the  
17 Q&A session?

18 MS. SHIELDS: Yes. Next  
19 Thursday, August 1st, from 9:30 to 10:30, we will be  
20 having an in-person Q&A session on the program. We  
21 have invited all the MAC and TAC members, anyone who  
22 would like to attend, and we will also be sending out  
23 a call-in number for those that aren't able to attend  
24 that will be able to call in and ask any questions.

25 We would love to hear any

1 feedback and provide any additional information that  
2 you all would like to have.

3 DR. ROBERTS: Could you send us  
4 these flyers digitally?

5 MS. SHIELDS: Yes, sir.

6 MR. CARLE: That email actually  
7 went out yesterday as well.

8 DR. PARTIN: Sharley sent it.

9 MS. HUGHES: Yes, I sent out  
10 the notice of the meeting.

11 MR. CARLE: These attachments  
12 electronically would be great.

13 COMMISSIONER STECKEL: Just  
14 give it to Sharley and she can send it to them, or  
15 she already has it, so, she will send it to them.

16 MS. SHIELDS: I'd like to  
17 update this.

18 MS. HUGHES: Okay.

19 DR. GUPTA: I have one  
20 question. So, when a patient presents to an office  
21 for services and they're in this program and they  
22 only present either their Medicaid card or their  
23 commercial employer-sponsored card and they forget to  
24 present the other one, what happens then?

25 MS. SHIELDS: If they do not

1 present their commercial insurance card and the  
2 provider just bills Medicaid, a claim will deny  
3 saying the person has other insurance; but part of  
4 our outreach program to our members, it's very  
5 plainly, and we have pictures in there to show, you  
6 must present your employer card and your Medicaid  
7 card to receive the benefits of the program.

8 DR. GUPTA: So, if they only  
9 present the Medicaid card and it's denied, can we  
10 just bill the patient and they can submit it or do we  
11 need to search for the patient and----

12 MS. SHIELDS: The patient would  
13 have to provide the commercial insurance. The  
14 insurance, when we get it from the members and  
15 they're enrolled in this program or they just have  
16 third-party insurance at all, it is kept on the  
17 claims processing system and it does show in  
18 Health.net what commercial insurance and it should  
19 have all the information needed to go ahead and bill  
20 them first.

21 COMMISSIONER STECKEL: So, if  
22 the provider got a Medicaid card and they checked  
23 Health.net, it would show not only that they're  
24 eligible for Medicaid but----

25 DR. PARTIN: Could you say that

1           again.

2                               COMMISSIONER STECKEL:   So, if a  
3       Medicaid beneficiary comes in and they only give  
4       their Medicaid card or only--well, I guess commercial  
5       insurance, it would go through and, then, Medicaid  
6       would pick that.  So, if they only give you the  
7       commercial insurance, it works the way it should  
8       because we'll pick it up in the copay and the  
9       deductibles in the wrap, right?

10                           MS. SHIELDS:  Correct.

11                           COMMISSIONER STECKEL:  If they  
12       only show their Medicaid card, then, if you look on  
13       Health.net, it will confirm not only their Medicaid  
14       eligibility but it will show you that they have ESI  
15       coverage.  And, then, at that point in time, you will  
16       be able to ask them for their employer----

17                           DR. ROBERTS:  Will it have the  
18       actual information from the ESI coverage or will it  
19       just say they have----

20                           MS. SHIELDS:  No, sir.  It will  
21       say who the carrier is.  It will have group numbers,  
22       policy numbers.

23                           DR. ROBERTS:  That is a  
24       brilliant thing built into Health.net.

25                           COMMISSIONER STECKEL:  And to

1 brag on Teresa, she has done the yeoman's amount of  
2 work on this. There's been a whole team but it's  
3 been her leadership that has made this work and be  
4 successful. And we'll continue to make improvements  
5 but she's done an extraordinary job on this.

6 DR. GUPTA: One last question.  
7 So, if they forget their commercial card but we see  
8 it on the website that they do have it, that data on  
9 the website is sufficient where you could still see  
10 the patient without them actually having their  
11 commercial card?

12 MS. SHIELDS: Oh, yes, ma'am,  
13 absolutely.

14 DR. GUPTA: Okay, because  
15 normally we won't see a new patient if they don't  
16 have their card but that would be acceptable?

17 MS. SHIELDS: Yes, ma'am, I  
18 would think. Yes, absolutely.

19 COMMISSIONER STECKEL: Any  
20 other questions?

21 DR. PARTIN: Is this program  
22 required?

23 MS. SHIELDS: No, ma'am. It is  
24 strictly voluntary.

25 DR. ROBERTS: Of the 102 people

1 that are currently enrolled, what percentage of the  
2 employer-sponsored plans have been approved versus  
3 denied? Do you have a ballpark?

4 MS. SHIELDS: We have only had  
5 maybe seven, I think it's about seven denied. A  
6 couple of the folks who sent in applications and we  
7 considered it - we're making system enhancements as  
8 we go - but the only way we had to notify these folks  
9 were actually to deny their plans; but the thing was,  
10 they came to us saying I don't need help with my  
11 premium at all, I'm fine, I just don't know how I'm  
12 supposed to use both my cards.

13 So, it's been an education for  
14 these folks, also, explaining to them what they need  
15 to do and how they need to do it. And we even offer  
16 them, if they say I don't need help, we even offer  
17 would you like for us to go ahead and run this and  
18 see if it would be cost effective for you to be in  
19 the program. We could save you some money.

20 COMMISSIONER STECKEL: And I  
21 think the other component - I know I keep bragging on  
22 this program but it is a phenomenal program - but to  
23 not overlook the family coverage component; that if a  
24 family has a Medicaid beneficiary in it and that  
25 family coverage is cost effective, we're going to



1 pick it up for that Medicaid beneficiary, but it  
2 means everybody in that family gets health insurance  
3 coverage.

4 Now, they pay it and they have  
5 to meet the deductibles and copays except for that  
6 Medicaid beneficiary but it does open the door for at  
7 least providing some assistance for family coverage  
8 where we will pay the premium and buy the family into  
9 insurance, ESI insurance.

10 DR. PARTIN: You pay the  
11 premium for the family?

12 COMMISSIONER STECKEL: Yes,  
13 ma'am. Again, it has to be cost effective. There  
14 has to be a Medicaid beneficiary but, yes, ma'am.

15 DR. PARTIN: What do you mean  
16 by cost effective?

17 COMMISSIONER STECKEL: So, we  
18 have to pay less than we would normally pay for a  
19 Medicaid beneficiary if we pay their premium,  
20 deductibles and copays.

21 DR. PARTIN: Okay. So, if  
22 you're covering the family plan, you don't know that  
23 information.

24 COMMISSIONER STECKEL: For that  
25 Medicaid beneficiary. So, what we would do, we

1 wouldn't count the other - and correct me if I'm  
2 wrong - we couldn't count the other family members'  
3 cost but what we would say is for that Medicaid  
4 beneficiary, what would we normally pay for them.

5                   And, then, for the family  
6 premium, what would we pay for the family premium,  
7 that Medicaid beneficiary's deductibles and copays  
8 and what will we save on the benefit side and that's  
9 the cost effectiveness; but it, in essence, pays the  
10 premium for the entire family and, then, the family  
11 is obligated to pay the copays and the deductibles  
12 for the non-Medicaid beneficiary. Does that make  
13 sense?

14                   DR. PARTIN: Yes. Thank you.  
15 Any other questions on this? No. Okay.

16                   MS. SHIELDS: Thank you all for  
17 your time.

18                   COMMISSIONER STECKEL: I will  
19 just very, very quickly go through this. The 1115  
20 Waiver, Kentucky HEALTH is still in the court system.  
21 We're anticipating I think arguments in September.  
22 And, then, when the decision comes out, we're fully  
23 anticipating an appeal to the U.S. Supreme Court.  
24 So, that time line has not changed.

25                   The SUD 1115 Waiver component

1 of Kentucky HEALTH has been implemented. It went  
2 into place on July 1st and we've done a significant  
3 amount of outreach and education for that waiver and  
4 it is moving forward. So, we are doing that.

5 Other than those two  
6 components, everything else is just the normal part  
7 of doing business. I'll be glad to answer any  
8 questions if you all have any questions about  
9 specific issues.

10 DR. PARTIN: I do have a  
11 question. Medicare is planning on implementing a  
12 program in 2021 where they're going to combine the  
13 E&M codes for the Level 3 and 4 visits.

14 And supposedly the  
15 documentation will be a little bit less than what's  
16 required now for a Level 4 and the reimbursement is  
17 to be somewhere in between the Level 3 and Level 4  
18 visits that they're paying right now.

19 So, my question is, usually  
20 Medicaid follows Medicare; and, in Kentucky, we have  
21 the limitation on the Level 4 visits to two visits  
22 per patient per year.

23 So, I'm wondering what the  
24 thinking is for DMS in regards to that? And I know  
25 to change that would require a regulatory change; but

1 since it's coming in 2021 and things tend to kind of  
2 move slow, I thought maybe we ought to be thinking  
3 about how that might work for providers.

4 COMMISSIONER STECKEL: I don't  
5 know the answer to that question but I will get back  
6 with you.

7 DR. PARTIN: I didn't expect  
8 you would but I wanted to raise the issue.

9 COMMISSIONER STECKEL: Thank  
10 you very much. Any other questions? Welcome, Ms.  
11 Morgan. We look forward to working with you. Thank  
12 you.

13 DR. PARTIN: Thank you. Okay.  
14 Reports from the TACs and we will start with  
15 Behavioral Health.

16 MR. STEVE SHANNON: Good  
17 morning. I am not Dr. Sheila Schuster. She had  
18 surgery Friday, a hip replacement, and the last  
19 report, she is doing well. She is looking forward to  
20 be back up and about but no pain so far. She is  
21 pretty happy about that.

22 I am Steve Shannon. I'm on the  
23 Behavioral Health TAC. I've been on it since it was  
24 formed. We had our meeting on July 9th. All six TAC  
25 members were there. Five MCOs were represented at

1 the meeting. We had staff from the Department of  
2 Behavioral Health, Developmental and Intellectual  
3 Disabilities, and due to scheduling conflicts,  
4 Medicaid staff could not attend that day.

5 A brief summary of the meeting  
6 - we had a report from Dr. Schuster on the May 23rd  
7 TAC meeting. We had received some communications  
8 from Commissioner Steckel. Those were distributed to  
9 people so they could see what happened at that  
10 meeting.

11 We had an update on the 1115  
12 Waiver from people in the audience. Where are we?  
13 What are you hearing? What's going on? We are  
14 anticipating, and I think it was reported at one  
15 previous meeting, Commissioner Steckel said maybe  
16 2020 is when we're looking at an implementation date.  
17 So, we had that conversation.

18 We also discussed KI-HIPP. We  
19 talked about that. We think it's a great opportunity  
20 for people. We have some concerns. We have a  
21 recommendation around that, but one primary concern  
22 we have is what if the provider is a Medicaid  
23 provider but not on the private insurance? What  
24 happens in that situation?

25 In the behavioral health world,

1 that's probably more common perhaps in that  
2 direction. I represent mental health centers. A lot  
3 of us have private insurance and many of us are  
4 mental health centers are Medicaid-focused. So, what  
5 happens in that situation with KY-HIPP? Do you lose  
6 your provider? That's a concern.

7 We had a lengthy discussion  
8 about behavioral health service organizations. Six  
9 regs were issued relating to behavioral health  
10 service organizations. The TAC didn't know about  
11 that. We thought the Behavioral TAC, the BH TAC  
12 should have been communicated about those things.

13 Some concerns discussed during  
14 the meeting around those new regulations is that a  
15 behavioral health service organization may be  
16 designated as an initial understanding for mental  
17 health primarily; and if a person presents with a  
18 mental illness, they get treated, and during the  
19 course of treatment, a very common practice, if a  
20 substance use disorder is identified, a person has  
21 been self-medicating, if the behavioral health  
22 service organization can just focus on mental health  
23 issues and a different behavioral health service  
24 organization for the substance abuse, you've got to  
25 refer that person out and we think that's a concern.

1 The more times you've got to refer someone to  
2 services in our world, the less likely they are to go  
3 to that follow-up appointment. So, we had that  
4 discussion. We talked about that a lot and really  
5 concerned about the cooccurring issue like that.

6 We always have a discussion of  
7 copays and the ramifications of that. This one  
8 really relates to people who are less than 100% of  
9 the Federal Poverty Level. It is our understanding  
10 that those folks cannot be denied services for lack  
11 of a copay and we have heard that that is the case,  
12 that people have been denied services because they  
13 were unable to make a copay.

14 This has happened at pharmacy  
15 as well as primary care. So, we have concerns about  
16 that as well. That was discussed.

17 One of our TAC members who  
18 represents people with acquired brain injury, we had  
19 a conversation about the 1915(c) Waiver redesign  
20 process. There are six waivers. Two of those relate  
21 to people with brain injury, and we had concerns  
22 about those, some concerns about who is on those  
23 advisory panels, who is involved in that discussion  
24 and is it open to the public and people know who they  
25 are so they can communicate with those folks. It was

1 also reported that some people are expressing their  
2 frustration with the process and that was shared at  
3 the Behavioral Health TAC.

4 We followed up on a meeting we  
5 had in May relating to emergency medical  
6 transportation from hospital ER's or maybe primary  
7 care offices and transporting people to a hospital  
8 with a psych unit being denied and we had that  
9 conversation. Medicaid has requested that we provide  
10 that data, and we've asked as the Behavioral Health  
11 TAC through the behavioral health community to access  
12 that information, to share that with folks of those  
13 situations if they occur.

14 Clearly, we believe that's a  
15 non-emergency medical transportation and it's an  
16 emergency medical transportation situation that isn't  
17 being addressed and what happens to the person as  
18 they sit in the ER waiting for a ride?

19 So, that's what we discussed.  
20 Typically our meetings start with a discussion. We  
21 have that, and, then, we get to recommendations.

22 So, we have six recommendations  
23 that usually relate to what we discussed. The first  
24 one is we think Medicaid should communicate with the  
25 appropriate TAC when regulations are being released



1 that's under the purview of that TAC so they know  
2 about that, so they can be aware of it, they can have  
3 that communication. Clearly, TACs are advisory to  
4 Medicaid. We want to be proactive on our advisory  
5 strategy, not reactive and if we know about those  
6 regulations before they are out.

7 There was a webinar on June  
8 17th. Not everyone knew about that. I represent  
9 mental health centers, not VHSO's. I didn't know  
10 about the webinar. My members didn't know about  
11 that, that we have not been on the list, but that was  
12 a concern.

13 So, let's try to be proactive  
14 and not reactive and know what regulations or changes  
15 are being done before it happens so the TAC can weigh  
16 in on it at that time. So, that's one recommendation  
17 from the Behavioral TAC.

18 The second one relates to that,  
19 those six regulations for the VHSO. We recommend  
20 Medicaid designate a staff person to meet with  
21 impacted parties, to meet with recipients of  
22 services, family members, advocates, providers so  
23 they can have that discussion about this designation  
24 and what happens when someone is identified through  
25 the course of treatment for a mental illness having

1 an addiction as well, and do they have to go some  
2 place else, what happens?

3 Kind of revisiting about  
4 fifteen years ago, the mental health centers had this  
5 dilemma when substance abuse wasn't a covered benefit  
6 and we would see people with cooccurring disorders  
7 and we could treat them for their mental illness.  
8 Our notes could say that. We would bill Medicaid.  
9 We would have to wait until the session ended and  
10 then talk substance abuse and bill State General Fund  
11 dollars for that. Fortunately, with the expanded  
12 benefit, that didn't happen, but that was a concern  
13 we had.

14 We see it happening again in  
15 the behavioral health service organizations. You  
16 would get at least fragmented services and that's a  
17 concern. So, meet with folks beforehand and go on  
18 from there.

19 The second one does relate to  
20 KI-HIPP. We are glad to hear about next Thursday. A  
21 recommendation was to have that opportunity to have  
22 that discussion about the KI-HIPP and how does it  
23 impact, especially that cost-sharing provision around  
24 a Medicaid provider that is not in the employer, is  
25 in an out-of-network. Who pays for that and how does

1 that work?

2 We think in behavioral health,  
3 we're going to see more of that situation than maybe  
4 perhaps the physical health, that there will be more  
5 providers on the Medicaid side that they are being  
6 seen at and less on the private market and what  
7 happens with that situation. So, that's a third  
8 recommendation.

9 A fourth one, this copay for  
10 less than 100% of Federal Poverty Level issue, our  
11 recommendation is there be communication to pharmacy  
12 and primary care around that, that you cannot be  
13 denied services if you can't make the copay if your  
14 income is less than 100% of poverty.

15 And the Behavioral TAC is  
16 willing to meet with the Primary Care TAC and the  
17 Pharmacy TAC to work out the best way to address that  
18 problem.

19 And, again, we have individuals  
20 who are severely mentally ill. If they go to a  
21 pharmacist and they don't get their medication, we've  
22 had many situations where a person believes they're  
23 not supposed to take that because they didn't get it.  
24 You don't want that to happen. So, that's our fourth  
25 recommendation relating to the copay.

1                                   The 1915(c), I know Medicaid is  
2 waiting. Can those names be released or not? I  
3 serve on one. So, I'm on one of those four groups.  
4 My name has not been released but is that permissible  
5 to release those names?

6                                   And for transparency, they know  
7 who serves on the panels and the subpanels because  
8 folks may want to approach a member and not  
9 necessarily an email to communicate with what's  
10 happening with those waivers, reach out and talk to  
11 that person on what happening there and the concerns  
12 they have in that area.

13                                   So, that's the second  
14 recommendation, but, again, we understand Medicaid is  
15 waiting to hear can they release those names for  
16 those 1915(c) areas.

17                                   And the last one is communicate  
18 with ambulance providers because we don't want people  
19 sitting around the ER who need to go to a hospital  
20 with a psych unit or a primary care with the same  
21 issue. We don't want that to happen. We need to get  
22 people where they need to get the best treatment.

23                                   Those are our six  
24 recommendations. Hopefully they're in your packet.  
25 I think I sent them to Sharley on Monday. So, you

1 already have those.

2 The other two things, you all  
3 are welcome to attend the BH TAC meeting. They're  
4 really a thrill. Our September one has been changed  
5 from September 10th to September 3rd and our November  
6 one has changed from November 5th to November 4th and  
7 we meet in this room.

8 That's it. Thank you. Any  
9 questions?

10 DR. PARTIN: I just have a  
11 follow-up comments. It's on our agenda but the  
12 recommendation for the ambulance providers to ensure  
13 transportation for mentally ill patients was a  
14 recommendation at the last meeting.

15 And, so, I had a follow-up  
16 question to that because the response from DMS was  
17 that DMS would work with ambulance providers to  
18 ensure proper training on Medicaid rules and  
19 regulations in regard to transporting patients with  
20 mental health illness.

21 And, so, my question is what  
22 are the plans to communicate?

23 COMMISSIONER STECKEL: Is that  
24 to me?

25 DR. PARTIN: Yes, Commissioner,

1 or anybody in your group.

2 COMMISSIONER STECKEL: We  
3 already have met with the ambulance providers, both  
4 private and public, and we've raised this issue.  
5 Without examples, though, all they can say to me is,  
6 if you could give us examples, we'll know.

7 One of the things Genevieve is  
8 doing is overseeing the Program Integrity. We could  
9 talk to them as Program Integrity but we need  
10 examples of where it has happened, specific examples,  
11 the Medicaid beneficiary and what the circumstances  
12 are but I've raised this and I was very direct to  
13 them that this was not acceptable.

14 But, again, their response was  
15 when and where and how and who, and I was not able to  
16 answer that question.

17 MR. SHANNON: We'll try and get  
18 those answers.

19 DR. PARTIN: It's a pretty  
20 universal problem, and, so, I feel like that's a cop-  
21 out on their part, but I appreciate you raising the  
22 issue strongly.

23 COMMISSIONER STECKEL: Right.  
24 And I can hold them accountable to--I mean, I can  
25 hold them accountable to the rules, but, then, when

1 they break the rules, if I don't have an example of  
2 how they have broken the rule, there's nothing I can  
3 do. It's a he said/she said situation.

4 DR. PARTIN: Sure. Thank you.  
5 And just a second before we go on to the next TAC  
6 report. I did receive a call from the Attorney  
7 General's Office and somehow the person I spoke with  
8 said it was his fault that I hadn't received a  
9 response sooner to my letter sent in March.

10 He didn't say what the problem  
11 was. He just said it was his fault but that they  
12 would expedite it. And I asked him if we could get a  
13 response within the next two weeks and he said he  
14 would try very hard to do that.

15 So, hopefully we will have a  
16 response from the Attorney General's Office in two  
17 weeks.

18 Moving along, Children's  
19 Health. Consumer Rights and Client Needs.

20 MS. EMILY BEAUREGARD: Good  
21 morning. I'm Emily Beauregard. I'm the Chair of the  
22 Consumer TAC and I'm the Director of Kentucky Voices  
23 for Health.

24 Our Consumer TAC met on June  
25 11th. We did not have a quorum present specifically

1 because of the issue that you're talking with the  
2 Attorney General's Office about now. So, I'm very  
3 glad that you've been able to make contact. We have  
4 one severely disabled TAC member who is unable to  
5 afford the transportation and the personal assistance  
6 that he needs in order to come here to participate in  
7 person.

8 He is very interested in  
9 participating via video conference or he has also  
10 asked DMS if they would cover the cost of his  
11 transportation and personal assistance but those are  
12 the two options that he's able to participate; and at  
13 this point, those aren't options that are available  
14 to him.

15 So, we're hoping that once the  
16 Attorney General's decision is known, that we will be  
17 able to do video conferencing.

18 We also have another TAC member  
19 who has a sick son that she cares for. And, so,  
20 she's also unable to make a long drive to be at our  
21 TAC meetings on a regular basis and she would also  
22 really appreciate the opportunity to participate via  
23 video conference. So, we're very much looking  
24 forward to that decision.

25 At our June meeting, we had an



1 extensive conversation about the revamped K-HIPP  
2 Program which is now the KI-HIPP Program that the  
3 Commissioner and Teresa Shields shared about earlier.

4 And while we absolutely agree  
5 that a premium assistance program has the potential  
6 to be incredibly beneficial for working families and  
7 for DMS' budget, it can be a win/win, the program has  
8 been redesigned in a way that has raised some  
9 concerns for us regarding program compliance with  
10 federal Medicaid rules and also the information  
11 that's being presented to consumers and how they're  
12 able to make an informed decision for themselves, for  
13 their finances and for their families.

14 So, I'm going to just summarize  
15 some of those concerns for you and I'll have more in  
16 the report that I send to Sharley after this meeting.  
17 I apologize for not getting it to you sooner.

18 The first is that federal  
19 Medicare rules cap out-of-pocket costs for a Medicaid  
20 beneficiary at 5% of household income.

21 So, when we talk about copays,  
22 there is a rule that caps copays or any other out-of-  
23 pocket cost at 5% and DMS has to track that and on a  
24 quarterly basis determine has this person met that 5%  
25 cap, and if they have, they no longer have to pay

1 copays.

2 Well, under this program, that  
3 same rule should apply, and there are two ways in  
4 which we don't think that KI-HIPP is complying with  
5 that rule at this time.

6 The first is that it requires  
7 an up-front premium payment. So, rather than DMS  
8 paying the premium outright, the individual is  
9 paying, or the employee, I should say, part of the  
10 premium payment and, then, submitting pay stubs or  
11 other proof of payment to DMS for reimbursement.

12 So, you can see how that would  
13 be an out-of-pocket cost that for many people who are  
14 low income would be hard to float for the sixty days  
15 it might take to fully get that reimbursement.

16 The other way that we think  
17 this doesn't comply with federal rules with that 5%  
18 cap is that if an individual decides to go to see a  
19 provider that's under their employer health insurance  
20 network but that provider does not take Medicaid,  
21 then, none of the out-of-pocket costs are going to be  
22 covered.

23 So, they could end up paying  
24 thousands of dollars potentially in deductible,  
25 copays, coinsurance if they're seeing somebody in the

1 ESI network, the employer network that does not take  
2 Medicaid.

3 So, there were some other  
4 concerns raised about if they only take Medicaid, for  
5 instance, but we have a concern about the providers  
6 who only take the ESI and that's something that we  
7 hope can be addressed.

8 And, then, the materials that  
9 members are getting and that we expect they'll get in  
10 this August 2nd mailing really put a lot of--  
11 highlight the fact that you could have an extended  
12 network. You could have this Medicaid network plus  
13 your employer network which would give you more  
14 choices; but, again, if Medicaid is only paying when  
15 you see a Medicaid provider, your network isn't  
16 really being extended.

17 And we don't want people to  
18 assume that they can go see any of the providers in  
19 their employer network if they're going to have to  
20 pay out-of-pocket costs; that anyone who is eligible  
21 for Medicaid because they're low income, you're not  
22 going to be able to afford those out-of-pocket costs.

23 So, we want to make very clear  
24 to Medicaid members what their options are and what  
25 the responsibility would be on their part so that

1 they make informed decisions for their own household  
2 finances and for their health.

3                   And we also have a concern, as  
4 I mentioned the August 2nd mailing, there's a mass  
5 mailing that is going to be going out soon. We think  
6 that it would be prudent to delay that mailing until  
7 some of these concerns have been addressed and make  
8 sure that the materials present what the network  
9 options are and what the payment responsibilities are  
10 very clearly to the Medicaid members so that they can  
11 make a decision that will work for them.

12                   One area of confusion that we  
13 were very happy got cleared up, we just recently got  
14 responses to some questions that we had submitted in  
15 June to Medicaid, and we got the responses back a  
16 couple of days ago and Medicaid made very clear that  
17 this is a voluntary program, as the Commissioner and  
18 Teresa Shields mentioned earlier, and people will not  
19 be disenrolled from Medicaid if they're not complying  
20 with KI-HIPP.

21                   So, that was one concern that  
22 we had and that's been cleared up, and, so, we're  
23 happy that people will have this option without a  
24 penalty.

25                   But we do think that these

1 federal Medicaid rules are important. They should  
2 still apply to this program and we want to make sure  
3 that we're protecting Medicaid beneficiaries from  
4 incurring any sort of significant debt from out-of-  
5 pocket costs that could easily add up to hundreds of  
6 dollars or thousands of dollars and really put a  
7 financial strain on their families.

8 So, in addition to KI-HIPP, we  
9 also continue to raise concerns about mandatory  
10 copays. It sounds like the Behavioral Health TAC has  
11 been having those conversations as well.

12 We have been collecting stories  
13 from Medicaid beneficiaries who have been affected by  
14 these copays. We've collected close to 200 at this  
15 point and have reported them to Medicaid and DMS  
16 staff have worked with us on a couple of areas, so,  
17 informing pharmacies about the rules around who can  
18 and cannot be turned away if they're unable to pay a  
19 copay.

20 We think more can be done there  
21 but a letter did go out a few months ago, and we've  
22 also been working on screen changes. So, DMS has  
23 been making some modest changes to the screens to  
24 make it a little more clear for providers.

25 When you go into KYHealth.net,

1 you want to see what copay is owed, and what has been  
2 really difficult for people to understand is that  
3 above or below poverty indicator.

4 So, we're hoping that we can  
5 continue to make improvements in the system so that  
6 it's easier to identify who is above the Federal  
7 Poverty Level, who is below and who should be  
8 provided services when they present regardless of  
9 whether they can pay their copay.

10 We also continue to recommend  
11 and ask that DMS make copays optional again, but at  
12 the very least, if not that, that we use that  
13 medically frail status that was created originally  
14 for the Kentucky HEALTH waiver, but certainly the  
15 algorithm has been built.

16 There's a medically frail tool  
17 that can be used to identify people who are medically  
18 frail and would help to create sort of an exemption  
19 for the copays. And this, of course, is optional.

20 This isn't something that would  
21 be required of Medicaid by CMS, for instance, but we  
22 think it's a good opportunity to find those people  
23 who are the most vulnerable, people with chronic  
24 health conditions who probably have to go to see a  
25 provider more often, have to fill more prescriptions

1 and, therefore, incur more costs.

2 And, then, we also discussed  
3 the status of the new SUD expansion which we're  
4 excited about and the reversal of the Medicaid Free  
5 Care Rule which will expand services to kids in  
6 schools, and those are things that we're excited to  
7 learn more about and we hope that there will be more  
8 opportunities for stakeholders to provide input into  
9 the implementation of those programs.

10 Our next meeting will be on  
11 August 20th from 1:30 to 3:30. We meet at the  
12 Cabinet for Health and Family Services. I don't know  
13 if a meeting room has been set yet but Sharley sends  
14 that information out, and I think that's it for my  
15 report.

16 If you all have any questions,  
17 I'd be happy to answer them.

18 DR. PARTIN: Thank you.

19 MR. CARLE: Teresa, I have a  
20 question. This gets back to Dr. Gupta's line of  
21 questions before. You had just brought up the issue  
22 if somebody comes from an ESI and they have this but  
23 the provider isn't a Medicaid provider, that kind of  
24 falls into no man's land. And, then, obviously the  
25 patient would be responsible for that because they're

1 not a participating provider with Medicaid.

2 Does Medicaid reach out and try  
3 to get that individual enrolled or is there any kind  
4 of dialogue because sometimes you might have the  
5 usual suspects?

6 So, if you have a lot of people  
7 working at UPS, their friends, they say, okay, we've  
8 got this program. I go to Dr. Smith and they make  
9 that referral but Dr. Smith isn't a participating  
10 provider. What happens there to help them out with  
11 that?

12 MS. SHIELDS: We do have  
13 communication with the members and we let them know  
14 and it is in the handbook for the KI-HIPP Program  
15 once they become enrolled.

16 Should they choose to go to  
17 their employer-sponsored network provider who is not  
18 a Medicaid provider, they contact us. There's a  
19 phone number they can contact and, then, we reach out  
20 to the provider to see if they would like to become  
21 enrolled.

22 And, then, there is a process  
23 for a single payment, I want to call it a special  
24 circumstance.

25 COMMISSIONER STECKEL: A



1 single-case agreement with that provider for that  
2 beneficiary. And it's important to know, and this is  
3 unusual, Kentucky has only 8% of its providers that  
4 are not Medicaid beneficiaries. So, there is a high  
5 number of providers that are already Medicaid  
6 beneficiaries; but, then, as Teresa has pointed out,  
7 we do reach out and try to get everybody on the  
8 program.

9 MR. CARLE: Great. Thank you.  
10 Thanks for bringing that up.

11 DR. PARTIN: Thank you.  
12 Dental. Nursing Home Care.

13 MS. HUGHES: They did not meet.  
14 So, they don't have a report and they asked me to let  
15 you know.

16 DR. PARTIN: Home Health Care.

17 MS. STEWART: The Home Health  
18 TAC met on June 18th. There was a quorum. At that  
19 meeting, there was no recommendations, but since  
20 then, there has been some proposed language regarding  
21 private-duty nursing that we will have some  
22 recommendations to the MAC regarding that. We have  
23 very high concerns about that proposal.

24 DR. PARTIN: Thank you.  
25 Hospital Care.

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MS. HUGHES: They did not meet either.

DR. PARTIN: Intellectual and Developmental Disabilities.

MR. CHRISTMAN: Good morning. Our TAC met on July 10th. We did have a quorum. Although there were no recommendations, we did have a lively discussion. It's typical there's also many other participants in the meeting. I will have to say that I think our TAC meetings have consistently been helpful for the last several months.

One of the various items that were discussed, a lot of things regarding protocol regarding work services, misunderstandings, purchase of medical equipment. A lot of these things have been resolved or will be resolved.

However, the big issue is, of course, the waiver redesign. All of the 1915(c) waivers are now going through a redesign process. Navigant, as you may recall, has been hired to help the Department with that process.

It's been going on for some time. It's going to be a while before the report is complete and whatever recommendations, whatever they might be, be adopted. I don't think anyone can say

1 this has been a rushed process. It's been pretty  
2 methodical.

3 And one of the big issues, as  
4 you can imagine, is the rate study, the rates.  
5 That's going to be one of the--well, that is one of  
6 the subjects of the Navigant study. They've done  
7 some pretty extensive cost-gathering. They're  
8 looking at personnel costs from rural areas relative  
9 to urban areas.

10 However, we're working in I  
11 guess - I don't know if you would call it the  
12 constraint or the principle that this will be cost  
13 neutral. So, if there's going to be any rate  
14 changes, that implies there's going to be winners and  
15 losers. Some rates will go up. Some rates will go  
16 down. And as you can imagine, the provider community  
17 is very anxious about this process.

18 I think one of the things  
19 that's maybe lending some unnecessary anx to this is  
20 the lack of communication. I know there is a rate  
21 study task force. We have been told that the minutes  
22 of the task force should be on the Alternative Care  
23 website. We can't find them. I would just hope that  
24 we could get those posted as soon as possible so the  
25 more communication that's out there, I think there

1 will be less issues in the long run. So, thank you  
2 very much.

3 DR. PARTIN: Thank you. The  
4 Nursing TAC did not meet. Optometry.

5 DR. COMPTON: The Optometric  
6 TAC did not meet. We meet again August 15th.

7 DR. PARTIN: Pharmacy.

8 DR. SUZI FRANCIS: Good  
9 morning. I'm Suzi Francis, the Chair of the Pharmacy  
10 TAC and a pharmacist at St. Elizabeth Healthcare in  
11 Northern Kentucky.

12 We did meet just on Tuesday,  
13 July 23rd, the Pharmacy TAC did. We had a quorum and  
14 we had a productive discussion, as we always do. I  
15 love our relationship, our working relationship with  
16 DMS.

17 Full minutes will be  
18 forthcoming but I did summarize and put out a report  
19 to Sharley with some highlights of our meeting.

20 The first one is that  
21 pharmacists are really working hard throughout the  
22 state to help Kentucky increase immunization rates.  
23 And one of the resources that we've put together to  
24 help with this is updated immunization charts to show  
25 what each MCO will cover through pharmacy benefits,

1 so, which immunizations can be covered. That way,  
2 pharmacists can help educate citizens across the  
3 state.

4 That will be going on soon. We  
5 had a version but, as you know, immunizations update  
6 and, so, we are in the process of updating that.

7 And, then, secondly, in  
8 response to a lot of this talk that we've heard about  
9 pharmacy copays, the past two Pharmacy TAC meetings,  
10 we've been working on some items to educate our  
11 pharmacists about these copays across the  
12 Commonwealth.

13 The first one is on May 24th,  
14 Kentucky Pharmacists Association did issue an email  
15 blast with a communication put out by the State that  
16 did show what copays would be for generic and brand-  
17 name drugs, the \$1 and \$4 copays and what drugs would  
18 fall into which classes.

19 And, then, they also included  
20 some information about what Federal Poverty Limit  
21 meant and when you do and do not have to collect the  
22 copays.

23 We decided in this past meeting  
24 it would also be helpful to show pharmacists how they  
25 can see that Federal Poverty Limit information and

1 message come across in the pharmacy operating  
2 systems. So, we're going to provide some education  
3 because every pharmacy dispensing system is  
4 different, so, we're going to provide some education  
5 as to where they could find that in their  
6 adjudication edits.

7 So, I also asked Kentucky  
8 Pharmacists Association to re-issue the email blast,  
9 too, just so that we could have a reminder about that  
10 information. If there are any questions, you can  
11 certainly contact me and I can provide more  
12 information.

13 Third, we also had a good  
14 discussion about an update on the work being done in  
15 response to Senate Bill 5 data transparency.  
16 Commissioner Steckel said that it would be beneficial  
17 to enlist pharmacists to help further research the  
18 cost to purchase medications by various pharmacies  
19 and the cost to dispense these medications by  
20 pharmacies, everything that goes into that - clinical  
21 services, ingredients, things like that - also  
22 including any rebates the pharmacies may get.

23 So, we were looking at putting  
24 together a group of retail chain pharmacies,  
25 independent pharmacies, specialty pharmacies and

1 seeing what might go into that in the future.

2 And, then, each MCO provided an  
3 update of pharmacy-related items, both operational  
4 and clinical, that they have going on throughout  
5 Kentucky.

6 And Jessin Joseph, a pharmacist  
7 with DMS, I have been working with him to get an  
8 update on the up and coming CMS Kentucky Quality Plan  
9 that's due to be released for comments. And sorry if  
10 I'm saying that wrong but I believe it's coming up in  
11 the next couple of weeks that that should be released  
12 because I would like to have the Pharmacy TAC work  
13 towards helping to optimize some of those quality  
14 outcomes that CMS is looking at in our state.

15 We also looked at the Quality  
16 Scorecard for Medicaid and looked at Kentucky  
17 measures and I'm going to work with Jessin on how we  
18 could potentially help with pharmacists.

19 So, if there are any questions,  
20 let me know but I think that summarizes it.

21 DR. SPIVEY: Can I just say  
22 something real quick just to clarify all this copay  
23 stuff?

24 DR. FRANCIS: Yes.

25 DR. SPIVEY: I know doctors and

1 hospitals bill and they lag behind. Like, they bill  
2 for services and, then, they get paid so many months  
3 later; but pharmacies, when they bill and they use  
4 their operating system, it's an automatic answer.

5 DR. FRANCIS: Realtime.

6 DR. SPIVEY: Right. Yes, it's  
7 realtime. You get a copay back. That's what you do.  
8 A community pharmacist fills three hundred, four  
9 hundred prescriptions a day and maybe 40% of those  
10 are Medicaid prescriptions.

11 So, they're going by exactly  
12 what they're being told that's coming back, and I  
13 appreciate that the TAC is looking into educating the  
14 pharmacists on this.

15 DR. FRANCIS: Yes. And those  
16 take extra work on pharmacists, especially with the  
17 quarter changeover. That's been a lot of education  
18 we've had. We've had many examples of pharmacists  
19 where patients have been mad at the pharmacy because  
20 last week, it was no charge. This week, they go to  
21 pick up their drugs and it's a \$12 charge because the  
22 new quarter reset.

23 So, this is just a little bit  
24 different in the way pharmacists--you know, they're  
25 not used to--it's usually your copay is your copay



1 and it's not looking, well, do I really need to  
2 charge this copay? Do I not need to charge this  
3 copay? So, I think that it's just an ongoing  
4 education process.

5 DR. SPIVEY: It is. So, I just  
6 wanted everybody to understand that they're just not  
7 ignoring these people that are coming in and that  
8 they're not purposefully not doing that. It's just a  
9 whole different way of looking at it and it's just  
10 also volume that they're looking at, too. All right.  
11 Thanks.

12 DR. PARTIN: Thank you.  
13 Physician TAC.

14 DR. GUPTA: We did not meet.

15 DR. PARTIN: Podiatry. Primary  
16 Care.

17 MS. CHRIS KEYSER: Good  
18 morning. My name is Chris Keyser. I'm the Executive  
19 Director with Fairview Community Health Center in  
20 Bowling Green. I'm also the Chair for the Primary  
21 Care Technical Advisory Committee.

22 The Primary Care Technical  
23 Advisory Committee, we met on July 11th of this year.  
24 We had a quorum.

25 Many of our agenda items asked

1 for a response from DMS. However, due to scheduling  
2 conflicts, no one from DMS was able to attend. We  
3 did receive a letter from the Commissioner addressing  
4 our agenda items and asking if there were additional  
5 information that we could provide. So, this was  
6 reads into our minutes.

7 We then moved on to our other  
8 agenda items to develop recommendations for this  
9 committee.

10 The following recommendations  
11 were approved by the committee for submission today.  
12 In addition to our formal recommendations, I would  
13 like to request the three corresponding attachments  
14 that you all should have, I believe, to be introduced  
15 into the record as well.

16 The first one is a letter to  
17 Commissioner Steckel. The second was the full  
18 telehealth service coverage regulation, and, then,  
19 recommendations for preventive health care for  
20 adolescents.

21 So, in regard to our  
22 recommendations as it pertains to the telehealth  
23 regulation, 907 KAR 3:170, which went into effect on  
24 July 1st of this year, the Primary Care TAC submits  
25 the accompanying recommendations.

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Again, you will see the formal letter from the Commissioner requesting consideration of the recommendations, as well as the same recommendations added to the corresponding portions of the regulation itself. They're in red, so, they should be readily easy for you all to identify.

These recommendations were created via a partnership between the KMA and the Kentucky Primary Care Association and the Kentucky Academy of Family Physicians.

The second recommendation that the Primary Care TAC would like to submit today is a recommendation on behalf of our committee and the KPCA who represents primary care providers across the State of Kentucky to emphasize the importance of the preventive pediatric health care visit to families and adolescents by making it a requirement for high school entry.

This would assist us in reaching our goal of healthy adolescents who can achieve success in both school and life.

Do we have any questions regarding those?

DR. PARTIN: No?

MS. KEYSER: Thank you very

1 much. I look forward to subsequent meetings.

2 DR. PARTIN: Therapy Services.  
3 We did have the report from Beth Ennis from the  
4 Therapy Services but there were no recommendations  
5 other than that request that i read.

6 Next on the agenda are  
7 presentations from the MCOs. We've got three. We  
8 will need to limit those to about fifteen minutes, if  
9 we can keep that on schedule, and that will allow us  
10 some time, maybe a few minutes to ask any questions.

11 And, then, if there's time left  
12 over, we did receive a response from WellCare to some  
13 questions that we asked at the last meeting. And if  
14 there's time, we can ask any questions we have on  
15 that updated material that we received from WellCare.

16 So, let's go ahead and we'll go  
17 alphabetically. So, Aetna will be up first.

18 COMMISSIONER STECKEL: If I  
19 could just interrupt. Remember that we're in the  
20 middle of an RFP. So, the only thing that can be  
21 discussed in this room at this time is current  
22 operations, not anything about what you may do under  
23 a new contract if you're awarded a new contract.

24 So, in order to comply with the  
25 procurement laws, we have to be crystal clear about

1 that.

2 MR. CARLE: Commissioner,  
3 you're no fun.

4 COMMISSIONER STECKEL: There's  
5 a women's prison in Alabama called the Julia S.  
6 Tutwiler Prison for Women and it's been my mantra - I  
7 am not spending a single day in the Julia S. Tutwiler  
8 Prison for Women.

9 So, whatever the equivalent is  
10 for Kentucky, and I would think that you all would,  
11 whether it's the women or men's prison, would also  
12 want to comply.

13 MR. CARLE: Well, you're the  
14 one in the stripes today.

15 COMMISSIONER STECKEL: True.

16 MS. PAIGE MANKOVICH: Thank you  
17 all. We will be mindful of the time, so, we'll get  
18 through this as quickly as possible.

19 MS. PAIGE MANKOVICH: My name  
20 is Paige Mankovich. I'm the Director of Strategic  
21 Planning at Aetna Better Health of Kentucky.

22 MS. DONNA HALL: Hi. I'm Donna  
23 Hall. I'm the Director of Quality Management with  
24 Aetna.

25 MS. CHRISTINA BOWLING: Hi.

1 I'm Christina Bowling and I'm the Director of  
2 Provider Network at Aetna.

3 MS. KELLY GANNON: Hello. My  
4 name is Kelly Gannon. I'm the Director of Clinical  
5 Services.

6 MS. MANKOVICH: So, we will  
7 just dive right in here. I believe you all have this  
8 in front of you.

9 Our first slide is a snapshot  
10 of Aetna's presence in Kentucky. You will note that  
11 we had in 2018 236,000 Medicaid lives. So, our  
12 Medicaid line of business is our largest presence in  
13 Kentucky.

14 We are contracted with 31,189  
15 individual providers and that includes our hospital  
16 groups as well, and 581 of those providers are a part  
17 of a value-based agreement. That number is  
18 continuing to grow as we engage in additional  
19 agreements like that with our provider network.

20 MS. HALL: So, I just want to  
21 touch quickly on our quality outcomes and do some  
22 highlights there. We have had a really strong  
23 performance in our most health plan rankings.

24 For the 2018 and '19 period, we  
25 received a commendable accreditation. Part of that

1 highlight centers around our consumer satisfaction  
2 where we received high scores for that as well.

3 Additionally, on our most  
4 recent performance for our HEDIS 2019 project, we  
5 showed a 74% improvement on our rates or 74% of our  
6 rates improved. Additionally, we had 30% of our  
7 rates that improved by four or more percentage  
8 points.

9 MR. CARLE: So, that 74 is just  
10 across the board on all the HEDIS measures.

11 MS. HALL: That are included  
12 within that project. So, there are about 129  
13 measures that were included in that project.

14 So, some of the trends that we  
15 wanted to talk about in our improvement bucket, we  
16 have positive, consistent gains that we are seeing  
17 and several of those are centered around our  
18 preventive measures and includes immunizations, well  
19 child and weight-related measures.

20 For the performance measures  
21 where we continue to meet the high marks related to  
22 the NCQA benchmarks that are published, we have year  
23 over year continuous performance. Some of the  
24 highlights with that are around access and  
25 availability, our dental and, then, some of our

1 chronic conditions such as respiratory and  
2 cardiovascular.

3 Areas of opportunity are  
4 consistent themes and they're related around  
5 behavioral health and some of the wellness  
6 activities.

7 MR. CARLE: So, when you say  
8 women's health screening, are you specifically  
9 talking about mammography?

10 MS. HALL: Yes, breast cancer  
11 screening, yes.

12 Additionally, what we wanted to  
13 highlight was that we acknowledge our strong  
14 performance that we've realized over our quality  
15 outcomes is a direct impact of not just the member  
16 interventions that we have but also related to our  
17 provider engagement.

18 So, we feel that it's very  
19 important to reinvest back into our provider  
20 community and we have a strong VBS solution that  
21 creates some sustainable investment within the health  
22 of our members.

23 So, I just wanted to highlight  
24 the VBS impact on our health outcomes. The three  
25 tables that you see there, the first one are the



1 results if we were only to measure the VBS groups  
2 that are included. The second table is our Aetna  
3 scores without the VBS impact. And, then, in the  
4 third table, you can see the overall impact which  
5 includes both Aetna and the VBS partners, and you can  
6 see that our scores are generally higher when we  
7 include the VBS impact.

8 We are consistently working to  
9 align the strategies with our providers through those  
10 innovative partnerships. So, we're always creating  
11 different VBS programs that meet the individualized  
12 needs of the providers.

13 Currently, we have 38% of our  
14 Aetna enrollees that are served by a VBS partner and  
15 43% of our PCPs are in a physician incentive plan.

16 MR. CARLE: For the group,  
17 could you tell us what these acronyms mean, AWC, BCS?  
18 I'm assuming it's an adolescent wellness visit, a  
19 colonoscopy, but I don't want to assume that.

20 MS. HALL: No. No problem.  
21 So, AWC is adolescent well care. BCS is breast  
22 cancer screening. CCS is cervical cancer. CDC are  
23 your comprehensive diabetic measures. Chlamydia  
24 total. Your CIS are your childhood immunizations.  
25 Your W15 is your well child for the first fifteen

1 months, those visits included in that. And, then,  
2 your CDC again is a comprehensive diabetic testing.

3 MR. CARLE: So, is that the  
4 A1c?

5 MS. HALL: Yes. The A1c is  
6 that one.

7 MR. CARLE: And the CDC eye  
8 exam is just specifically a retinopathy?

9 MS. HALL: Correct. So, in  
10 addition to the provider strategies, we also aim to  
11 do some innovative solutions. So, I just wanted to  
12 touch on some of our innovations that we have.

13 This is just one of many, but  
14 one of the new ones that we have is related to the  
15 diabetic retinal eye screening. We call it the Eye  
16 Spy Program which is to screen, prevent and improve  
17 those measures. I think a lot of the MCOs target  
18 that measure specifically due to the diabetic  
19 prevalence within our community.

20 This particular program  
21 promotes the diabetic retinal screening in  
22 partnership with the Walmart kiosks around the state.  
23 And, so, the member is able to do an attestation at  
24 the kiosk and also get their gift card reimbursed  
25 locally at that kiosk.

1                                We did have a launch week in  
2 mid-June. So, on average, we do about thirty-five  
3 screenings per week; and in that first launch, we  
4 went up to sixty-one screenings.

5                                Next, we also have a  
6 partnership with the University of Pennsylvania.  
7 They implemented a study called the Kentucky QuIPS  
8 which is a Quit Incentive for Pregnant Smokers. They  
9 reached out to DMS last year and asked if the MCOs  
10 could help participate in this study to launch their  
11 research to see if the financial incentives really  
12 did improve the quit rate with pregnant smokers.

13                               So, we did launch that study in  
14 Quarter 2. We have a partnership with Big Sandy  
15 Health Care that is helping us do this study and we  
16 are in Phase 1 of that right now.

17                               MS. BOWLING: So, another  
18 innovative partnership that we have is a unique  
19 agreement with CPESN which consists of six  
20 independent pharmacies. This program is doing  
21 extremely well and we plan to expand on that.

22                               Some of the benefits of this  
23 program is medication reconciliation and support and  
24 education to members with high-risk regimens.

25                               So, I'm going to turn it over

1 to Kelly now and she is going to present some  
2 additional details.

3 MS. GANNON: So, our CPESN  
4 results as of June 15th, I wanted to highlight  
5 specifically our case conferences that we've had and  
6 some of the care plan activities that we have been  
7 able to complete, specifically medication review  
8 where we're synchronizing activities around  
9 pharmacies and prescriptions, also about education  
10 through smoking cessation and nutrition and exercise,  
11 and referral to Aetna behavioral health case  
12 management which is a big piece as well.

13 We also have made some care  
14 plan activities around the social determinants of  
15 health, so, it's secondary gains that we get from  
16 this program.

17 Another innovation that I would  
18 like to talk about is the Strong Start Re-Entry  
19 Program. We know that jails are the largest provider  
20 of behavioral health services in our nation and it's  
21 smart for us to be partnering with them in this  
22 endeavor.

23 So, we partner with the 90-day  
24 Jail Substance Abuse Program that is at the Kenton  
25 County Detention Center. We have introduced our

1 program to 500 unique inmates and we've had forty  
2 accept us as their care coach to help them in the  
3 transition when they re-enter society.

4 Only two members have returned  
5 to jail as a result of these interventions. So,  
6 thirty-eight have remained out of jail over six  
7 months.

8 We have a comprehensive three-  
9 year goal or plan for opioids and we have three  
10 strategies that I'd like to highlight very quickly.

11 So, we're going to target  
12 members with chronic pain to participate in a multi-  
13 modal approach and really introduce evidence-based  
14 practices rather than just prescribing of opioids.

15 We're going to reduce the  
16 inappropriate opioid prescribing for members because  
17 we're going to look at multiple prescriptions,  
18 combinations of benzos and opioids and target those  
19 to reduce the impact by 50%.

20 Lastly, we're going to increase  
21 percent of members with opioid use disorder and get  
22 more treated with medication-assisted programs, so,  
23 lots of targets there.

24 Continuing with our opioid  
25 strategy, we're really about trying to prevent,

1 intervene and support and I'm going to highlight a  
2 couple of things in there.

3 So, in our prevent strategy,  
4 we're really looking at enacting quantity limits and  
5 day supply limits on the initial prescriptions of  
6 opioids. We've already instituted that.

7 We also are incentivizing our  
8 PCP providers on Screening, Brief Intervention and  
9 Referral to Treatment (SBIRT) so we can get more  
10 referrals, more screenings of substance abuse and  
11 more referrals out to our mental health or behavioral  
12 health substance abuse treatments.

13 DR. PARTIN: I have a quick  
14 question. I think that using non-opioid modalities  
15 for treatment is an excellent way to go, but I'm  
16 wondering in some of the rural areas like where I am  
17 some of these things are not available.

18 So, what do you propose to do  
19 for people in rural areas where they may not be able  
20 to get quick access to psychotherapy or there's  
21 nobody doing acupuncture and that kind of thing?

22 MS. MANKOVICH: I think access  
23 just in general in the rural areas is a very  
24 important thing that we're focused on. It does take  
25 some creative thinking, some outside-the-box

1 thinking, but we have provider relations  
2 representatives in the field in all eight regions of  
3 the state. So, a lot of times, it's engaging with  
4 them. They know the area. They know various  
5 provider types that might be available that may not  
6 be on our radar.

7 So, you're right. I think it  
8 is a challenge, but it is our goal and we are trying  
9 to think outside the box and really engage a lot of  
10 different community partners and other provider types  
11 that may be there just to make sure we do focus on  
12 that access.

13 MS. GANNON: So, that's on the  
14 provider side.

15 On the care management or case  
16 management side, we work with the individual to find  
17 transportation maybe to an adjacent county, whatever  
18 it might take to help them get those other services.

19 DR. PARTIN: Okay. Thank you.

20 MS. GANNON: In our second  
21 part, our interventions for opioid initiatives is  
22 that we have now made Narcan a covered prescription  
23 without a prior authorization.

24 We also spend a lot of time and  
25 a lot of effort on Neonatal Abstinence Syndrome

1 program supports and we have a dedicated case manager  
2 who identifies all those who are at risk of  
3 withdrawal and we provide ongoing case management.

4 In our supportive efforts, I'd  
5 like to highlight that. Jonathan Copley, our CEO,  
6 has just been named the Chair of the Opioid Response  
7 Program for Business under the Kentucky Chamber of  
8 Workforce Center. And as a part of that, he is  
9 supporting efforts and initiatives that will continue  
10 to work on the opioid epidemic.

11 Finally, we have sustained  
12 year-over-year reduction in opioid medication claims.  
13 We really believe that this is because of the  
14 innovative programs that we've put into place.

15 So, for example, in Region 4 is  
16 where our CPESN is located and you can see that at  
17 this rate, we really believe that we're going to come  
18 in 4,000 less than we did last year, but you can see  
19 that we've been steadily reducing those claims over a  
20 long projected period of time.

21 I also would like to say that  
22 in our Region 7 and Region 8 is where there's a lot  
23 of Neonatal Abstinence Syndrome and you can also see  
24 that there's large decreases in those areas as well.  
25 So, we'll continue with our efforts in those



1 innovation areas.

2 MS. STEWART: I have a question  
3 about this graph. Do you have a graph that  
4 correlates your membership in the same time frame to  
5 see if it's a decline in membership or is it a  
6 decline in prescriptions?

7 MS. GANNON: That's a good  
8 question. No, we don't have that chart here but  
9 that's something we can provide.

10 MS. BOWLING: So, to continue  
11 on, some other innovative partnerships that we have  
12 is with the Children's Alliance which focuses on a  
13 unique population of children and adolescents with  
14 behavioral health needs.

15 We also have a partnership with  
16 KVC which provides a four-phase treatment design with  
17 a wraparound model to avoid youths from entering into  
18 a higher level of care and to successfully  
19 stabilizing and reunifying them back into their  
20 natural home environment as quickly as possible.

21 And, then, we also have a  
22 partnership with the Kentucky Hospital Association to  
23 do our delegated provider credentialing with a focus  
24 on reducing administrative burden for our provider  
25 partners.

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MS. MANKOVICH: We do have just about one minute left. So, we will speed through the rest of this.

The next page, you will see some of our member centric innovations. Those are obviously very important to us. One thing I will highlight is the Duffle Bag Program.

It's a way for us to provide duffle bags for our members who are in foster care. They're often in transition. It's a small way for us to try to help them preserve some dignity while they're in transition.

The next slide shows our Emergency Department utilization. You'll see that year over year, our member visits and our spend are down. We believe that that's due to engaging providers in VBS arrangements, as well as focusing on providing care management services to more of our high utilizers.

Our PMPM trends are up. We do have some bullet points there on the page that would explain why a lot of that is - additional coverage of Hepatitis C medication, Buprenorphine, Vivitrol, and our BH utilization has increased.

MR. CARLE: Let's go back to

1 Page 23, ED utilization. What do you attribute your  
2 success in bringing down the total use of that?

3 MS. MANKOVICH: Well, I think  
4 it's bringing down total visits as well. We're  
5 seeing a lot less there. We are seeing----

6 MR. CARLE: So, how are you  
7 doing that?

8 MS. MANKOVICH: Through the VBS  
9 agreements. So, we do have in all of our VBS  
10 agreements incentives to engage more with the PCPs  
11 rather than going to the ED first.

12 The same thing on the care  
13 management side. So, we have reports. We know who  
14 is visiting the ER frequently. We have care managers  
15 reach out to them, offer to assist, get them in with  
16 their PCP. If they would like to change their PCP,  
17 we can help with that, just really encourage that  
18 level of care prior to going to an ER.

19 MR. CARLE: It's obviously been  
20 very successful.

21 MS. MANKOVICH: Yes. I believe  
22 we are at time. We have one last slide, if you'd  
23 like for us to proceed.

24 MS. BOWLING: The last slide is  
25 just around the network adequacy. And what I would

1 say to that is obviously our network is adequate at  
2 this time, but we're always looking for opportunities  
3 to try to contract with various providers in various  
4 ways through our VBS agreements, through special  
5 arrangements and things like that just to make sure  
6 that we're able to cover all of our members' needs.

7 MS. MANKOVICH: Are there any  
8 other questions for us at this time? We will provide  
9 that graph comparing the membership totals and the  
10 opioid usage. We're happy to supply that.

11 COMMISSIONER STECKEL: If you  
12 would provide that to Sharley, please, she will take  
13 care of it.

14 MS. MANKOVICH: Yes, ma'am.

15 MR. CARLE: The other thing  
16 we'd like to see, just to be consistent with these  
17 specific measures, adult wellness visits, breast  
18 cancer screenings, colorectal cancer screenings,  
19 medication adherence to diabetes meds, oral,  
20 cholesterol meds, obviously statins, cardiovascular  
21 disease, medication adherence and, then,  
22 hypertension.

23 And, then, we'd also like to  
24 see something on your claims processing as far as  
25 paid and denied claims over the last three years.

1 We're just trying to be consistent----

2 MS. MANKOVICH: Absolutely.

3 MR. CARLE: ----with the  
4 questions that we asked the other MCOs.

5 MS. MANKOVICH: Yes. So, we  
6 will provide all the supplemental information to  
7 Sharley. Thank you.

8 DR. PARTIN: Okay. Next up is  
9 Anthem.

10 MR. LAWRENCE FORD: Thank you,  
11 Dr. Partin. My name is Lawrence Ford. I'm the  
12 Director of Government Relations for Anthem Blue  
13 Cross and Blue Shield. I represent the Medicare,  
14 commercial, all things Anthem. Sometimes that's  
15 good, sometimes it's bad but I've been there about  
16 thirty years.

17 I have Leon Lamoreaux who is  
18 the president of our Medicaid Division for Kentucky  
19 and he is going to make the presentation and I am  
20 here for support if there should be some questions.

21 MR. LEON LAMOREAUX: Dr. Partin  
22 and members of the committee, I appreciate the  
23 opportunity of being here with you today.

24 Let me first introduce myself.  
25 I'm Leon Lamoreaux. I have been in the health care

1 industry for thirty-eight years, been in health  
2 insurance for twenty-seven of those years, worked  
3 specifically in the lines of Medicare and Medicaid  
4 for the last thirteen, worked with Anthem in this  
5 particular role for the last six and in this state  
6 for the last eight months.

7 My batteries get charged when  
8 I'm in the presence of those who give their lives in  
9 the service of others. And, so, I wanted to just  
10 take a moment to thank each one of you for the  
11 service that you provide likely to both our Anthem  
12 commercial members as well as our Anthem Medicaid  
13 members.

14 To give you a little bit of  
15 background, Anthem Blue Cross and Blue Shield,  
16 looking on Page 1, many of you are probably familiar,  
17 we've been in this state for eighty-one years. We  
18 have locally with our commercial, Medicaid and  
19 Medicare 1,335 associates scattered throughout the  
20 state with a concentration just outside of  
21 Louisville. We ensure actually 1.85 million members,  
22 132,000 of which are Medicaid.

23 In the right-hand side of Page  
24 2, I wanted to just point out we're a fairly new  
25 entrant into Medicaid, having entered during the time

1 when the Affordable Care Act was going into effect  
2 through the expansion of membership, and that brings  
3 some interesting things to our particular member mix.

4 Normally, within a typical  
5 Medicaid health plan, about 70% are the TANF  
6 population, Temporary Aid for Needy Families. In our  
7 case, because we came during the time of growth,  
8 almost 50% of our population are childless adults  
9 through the Affordable Care Act population and about  
10 32% are the TANF population.

11 We are NCQA-accredited. We've  
12 done many things to help with bringing some new  
13 quality initiatives to our health plan.

14 One of my main areas over the  
15 course of my career, half of the time was spent  
16 within integrated delivery networks and the other  
17 half was spent within Blue Cross Blue Shield plans,  
18 but my very first encounter was with Intermountain  
19 Health Care who focused primarily on quality. So,  
20 that's one of the backgrounds that I come with.

21 As you can see, beginning on  
22 Page 3, we've had some significant improvements, from  
23 twenty-seven to twenty-eight in the measurement year,  
24 115 of our 148 including sub-measures. HEDIS  
25 measures have had remarkable improvement.

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I've given you an example of just some of like in the classification of medication adherence. Some of these are pretty remarkable.

Also for CAHPs, as reported by the members themselves, we've had eight of nine scores with remarkable improvement for the child, and five of nine scores are at or above the 75th percentile for adult.

The reason behind that is, one, a focus. Two, we've made significant investments in our staff to support it. Three, we've made process improvements that allow us access to many electronic medical records for data retrieval and the value-added benefits, that you probably heard of the PQIP or the BHQIP if you're a behavior health provider. About 46% of our membership is tied to a provider that is on one of our value-based incentive programs.

When we look at some of the notable statistics, just moving forward to Page Number 4, we were asked to prepare some interesting information about how are we doing with claims, claims processing. For all of 2018, 99.4% of the claims were processed within thirty days, exceeding the requirement of 90%, and we did that on an average of 6.1 days.



1                   Twenty nineteen trends continue  
2                   at 99.2% of claims paid within thirty days, now at an  
3                   average of 4.17 days of claims processing.

4                   Member calls and provider  
5                   calls, right now, we're running at 6.8 seconds  
6                   average speed of answer; 3.8 average speed of answer  
7                   for the provider community.

8                   There was a question a little  
9                   bit ago about what is the cost? Right now, for 2019,  
10                  looking at our June numbers, year to date through  
11                  June, we're spending \$458.60 per member per month to  
12                  cover the costs associated with Medicaid.

13                  We're running right now at a  
14                  96.6% medical cost ratio which means of every dollar  
15                  we receive from DMS, 96.6% of that is going to pay  
16                  the medical claims.

17                  MR. CARLE: How does that  
18                  compare to previous years?

19                  MR. LAMOREAUX: It's running a  
20                  higher medical cost ratio in previous years. Last  
21                  year, I think we were 91.2.

22                  MR. CARLE: Before you leave  
23                  Page 3 and 4, just like we asked our friends from  
24                  Aetna, we'd like to see some specific measures if you  
25                  could.

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MR. LAMOREAUX: Certainly.

MR. CARLE: So, adult annual wellness visits, breast cancer screens, colorectal screens, and you've got some of this in here but we'd like to see it for the last three years, '16, '17 and '18.

COMMISSIONER STECKEL: Chris, if I could just interrupt you. If you don't mind, Sharley can work with you and get that list and we'll make sure to send it to everybody at the same time so that they've got a complete list.

MR. CARLE: That's great.

MR. LAMOREAUX: Thank you. We've got it. And, fortunately, you will see some pretty remarkable improvements and we look forward to showing that off.

There's so many measures and it gets so confusing, but to be able to drill that down, we'll be glad to be able to show that to you.

MR. CARLE: Thank you.

MR. LAMOREAUX: So, when we look at emergency room utilization, this year over last, we're running at 4.2% less than we were. Just to give you an idea, though, of relativities, we're running at 743 visits per 1,000 population. And to

1 compare that to a commercial population, commercial  
2 runs at about 182 per 1,000. So, we still have a  
3 long ways to go to be able to help teach and train  
4 this particular population to appropriately use the  
5 emergency room or to use other forms of care as they  
6 have access to it.

7 Looking at the network  
8 adequacy, our networks are derived from our  
9 commercial networks, and being the largest commercial  
10 insurance carrier, obviously caring for roughly 68%  
11 of the state's commercial population, and the fact  
12 that our networks are derived from that, we have in  
13 all cases saved, this one that points out in the  
14 middle of the page, allergists, we meet 100% of the  
15 network adequacy requirements but we're constantly  
16 trying to work to continue to build that network  
17 adequacy.

18 When we look at some of the  
19 innovations for the future, or not the future, but as  
20 we're incorporating things, I started with the  
21 concept back in 2016 in Wisconsin with what I called  
22 back then whole-person health.

23 And what this is is basically  
24 recognizing that our membership is a patient this  
25 much of this much of their lives, and we needed to be

1 able to build an infrastructure or within an  
2 ecosystem that we've now come to term the social  
3 determinants of health.

4 So, when we're looking at our  
5 members, our planning begins with the member in the  
6 center of our focus, with the providers in the  
7 peripheral of our vision, and our care management  
8 processes are designed to identify risk, target  
9 engagement, navigate and advocate through this very  
10 complex health care system, and identify both not  
11 only the physical or behavioral health care plan but  
12 also a social determinants plan.

13 We recognize that access to  
14 food, jobs, child care, transportation and housing  
15 have a huge impact on a member's ability to be self-  
16 reliant. And, so, our whole processes have been  
17 built to incorporate some of these additional things.

18 We're seeing remarkable  
19 improvement. Just as a for instance, speaking of  
20 emergency room, in my life up in Wisconsin, we had a  
21 gentleman on the first ninety days of being with the  
22 health plan, he was in the emergency room 105 times,  
23 most of those as ambulance-assisted.

24 And we were able to secure  
25 housing for that individual. In the ninety days post

1 his experience, there were seven hospital visits,  
2 three relapses back into some challenges with  
3 substance use disorder, but a remarkable difference  
4 both in terms of consumption of resource, quality of  
5 life and the expenditures.

6 When we look at complex care  
7 management, it's my long-held belief, and as you can  
8 probably see from utilization statistics, 1% of the  
9 Medicaid membership in Anthem spends 28% of the  
10 dollars. Eleven percent of the membership spend 68%  
11 of the dollars.

12 So, we have organized our care  
13 management processes to be available to all but to  
14 focus on those of greatest need.

15 Two examples - I won't go into  
16 all of the details - but we call this our Focus 100  
17 where our top highest risk 100 members, we're  
18 encircling them with 24 by 7 by 365 care management  
19 services to help them through the day-to-day needs  
20 that they have.

21 We're trying to do that through  
22 an integrated care team that incorporates a nurse, a  
23 social worker or a behavioral health specialist, a  
24 pharmacist when available to recognize that we need  
25 to treat systems of people, not just little component

1 parts of those individuals.

2 We tie in together the care  
3 coordination of the past with the social services and  
4 supports, as evidenced by the whole-person health,  
5 and, then, the tie to the community resources. We  
6 recognize that as a health plan, we cannot address  
7 all needs, but we work with our community partners,  
8 many of you included, to be able to address the total  
9 needs of our membership

10 Another example is our Hope  
11 Program. It's an acronym for High Outreach to Promote  
12 Engagement. These are the frequent flyers, the ones  
13 that are difficult to engage. We mobilize people  
14 into the field to go out and do the work necessary to  
15 help our members.

16 We have a couple of other  
17 examples of work that we've done. I want to bring to  
18 light the Member Empowerment Program. This is  
19 something we implemented at the first of 2019.

20 We built this program designed  
21 to accommodate the Kentucky HEALTH implementation  
22 which assists members in seeking employment,  
23 education, looking at some of the barriers to re-  
24 employment and self-sufficiency.

25 And we determined that that was

1 consistent with our way of doing things and the  
2 whole-person health. So, we implemented that along  
3 with some extra benefits to help people achieve and  
4 empower themselves to do the right thing. It's  
5 person-centered. It has access to innovative value-  
6 added benefits that address specific needs.

7 One example, the most popular  
8 example is an expungement benefit. We're helping  
9 members who are having a hard time getting a job to  
10 expunge their records and to be able to then re-enter  
11 the workforce; tangible opportunities for member  
12 economic mobility and improved health outcomes;  
13 connections to existing community-based economic and  
14 social support systems; and just in general a whole  
15 social service circle to be able to help members re-  
16 engage back with the community.

17 If you will recall, the very  
18 first part of my comments were about our member mix  
19 being a little bit different than a typical Medicaid  
20 health plan. Fifty percent of our members are  
21 adults.

22 We have a very high instance of  
23 substance use disorder. In fact, 24% of Anthem's  
24 current Medicaid membership has within the last two  
25 years a substance use disorder. So, we have

1 organized a lot of extra support and programs  
2 specific to our membership.

3 I'll give you just a couple of  
4 examples - 180 Health Partners. This is a  
5 relationship that we have. It puts people in the  
6 field working with pregnant women so as to avoid some  
7 of the complications of the Neonatal Alcohol Syndrome  
8 and so forth.

9 We've also been doing work with  
10 the University of Kentucky's Continuing Education  
11 Program where we're identifying and helping to train  
12 providers in rural communities to do MAT therapies.  
13 We need to be able to get more access into many of  
14 the rural providers.

15 The last one that I will bring  
16 to your attention is what we call the Harm Reduction  
17 Program. We're working with the Louisville Metro  
18 Department of Health, with Norton's Hospital System  
19 and the University of Louisville to help educate and  
20 train not only providers but members about safe  
21 practices of their needle exchange and so on and so  
22 forth.

23 This has a direct correlation  
24 and we've been able to document improvements in  
25 reductions in endocarditis, reductions in staph



1 infections and many of the other kind of  
2 complications that come with improper needle use and  
3 tied to our specific population.

4 So, as we look at not only  
5 today but continuing to serve this population, we  
6 have got systems, we've got people, we've got  
7 processes, but I think most importantly, we have a  
8 dedication to the Commonwealth of Kentucky for the  
9 last eighty-one years, and a belief that we are a  
10 part of this community and working together with our  
11 provider partners and our other community partners  
12 that provide many support services to our members,  
13 we'll be able to help achieve truly the idea of  
14 improved quality, of enhanced experience at a reduced  
15 cost.

16 Are there questions or thoughts  
17 or comments?

18 DR. PARTIN: I have a question  
19 about Project ECHO. For the front-line clinicians  
20 and the training, does that include physicians and  
21 APRNs?

22 DR. LAMOREAUX: Yes,  
23 absolutely. We need to be able to provide help and  
24 support.

25 What we find, in fact, this was

1 some of the work from the University of Louisville,  
2 compassion fatigue is a very big problem. Providers  
3 over and over again are treating members who may or  
4 may not be taking the steps they know need to be  
5 done.

6 And, so, being able to work and  
7 help providers supporting in particular the substance  
8 use but also other populations we find of great help,  
9 regardless of the level of the practitioner, to be  
10 able to address those needs.

11 DR. PARTIN: So, how do the  
12 providers access this program if they want the  
13 additional training?

14 MR. LAMOREAUX: Let me work  
15 with our team and I can follow up with you directly  
16 to provide a resource about how to engage that.

17 DR. PARTIN: Thank you.

18 COMMISSIONER STECKEL: Again,  
19 if you will direct all information to Sharley so that  
20 it goes out to everybody officially, please.

21 DR. PARTIN: Any other  
22 questions?

23 Okay. Humana.

24 MR. JEB DUKE: We'll try to be  
25 respectful of your time and go relatively quickly

1 here.

2 My name is Jeb Duke. I'm the  
3 Executive Director of Kentucky Medicaid for Humana.  
4 My team here, I have Lisa Galloway, our Medical  
5 Director, and Joe Vennari, our Pharmacy Director, and  
6 Kristen Mouter, our Population Health Director.

7 We'll just spend a couple of  
8 minutes talking about Humana. Humana is a health and  
9 wellness company that seeks to improve the lives of  
10 our members through integrated care.

11 In Kentucky alone, we have over  
12 a million members who we serve through TRICARE,  
13 Medicare, commercial and 150,000 members we serve  
14 through our Medicaid contract.

15 We have over 12,000 associates  
16 in Kentucky with twenty-five physical locations and  
17 we conduct over 100,000 hours of community service  
18 each year.

19 As Kentucky's second largest  
20 employer, we contribute over \$1 billion of economic  
21 impact to the state, as well as over millions of  
22 dollars of contributions through charitable  
23 contributions.

24 With that being said, I'm  
25 incredibly excited to announce and communicate that

1 as of January 1, 2020, Humana will be Kentucky's  
2 first and only Kentucky-based, fully integrated  
3 Medicaid managed care organization. Over the next  
4 several months, Humana will be hiring over 500  
5 associates to support Kentucky Medicaid.

6 So, what does that mean for  
7 providers and members? What that means is member  
8 calls, provider calls, authorizations, claims,  
9 enrollment, clinical reviews, care management,  
10 outreach and marketing, legal, compliance,  
11 contracting and network will all be done in Kentucky  
12 by Humana.

13 We will no longer be utilizing  
14 services from CareSource or from Beacon. We will no  
15 longer be utilizing resources from CVS Express  
16 Scripts. Humana will be utilizing fair pass-thru  
17 passing with Humana pharmacy and will be utilizing  
18 Humana behavioral health for mental health services.

19 We will utilize our best-in-  
20 class technology and code base allowing us to advance  
21 our care integration model, as well as be more  
22 responsive to providers and stakeholders.

23 CareSource will remain in  
24 Kentucky independent of Humana serving their other  
25 lines of business.

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So, along with advancing our operating model, we also have been creating new capabilities with our population health model. Our clinical guidance exchange will link new role types within our care support teams.

Social determinants of health coordinators will connect members into community resources. Community health workers will live within our communities and provide greater access and connection points for our providers.

Housing specialists will seek to maintain members in their current housing, and if they lack housing, they will seek placements for them.

Our behavioral health and physical health nurses will be co-located and operating within the same system, improving outcomes for our members.

We believe by addressing population health with a fully integrated approach, we are going to increase our health outcomes for our members, as well as reduce overall health care costs.

Chris is going to talk a little bit about care management.

MS. MOUTER: Our care

1 management team has maintained a consistent goal of  
2 improving the quality of life for our members and our  
3 community partners. How we achieve that goal is by  
4 focusing on members with chronic illnesses,  
5 impairments, comorbidities and high-risk pregnancies.

6 Our care management team uses  
7 assessments to determine our physical health needs,  
8 our behavioral health needs and our social  
9 determinant needs.

10 Through that assessment process  
11 and through our stratification processes, our members  
12 are grouped into three major categories. We have a  
13 high risk category which addresses the ones I just  
14 talked about - the chronic illnesses, impairments,  
15 high-risk pregnancies and comorbidities.

16 Our rising risk population,  
17 that is our members who may have a care coordination  
18 need, so, they may have a new diagnosis, may need  
19 some education, some coordination in the community  
20 with providers, things like that.

21 And, then, we have our self-  
22 management group. Those are our healthy individuals  
23 who we provide tools, resources and education to so  
24 they can manage the health care system to help guide  
25 their own health care needs and their own well being.

1                                    Our care management team is  
2                                    comprised of registered nurses, master's-prepared  
3                                    social workers and community health workers. Seven  
4                                    community health workers were hired in the past year  
5                                    and they are located in the community to assist with  
6                                    resources and to address some of those social  
7                                    determinants of health care needs that we currently  
8                                    see for transportation, may connect them with food  
9                                    banks, things like that.

10                                    Our current care management  
11                                    team is located regionally in the community and they  
12                                    are related to our member proximity. And, so, that  
13                                    means they know what our local resources are and also  
14                                    they can go and have face-to-face meetings with those  
15                                    members.

16                                    We engage our members in a  
17                                    variety of community settings. That may be at the  
18                                    hospital, community agencies, the provider agencies  
19                                    and at their home, and this is to establish a rapport  
20                                    and have a good working relationship with that  
21                                    member.

22                                    Next, we'll talk about quality  
23                                    improvement. So, as our product has grown, we've  
24                                    seen the greatest growth of our population in our  
25                                    expansion population. That population typically has

1 not been familiar with the health care system. So,  
2 they're not seeing their PCP and having that  
3 preventative care.

4 So, Humana-CareSource has  
5 developed focused strategies and interventions to  
6 help with that engagement and to help with those  
7 quality needs.

8 So, I'm going to talk about a  
9 couple of those key initiatives that we've done to  
10 help raise some of those quality measures.

11 One of the initiatives will be  
12 around outreach that we do and the other initiative  
13 is around how we partner with our provider relations  
14 team with providers.

15 So, the first one is a  
16 telephonic care gap campaign which was related to  
17 preventative cancer screenings. We targeted breast  
18 cancer, cervical cancer and colorectal cancer. Our  
19 quality team provided targeted outreach to our  
20 members to help engage with scheduling appointments  
21 and we had a 23% reach rate with that which is pretty  
22 good with the Medicaid population.

23 As you can see in the chart to  
24 the side on our breast cancer screening, we've had a  
25 20% raise over time improvement in that rate.



1                                   The next initiative that I will  
2 talk about is around our clinical care gap  
3 initiatives and programs and that is surrounded and  
4 based upon our Clinical Practice Registry report.  
5 That Clinical Practice Registry report identifies  
6 care gaps around preventative services and screenings  
7 for our members. And our Clinical Practice Registry  
8 is delivered to our Tier 1 providers through our  
9 provider relations team through their strategic  
10 visits.

11                                   And as you can see in that  
12 report, one of the measures that we look at is our  
13 comprehensive diabetes measure, and you can see we've  
14 had some gains in that measure as well, as high as  
15 22%.

16                                   And I just wanted to mention  
17 another project that we did and it was around the  
18 statin therapy for patients with diabetes. We also  
19 did a clinical outreach for that, telephonic  
20 outreach. And as you can see, we have had a 25%  
21 increase in that measure as well.

22                                   I will turn it back over to Jeb  
23 for the network access.

24                                   MR. DUKE: Humana continues to  
25 maintain an adequate network. We have one of the

1 largest network providers in the state. Due to time,  
2 I think we'll just move forward.

3 DR. GALLOWAY: Good afternoon.  
4 I'm going to talk a little bit about our ED  
5 utilization. Humana-CareSource, emergency room  
6 utilization reduction has been a primary focus with  
7 us. You can see the graph there. Our utilization  
8 has for the most part steadily declined since 2017.

9 We have had some specific  
10 measures that we feel have contributed to that. We  
11 had a campaign. We are able to run reports monthly  
12 on our ED utilization and it targets members that  
13 have had more than four or more visits in a rolling  
14 twelve months so that we kind of know who over time  
15 is kind of popping out as our outliers for ED use.

16 So, we had a campaign where we  
17 targeted about 900 members that fell in that category  
18 of the four or more visits and the campaign included  
19 sending a letter to our members that kind of  
20 addressed and focused on advising them and making  
21 them aware of our 24-hour nurse line that they can  
22 call to talk to if they have questions about do they  
23 need to go to the ER or just general medical  
24 questions.

25 There was also a brochure in

1 there that educated the members on appropriate use of  
2 the emergency room versus when you can see a PCP and  
3 such, and, then, there was a little magnet that we  
4 included that had the 24-hour nurse line number on  
5 it. So, they could just stick it right on their  
6 refrigerator to kind of remind them.

7 A second initiative we did this  
8 year was we developed an after-hours brochure and it  
9 specifically talks about when it's appropriate to go  
10 to the ER, when it's appropriate to go to the urgent  
11 care, the retail clinics, and we're using that as  
12 education for both our members and providers where  
13 we're putting those in our provider packets with the  
14 visits to help - not that they don't already know  
15 what the appropriate use - but just kind of to remind  
16 them to, in turn, educate their patients when they  
17 are in to bring that up.

18 And, then, part of our  
19 ambulatory care sensitive conditions' performance  
20 improvement project that we're doing this year is  
21 focusing on ED reduction for asthma, diabetic and our  
22 heart disease. So, we've started some initiatives on  
23 trying to target those members specifically that have  
24 had three or more ER visits in a four-month time  
25 frame to try to connect up with them through our case

1 management to make sure they're getting their  
2 medicines filled, that they're doing their care gaps  
3 and stuff so that they do not end up in the ED and  
4 eventually in the hospital because they're not  
5 managing those chronic conditions.

6 If you will flip to the next  
7 page, it looks at our medical and pharmacy costs.  
8 This was a comparison from 2015 to '19 and it's a bar  
9 graph that compares year to year on percent increase  
10 in our spend. As you can see, it highlights the  
11 medical, pharmacy and, then, our total cost of care.

12 Just to point out, the medical  
13 cost is a significantly larger bucket than our  
14 pharmacy cost. So, you can see that the total cost  
15 of care tends to align more with the medical costs  
16 than the pharmacy costs.

17 In 2017, you can see we had a  
18 significant increase in our medical cost and that was  
19 primarily related to an influx of a significant  
20 number, several thousand, SUD members. There was  
21 some terminations to some of the SUD providers by  
22 some of the other MCOs. So, we had a shift in  
23 membership.

24 I think Humana-CareSource has  
25 tried to really maintain a broad network, especially

1 in our MAT providers and we've tried to work with  
2 them to make it easy for our members to get access  
3 for SUD treatment, but, as you can see, that did  
4 result in a significant increase in costs for us.

5 Just to highlight a couple of  
6 other things on the graph, the last couple of years,  
7 we've had a higher increase in our pharmacy cost and  
8 we feel like that's been primarily due to the number  
9 of members that we're treating for Hepatitis C which  
10 is a very costly drug, as well as our SUD members  
11 with the treatment of the Buprenorphine and the  
12 Vivitrol.

13 MR. DUKE: I think we're  
14 getting pretty close to our fifteen-minute limit. We  
15 wanted to allow some time to answer any questions  
16 that you all might have as well in regards to any of  
17 our transitions or previous statements.

18 We could continue past the  
19 fifteen minutes or would you like us to spend time  
20 for questions?

21 DR. PARTIN: Does anybody have  
22 any questions right now? Go ahead and finish, then.

23 DR. GALLOWAY: Slide 10  
24 basically goes over our population health management  
25 approach, how we identify our sub-populations, our

1 outliers and how we work to kind of prioritize those  
2 larger populations that need more focused management  
3 and help. I'm not going to spend a lot of time on  
4 that slide, if you have any questions.

5 We did want to highlight some  
6 of our women and children's health programs. We do  
7 have targeted populations for our pregnant women.  
8 That includes following them for a year after  
9 delivery or women of child-bearing age and, of  
10 course, our infants, children and adolescents under  
11 twenty-one that fall under the Early and Periodic  
12 Screening, Diagnostic and Treatment.

13 We have some specific programs  
14 that target these populations. We have a Babies  
15 First Program for our pregnant mothers which  
16 encourages them to get in early for their first  
17 prenatal visits, to make their prenatal visits, their  
18 postpartum and it also follows all the way through  
19 with the babies for their well baby checks and the  
20 mothers can actually earn incentives for their visits  
21 as well as their babies' visits after delivery.

22 We have some education for our  
23 women of child-bearing age to encourage use of the  
24 long-acting reversible contraceptives. We have a  
25 whole EPSDT team that outreaches to these members to

1 encourage them to engage in a system and getting in  
2 to see their physicians to kind of close these care  
3 gaps for preventative and comprehensive services.

4 And the last one is just the  
5 progesterone initiative for our high-risk pregnant  
6 women if they have to go on the progesterone to try  
7 to help prevent pre-term labor. We do engage them in  
8 case management to try to help and follow them.

9 DR. VENNARI: Just to continue  
10 with medication therapy management, this is something  
11 we at CareSource and Humana-CareSource does now and  
12 we will be bringing in-house to Humana directly.

13 But just to go over the three  
14 different aspects that we're going to concentrate on  
15 is the CMR's which is the Annual Comprehensive  
16 Medication Review, TMR's, Targeted Medication Review,  
17 and Medication Reconciliation.

18 So, what is a CMR? It's an  
19 interactive person-to-person or telehealth  
20 consultation performed by either a pharmacist or a  
21 qualified provider for the beneficiary with an  
22 individualized written summary.

23 We're delivering this through  
24 realtime consultation in person or by telephone or by  
25 telehealth. The recipient is a member and/or

1 authorized individual.

2 And, so, we have different  
3 qualified providers in the network. We have  
4 pharmacists, pharmacy interns. We have physicians,  
5 nurse practitioners, registered nurses and physician  
6 assistants.

7 What we're looking at is all  
8 the medications the member is taking, including  
9 other prescription drugs, OTC, herbals and any  
10 dietary supplements and it's all combined together to  
11 create and help create better medication therapy and  
12 optimizing patient outcomes.

13 Materials are provided to the  
14 member. It is a medication list and an action plan,  
15 if necessary.

16 A Targeted Medication Review,  
17 this is more of kind of a computer-run type of  
18 process. This looks at the medications for potential  
19 interactions and different therapy problems. Again,  
20 they're followed up by a provider or with the member  
21 to recommend to the prescriber and resolve any  
22 potential medication therapy issues.

23 And, then, Medication  
24 Reconciliation or Med Rec, we contact members post-  
25 discharge to review and reconcile any medication or



1 follow-up with the prescribers, and the goal here is  
2 to also provide a written summary and an action plan  
3 for the member.

4 DR. GALLOWAY: I'll say two  
5 things about our self-management tools. These are  
6 targeted. They're open for all our members,  
7 specifically our kind of lower-risk ones. We  
8 encourage use of this. We have the myHealth which  
9 addresses physical health. There's journeys they can  
10 take that cover, as you can see the list, some of the  
11 different journeys.

12 And, then, we have the  
13 myStrength side which is the behavioral health self-  
14 management tools. These are available to the members  
15 through our member portal online and there's also  
16 modules that they can do for the myStrength as well  
17 as a lot of just self-help tools on parenting, weight  
18 and stress management, etcetera.

19 We really tried to do a good  
20 overview at our provider forums for our providers to  
21 make them aware of these tools again so that they  
22 could encourage their patients to utilize these.

23 MS. MOUTER: As a side note, as  
24 providers on the myStrength, it's only available to  
25 those who are thirteen years and older. I just

1 wanted to make sure you're aware of that.

2 MR. DUKE: The remaining  
3 slides cover part of the innovations that Humana  
4 brings to markets. What Humana does is we pick  
5 strategic communities throughout the U.S. and we  
6 determine and define them as a Bold Goal Market.

7 And what we do is we partner  
8 with business, with government, with providers and  
9 with CBO's to help improve the overall health of the  
10 community. So, through strategic investments and  
11 through coordination of those different stakeholders,  
12 we seek to improve the overall health defined by  
13 unhealthy days.

14 So, we coordinate, we work  
15 together and, then, we measure over time to see how,  
16 as a group, we can bend the needle on unhealthy days  
17 for our members and the broader community.

18 DR. PARTIN: Any questions?  
19 Thank you very much.

20 We have a few more minutes. Is  
21 there anybody from WellCare here? I just had a quick  
22 question about the slides that you sent to us.

23 So, on the slide, it was Page 4  
24 and it's the claims process, paid and denied, you  
25 don't have to tell us right now but can you provide

1 us information on why the claims were denied and  
2 maybe the top three to five reasons?

3 MR. STUART OWEN: Stuart Owen  
4 with WellCare. I can provide you that definitely.  
5 There are a lot of actually denial codes. I think  
6 among the top is prior authorization required and not  
7 obtained. I know that's up there a good bit or  
8 there's other insurance and there's no explanation of  
9 an EOB from the other carrier, but you want like the  
10 top----

11 DR. PARTIN: Yes, the top five.

12 MR. OWEN: Okay. Sure.

13 DR. PARTIN: Okay. And, then,  
14 there's also a column for percent of medical  
15 necessity claims denied and that seemed to me kind of  
16 like a misnomer. I mean, if it's medically  
17 necessary, why are you denying it?

18 MR. OWEN: Maybe it's not  
19 phrased properly. It's of all claims denied, that's  
20 the percent that were denied for not being medically  
21 necessary. So, I think it's 0.47%, 0.44. So, of all  
22 claims denied, the percent that are denied for the  
23 service not being medically necessary is that  
24 percent.

25 DR. PARTIN: Okay. Those were

1 my two questions. Anybody have any other questions?  
2 Thank you. So, just send that information to Sharley  
3 on the claim denials.

4 MR. OWEN: Okay.

5 DR. PARTIN: Under New  
6 Business, Chris had a request.

7 MR. CARLE: Just that at the  
8 next meeting, I'd like to have a presentation on what  
9 DMS is doing related to advanced care planning. It's  
10 certainly something that will reduce our cost moving  
11 forward and make our constituents' lives a lot  
12 easier, as well as their families.

13 COMMISSIONER STECKEL:  
14 Absolutely.

15 MR. CARLE: I would like to  
16 recognize the Commissioner and her team's efforts to  
17 work down the backlog of the credentials and getting  
18 individuals in the state credentialed. So, all the  
19 providers would like to thank you for the development  
20 of that team, their responsiveness and the outcomes  
21 that you're getting.

22 COMMISSIONER STECKEL: Well,  
23 and I have to give credit to Genevieve Brown. She  
24 has taken that under her wing and taken charge and  
25 worked with the team and Program Integrity, and thank

1 you very much for that recognition.

2 MR. CARLE: It's obvious. So,  
3 thank you.

4 DR. PARTIN: And, then, next on  
5 our agenda is the election of a Chair, Vice-Chair and  
6 Secretary.

7 And Sharley suggested and I  
8 agreed that since we have new members coming in and  
9 they're not all here today and we've had some people  
10 leave, that we postpone the election until our  
11 September meeting, but I want to make sure that that  
12 the rest of the Council is in agreement with that.  
13 We are? Yes?

14 DR. SPIVEY: I second that.

15 DR. PARTIN: Okay. So, we will  
16 put that on the agenda for the next meeting.

17 MS. HUGHES: And if anybody  
18 wants to run for one of the positions, let me know.  
19 So far, nobody has spoken up.

20 DR. PARTIN: Thank you. So,  
21 having said that, any other business to be brought  
22 forward? No?

23 We do not have a quorum any  
24 longer. So, will just adjourn without a motion.

25 MEETING ADJOURNED