

**CABINET FOR HEALTH AND FAMILY SERVICES
ADVISORY COUNCIL FOR MEDICAL ASSISTANCE**

May 23, 2019
10:00 A.M.
Room 125
Capitol Annex
Frankfort, Kentucky

MEETING

APPEARANCES

Elizabeth Partin
CHAIR

Chris Carle
Steven Compton
Jay Trumbo
Bryan Proctor
Susan Stewart
Jerry Roberts
Peggy Roark
COUNCIL MEMBERS PRESENT

CAPITAL CITY COURT REPORTING

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MR. CARLE: Good morning,
everybody. Why don't we go ahead and get started.
We do not have a quorum at this moment. We need nine
for a quorum. We think that several other members
will come in. So, if you don't know, my name is
Chris Carle. I'm the Vice-Chair. Dr. Partin is
probably on her way and, so, why don't we go ahead
and get started.

We won't be able to do any of
the formal agenda items. So, I would like to hold
off on roll call and approval of the minutes but what
I would like to do is go ahead and get started with
Old Business.

So, if we could start with an
update on the 1115 Waiver, we'll go from there.

COMMISSIONER STECKEL: Thank
you, Mr. Chairman. I'm Carol Steckel, the
Commissioner.

The 1115 Waiver, as you all
know, is in the court system. The appellate courts
will be hearing the next stage of the process and,
then, we anticipate whichever side is not victorious
will appeal to the Supreme Court.

We are not anticipating any
activity on the 1115 Kentucky HEALTH Waiver, absent

1 the SUD waiver which we will talk about later, until
2 probably July of 2020.

3 We actually are going to enter
4 a period of time where the Department is keeping up
5 to date on all of our data, all of our systems so
6 that in July of 2020, depending on the ultimate
7 result of the court case, we will either implement or
8 not. Any questions?

9 MR. CARLE: It doesn't look
10 there are any. Thank you.

11 Moving on to an update on the
12 Opinion from the Attorney General regarding our issue
13 related to video conferencing and the TAC meetings
14 and so forth.

15 COMMISSIONER STECKEL: That is
16 the business of the MAC and the TACs, not the
17 Department. So, I don't have an update and won't
18 have an update on that.

19 MS. HUGHES: Beth should have
20 gotten some information back. She requested it, so,
21 it would go back to her.

22 MR. CARLE: Correct. I just
23 didn't know if she had submitted it to you. So, we
24 will table that issue as well.

25 So, Carol, while you are there,

1 why don't you just go ahead and give us your update.

2 COMMISSIONER STECKEL: Thank
3 you. There's a few things going on in the Department
4 that have been keeping us busy. I'll just go through
5 a series of them and, of course, interrupt me if you
6 have any questions and we will go into more detail.

7 Our Pharmacy Program is
8 consuming probably 75% of my time and the
9 Department's time. We now are fully staffed and you
10 all met Jessin Joseph, our new Pharmacy Director. He
11 has a Deputy Director also from the University of
12 Kentucky's Pharmacy Program, Doug Oiler. And, then,
13 we've also brought on some additional business
14 analysts and other folks.

15 So, we're doing several big
16 things but we're also looking at the Pharmacy
17 Program, what are our policies and procedures, what
18 can we do to promote and encourage the programs being
19 developed either through Public Health, our opioid
20 addiction responses and how can we help be good
21 stewards in that process.

22 So, in that line, we have
23 removed the prior authorization for
24 Buprenorphine/Naloxone up to 24 milligrams for all
25 Medicaid beneficiaries. The goal there was start

1 increasing access to MAT treatment and we have
2 started seeing an increase in these prescriptions.
3 The number of Naloxone prescriptions among Medicaid
4 beneficiaries increased 6.5%.

5 So, normally, we're worried
6 about things that go up that much; but in this case,
7 by that going up, we're hoping hospitalizations,
8 emergency room visits and all those high-cost items
9 are going down and we're starting to track that
10 information.

11 I wanted to bring to your
12 attention that there is a Kentucky hepatitis academic
13 mentorship program that DPH hosts; and if providers
14 go to that program, primary care providers, and they
15 attest to us that they've completed that course,
16 they, then, are authorized to prescribe Hep C
17 medications. So, we've also made that change.

18 We are fast and furiously
19 trying to implement SB 5 which is a pharmacy piece of
20 legislation that was introduced last year, last
21 Session. It is an extremely complicated bill, and,
22 unfortunately, it wasn't written with the mind set of
23 what actually happens in pharmacy reimbursement
24 between MCOs and PBMs. So, we're having to work with
25 the MCOs, the PBMs and the independent pharmacies to

1 work through the implementation process for SB 5.

2 We are on the cusp of
3 instituting the new policy. The biggest consumer of
4 our time and work that we're going to have to do is
5 for every change in price up or down of 5%, we've got
6 to either approve it or disapprove it.

7 As you can imagine, drug prices
8 change every day and there are thousands upon
9 thousands upon thousands of changes. So, we're
10 working with a contractor to set up the system.

11 We also are worried about
12 unintended consequences. And if I'm getting too far
13 into the weeds, I apologize, but what we're worried
14 about is, so, we've created a policy that says we're
15 going back to April 1st drug rates. So, whatever the
16 price was on April 1st, that's what the PBMs have to
17 pay.

18 Now, there will be a
19 reconciliation from April 1st to May 31st that either
20 the pharmacy was overpaid or underpaid. Most
21 pharmacies believe that they've been underpaid. We
22 will get data on Friday that either confirms that or
23 denies it. My fear is when we get the data by
24 pharmacy, there's going to be more pharmacies that
25 have to pay back money than the pharmacists think.

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So, we're very carefully walking through this to not have an unintended consequence but also be in compliance with the statute.

In addition to that, on June 1st, the PBMs will be authorized to make their first request for increases or decreases but we have thirty days to approve or disapprove that, so, we're working through that process. It's been a close collaboration between DMS, the pharmacists, the MCOs and the PBMs.

The interesting thing and frustrating thing for me is that the more we get into this, the more we find what I would call offensive behavior on the part of PBMs. So, that is my personal opinion, but we are going to look at contracts. We are going to look at behaviors. We are going to look at aggregated data and we're not going to tolerate it.

And if we have the legal authority to do something, we will and we will be very strong on this issue. I have made that message clear to the MCOs. The PBMs are their subcontractors and I've also made it clear to the PBMs.

1 MR. CARLE: So, as far as legal
2 standing, what would you need from that perspective
3 since you've mentioned that?

4 COMMISSIONER STECKEL: Well,
5 we're looking at what authority and we believe we
6 have it through our MCO contracts to reach out to the
7 PBMs and the MCOs are cooperating. Nationwide, this
8 is all becoming more transparent and we're finding,
9 you know how it is when you turn over rocks and bugs
10 start crawling out and things like that. Some of the
11 bugs are good and some of them are not and we've got
12 to sort through all of that.

13 And, so, I don't have an answer
14 to your question but we will be working with our
15 Legal Department and with the Governor's legal office
16 and we'll do what we have to do to protect the
17 Commonwealth.

18 MR. CARLE: And just make sure
19 that you let us know how we can support that effort
20 within our own specific advocacy groups.

21 COMMISSIONER STECKEL:
22 Absolutely. Thank you very much.

23 The other major piece of
24 legislation that we're working on is with the
25 Kentucky Hospital Association on HB 320 which is a

1 hospital assessment. This allows us to maximize some
2 federal reimbursement. And as you can imagine, it's
3 not an easy task about who gets paid what and how
4 we're moving the funds around from the existing
5 supplemental payment to this supplemental payment.
6 Then you've got the whole quality component of it.

7 So, we're trying to make sure
8 we don't add another burden on the hospital but use
9 what they're currently collecting in data for quality
10 measures.

11 That work is going extremely
12 well. I think for the first time that my folks are
13 telling me, we had a joint meeting with the Hospital
14 Association - I'm sorry, I'm thinking about a
15 different one - but with the providers, with the
16 University of Kentucky and Louisville and CMS and DMS
17 all on the same call.

18 So, we're trying to do more of
19 that so that everybody understands where we're going,
20 what we're doing and what we're trying to implement.
21 We're meeting weekly with the Hospital Association as
22 we move forward on implementing HB 320.

23 The SUD waiver which was a
24 component of Kentucky HEALTH is moving forward. There
25 are a variety of changes that were made in the SUD

1 Program, including we waived the non-emergency
2 medical transportation but we also are covering
3 methadone treatments. So, that will start on 7/1/19.

4 We made some changes in
5 Institutions for Mental Diseases, expanding the scope
6 of those services and, then, we also made some
7 changes in care coordination and MAT programs, but it
8 is a very extensive SUD waiver.

9 And if you have any specific
10 questions, Lee Guice can help us with that but we're
11 very excited about that program and believe it will
12 help us address our program with SUD.

13 And, then, we changed our
14 policies to allow peer support services to be payable
15 if the service is performed in an ER bridge clinic
16 and the person has a treatment plan within thirty
17 days of engagement.

18 So, again, what we're trying to
19 do is look at the system and wrapping around that
20 person. And what policies do we have in place that
21 inhibit a good quality care plan and getting that
22 person to the best level that they can be and out of
23 the emergency room, out of the inpatient stays. So,
24 that is one of them.

25 The other change we made is

1 allowing VHSO's to offer partial hospitalization.

2 We've made major changes to our
3 telehealth policy and basically we have expanded
4 services for parity so that telehealth services are
5 across the board. Providers must be licensed in
6 Kentucky and acting within their scope.

7 The provider portal is going to
8 track those providers that are telehealth providers
9 and we're opening up telehealth services to homes,
10 schools and other places where individuals are,
11 again, with the idea of how do we make it as easy as
12 possible for someone to get the treatments that they
13 need.

14 And the telehealth services are
15 reimbursed at the same as in-person services for fee-
16 for-services and the MCOs, of course, can still
17 negotiate.

18 Not last but not least, there
19 are a couple of other things. Our RFP for the
20 managed care organizations was issued last week. So,
21 it is on the street. I suggest you all read it if
22 you haven't. It is intimidating but I think you will
23 find in there and in the contract, we have made
24 significant changes to our oversight of the MCOs,
25 significant changes in the area of pharmacy and

1 others.

2 So, we're very proud of the
3 RFP; and other than what I just told you, I can't
4 really talk about the RFP because it is on the
5 street. We're anticipating their responses July 5th
6 and, then, this will be for new contracts beginning
7 on July 1, 2020.

8 I know I'm a herd, so, I say I
9 think you would enjoy reading it, but I think you
10 will see a very significant difference in the tone,
11 in the oversight and the quality aspects of the RFP.

12 The other thing that we did
13 that is very exciting is, I hate to admit this, but
14 you think this is a small thing to do but it has
15 rippled through the communities in such a positive
16 way is we've opened up school-based services, what's
17 called Free Care.

18 The previous position, and jump
19 in if I am wrong about this, but the previous
20 position was if you were a clinic, a service, a
21 school, a not-profit and you provided services, a
22 screening or a hearing test to everybody for free,
23 you had to provide it for free to Medicaid
24 recipients.

25 We've changed that now so that

1 if a school does that, they can still bill Medicaid
2 for the Medicaid beneficiaries. Needless to say,
3 this provides resources for the school-based nurses
4 and the school-based clinics that exist and allows us
5 to make sure that we're getting our Medicaid
6 beneficiaries where they are instead of having the
7 family take the child to another clinic.

8 So, we're very excited about
9 that. We're rolling it out with the School Boards and
10 that will be for the new school year.

11 Other than that, I think that
12 everything else--that's just highlight of what we
13 have been doing.

14 MS. STEWART: I have a
15 question. With the MCOs, how many do you anticipate
16 being participants in July of 2020?

17 (Dr. Partin enters)

18 COMMISSIONER STECKEL: The
19 Commonwealth takes the right to choose between three
20 and five.

21 I'm sorry. The Credentialed
22 Verification Organization, that RFP should be coming
23 out very soon. It's at Finance but that's where we
24 take all the credentialing in-house into one source.
25 So, if you're a provider and you enroll in Medicaid,

1 you will go through the provider portal. You'll
2 enroll in Medicaid and, then, you will have the
3 opportunity to either choose the RFP CVO or the
4 Hospital Association CVO to get your credentialing
5 for all MCOs that are doing business with the
6 Commonwealth.

7 An issue was raised when I
8 spoke to the Primary Care Association that they
9 believe they've also been authorized by the
10 legislation to be a CVO. We don't believe that's the
11 case but we're working with the lawyers on what the
12 law says, but that will make it easier for providers
13 to be credentialed. They won't have to do it with
14 all five MCOs.

15 MR. CARLE: Okay. That was a
16 question I was going to ask with regards to delegated
17 credentialing. So, that would be effective in this
18 next cycle with the new MCOs.

19 COMMISSIONER STECKEL: Correct.
20 There will be at least two CVO's that you as a
21 provider can choose. So, you have to do Medicaid for
22 enrollment. And, then, once you get through the
23 enrollment process, and using the provider portal is
24 going to make it so much easier because if you forget
25 something or if you fill out something incorrectly,

1 it's going to pop up an alert and tell you, you need
2 the following information or this is not complete
3 instead of the back and forth that goes on now.

4 Then once you're through with
5 that, then, it will say choose your CVO to be
6 credentialed with the MCOs and choose the MCOs that
7 you want to be credentialed with. So, you would
8 choose both the CVO and if you want one or four or
9 five of the MCOs.

10 MR. CARLE: So, then, that
11 process will start again, though, during the next
12 cycle after they're selected for 2020.

13 COMMISSIONER STECKEL: Correct.
14 Correct.

15 MR. CARLE: And, then, I had a
16 question related to the telehealth policy expansion
17 specifically related to the reimbursement rate
18 because there was a site-of-service issue with that
19 before. When would that be effective as far as the
20 reimbursement is concerned?

21 MS. GUICE: I believe the
22 regulations are going to be effective July 1 of this
23 year.

24 MR. CARLE: Okay. Good because
25 a lot of people were concerned about that. Thank

1 you.

2 COMMISSIONER STECKEL: Any other
3 questions?

4 MS. ROARK: I have some
5 questions about this SUD program, the methadone. You
6 said you've got changes and you said you're going to,
7 I guess, help with the methadone and how many days
8 when they go into rehab treatments.

9 COMMISSIONER STECKEL: Yes,
10 ma'am.

11 MS. ROARK: How many days? Is
12 there anything added or subtracted from that?

13 MS. GUICE: Lee Guice with
14 Policy and Operations. The number of days that are
15 approved for rehab have not necessarily been changed.
16 The beds that are accessible for that rehab are
17 increased with this implementation.

18 MS. ROARK: And I have talked
19 to a lot of parents. I've noticed when I help
20 advocate for a lot of people in my community, if you
21 say you've got Casey's Law when you call Eastern
22 State or Charter Ridge, they won't accept you. I
23 think that's discrimination myself.

24 COMMISSIONER STECKEL: I am not
25 familiar with that.

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MS. GUICE: Casey's Law is where parents can go to court or interested parties can go to court. If I'm your sister and you've got a substance use issue, I go to court and the court orders you into treatment. So, I'm not entirely sure how The Ridge or anyone else can----

MS. ROARK: If you have a loved one that's in danger to themselves or others, you can go to the courts and request a Casey's Law and there's steps that you've got to go through. You've got to go and have your family doctor evaluate you, a psychiatrist evaluate you. You've got to go, I think, to a 24-hour evaluation.

Some of that is roadblocks and challenges for these parents, and in the meantime, we've got people dying.

COMMISSIONER STECKEL: There's nothing that we can do about the legal process other than as citizens, but if there is a denial of care in a facility because of this, we need more details.

If Lee can talk to you about getting maybe some names or some more details because if that's the case, then, we can respond and do some education and find out what's going on there.

MS. ROARK: Well, I personally

1 called those places because I didn't want to give
2 these parents the wrong information and they told me
3 if you have Casey's Law. So, it's kind of bad to go
4 back and tell a parent, well, if you file that
5 Casey's Law, they're not going to accept you. So,
6 maybe if you can push that----

7 COMMISSIONER STECKEL: Let us
8 look into that. And it's not fair to the
9 organizations because we don't know their side of it,
10 but let us look into it.

11 MS. ROARK: I think that's
12 something very important. So, right now, how many
13 days does each MCO have--how many days do they keep
14 an individual in rehab? Is it thirty days that they
15 pay?

16 COMMISSIONER STECKEL: Each MCO
17 would have its own policy. So, you would have to go
18 to each of the MCOs to ask them that, and I think
19 that they have representatives here in this room.

20 MS. ROARK: And I have one more
21 question. If--well, I've lost my train of thought.
22 Maybe it will come back to me.

23 COMMISSIONER STECKEL: We'll be
24 here.

25 MS. ROARK: Thank you all. I

1 just wanted to bring that to your attention.

2 COMMISSIONER STECKEL: Any
3 other questions?

4 MS. ROARK: Okay. Now I
5 remembered. I know each individual is different but
6 how long do you keep a patient on Suboxone or
7 Methadone? Is there a time that they could be winged
8 off and go on the Vivitrol shot?

9 COMMISSIONER STECKEL: That is a
10 clinical question that I am not able to answer. I do
11 know that we work very, very closely. I have a new
12 Medical Director who I think you all met the last
13 time. I'm sorry. We will make sure that she is here
14 the next time - Dr. Judy Theriot.

15 And between her and Dr. Allen
16 Brenzel with the Department for Behavioral Health,
17 they work very, very closely on all of this. And I
18 apologize that they're not here but they could answer
19 that question, but it is purely driven by clinical
20 decisions.

21 MS. ROARK: I know Dr. Brenzel.
22 Thank you. I'm just trying to gather all my
23 information and have it correct.

24 MR. CARLE: Carole, could you
25 send out the CV or resume' of Dr. Theriot?

1 COMMISSIONER STECKEL: Sure.
2 I'll be glad to. She comes from the Office of
3 Children with Special Health Needs and she's a
4 pediatrician by training. She is from U of L, but I
5 will be glad to send out her CV.

6 MR. CARLE: Thank you.

7 COMMISSIONER STECKEL: We're
8 very lucky to have her. Any other questions? Thank
9 you all.

10 DR. PARTIN: Thank you,
11 Commissioner.

12 I'd like to apologize for being
13 late. I ran into road construction on a one-lane
14 road, so, anyways, I was delayed about thirty
15 minutes.

16 Moving back under Old Business,
17 an update on the Opinion from the Attorney General
18 regarding video teleconferencing, perhaps it's my
19 fault but I delayed calling the Attorney General's
20 Office until we were closer to our meeting so I could
21 get the most updated information from them.

22 And, then, when I did, they
23 weren't taking any calls and I presume that's because
24 of the election. So, I don't have any information
25 from the Attorney General's Office but I will keep on

1 that and I will call and have information at the next
2 meeting.

3 So, moving along, then, to
4 reports and recommendations from the TAC, and we will
5 start with Therapy Services today. No Therapy
6 Services. Primary Care.

7 MS. HUGHES: Beth, both of
8 those did meet but they did not have recommendations.
9 So, that may be why they are not here.

10 DR. PARTIN: Okay. Podiatry.
11 Physician Services.

12 DR. McINTYRE: I'm Dr.
13 McIntyre. I'm Vice-Chairman of the Physician TAC.

14 We did meet last week. We had
15 a quorum. We discussed the provider enrollment,
16 online portal, telehealth implementation and public
17 health trends and we had no recommendation.

18 DR. PARTIN: Okay. Thank you.
19 Pharmacy.

20 DR. BETZ: Good morning. Dr.
21 Chris Betz, Co-Chair of the Pharmacy Technical
22 Advisory Committee.

23 I want to thank Commissioner
24 Steckel for all of her assistance. I feel like we
25 should be giving some time back since we are taking

1 up 75% of their time with everything that has been
2 going on.

3 We just met on Tuesday. We did
4 have a quorum of four of five members. The TAC had a
5 robust discussion about various topics relating to
6 DMS and also relating to issues in our Commonwealth.
7 A full report to the MAC will be forthcoming.

8 There are no formal
9 recommendations at this time, however, we did want to
10 bring up something that came up recently with the
11 primary PBM in the state.

12 So, what was brought up by one
13 of the committee members was that a Medicaid managed
14 care organization wasn't able to appropriately
15 credential their medical clinic within a large
16 hospital system as a vaccine provider for vaccines
17 administered by pharmacists due to issues of reaching
18 out to this particular PBM and not receiving any
19 feedback.

20 The documented experience notes
21 that there was an inability to converse with anyone
22 at CVS Caremark at the time. This delayed patient
23 care and established a major barrier to patients'
24 access to vaccines.

25 So, senior Medicaid staff is

1 aware of this and is working with us to address this
2 concern, but the PTAC wanted to make you aware of
3 this, especially with what was brought up before with
4 removing the rocks and some of the things that we're
5 finding.

6 There could also be a
7 recommendation forthcoming if it's not rectified; and
8 also the above-mentioned incident is similar to an
9 experience of another pharmacy and this pharmacy also
10 expressed concerns with the increased credentialing
11 fees charged by the PBM's.

12 As of May 1st, the fees
13 increased to \$1,200. So, if you want to be
14 recognized as a vaccinator within the network, that
15 fee is \$1,200 now.

16 The Pharmacy TAC would like to
17 bring awareness to some of these PBM issues that
18 directly affect patient care within Kentucky as CVS
19 Caremark is the current PBM for four of the five
20 Kentucky Medicaid MCOs.

21 So, that's all we have. We
22 don't have a formal recommendation right now. We are
23 working very closely with the Commissioner's Office
24 to work on these issues. Thank you.

25 DR. PARTIN: Thank you.

1 Optometry.

2 DR. COMPTON: Steve Compton, a
3 member of the TAC. We met on April 11th. Most of
4 the things we talked about we've covered in here
5 today - the Medicare waiver, the Attorney General's
6 Opinion, the RFP process for the new contracts.

7 A couple of other things we
8 touched on was how to, when there are new CPT codes,
9 how to get those on the Medicaid fee schedule without
10 going through the regulatory process and apparently
11 there is another TAC that has done that. We're going
12 to look into how they have done it and just to make
13 the process more efficient.

14 Another question we had was
15 when the MCOs offer value-added benefits, if they
16 decide to discontinue those, what kind of notice they
17 must give. We talked about that.

18 That is about it. We have no
19 recommendations and we don't meet again until August.

20 MR. CARLE: Dr. Compton, I have
21 a question for you. How well do the MCOs reimburse
22 for just a standard retinopathy for a patient with
23 diabetes? Do they even pay?

24 DR. COMPTON: Yes. It depends
25 on the level of service for your CPT code. It's a

1 standard E&M code like any other physician uses, yes,
2 but they do reimburse, yes.

3 MR. CARLE: Good. Thank you.

4 COMMISSIONER STECKEL: Madam
5 Chairwoman, can we talk about the CPT codes just for
6 one minute?

7 DR. PARTIN: Sure.

8 MS. GUICE: Lee Guice again.
9 We have in Medicaid ironically just recently, very
10 recently talked about implementing some standard
11 procedures for when we will add CPT codes.

12 We believe that we're going to
13 implement a policy of January 1st and July 1st every
14 year so that in between those times, if new providers
15 are added to be able to offer a service for a code
16 that's not on their fee schedule, for instance, or
17 the units need to change or Medicare comes out with a
18 new CPT code after our standard processes, we're
19 going to ask you for ninety days' notice from any of
20 the providers who want to have a new code added.

21 We believe ninety days will
22 give us ample time to go through the internal
23 processes we need to have to get them added (a) to
24 the system, and, (b) to the fee schedule which is
25 apparently what the MCOs rely on the most what we

1 post on the website.

2 So, we're taking a new approach
3 to how and when we can post those things on the
4 website. Previously, of course, we would never post
5 a CPT code on our fee schedule that our system was
6 not prepared to handle a claim for.

7 Now with the claims that our
8 system handles are reduced by 90% than they
9 previously have been before MCOs, we believe we can
10 internally handle any claims that are submitted for a
11 new CPT code that we've posted that we're maybe three
12 weeks away from actually implementing on the system.

13 So, we're going to lay all this
14 out in a policy so that everyone understands what the
15 expectations are on your side and on our side so that
16 you will know what to do. You will know how to
17 handle the process. You will know what to expect.
18 We will know what we can expect and what we're
19 expected to do.

20 So, we're also changing some of
21 our internal processes in order to handle the January
22 1 effective date a little bit more effectively, we
23 hope, we hope, because we're not always in charge of
24 when we get the information, but, generally, we think
25 that we know a few more ways to automate some of our

1 processes so that we have a better chance of actually
2 making January 1.

3 COMMISSIONER STECKEL: And as we
4 implement these policies, we will be reaching out to
5 the various provider groups to just double check and
6 do on-the-ground checks.

7 MS. GUICE: Right. That's what
8 we're looking at, we're talking about. When it's
9 documented, when it's ready to go, yes, we will get
10 some input.

11 DR. PARTIN: So, just to
12 clarify, between January and July of every year, DMS
13 is going to, if there are any changes to the CPT
14 codes, they will be added during that time period;
15 but after that, there won't be additions?

16 MS. GUICE: Okay. So, you have
17 two six-month periods of time where you can bring up
18 or if provider groups know that there needs to be
19 some difference or your licensure changes
20 periodically that allows you to bill for some codes
21 that we don't put on your fee schedule, then, we need
22 to know that in that six-month period.

23 DR. PARTIN: The January to
24 July.

25 MS. GUICE: Right, but don't

1 tell us after April because we won't be able to add
2 them to be effective in July. So, there will be two
3 effective dates - January 1 and July 1.

4 COMMISSIONER STECKEL: It's
5 still to be worked out. Those are the effective
6 dates but the details are still to be worked out. I
7 just thought it was important for you all to know.

8 I know CPT codes and the speed
9 by which we get them posted has been an issue but we
10 wanted you all to know that we were working on it and
11 that we would be reaching out as Lee and her team
12 develop the policy to make sure that it all comes
13 together.

14 MS. GUICE: And we will send it
15 out certainly to ask for feedback. Are we clear on
16 what we're asking for? Are we clear on what we're
17 thinking about? Do you understand it? And, then,
18 when it's finalized and implemented, there will be an
19 educational period for providers.

20 DR. PARTIN: We would
21 appreciate getting that. Thank you.

22 The Nursing TAC did not meet.
23 Intellectual and Development Disabilities. Hospital
24 Care.

25 MR. CARLE: I don't think they

1 had any recommendations. I'm not representing them
2 but I did want to thank DMS and the Commissioner for
3 the work that you're doing on House Bill 320.

4 DR. PARTIN: Home Health.

5 MS. STEWART: The Home Health
6 TAC met in April. We had no recommendations and we
7 meet again in June.

8 DR. PARTIN: Thank you.
9 Nursing Home Care.

10 MR. TRUMBO: Nursing Home Care
11 TAC did not meet. We do have a meeting scheduled for
12 July 11th.

13 DR. PARTIN: Dental.

14 DR. SCHULER: Good morning. My
15 name is Dr. Phil Schuler representing the Dental TAC.

16 We met last week with a quorum.
17 The one recommendation that we did have was that
18 currently we have to check eligibility on Medicaid
19 patients day of treatment.

20 Historically, we have been able
21 to do that on a monthly basis where they were
22 eligible for the full month and we'd like to make a
23 recommendation to go back to that full month
24 eligibility if that's possible.

25 It creates a dramatic workload

1 increase on the administrative side of the practices.
2 If a patient has an appointment early in the day,
3 sometimes it's really hard to get their eligibility
4 verified. And if we can't verify their eligibility,
5 a lot of the providers won't see them that day.

6 They have arranged
7 transportation and other things which makes it really
8 challenging for the distance that some of these folks
9 have to drive to get care and then show up; and if we
10 can't get their eligibility checked on that specific
11 day, they may or may not get the care. They usually
12 don't get the care that they are needing.

13 And that doesn't include all
14 the days that we've got providers working where they
15 might not be able to interact with state government
16 because they are closed and on Saturdays and weekends
17 as well.

18 So, that was the one
19 recommendation that we would make to the MAC.

20 DR. PARTIN: I'm just curious
21 about why it's difficult to check the eligibility.
22 In the primary care practices, we check eligibility
23 every time. So, I was wondering what was different
24 with dental.

25 COMMISSIONER STECKEL: And if I

1 may, Madam Chairwoman. I'm sorry. We should have
2 reached out to the Dental TAC when this came up.

3 I think there was a
4 miscommunication on this issue and that, in fact,
5 eligibility is still appropriate for that month. So,
6 we think there was some miscommunication about this
7 policy.

8 So, I understand that it's
9 going to be a recommendation. We're going to follow
10 up on it, but we believe that when you check that
11 eligibility, just like with the primary care doctor,
12 that eligibility is for a month.

13 DR. SCHULER: That would be
14 fabulous and we can talk about that.

15 COMMISSIONER STECKEL: Yes,
16 absolutely, but we apologize for the
17 miscommunication, but I think that there was a little
18 bit of snafu in policy discussions.

19 DR. PARTIN: Okay. Well, then,
20 I withdraw my question.

21 DR. SCHULER: And I may or may
22 not have to withdraw my recommendation but I'll keep
23 it as a recommendation and we'll evidently talk
24 outside of this meeting.

25 DR. PARTIN: Yes, keep it and,

1 then, we'll get a response from DMS to your
2 recommendation.

3 DR. SCHULER: Yes. Thank you
4 all. That's all the recommendations we have.

5 DR. PARTIN: Thank you
6 Consumer Rights and Client Needs.

7 MS. BROWN: Thank you. I'm
8 Miranda Brown, Vice-Chair of the Consumer Rights and
9 Client Needs TAC.

10 The Consumer TAC met on April
11 16th. We did not have a quorum, but one of our
12 members with disabilities has been unable to attend
13 the past two meetings due to a lack of transportation
14 and personal assistance.

15 This has been an ongoing
16 concern of our TAC. DMS has offered to make
17 accommodations related to parking and building access
18 but has not yet clarified whether they are
19 responsible for transportation, personal assistance
20 or interpretation services.

21 So, without these
22 accommodations, we cannot expect consumers to be able
23 to fully participate in meetings, especially if in-
24 person attendance is required.

25 We do understand that DMS and

1 Protection & Advocacy are seeking legal opinions on
2 the Cabinet's responsibility to provide this
3 assistance under the ADA; but as a short-term
4 solution, we have asked that DMS staff provide a
5 meeting space with teleconferencing equipment to hold
6 future meetings.

7 We have continued to raise
8 concerns about mandatory copays. Now that the
9 Kentucky HEALTH Waiver has been blocked again in
10 federal court, we have heard from many consumers who
11 assume that they are still considered medically frail
12 and should not be required to pay copays.

13 This is at least, in part, due
14 to the fact that no communications have gone out to
15 these members to explain that the medically frail
16 designation does not exist without the waiver.

17 Regardless of whether the
18 waiver is in place, these same individuals are still
19 experiencing the same challenges with chronic
20 illness, activities of daily living, mental health
21 conditions or substance use disorders.

22 So, because of their health
23 conditions, they are disproportionately burdened by
24 the requirement to pay copays since they typically
25 need more regular care and prescription medications.

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So, for these reasons, we are concerned that Medicaid recipients with these health conditions are being put in a bind, that they are being required to ration their care or go without basic needs like food and electricity.

So, we've asked that DMS consider voluntarily adopting a medically frail designation to exempt these individuals from all cost-sharing in the meantime.

So, Kentucky Voices for Health has been collecting stories from Medicaid recipients who have been affected by the new mandatory copays and will be sharing these with DMS through the TAC. A copy of the data and stories collected can also be shared with MAC members electronically.

We did not have recommendations from our last meeting due to not having a quorum, but our next meeting will be June 11th and we have requested a meeting room with the necessary equipment and technology for teleconferencing.

DR. PARTIN: Thank you.
Children's Health TAC.

MS. KALRA: We did not have a quorum but we did meet, so, therefore, we don't have any recommendations.

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DR. PARTIN: Thank you.

Behavioral Health.

DR. SCHUSTER: I'm going to make up for the lack of recommendations.

Good morning, Commissioner. I'm Dr. Sheila Schuster, Chair of the Behavioral Health TAC, and we met on May 14th and had a quorum of five of our six TAC members.

We welcomed the new TAC member, Gayle DiCesare who was appointed as a representative fo the Brain Injury Alliance of Kentucky.

We also had all five MCOs represented, a number of members of the behavioral health community but no DMS or DBH/DID staff members.

We talked about the last MAC meeting and we're all in agreement with the report made at the MAC meeting about the ability of the TACs to set their agenda and conduct business as we have been conducting it.

We had an update provided by various attendees who had information on the Kentucky HEALTH 1115 Medicaid Waiver. One of the issues that was discussed was the reaching out. Apparently, about 5,000 letters have been sent out to Medicaid recipients about the Kentucky Integrated Health

1 Insurance Payment Program which is called KI-HIPP
2 which is the program where Medicaid would pay the
3 premium for an employer-sponsored health insurance
4 coverage.

5 We understand that there is
6 going to be a planned mailing in August of letters to
7 perhaps as many as 90,000 more Medicaid recipients.
8 We had a lot of questions about KI-HIPP and felt like
9 we didn't have much information about it, and our
10 concern is that we're front-line people.

11 And, so, when people get these
12 letters, we're concerned that they are going to turn
13 to us and say is this something that I should do. In
14 other words, should I go off Medicaid as we know it
15 and pick up coverage from the employer, have Medicaid
16 pay the premium.

17 So, we feel like there needs to
18 be some training and information provided about that.

19 We also followed up on an
20 important issue that we had discussed last time about
21 the proposed changes and, then, the change in those
22 changes to the therapeutic rehab program and I talked
23 about that at the last MAC meeting.

24 We are very pleased that DMS
25 has re-thought that change in policy in terms of the

1 way the hours are required for people to attend this
2 day treatment program.

3 We would again respectfully
4 request that in the future when DMS is contemplating
5 such a significant change to a mainstay treatment
6 program, that the TAC be apprised before the change
7 is made so that input can be given instead of a
8 situation where the policy is rolled out and, then,
9 the input is given and, then, the Department has to
10 pull back or revise the policy that they made.

11 We also looked at a document
12 that DMS provided entitled Public Notice on Substance
13 Use Disorders and had some questions about the units
14 of service provided by peer support.

15 We also continue to have
16 concerns about mandatory copays. We reviewed some of
17 the information that KVH has gathered. Two areas
18 where the problems are noted most frequently are at
19 the pharmacy and at primary care offices, as you can
20 imagine.

21 So, a number of groups in the
22 room had talked about input from consumers and family
23 members. It seems fairly clear to us that people are
24 not keeping their appointments because they are
25 afraid they're going to be asked for a copay and they

1 don't have the money for the copay.

2 And it also seems to us that
3 there are a number of people that are below 100% of
4 the Federal Poverty Level for whom services cannot be
5 denied but, in fact, are encountering service denial
6 either at the pharmacy or at the primary care office.
7 And we feel like it's a lack of education of front-
8 line staff and we have some recommendations. We also
9 are concerned again that people will not get the
10 services that they need.

11 We had some input on the
12 1915(c) waiver redesign from two members who were
13 present who serve on the Advisory Panel and the
14 Quality Improvement Subpanel.

15 We again talked about the
16 medically frail designation and had the same concern
17 that was expressed so nicely by Miranda Brown from
18 the Consumer TAC that people thought they had been
19 given that designation and thought that they would
20 not have cost-sharing and now they're being charged
21 copays. So, I think there's some confusion out
22 there.

23 A new issue was brought to the
24 table by several participants that involves the
25 refusal by ambulance drivers to transport persons

1 with mental illness from a hospital that does not
2 have psychiatric services to one that does have the
3 necessary psychiatric services.

4 These patients have been
5 evaluated by a mental health professional usually in
6 the ER of the first hospital and found to be in need
7 of services on an emergency basis. The patients are
8 willing to go voluntarily to a facility which offers
9 psychiatric services but are in need of ambulance
10 transportation which is being refused for a variety
11 of reasons.

12 The ambulance drivers are
13 saying that they don't have to take mentally ill
14 patients which seems like a clear violation of parity
15 if not other things, social justice among them. They
16 say that it's not safe for them. We're not talking
17 about people who are acting in a violent manner and
18 those kinds of things.

19 So, what is happening is that
20 people who are in need of these services are not
21 getting them.

22 So, we have a number of
23 recommendations. One is that as DMS pursues perhaps
24 an expanded rollout of this Kentucky Integrated
25 Health Insurance Payment Program that they provide

1 some education to the MAC and to any of the TACs that
2 request it so that MAC and TAC members and their
3 organizations can be in a position to answer
4 questions about that program and the BH TAC would be
5 very interested in getting that education.

6 We recommend that more
7 information be provided by DMS to the BH TAC and to
8 behavioral health providers and MCOs about the change
9 in calculating units of service for non-clinical
10 behavioral health services provided by peer support
11 personnel, and that's part of the SUD waiver that was
12 talked about earlier that's going to go into effect
13 on July 1st.

14 We recommend that DMS provide
15 education to the pharmacy and primary care providers
16 with regard to collection of copays and the necessity
17 for identifying Medicaid recipients whose income is
18 below 100% of the Federal Poverty Level for whom
19 services and medications cannot be denied.

20 The Behavioral Health TAC is
21 willing to meet with both the Pharmacy TAC and the
22 Primary Care TAC to further discuss these issues and
23 to work on ways to educate providers, front-line
24 staff and beneficiaries about copays and to identify
25 those for whom services and medication cannot be

1 denied.

2 We recommend that DMS revive
3 the classification of medically frail and reinstitute
4 the claims analysis and attestation processes in
5 order to identify current Medicaid beneficiaries who
6 meet the criteria, and once given that designation,
7 to exempt them from all cost-sharing requirements for
8 Medicaid services.

9 We recommend that the members
10 of the 1915(c) Waiver Advisory Panel and all the
11 1915(c) Subpanels be identified which is something
12 that we've asked for a number of times and have been
13 told that the names of those participants would not
14 be released and a process established so that
15 individuals may contact these members to provide
16 input on various aspects of the waiver redesign and
17 that there be transparency in how the panel and
18 subpanels are functioning with regard to receiving
19 input and utilizing it and helping to create the
20 final waiver products.

21 The last is that we recommend
22 that DMS investigate the problem identified in
23 several rural areas of the state, for example, in the
24 CMHC regions of Pathways which is Ashland, Mountain
25 Comp Care which is Prestonsburg and Lifeskills which

1 is Bowling Green and those surrounding rural areas
2 where ambulances are refusing to transport
3 individuals with mental illness from a hospital that
4 does not have psychiatric services to a hospital in
5 the region which does have psychiatric services.
6 This would appear to be a significant violation of
7 the parity law.

8 If DMS determines that some of
9 the confusion is caused by a lack of clarity in the
10 regulations, then, we recommend that DMS identify the
11 specific regulation language which needs to be
12 addressed.

13 I would also like to thank DMS
14 for the work that is being done on the school health
15 free care services. We in the mental health
16 community are very excited about the possibility of
17 increasing access to mental health services through
18 that change. So, thank you very much, Commissioner
19 and Lee.

20 Our next meeting will be on
21 July 9th and we will be meeting in Room 125 of the
22 Capitol Annex. I'm happy to answer any questions.

23 DR. PARTIN: I have a comment
24 rather than just a question on the EMS issue. This
25 is a problem in primary care as well. If we have a

1 patient who is suicidal or who has some other acute
2 psychiatric illness, EMS won't transport those
3 patients to the hospital from the clinic. Sometimes
4 we call the police. Sometimes we call a family
5 member but it's not the best situation. So, it's not
6 just hospital to hospital.

7 DR. SCHUSTER: Not just
8 hospital to hospital. You're saying it's also from a
9 primary care office or clinic.

10 DR. PARTIN: To a hospital.

11 DR. SCHUSTER: To a hospital.
12 It's a real problem. There certainly are cases where
13 persons who are having a psychotic break, for
14 instance, could be difficult to handle, but you're
15 probably looking at in involuntary hospitalization at
16 that point where law enforcement is the appropriate
17 thing. We're talking about voluntary admissions,
18 right, where the person says, yeah, I need help but i
19 need to get there.

20 DR. PARTIN: Mostly for primary
21 care, that would be somebody who was suicidal.

22 DR. SCHUSTER: And I don't know
23 whether DMS is the appropriate venue to start. It
24 seems like that's one place where the ambulance
25 drivers are saying we don't get paid to transport

1 mentally ill patients. That's a problem and we know
2 that's not true and we know you all are not saying
3 that, but it would be really helpful to have some
4 communication from DMS to whoever these EMS providers
5 are. And some of them are county. Some of them are
6 private. I don't know.

7 MR. CARLE: Sheila, what I was
8 going to ask, what you're alluding to, though, is
9 that a certain region, you have certain facilities or
10 it's statewide?

11 DR. SCHUSTER: Well, we had
12 representatives there, Chris, from three different
13 CMHC regions, so, Ashland and that whole region.
14 Remember, our CMHC regions, there's only fourteen of
15 them. So, they take in eight, nine, ten, as many as
16 twelve counties.

17 So, the Ashland region, that
18 entire region, Prestonsburg, that entire region, and
19 the Bowling Green and it's mostly in the rural
20 counties. And I could get some more information, I
21 think, from the CMHC's.

22 COMMISSIONER STECKEL: We'll
23 look into this.

24 DR. SCHUSTER: Thank you very
25 much. I mean, it really is a problem and it seems to

1 be a real discrimination against people with
2 behavioral health issues.

3 COMMISSIONER STECKEL: I
4 totally agree.

5 DR. SCHUSTER: Thank you very
6 much.

7 DR. PARTIN: Thank you. You
8 had a question or a comment? You need to come to the
9 table.

10 DR. McINTYRE: I'm Dr. McIntyre
11 again. I'm an ER doctor in Flemingsburg and I have
12 worked all over the state in the last thirty years
13 and the problem isn't limited at all to mental
14 health.

15 The worst place I ever worked
16 in terms of getting ambulance access was in
17 Barbourville where the EMS service - and this is
18 twelve years ago, so, the problem hasn't improved at
19 all - the EMS service absolutely refused to take any
20 mental health patient. We would have patients
21 sitting in the ER sometimes for two or three days
22 waiting for some form of transport.

23 I have actually taken male
24 patients in my own car to Hazard until the hospital
25 said that's just not appropriate. We can't allow you

1 to do that anymore.

2 And the problem wasn't limited
3 to mental health patients. The EMS agency would also
4 refuse to transport medical patients.

5 I actually went to the EMS
6 Board and talked to them about the problem and was
7 shot down. The EMS Board said these county EMS
8 agencies are only required to take patients to the
9 hospital, not to do any transports and that we were
10 free to call any other EMS agency in the state to try
11 and get a patient transported.

12 Well, that would work in
13 Lexington, Louisville, Frankfort where there are
14 private EMS agencies that do transports but it was a
15 non-answer as far as Knox County where there's no
16 private ambulance service within probably eighty
17 miles of the county.

18 It's not even limited to
19 Kentucky. I did some part-time work in the last
20 eight months in New Martinsville, West Virginia close
21 to the Wheeling area and exactly the same problem of
22 transporting medical patients. After midnight, we
23 couldn't transport patients anywhere outside of the
24 local area and a lot of people needed a higher level
25 of care - the same thing now in Flemingsburg. We

1 can't get transports for medical patients or mental
2 health patients after midnight. It has to do with
3 the staffing of the EMS agencies.

4 And in Barbourville
5 specifically about mental health, the answer we got
6 on why they wouldn't allow transporting mental health
7 patients, they talked about their liability
8 insurance. What if a patient jumps out of the
9 vehicle, refuses transport? We have no means to make
10 them go and we would be liable if they jumped out of
11 the vehicle.

12 So, it's an intractable
13 problem. I would think the EMS agency, the state EMS
14 agency, state EMS Board would be the group to try to
15 get to address this problem, although I'm not
16 optimistic that there would be any answer to it.

17 DR. PARTIN: Thank you. That
18 completes the reports and recommendations from the
19 TACs and we will move along to New Business.

20 And now we are going to get
21 some updates from MCOs and let's do WellCare first.

22 MR. ORRIS: Good morning. My
23 name is Ben Orris. I am the COO for WellCare of
24 Kentucky and I am joined by.

25 MS. MAGRE: LeAnn Magre and I

1 am the Manager for the Foster Care Adoption and Adult
2 Guardianship Program.

3 MR. ORRIS: I want to start by
4 thinking you for allowing us this opportunity in
5 front of the MAC committee to present.

6 The value of managed care is
7 how we're approaching this. We don't often get this
8 opportunity but we are often the recipient of I guess
9 information that isn't I think always reflective of
10 the value that we believe we bring to the state and
11 today we think is our opportunity to get that out in
12 front of you guys. So, I just wanted to thank you.

13 So, very briefly, the footprint
14 or who WellCare is. We are a national government-
15 sponsored-only health care program in the United
16 States. We are in all fifty states for Medicare and
17 Medicaid offering services to about 4.5 million
18 members for both Medicaid and Medicare and serving
19 PDP as well.

20 Locally here in Kentucky, we
21 have about 484,000 members, of which about 450,000 of
22 those members are Medicaid recipients.

23 We have got 290 associates here
24 in Kentucky or associates representing and serving
25 the residents of Kentucky. We've got six locations

1 throughout the state as well.

2 Some of the topics we're going
3 to key in on today I believe were prescribed by the
4 MAC committee, of which one was what are some of the
5 other type services that you guys do that brings the
6 value that we speak of.

7 And I think one of the biggest
8 things for us is our community impact program. When
9 we came to Kentucky in 2011 when managed care went
10 live, this was part of our initial launch. It was
11 our community impact and it was different from some
12 of our competitors.

13 And by that, I mean we are very
14 involved with our community service agencies. We
15 came with the integrated care model that not only
16 addressed the medical, pharmaceutical and behavioral
17 care services but also the social service care.

18 We didn't carve out BH because
19 of the importance of understanding the BH and the
20 frequent comorbid conditions that go along with
21 behavioral health, and we treat social services
22 similarly. I kind of look at it as there's the
23 pharmaceutical, the medical. There's the behavioral,
24 but, then, there's also the social service component
25 of that.

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There's some additional information when we get into care field management that we will go a little bit deeper on that.

The reason for the focus on the social services is basically because we know that those are the things that drive a member's true health. Very little of medical care helps define a member's health. It's more about their environment, their behaviors, their genetics. The actual care they receive has very little to do with their health.

So, for us, it was important to come and bring a program that addressed those social services, those social determinants of health by way of general transportation, medical transportation, food, utility assistance, housing assistance.

A member is not likely to go see a medical care provider for treatment of some condition that they have or to seek preventative services if they don't have a means to know where their next meal is coming from. So, that's why that has been so important for us.

At WellCare, we branded that community impact and we have invested millions of dollars in the program and employed dozens of social service workers to help drive this program.

1 We're able to then take that
2 information and look at the data prior to them
3 closing a social service care gap versus afterwards,
4 and you can see some of the outcomes in the bottom
5 right - 4.8 times more likely to schedule and attend
6 a PCP visit than a similar population that may or may
7 not have had a care gap that wasn't closed; 2.4 times
8 more likely to improve their BMI or one and a half
9 times more likely to have better diabetes-related
10 treatment compliance.

11 So, when we talk about social
12 determinants of health and its impact to health, we
13 hit the ground running with our program here in
14 Kentucky, and it's no different nationally for us at
15 WellCare.

16 Field care management. This is
17 the slide I was alluded to and I touched on it
18 briefly that the behaviors and the environment are
19 something that drive a member's health.

20
21 Our ability and our investment
22 in our care coordinators, these are social workers,
23 these are nurses and these are people that are in the
24 field. Medicaid members are oftentimes very
25 difficult to get a hold of.

1 innovative program that we have for transition age
2 foster youth. JOOL/Kumanu Health Coach is a program
3 that we launched in October of 2018. It was a pilot
4 program that DMS graciously and DCBS graciously
5 allowed us to work on, and it utilizes technology and
6 social networking to engage our members.

7 We wanted to focus on helping
8 these members to develop a strong sense of purpose
9 and build their life goals and we targeted the
10 transition age foster youth, the seventeen-year-olds
11 and above on this in order to help them start working
12 toward their adulthood.

13 As these kids move from being
14 in care to being on their own, they have some issues
15 and some concerns that they have to face, and we know
16 that getting in front of that can be helpful to them.

17 So, we wanted to start this
18 program with them. We wanted to continue to engage
19 them as they transition out of foster care. We
20 wanted to help target their health issues and their
21 treatment goals and also work on them building a
22 sense of community, as well as their own sense of
23 purpose within the program.

24 One of the key things that we
25 know about kids that are transitioning from foster

1 care, they are at high risk of being homeless. They
2 are at high risk of using drugs and alcohol. They
3 don't always get their education completed before
4 they leave care which makes it even more difficult
5 for them to continue to get their education later on.
6 Their employment rate tends to be high and, then,
7 also criminal behavior is a risk as well.

8 So, we built this program, and
9 one of the things that we did in order to build the
10 program is we talked to foster youth. We talked to
11 current foster kids as well as former foster kids and
12 asked them what the program would look like if they
13 thought it would be successful, and they helped us to
14 build it.

15 They helped us to put some
16 pieces of that in place and they told us that you
17 need to give us some incentives if you want us to
18 actually do this program. So, we did. We included
19 gift cards and games as part of the process.

20 The program is an app that you
21 find on a Smartphone. And on page 7, you will see a
22 picture of the Welcome to JOOL app that's on the
23 phone.

24 We as part of this program are
25 giving the foster kids a Smartphone if they don't

1 have one. We built this program very carefully to
2 ensure that the kiddos are getting a phone that is
3 pretty controlled, pretty locked down. They can't
4 run around and access a lot of websites they
5 shouldn't be accessing, all that kind of stuff.

6 We worked hand-in-hand with the
7 guardians, DCBS workers and the care providers to
8 ensure that they understood the program, that they
9 understood exactly what the phone would do and get
10 their permission, of course, to do that.

11 So, you can see some of the
12 information on page 7 about that. And if you want to
13 go to the website that is listed on here, please do.
14 There is a video on there that will help walk through
15 exactly what JOOL will do.

16 We have 106 kids that are
17 enrolled in this program. We are working to get to
18 250, being able to engage kids and get to them, and
19 to walk through this process has been slow; but what
20 we are finding is that over half of the kids that are
21 enrolled in the program are using it actively.

22 They like this program. They
23 are charting in it. They are developing their goals.
24 They are getting daily tips that are sent to them
25 based on the information that they are inputting into

1 the app and we are starting to see some pretty
2 wonderful outcomes coming out of it.

3 On page 8, you will see that
4 some of the youth are charting what their energy
5 level is and what affects their energy level on a
6 day-in and day-out basis. You will see that their
7 baseline has moved up, so, their energy is improving
8 and they're reporting that.

9 You can see their weekly energy
10 trends. Tuesdays are really a good day to engage a
11 foster youth on some kind of activity or program.
12 This might be the best day for them to take a test at
13 school because their energy is high.

14 I would not want to engage a
15 kid on Sunday. They are not in a good mood on Sunday
16 based on this information that we're finding and this
17 can us with programming. This can help us inform
18 their guardians, as well as their care providers
19 around some of the days of the week that might be
20 best to engage them in some purposeful activity.

21 And, then, you will also see
22 some of the factors that are influencing their energy
23 levels, their activity level, their own creativity,
24 their presence in their life, what is important to
25 them. Are they present in that and are they actively

1 participating in that? Their sleep is important to
2 them, as well as their eating.

3 And, then, on page 9, there's
4 some positive feedback from the foster youth
5 themselves. We get information from them and they
6 send us information.

7 One of the components of the
8 program that the kids asked us to do, every day, a
9 daily tip is sent out. Whenever a kid gets into the
10 program and charts their day about how they're doing
11 and how their goal is going, the program will send a
12 tip to them that's based around the information that
13 they have inputted into the system.

14 And the foster kids told us
15 that they wanted to be able to write their own tips
16 and be able to share that information with other kids
17 that are also in the program and we were able to do
18 that. And we've had several kids write to us and we
19 have put their tips into the program itself.

20 As you can see, a couple of
21 kids that we have captured some of their information,
22 JOOL gives me daily goals to use and focus on and
23 coping skills to use. I want to climb a mountain and
24 motivate others to overcome their obstacles as well.

25 And, then, this one. This is

1 an actual tip that we have in the system. It's okay
2 to have bad days and make mistakes. Just try to look
3 on the positive side of things and remember that you
4 will make it through just fine. You can make an
5 infinite amount of mistakes but something or someone
6 will always pull you through and help to make things
7 right themselves. Just take one day at a time.
8 Don't try to plan too far ahead, so, if things don't
9 go as planned, then, you can always try and change
10 that plan.

11 That's pretty inspiring. So,
12 we're very proud of the program. We're proud of the
13 work that's being done. We're excited to come to the
14 end of the program and learn from it because I think
15 this is going to be something that we'll be able to
16 use going forward for our kiddos.

17 MR. ORRIS: Awesome. Thank
18 you, LeAnn.

19 There's been some talk about
20 the Kentucky HEALTH 1115 Waiver. And when that was
21 announced formally probably over two years ago, with
22 all of the complexities that were coming out
23 specifically around the community engagement
24 requirements, premium requirements, medical frailty,
25 yes, we initially panicked.

1 But, then, after we kind of
2 rallied ourselves over several months, we asked the
3 question what could we do? What could we as WellCare
4 do as a health plan to help improve our members'
5 opportunities to stay enrolled in their managed care.
6 We can't help them if they lose their benefits.

7 One of the most glaring
8 obstacles that's the primary reason why the waiver
9 has been remanded was the work requirement.

10 So, what we did was go meet
11 with every workforce innovation board in the State of
12 Kentucky to ask them what it was that they were
13 fearful of, how could we help.

14 And by and large, the response
15 that we got from that was we need customer service.
16 We need people. We're going to have an additional
17 400,000 people in the State of Kentucky that are
18 going to probably be at risk of losing their benefits
19 if they don't have a job. They're going to be
20 starting with the workforce boards and the career
21 centers. What could we do to help. They wanted fund
22 support, customer service and they needed something,
23 a technology that would help them as well.

24 So, we went out and contracted
25 with a company and it's one of its kind in the

1 country and developed WellCare Works. At the time,
2 it wasn't WellCare Works. It was just going to be a
3 product that would help members meet their volunteer
4 requirements or their work requirements; but after
5 the waiver was suspended the first time and, then,
6 again the second time, we pushed forward with this.

7 It's an incredible investment
8 that we're making to the State of Kentucky to keep
9 access to this for our members.

10 And what it is is an
11 application, a computer-based tool for members to go
12 out and do job searches, build resume's, take
13 training. When I talk about building a resume', it's
14 not the opening up a Word document and doing a
15 resume'. It's filling out a template, right. It's
16 like a Wizard, I guess you would call it. You answer
17 questions and the output is a resume'. They've got
18 training clinics. It's live peer-to-peer coaching
19 for people.

20 In speaking with the vendor,
21 and we meet with them several times a month just to
22 get a better grip of how things are going, people
23 call in for their conversation with their coach just
24 to say, hey, I've got an interview at four o'clock
25 today, can you help pump me up for it, and that's the

1 kind of stuff that goes on through this.

2 So, it's the online job seeking
3 resource but it's also that phone support. So, we've
4 hired and staffed in our Hazard, Kentucky office
5 called community assistance people that are very
6 well-versed in this application and they are there to
7 help our members navigate this system as well.

8 And, then, the third thing, we
9 built a product out of it. So, it's WellCare Works
10 but it's the community assistance line that provides
11 support around the WellCare Works' application. It's
12 the phone support. It's the application as well.

13 And, then, we've wrapped a
14 third item and that's just general education support,
15 so, GED, ACT, SAT test preparation. So, these are
16 all things that are now part of someone mentioned
17 earlier the additional benefits that plans can offer.
18 WellCare Works is one of those.

19 We launched it as a pilot in
20 Northern Kentucky and Region 5 which is the Lexington
21 area but you can see that the system has been
22 accessed by members in 59 counties across the state.

23 Getting word out to our members
24 through mailers and whatnot isn't necessarily the
25 best approach we've learned. So, through our

1 community engagement team, the people that have
2 developed the call line, these are also the
3 associates that live in the communities and they are
4 the ones that are out forming the connections and
5 partnerships with the social service agencies.

6 They are training their social
7 worker team on our WellCare Works to help them learn
8 and understand the application. They're in career
9 centers. They're in shelters for domestic violence.
10 One of our big ones is the Eastern Area Community
11 Ministries.

12 They're trained on WellCare
13 Works, so, when a member comes in seeking help or
14 support, they're able to show them WellCare Works,
15 get them logged on to the member portal and get them
16 access to the system.

17 MR. CARLE: So, before you go
18 on, I'll let you catch your breath a little second
19 there. Do you have any numbers associated with this?
20 How many actual contacts are there? I guess it would
21 be both for your program that you can see you're
22 passionate about, but also with regards to the
23 WellCare Works, how many touches did you actually
24 have?

25 MR. ORRIS: Mr. Carle, the next

1 page.

2 MR. CARLE: I wasn't reading
3 ahead.

4 MR. ORRIS: Thank you. I
5 appreciate it.

6 So, it was a bit of a slow push
7 through the mail. We started it in January is when
8 we went live. We sent our first mail out at the end
9 of December and, then, we sent another one out in
10 March, as well as we started ramping up our touches
11 to our community agencies. And you can see the
12 impact that that has had.

13 So, we've had over 427 job
14 searches. We know through working with these
15 agencies that people are getting jobs through this
16 application. We wouldn't otherwise know other than
17 for the fact that we have relationships with the
18 agencies. We know when they're working with our
19 member and navigating.

20 We get feedback and stories
21 from those agencies that say Mary who has been
22 working with us for two years here at the domestic
23 violence shelter used your application and got a job.
24 Those are the good-news stories that we have been
25 waiting for and those are starting to roll in.

1 Job Alerts is something that I
2 didn't mention but that's something where when they
3 go into the application and they provide their
4 personal information and they fill out their profile,
5 what do I want to do, what are my qualifications,
6 what do I like, when a job comes up and meets their
7 profile, it will send them a notification on their
8 phone to let them know, hey, something just posted
9 that might be right for you. You ought to go online
10 and send in an application for it, and that kind of
11 makes them first to market, right, when some of these
12 jobs come about.

13 It's not thousands, tens of
14 thousands of people that are accessing it but the
15 broader we launch this, the more action we're going
16 to get on it, but right now we feel like the best way
17 is word of mouth and working with our social service
18 agencies. We tried the mailers and the marketing
19 type approach and it wasn't super effective.

20 DR. PARTIN: I'm just going to
21 interrupt you for a second here. It looks like
22 you've got some really good information to share with
23 us but we also need to give the next MCO an
24 opportunity to present their information before we
25 have to close the meeting.

1 So, if you can wind it up maybe
2 in about ten minutes.

3 MR. ORRIS: Oh, absolutely.
4 Absolutely, and I apologize for running over.

5 Member Mobile app, it's just
6 another application, another piece of technology for
7 our members that gives them the ability to help
8 navigate the plan, PCP, find an urgent care near you
9 rather than going to an emergency room. It's mostly
10 used for changing PCP currently but it's another
11 application that we have thousands of people
12 accessing to help them with technology because
13 they're so hard to reach.

14 MR. CARLE: Do you have
15 criteria for changing PCP's?

16 MR. ORRIS: Criteria for
17 changing PCP's.

18 MR. CARLE: So that they just
19 don't doctor shop and doctor hop?

20 MR. ORRIS: We have a pharmacy
21 lock-in program for people that might be doctor
22 shopping or hopping. So, they would have criteria
23 but the average person who wants to change their PCP,
24 no.

25 You've heard a lot today about

1 our value proposition and quality is no different. I
2 believe this was one of the items that the MAC
3 committee wanted to see.

4 These are some measures and
5 improvement that WellCare has been able to show for
6 our member population since 2012, the first full year
7 that we were in operation through our last full
8 complete year through HEDIS and you can see some
9 dramatic improvements.

10 This isn't by accident I think
11 is the only point I want to make here. This is large
12 investments. This is 50 people in our Quality
13 Department and probably no less than fourteen quality
14 practice advisors. These are people that are out in
15 the doctors' offices making thousands of visits a
16 year with the provider relations team closing care
17 gaps, providing lists, teaching the practices how to
18 code appropriately to get the credit.

19 I don't think it's always an
20 issue of the members aren't getting the quality care.
21 It's just sometimes a matter of getting the
22 documentation and it's very regulated and, so, we
23 help with that.

24 In our work here that I suspect
25 every managed care plan is doing, these help drive

1 Kentucky's quality national rankings. That's what
2 makes this so important for Kentucky. I won't dwell
3 on that but we're very proud of the work we do around
4 quality and some of the demonstrated outcomes that we
5 have been able to show.

6 MR. CARLE: So, could we also
7 see followup? You've got the well-child visits which
8 are nice and impressive. You're documenting your
9 BMI's better, but could we see annual well list
10 visits for the adults?

11 MR. ORRIS: Sure.

12 MR. CARLE: Also - and these
13 are just right in line with HEDIS - mammograms,
14 colonoscopies. Do you use FIT test and ColoGuard or
15 does it have to be a full-blown?

16 MR. ORRIS: We follow the HEDIS
17 criteria of the NCQA but I do believe that ColoGuard,
18 FIT test, the actual colonoscopy all meet the
19 criteria for an exam for a year.

20 MR. CARLE: Okay. And, then,
21 kidney monitoring either with the microalbumin or a
22 urine protein for nephropathy and, then, just the
23 last one I was concerned about also, you've got some
24 nice diabetes measures here. We talked about the
25 retinopathy before but medication adherence for

1 diabetes.

2 MR. ORRIS: Is one you would
3 like to see?

4 MR. CARLE: And I'm going to be
5 consistent with everybody.

6 MR. ORRIS: Absolutely.
7 Absolutely. Yes, those are very difficult measures
8 to affect but we've got a lot of strategies through
9 our Pharmacy Department and working with the
10 pharmacies trying to make them a pharmacy home.

11 Our members may not see a PCP
12 but once a year but they're seeing their pharmacist
13 probably twice a month, so, using them as a tool to
14 help close care gaps by leveraging their technology
15 on their screen when someone walks in not only
16 incentivizing them for medication adherence measures
17 but also saying you're due for a colonoscopy or a
18 mammography or something like that because they're
19 getting pinged at many levels.

20 Pharmacy should be no
21 different. So, we're starting to launch some of
22 those initiatives to help drive quality.

23 Emergency room, this and the
24 next slide around our PMPM costs, there are so many
25 ways to slice and dice and examine what's going on

1 with emergency room costs and emergency room
2 utilization but we kept it very simple. We wanted to
3 show increased costs in our Emergency Department. In
4 2015, WellCare for our membership spent \$139 million
5 on ER services; and in 2018, that number climbed to
6 about \$180 million and that's despite the reduced
7 utilization.

8 So managed care, what we can
9 control and what we can leverage are our initiatives
10 and our strategies to reduce ER utilization, and you
11 can see some of the strategies we employ on the right
12 there but those have been successful over time in
13 reducing our utilization.

14 The costs, it's a function of
15 contracting and it's a function of hospitals'
16 reimbursement methodology which is a percentage of
17 billed charges. If hospitals increase their charges,
18 we're going to pay more for emergency room.

19 Medical expense trends. This
20 is another one that I could fill a binder and I'm
21 sure I have ten binders on my desk to do exactly
22 that. So, there's just so many ways to examine our
23 medical expense.

24 But I thought for this group at
25 this level, if you want more detail, more

1 information, we would be more than happy to provide,
2 but all we did here was just kind of look at the cost
3 drivers of our medical expenses over the last three
4 years.

5 So, in 2017 compared to '16,
6 you can see that one of the primary drivers for us
7 was outpatient and ER spend where pharmacy in '17
8 compared to '16 was actually a reduction. That
9 flipped a little bit in 2018 where pharmacy became
10 our primary cost driver for our medical expense trend
11 and contributed 5.2%.

12 A couple of points I left out
13 on medical expense. So, Kentucky average annual
14 percent growth in health care expenditures per capita
15 from '91 to 2014 just after managed care went live
16 was about 5.4%.

17 In 2018, the national Medicaid
18 spending increase - this was from CMS - was 2.2% and
19 WellCare is in line with that national trend here for
20 our membership in Kentucky of a 2.2% medical expense
21 trend.

22 Given our time, I won't get
23 into too many of the details that are driving it but
24 suffice to say it's a lot of pharmacy. It's the
25 buprenorphine, it's the increased access to those

1 services. Once they access that, it drives Hep C
2 screening, it drives inpatient utilization as well
3 but it's needed. I mean, that's not an indictment.
4 I mean, we're doing what we need to do to improve
5 access for these services, but there's a cost to it
6 and I think we are all understanding of that.

7 Very, very quickly are some of
8 our access measures. Contractually, DMS puts within
9 our contract provider access measures. For PCP's,
10 it's no more than thirty miles or thirty minutes in
11 urban areas, and in rural, it's forty-five, forty-
12 five and a PCP ratio not to exceed 1,500 to 1.

13 WellCare, our network, I think
14 we have the largest network in the state and we meet
15 our network adequacy requirements at 100% and our
16 PCP-to-member ratio is 101 to 1, and hospital we're
17 at 100% access as well. We've got a contract with
18 every hospital in the Commonwealth.

19 Appointment and availability,
20 we are also required to do these audits and report
21 back to DMS. We hire the Myers group. These are
22 independent surveyed audits. They call the practices
23 every quarter and it's not disguising himself as a
24 member trying to make an appointment. They self
25 identify that it's an audit and it's regulatory.

1 It's part of your contract with us that you're
2 required to meet certain access standards.

3 For our primary care and
4 pediatrician, we fared very well. The standard is
5 90%. This last quarter, the last quarter with which
6 data was available, we missed our urgent for PCP at
7 87.4.

8 We get detailed information on
9 the practices that do not meet these standards and we
10 follow up regularly with them to let them know of
11 their requirement. They are re-audited again the
12 following quarter; and if they do not meet the
13 adequacy standard at that point, they are put on a
14 cap.

15 Behavioral health, for the most
16 part, we do okay, most importantly on the crisis
17 stabilization which is most important. However, on
18 the urgent which is a 48-hour turnaround, we have
19 some access issue and I think there's just a large
20 population of members seeking urgent behavioral
21 health care, and right now, we're working with our
22 practices to see how we can improve and enhance that
23 access.

24 With that, I am happy to answer
25 any questions you might have or provide followup in

1 addition to the measures on quality you had, Mr.
2 Carle.

3 MR. CARLE: I'm good.

4 MS. STEWART: I have a couple
5 of questions. One, you didn't present any data on
6 provider relationships or claims data denial rates or
7 audit percentages.

8 And I would encourage you to
9 have more regional provider meetings in more
10 locations because the ones you had were about three
11 hours away one way for providers to get to that. So,
12 that's really not conducive to work with providers
13 for a day trip.

14 MR. ORRIS: Thank you for that
15 advice. And what Ms. Stewart is referring to is
16 WellCare conducts provider summits annually where we
17 have historically gone to I think five cities. This
18 year, we cut it back to four but tried to blanket as
19 much of the state as we could, but we will take your
20 advice. Are you in the west?

21 MS. STEWART: I'm in East
22 Kentucky. I'm close to Virginia and my closest one
23 was Ashland.

24 MR. ORRIS: Okay. We've had
25 them in Hazard in the past, haven't we?

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MS. STEWART: You have an office there. That would be great.

MR. ORRIS: Duly noted. Thank you, but those provider summits are great opportunities for our providers. We just had one last week, in fact, in Bowling Green.

They're attended by over 200 providers all across the spectrum of provider types where we present similar information but, then, also have breakout sessions for claims, for credentialing, for behavioral health, for authorizations where providers have an opportunity, in addition to the 400-plus office visits we make in a month through our PR team, to ask us questions and kind of put ourselves out there and be responsive partners to our most important partner, our providers.

Any other questions?

DR. PARTIN: Our next meeting will be in July. Would you be able to provide us the information that we've asked by then?

MR. ORRIS: Absolutely, and that's on the additional HEDIS metrics and, Ms. Stewart, you would like some information on authorizations and denials. Did I catch that right?

MS. STEWART: Just about claims

1 data, denial rates, percentage of denials under
2 audit, things that providers are interested in.

3 MR. ORRIS: Okay.

4 MS. HUGHES: And, Beth, I'm
5 assuming you want just a written report from them
6 because you're going to have three MCOs presenting at
7 the next meeting.

8 DR. PARTIN: Correct.

9 MR. ORRIS: We will follow up
10 in writing.

11 DR. PARTIN: Thank you. And
12 next we have Passport.

13 DR. HOUGHLAND: Good morning.
14 I think it is still technically morning, correct?

15 DR. PARTIN: It is.

16 DR. HOUGHLAND: Madam Chair,
17 distinguished members, my name is Steve Houghland for
18 the record. I'm the Chief Medical Officer for
19 Passport Health Plan, and joining me is Dr. Liz
20 McKune who is our Vice-President for Health
21 Integration.

22 Hopefully, you received in
23 enough time a more formal presentation. It wasn't my
24 plan to read this line by line. So, unless that
25 pleases the committee, we can do that.

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But I think in the interest of time, and we recognize that we're probably keeping you from lunch and your day's activities, and we were operating under the idea that we had about twenty minutes for a presentation, I was actually thinking about something less than that, allowing enough time for an opportunity for the members to ask questions.

Our team members have already taken note of the items that have been requested from the previous presentation. I recognize that some of those are not included in this and we had not planned on addressing that but we will have that in writing for you in advance of the next meeting as well.

DR. PARTIN: Okay.

DR. HOUGHLAND: Just as a quick reminder, Passport is a nonprofit provider-sponsored health plan that has been in operation in the Commonwealth for over two decades, beginning originally as a regional health plan in 1997 and, then, in the early 2010's did expand to a statewide managed care organization.

Today, we are proud to help serve over 300,000 Medicaid recipients in Kentucky and help serve the Commonwealth in that regard.

I'm not going to run through

1 this history lesson for you. There's some good
2 information in the first slides.

3 One of the things that we were
4 asked to talk about - and we did not get into real
5 granular detail on this, and, so, I will apologize in
6 advance and we will provide that information in
7 writing to you - are some things that we have been
8 doing, things we're proud of and quality is obviously
9 one of those.

10 There are some areas that we
11 have had consistent performance at a high level in,
12 well-care visits being one of those and EPSDT
13 services for children is another area that we have
14 had consistently high performance in, but I think we
15 need to recognize that there are some things that us
16 in combination with our provider network have
17 opportunity to make improvements on.

18 Some of those have been in
19 behavioral health, access and availability in that
20 end. Physical health is an area that we see that we
21 can make some improvements in, also working with our
22 provider network and customer satisfaction.

23 The Consumer Assessment of
24 Healthcare Providers and Systems' surveys that are
25 done on an annual basis have shown that our members'

1 perceptions of the care that they have been receiving
2 from their providers is a place that we can improve
3 upon, and we continue to work with our organic
4 provider network to help make some improvements
5 there.

6 Things that I would call out,
7 and there are some discrepancies here, and that
8 happens in surveys - it's really interesting - but
9 when you look at the overall health plan rating, we
10 have consistently performed well in getting care
11 quickly and rating of the health plan; but, then,
12 when the questions that are more specific to our
13 provider network performance, there seems to be a
14 paradox because our members have said that they have
15 concerns about getting needed care.

16 And, so, how does that marry?
17 On one hand, they say that they are getting care
18 quickly and are satisfied with what the health plan
19 is doing, but, then, on the other, they say that the
20 care that they are getting isn't. So, this
21 dissonance is a little bit of a challenge at times.

22 One of the things that we in
23 particular recently have set out to try to get better
24 alignment in is our initiatives and expectations
25 related to our provider network and how do we engage

1 them and how do we engage the members, and instead of
2 asking completely disparate sets of expectations or
3 trying to enforce different expectations is to really
4 try to get alignment in that, and drawing upon a lot
5 of the work that the Cabinet has done recently with
6 the Kentuckiana Health Collaborative in developing
7 core measure sets to try to help narrow down some of
8 the multitude of measures that different
9 organizations look at.

10 If we incentivize our providers
11 and try to provide engagement opportunities for our
12 members to hone in on those core measure sets so that
13 it works together as opposed to being a tug of war in
14 what we're trying to get people to do and a lot of
15 those are very intuitive - focusing on preventative
16 services, things like breast cancer screenings or
17 cancer screening for both the provider and the
18 member, other preventative services like early child
19 visits and focusing on immunizations and, then,
20 things that we know are impactful, things like
21 diabetes care, cardiovascular disease, medication
22 maintenance.

23 Those are all things that we
24 know can make a difference. And if we align both the
25 member activity and the provider activity, we feel

1 like we can be a lot more successful, and as a
2 result, the Commonwealth will be much more
3 successful.

4 To provide a little bit more
5 information on those, I will turn to my learned
6 colleague.

7 DR. MCKUNE: In terms of our
8 provider engagement, we have been working to create
9 incentive programs and value-based contracts that are
10 tied to these metrics and trying to improve the
11 health and move that needle.

12 As well, we have invested a lot
13 of time, energy and resources in creating an enhanced
14 reporting package so we can do a better job of
15 providing feedback in a more timely manner so
16 providers can track and understand where the
17 individuals they are responsible for are in terms of
18 having their assessments done and receiving the types
19 of care that they need in a timely manner.

20 We have worked very hard to
21 streamline our enrollment process. We look forward
22 to participating in the standardized credentialing
23 process that will be implemented very soon, but we
24 historically had had some cumbersome challenges there
25 that we have worked hard to facilitate improvement

1 in.

2 We have also participated in
3 some of the PIP pilot partnerships. Primarily at
4 this point, our partnership has been with Park
5 DuValle - it's a family health center there in the
6 Louisville area - where we focused on transitions of
7 care and avoidance of ER stays with ambulatory-
8 sensitive conditions.

9 Some of the other things that
10 we have done in terms of looking at alternative
11 contracts in the behavioral health space have focused
12 on trying to improve the coordination of care for our
13 members that have severe mental illness.

14 We have worked with one of our
15 largest community mental health center providers and
16 done targeted outreach for members with severe mental
17 illness. Through this process, we have seen a 70%
18 reduction in medical inpatient stays, a 38% reduction
19 in ED visits and a 61% reduction in behavioral health
20 hospitalization.

21 So, I think by us targeting
22 what we know about these members who have severe
23 mental illness that, on average, they die 25 years
24 sooner, that addressing those comorbid conditions
25 that go along with that can have some real cost

1 savings as well as health improvements for those
2 members and hopefully help sustain and maintain a
3 longer life.

4 Additionally, I'm now looking
5 at Member Engagement on page 9, if you want to follow
6 along. We have been working to integrate technology
7 for communication with our members. We have recently
8 implemented a texting program to communicate with
9 members.

10 As well, we have been having a
11 focus group across our organization to look at new
12 member experience. We feel like if we can engage
13 members in that first 90 days that they have Medicaid
14 benefits and help them become not only engaged but
15 active in their care, that we can hopefully help them
16 have a better care experience as a whole while they
17 are receiving Medicaid benefits.

18 We have been working on trying
19 to receive better ongoing member feedback to improve
20 the member experience. We are in the middle of
21 revising our member incentives to more closely align
22 with our quality metrics. So, we are hoping to roll
23 out a completely revised set of incentives in 2020.

24 And, then, the other thing that
25 we are currently doing is looking at having our

1 community engagement individuals partner with
2 providers so that if providers want to do something
3 to improve their health metrics, let's say they want
4 to increase well-child visits and they would like
5 someone from the plan there to help explain benefits
6 to parents and those kinds of things, that we would
7 provide staff onsite to help support and provide
8 information during those periods of time so that we
9 can do the background work and the legwork so that
10 providers have the opportunity to address those
11 metrics and members get their questions answered.

12 MR. CARLE: So, did the
13 provider incentive programs and the value-based
14 contracts have positive outcomes from your
15 perspective and the providers' perspective and did it
16 drive a change?

17 DR. MCKUNE: I think that we
18 have learned a lot in the process. I think we have
19 become smarter, and I think the first ones that we
20 rolled out were four years ago in terms of behavioral
21 health - the primary care side has been much longer -
22 but we have learned a lot.

23 Initially, it's like how do you
24 move that needle and help providers take on more
25 risk. So, we started off really initially with just

1 some performance incentives so that if we saw some
2 positive metrics, that there was an opportunity to
3 earn dollars versus there being more risk tied to the
4 actual health outcomes and those might move up and
5 down as the health needle moves up and down.

6 And, so, we have seen some
7 positive metrics, and I think the providers have been
8 very patient as we've kind of moved through that.

9 The biggest barrier, I think,
10 has been being able to get the data that's useful for
11 all of us out of the system when we want it and being
12 able to hone in and make those targeted pieces of
13 information that are relevant available.

14 DR. HOUGHLAND: If I could
15 expand on that a little bit and in a little bit
16 different lens as well.

17 So, we certainly haven't
18 declared victory by any stretch of the imagination,
19 and I think the reality is that what we have done so
20 far, it would be hard to extrapolate that and scale
21 it to a much larger population of members to be
22 served and providers.

23 And one of the things that I
24 don't believe we have done systematically, not just
25 Passport but probably as a community, is willing to

1 assess the willingness to change and not just the
2 willingness but the ability from both sides as far as
3 how easily are our systems adaptable, how quickly can
4 they connect to be able to facilitate some of the
5 transfer of information and in a manner that it's
6 really actionable, and I think that's a big challenge
7 that we have.

8 When you look at individual
9 organizations that want to do things, I think that's
10 great; but the reality is is that when you're one of
11 the few that are trying to do something, at the end
12 of the day, the law of averages does take effect.
13 And if you're only one mover, then, it's hard to move
14 that everywhere.

15 MR. CARLE: And the providers
16 don't like it but it's the economic reality of the
17 industry that we're in. CMS wants to be out of the
18 risk by 2025 and they're going to do everything they
19 can by hook or by crook to make it happen.

20 So, if, in fact, that's working
21 again, as somebody that represents providers and
22 hospitals, we're trying to deal with it to your
23 point, but it's just the wave of the future.

24 DR. HOUGHLAND: Well, I don't
25 think you're alone obviously in that feeling and we

1 don't either. It's just the pace in which to get
2 better is I think really the question, and is it
3 sampling still? Probably at this point.

4 MR. CARLE: Okay.

5 DR. HOUGHLAND: So, we did
6 actually highlight something that is of mixed results
7 and it's a topic that I've heard in this room before
8 and others around the Commonwealth and that's what is
9 happening with ER utilization.

10 So, what we present actually
11 tells a little bit of a mixed story. When you look
12 at our own membership and the ER utilization trend
13 over time, the absolute utilization of the ER has
14 seemed to decrease based on our claims information
15 from 2016 to 2018 in particular.

16 The first month of 2019, it
17 seemed to move up a little bit one month really
18 doesn't necessarily speak to that trend but overall
19 utilization does look like it's moving in the right
20 direction.

21 The place where we have not
22 been able to have as much success is avoidable or
23 potential avoidable ER utilization, using the New
24 York Classification Schedule identifying those which
25 arguably, admittedly, there's some issues with that

1 classification but it's widely accepted and it's out
2 there.

3 We have not seen that same
4 impact. So, what it looks like is happening is that
5 avoidable utilization still continues a lot the same,
6 but through interventions and better provision of
7 preventative services through the entire network and
8 system, we have been able to make a difference in the
9 overall impact.

10 So, it is still positive, just
11 not exactly what we were looking for. And when you
12 look at the utilization from a regional standpoint,
13 there's not a lot of difference. Admittedly, our
14 population of members outside of the Louisville Metro
15 area is smaller, and, so, it's more subject to
16 skewing. There's not a massive difference from one
17 region to the other as far as what appears to be
18 behaviors of members using the ER as a first sight of
19 service.

20 What can we do about that?
21 Well, we continue to look at how do we embed more of
22 our team members and really more peers and using the
23 concept that people that are in a similar situation
24 to our members are more likely to have impact and
25 that communities really do drive medical decision-

1 making, maximizing community health workers,
2 population health managers within a practice to
3 inform the practice about what is happening in
4 realtime are all initiatives that we're taking on at
5 this point.

6 Recognizing the time and moving
7 quickly, if you move to Slide 14 and 15, these are
8 some snapshots of engagement in four of our main care
9 management programs and showing an increase in that.
10 We did make a pretty dramatic model change in our
11 care management programs at the end of 2017 into 2018
12 and that continues.

13 We shifted from really a
14 traditional care management model which was primarily
15 referral-based of both internal and external
16 referrals to one that is more predictive in
17 identifying members who are at risk for having an
18 untoward event -a hospital, re-admission, etcetera -
19 and using predictive modeling to try to identify
20 those members that we can impact at an earlier stage
21 to prevent the downstream unwanted consequence.

22 That has taken some time
23 internally for our team to kind of embrace that model
24 and also from the members to understand how that
25 really works for them. And over time, we have seen

1 our engagement rate, an acceptance rate from the
2 members grow from the twenties and thirty percent
3 which is kind of more typical of what you see in a
4 lot of care management programs that are offered to
5 mid-forties, upper forty percent range which is
6 really - I have a bias - but it's a very exceptional
7 rate to be reporting.

8 And, again, recognizing the
9 time, I think we'll move quickly to Liz.

10 DR. MCKUNE: We're going past
11 Slide 16 which shows network adequacy in terms of the
12 reporting that we share with DMS.

13 Seventeen, this slide
14 represents the number of behavioral health providers
15 and the dramatic growth that we've seen over time.
16 You can see there in 2014 when we had the State Plan
17 Amendment implemented how providers providing
18 outpatient services outside of a community mental
19 health center were allowed to enter the network for
20 the first time.

21 So, you can see how that growth
22 has changed over time, that we started off in 2014
23 with about 1,296 providers and today we have over
24 3,200 providers.

25 So, we'll go ahead and pass to

1 Slide 19. Here we have a slide that summarizes our
2 foster care pilot that we implemented in conjunction
3 with DMS and DCBS, as well as the Department of
4 Behavioral Health and Developmental and Intellectual
5 Disabilities.

6 We served fifty-nine children.
7 We actually added a full evaluation team along with
8 the implementation of this program so that we could
9 have an independent review of the effectiveness of
10 the program.

11 They went in and looked in the
12 charts at DCBS to look at what is going on with the
13 children, what is the history, what are those kinds
14 of things involved so that we could have some
15 standardized metrics to determine if we had done an
16 effective job of implementing this evidence-based
17 practice that had worked in other states around the
18 country.

19 So, we basically identified
20 children that were at risk of disrupting their foster
21 home placement because of their behavioral health
22 needs. And when we pulled the data originally for
23 Jefferson County which is where the pilot was
24 conducted, there were over 700 children that were on
25 that list that already had three or more moves in the

1 last two years and were at risk of another move
2 because of their behavioral health.

3 When we looked at that data as
4 well, one of the things that sticks with me is the
5 highest number of moves that a child had had out of
6 those 700 in two years was thirty-nine times.

7 And, so, we worked very closely
8 with the Department of Behavioral Health. They were
9 able to secure a grant to bring in High Fidelity
10 Wraparound Training for staff here in Kentucky and
11 that's the model that we approached the providers
12 that partnered with us that we wanted to see and use.

13 So, we used the HFW wrap
14 evaluation tool to determine did we maintain fidelity
15 to the model. Did we implement it like it was
16 supposed to be implemented, as well as looked at the
17 different outcomes.

18 We had the chance to go and
19 share our results in January at the CMS Quality
20 Conference. Dr. David Hanna and Stephanie Stone from
21 our team will also be presenting at the National
22 Family Focus Treatment Association conference later
23 this summer about the results because we felt like we
24 went there initially to learn what should we do in
25 terms of what should be implemented here and now it's

1 time to also share what we learned with others that
2 are also trying to figure this out.

3 I guess the most exciting
4 outcome that we saw were that we had a 150% increase
5 in children living with their natural or adoptive
6 family members compared to the six months pre-
7 intervention.

8 So, while this involved a
9 higher investment in outpatient services, helping
10 those children develop a network that was an informal
11 network as well, so, if things started to go bad one
12 day, that they didn't have to just rely on their
13 therapist, that they had a full support system
14 around them, we saw that even though there was a high
15 investment in working with the provider, that we had
16 a bundled rate so that it would cover whatever the
17 child needed and we tracked as well trying to
18 determine are there additional things we need to look
19 at adding to benefit so that children in foster care
20 placements could be successful.

21 Are there other things that we
22 need to think about as a whole, and we wanted to
23 reduce that barrier for providers so that they could
24 just make sure that the kid had whatever they needed
25 during the process.

1 Even though there was that
2 additional investment at a much higher rate than,
3 say, targeted case management pays today, we still
4 saw an overall reduction in spend for each child that
5 participated \$161 per member per month.

6 The other thing that I wanted
7 to just kind of mention today while we were having
8 some time together were the efforts that we are
9 trying to impact the opioid crisis through.

10 Currently, we have a dedicated
11 substance use disorder program manager, Dr. Cheryl
12 Hall. She joined our team from the Kentucky
13 Department of Corrections where historically the
14 majority of substance use disorder treatment in the
15 state was provided before it became a Medicaid
16 benefit.

17 We have participated in an
18 SBIRT Collaborative sponsored by the Center for
19 Health Care Strategies. This has been more of a
20 preventative effort in trying to increase the number
21 of primary care physicians and nurse practitioners
22 who assess for substance use disorder in adolescents.

23 The research shows that by
24 screening when people are in that stage of
25 adolescence, that if they're not using at that point,

1 should they use in the future, they know that the
2 primary care is a place to go for support should they
3 begin and need assistance in the future.

4 We also have started a
5 partnership with 180 Health Partners to provide case
6 management for women who are pregnant and have a
7 substance use disorder where there will be hands-on
8 nursing and case management provided for these women
9 that will assist them in getting to appointments.
10 It's been effective in other states and we're hopeful
11 to see similar results here.

12 We have also worked with
13 providers to develop a stepdown intensive outpatient
14 and case management program for pregnant women who go
15 and have detox and, then, frequently they were just
16 discharged into the community. So, we have worked to
17 create a program for them to step down into.

18 We also have partnered with
19 providers recently to look at how do we create better
20 opportunities for members who have endocarditis.
21 So, they might have bene using substances and now
22 have a comorbid medical condition that requires IV
23 antibiotics.

24 Frequently they're not allowed
25 to use the IV antibiotics in the substance use

1 disorder setting. So, we have worked with providers
2 and really put the ball in their court in saying what
3 can we create that would allow someone to not only
4 get that important medical care through the IV's that
5 they need, but at the same time, participate in that
6 important substance use disorder care.

7 And, so, providers have been
8 really creative and we're happy to report that we are
9 now contracted and will be able to provide some
10 solutions for those members at least in the
11 Louisville area at this point and hopefully can
12 expand to other parts of the state.

13 So, any questions that you all
14 have about the information we've shared today?

15 MR. CARLE: Like we asked, if
16 you could also provide the HEDIS measures and the
17 denial rates that Susan asked for, that would be
18 great.

19 DR. HOUGHLAND: We'll do.

20 MR. CARLE: Thank you very
21 much.

22 MS. ROARK: I have a question.
23 Are you guys thinking in the future that you may do
24 the work program as well?

25 DR. MCKUNE: We actually are

1 participating in a couple of different programs where
2 we have access to supports in the community and
3 connect members to those supports.

4 So, while it's different than
5 what's talked about in the previous presentation, we
6 are part of an independence readiness project there
7 in the Louisville community where foster children
8 that are aging out are getting connected to work, as
9 well as additional training or schooling.

10 We have been part of the
11 planning committee for that where we have brought
12 employers to the table so that we can help people
13 better make those transitions.

14 And, then, we are one of the
15 steering committee members for a shared social
16 services record that's being piloted in the
17 Louisville community right now where if someone needs
18 help connecting members to, say, assistance with
19 housing or food or transportation, they're able to
20 call in.

21 It's Internet-based as well.
22 It's sort of like an app. It's kind of like Uber
23 that someone responds and you get a response back
24 and, then, that information is housed. So, if that
25 person needs assistance in the future, you're able to

1 go in and see who they have been connected with in
2 the past and how has that worked. It's called the
3 United Community project there in Louisville.

4 MS. ROARK: So, nothing geared
5 toward Eastern Kentucky?

6 DR. MCKUNE: We have another
7 resource that we use with all of our case managers
8 called Healthify that's statewide that our members
9 can call in and we will assist them with connecting
10 to resources in their community.

11 MS. ROARK: Okay. Thank you.

12 DR. PARTIN: Thank you very
13 much.

14 Does anybody have any other
15 business they would like to bring forward?

16 MS. HUGHES: I thought about
17 this this morning. Your next meeting will be July
18 which will be the time for the elections for Chair,
19 Vice-Chair and Secretary. So, if anybody wants to
20 run, let me know and we can do elections next time.

21 DR. PARTIN: Yes, ma'am. Okay.
22 So, having said that and we do not have a quorum, so,
23 we will just adjourn.

24 MR. CARLE: Before everybody
25 goes, I would like to recognize Dr. Neel who is one

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of our contemporaries. He put a lot of time into the
MAC and as well as medicine in general in the State
of Kentucky. So, it's great to see you again,
Doctor.

MEETING ADJOURNED