

COMMONWEALTH OF KENTUCKY
CABINET FOR HEALTH AND FAMILY SERVICES
DEPARTMENT FOR MEDICAID SERVICES

IN RE: BEHAVIORAL HEALTH TECHNICAL ADVISORY COMMITTEE

September 1, 2021
1:00 P.M.

(All Participants Appear Via Zoom or Telephonically)

APPEARANCES

Sheila Schuster
CHAIR

Gayle DiCesare
Sarah Kidder
Valerie Mudd
Steve Shannon
Diane Schirmer
TAC MEMBERS PRESENT

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APPEARANCES
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Veronica Cecil
Judy Theriot
Fatima Ali
Angela Parker
Lee Guice
Sharley Hughes
Leslie Hoffman
Justin Dearing
MEDICAID SERVICES

Court Reporter's Note: At the request of DMS, all other participants appearing via Zoom or telephonically will not be listed under Appearances.)

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DR. SCHUSTER: We have a quorum.
So, I think we will go on and call the meeting to
order. I think it's 1:03 or something like that on
the 1st day of September, 2021. Welcome to you all.

We have with us voting members
of the TAC - Valerie Mudd representing Consumers of
Mental Health Services, Diane Schirmer representing
the Brain Injury Association of America - Kentucky
Chapter, Sarah Kidder representing NAMI Kentucky,
Steve Shannon representing the community mental
health centers through KARP, and I'm Sheila Schuster
representing the Kentucky Mental Health Coalition.

And, Gayle, if you have joined
us, speak up and we'll introduce you. So, we have a
quorum.

I distributed the minutes to
you all, the draft minutes. So, I would entertain a
motion from a voting member.

MR. SHANNON: I motion.

MS. HUGHES: Gayle is in.
Sorry.

DR. SCHUSTER: What did you say,
Sharley?

MS. HUGHES: Gayle just joined.

DR. SCHUSTER: Okay. Great.

1 Hi, Gayle.

2 So, Steve made the motion to
3 approve the minutes. Is there a second?

4 MS. KIDDER: Second.

5 DR. SCHUSTER: And who was that,
6 please?

7 MS. KIDDER: Sarah Kidder.

8 DR. SCHUSTER: Sarah. Thank you
9 very much. Any additions, corrections, omissions?
10 All in favor of approving the minutes, signify by
11 saying aye. And opposed and abstaining? Thank you.

12 I'm not sure who all we have on
13 from DMS - Leslie Hoffmann, I think. Dr. Theriot,
14 the Medical Director, is with us. Who is going to do
15 the update on our data request from Medicaid on
16 targeted case management?

17 MS. HUGHES: I think Leslie
18 Hoffmann has that.

19 MS. HOFFMANN: This is Leslie.
20 So, I talked to Barbara. She has the data, and,
21 then, I've emailed you, of course. We're going to
22 schedule probably a 90-minute meeting sometime next
23 week, if that works for you, Dr. Schuster.

24 DR. SCHUSTER: Yeah. I've sent
25 it out to our little workgroup.

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MS. HOFFMANN: Okay. And as soon as you can get me some dates, then, I will help coordinate that and get it scheduled for you, okay?

DR. SCHUSTER: Yeah. So, that makes it sound like we should be able to present some data at our November meeting, then.

MS. HOFFMANN: Yes, ma'am. I haven't seen the data but Barbara felt pretty confident that she had enough to give you that would answer some questions that you all had.

DR. SCHUSTER: Wonderful. Thank you very much.

So, for those of you who are new or may not remember, Commissioner Lee, Medicaid Commissioner Lee a year ago at this point when we were talking about targeted case management and the importance of it as a covered service for people with severe mental illness really urged us to dig into the data, of which Medicaid has a lot - tons, in fact.

And, so, Dr. Brenzel from the Department for Behavioral Health, Developmental and Intellectual Disabilities volunteered and we pulled in a couple of other folks who have been particularly up on this issue of targeted case management to join on this little workgroup.

1 DR. SCHUSTER: Yeah. It's
2 tom.walton@louisville.edu.

3 MS. HUGHES: I didn't get
4 anything from him.

5 DR. SCHUSTER: Huh. Okay, but
6 as long as he can when we get to it.

7 MS. HUGHES: Yes.

8 DR. SCHUSTER: Thank you. I
9 think Lee Guice was going to pick up on this next
10 item, the update on claims payments for services for
11 people who are dual eligibles.

12 MS. GUICE: Yes, ma'am, and good
13 morning.

14 DR. SCHUSTER: Good morning.
15 Good afternoon even.

16 MS. GUICE: I can't show you my
17 face today. I'm sorry. Once I open the Zoom
18 meeting, I can't get it moved off of the screen it's
19 on.

20 The claims payments, what we're
21 looking for is the bypass list, right?

22 DR. SCHUSTER: Right.

23 MS. GUICE: Certainly, it is in
24 process right now. On Friday, I have another meeting
25 on Friday that is a meeting where we prioritize the

1 release dates for all of our change requests, and
2 that change request will be on the list, but I do not
3 know what the - I can send an email to you, Dr.
4 Schuster, on Monday about when we anticipate it to be
5 implemented, okay?

6 So, we're looking right now -
7 it's September - so, it would probably be no sooner
8 than October for it to be implemented.

9 DR. SCHUSTER: Okay. And let me
10 just be sure that I understand, Lee. This is the
11 list that would tell people how to code so that they
12 could bypass that requirement to have a denial from
13 another insurer.

14 MS. GUICE: It's not necessarily
15 how they could code but it's something that we put
16 into our system so that the claims won't deny
17 payment.

18 DR. SCHUSTER: That's even
19 better.

20 MS. GUICE: Right. Right.

21 MR. SHANNON: Sheila, this is
22 Steve Shannon. And, Lee, the MCOs will get that as
23 well?

24 MS. GUICE: Yes.

25 MR. SHANNON: Okay. Is this the

1 Medicare bypass list but this is the bypass list,
2 right?

3 MS. GUICE: It's the Medicare
4 bypass list.

5 MR. SHANNON: Medicare. So, we
6 still struggle with commercial insurance.

7 MS. GUICE: You're going to
8 struggle with commercial insurance. It's my
9 understanding that Medicaid members have hundreds of
10 different commercial insurance plans, and we just do
11 not have the ability to give a listing and code that
12 listing into our system on the commercial side.

13 So, when I said something about
14 commercial I think it was to this group, you should
15 have - now, go back in your mind and picture me
16 opening my mouth and sticking my entire left leg in
17 there because that was an inappropriate use of the
18 word commercial.

19 MR. SHANNON: We still struggle
20 with that issue. I don't know what the resolution
21 is. I guess we'll keep at it, but targeted case
22 management is not a covered service with anyone but
23 Medicaid.

24 I don't know if Kathy Adams is
25 on but it's a kids' issue as well. Kids have

1 commercial insurance that pays for some things and
2 Medicaid that pays for other stuff and this has been
3 a decade. I don't know what to do when they expect
4 us to have an EOB and we're never going to get an EOB
5 for services that the commercial carrier doesn't
6 cover. So, I don't know. Keep at it, I guess.

7 MS. ADAMS: Steve, I'm on. This
8 is Kathy Adams. And, yes, it's a continuing issue.
9 We do have a few members that are making some
10 progress, so, you and I can talk.

11 But I think one clarification
12 I'd like from Lee is I followed up with all of the
13 MCOs following our last meeting because about two
14 years ago, a year and a half ago, we had gathered
15 bypass lists from each of the MCOs; and before I
16 shared any of that information, I wanted to go back
17 to the current MCOs and see if they had one and
18 compare their current one to their old one.

19 Several MCOs, when I asked for
20 their recent bypass list, provided me two lists and
21 they said this is the Medicaid bypass - this is DMS'
22 Medicare bypass list.

23 So, what you're telling me is
24 the two lists they provided saying that those were
25 DMS' Medicare bypass lists, those are the currently

1 existing. They are not the new ones because the new
2 ones haven't been implemented yet. Is that correct?

3 MS. GUICE: I don't know what
4 they gave you, Kathy. So, I can't comment on that.

5 MS. ADAMS: I forwarded it to
6 you all a couple of times.

7 MS. GUICE: Okay. I just
8 haven't had the opportunity to take a look at them to
9 compare them.

10 MS. ADAMS: Have the new lists
11 been shared with the MCOs yet?

12 MS. GUICE: Angie, do you happen
13 to be on this call?

14 MS. PARKER: Yes, ma'am, I am.
15 There is a Medicare bypass list on our SharePoint
16 site that the MCOs have access to. I can't verify
17 your list and the new list; but if the new list is
18 out there, then, yes, they have that.

19 MS. ADAMS: And that's what we
20 don't know. We don't know if it's the new list or
21 the old list, if you all have shared the new list
22 with them yet because, again, our members are taking
23 those lists and, then, having their third-party
24 biller implement the bypass code list for that.

25 So, we don't want our members

1 spending money to have the old list done if the new
2 list is coming out in October. Does that make sense?

3 MS. GUICE: Okay. I'm not
4 talking about the list, Kathy. I'm talking about
5 implementation in the system. Okay?

6 MS. ADAMS: Okay. So, is there
7 a list available, a new list? So, the new list
8 exists but it hasn't been implemented in the system.
9 Is that what you're telling me?

10 MS. GUICE: I'm not the person
11 who puts that list together. So, Leslie, are you the
12 - I'm sorry. I'm sorry.

13 MS. HOFFMANN: I'm on and I'm
14 trying to figure out how to answer the question. I
15 know Ann said - Ann had worked on a list for system
16 changes. I don't believe that was implemented yet
17 because, even as of last week, I think she was still
18 getting questions about additional things that needed
19 to be added.

20 So, as far as I know, it has
21 not "been released" in the system yet. So, I can
22 follow up with Ann,

23 MS. GUICE: I know it's not
24 released in the system. Okay?

25 MS. HOFFMANN: That was my

1 understanding. And as of last week, she was still
2 getting emails and questions about certain things
3 that we were having to follow up on to ensure that
4 they were included or weren't included or a modifier
5 maybe that needed to be included.

6 MS. GUICE: So, I think, then,
7 we can say, Kathy, that the list that is posted is
8 not the new list. We've had a Medicare bypass list
9 for a while but it's not the new list. Is that fair,
10 Leslie?

11 MS. HOFFMANN: Yes, ma'am, I
12 think that's fair. And I know that's not what
13 everybody wants to hear, but I can tell you that at
14 least it is being worked on, which it's a big
15 endeavor for her to have taken that on and she has
16 been diligently trying to get it completed.

17 MR. SHANNON: This is Steve
18 Shannon. I'm trying to understand because I'll get
19 the same questions Kathy will get, I'm sure, from our
20 members.

21 So, on Friday, there's a
22 meeting to do the system changes that will probably
23 happen in September and will go live for Medicaid in
24 October. What is that information?

25 MS. GUICE: Okay. What I was

1 trying to tell you is that I can't give you a time
2 line for when the system changes will be made.

3 There is a change order already
4 in process which is how we make our system changes.
5 Okay? I have checked all of the relevant material I
6 have, and I can tell you that the group that sets the
7 release dates, which is what we call implementation,
8 meets on Friday morning, this Friday morning as it
9 happens, and we will set a release date for that - I
10 will make sure that a release date is set for that
11 change order this Friday and then I will know.

12 It's too late for it to be
13 September, particularly if Ann is still working on
14 additional changes. So, the earliest I believe that
15 the system change will be made could be October, the
16 end of October. That'S for the system change.

17 MR. SHANNON: Right.

18 MS. GUICE: We'll have to get
19 back with you on when we believe the list itself can
20 be posted.

21 MR. SHANNON: But the system
22 change is driven - the change is the list. Is that
23 true or not?

24 MS. GUICE: Yes.

25 MR. SHANNON: So, when Ann

1 finishes her work, right, Leslie - and it is a huge
2 job - that will be the change made to the system is
3 that list?

4 MS. GUICE: Yes.

5 MR. SHANNON: Okay.

6 MS. HOFFMANN: Yes, that's
7 correct, Steve.

8 MR. SHANNON: So, there's two
9 pieces. There's the change order time line and,
10 then, there's the work by Ann to really - the change
11 will be driven off of Ann's work. Is that correct?
12 So, those are the two things that need to happen?

13 MS. GUICE: Yes.

14 MR. SHANNON: Okay. So, Ann
15 finishes her work and, then, the system gets
16 whatever, and we're hoping maybe that's October.
17 Okay.

18 DR. SCHUSTER: And, Lee, you
19 would notify me after you have your Friday morning
20 meeting?

21 MS. GUICE: Yes. I'll send you
22 an email.

23 DR. SCHUSTER: About a date.
24 Okay. Thank you very much. Somebody else had a
25 question.

1 MS. ADAMS: Yes. This is Kathy
2 again. I'm sorry. I just was curious if you all had
3 any idea the differences between the lists? Are we
4 talking just a few tweaks? Are we talking major
5 changes?

6 Again, I assume we can go ahead
7 and implement the list that's posted on your
8 SharePoint website. That's what is in the system
9 now, correct?

10 MS. HOFFMANN: This is Leslie.
11 Whatever is posted right now would be your best bet.
12 I can't tell you myself today what the changes were
13 between the two lists or two system changes.

14 MS. GUICE: If you all would
15 like to see that, if you could put it on your next
16 agenda so that we could have some time to prepare
17 that, we would be happy to do that for you.

18 MS. ADAMS: That would be
19 awesome.

20 MR. SHANNON: I agree.

21 MS. ADAMS: Thank you, ladies,
22 so very much. We know it's a lot of hard work but,
23 again, working off the old list, I think, and being
24 able to get those codes to bypass when you provide
25 those services is helpful.

1 at which it gets into your system, I guess is my
2 point. It could happen earlier than that.

3 MS. GUICE: Yes, ma'am.

4 DR. SCHUSTER: All right.
5 Great. And in terms of our November agenda, Lee,
6 since you have offered to do this, are you prepared
7 to come and talk, then, about the new list and the
8 process and so forth? Is that what you were
9 suggesting?

10 MS. GUICE: Well, I'm prepared
11 to make sure that we can show you a chart or a file
12 that has a comparison between the last posted
13 Medicare bypass list and the newest one and that
14 someone will be here to talk to you about it, whether
15 it's me or someone who knows a little bit more about
16 coding.

17 DR. SCHUSTER: Or Ann or
18 somebody. Okay. That would be great.

19 So, not to beat a dead horse,
20 but I want to go back to the commercial plans for a
21 minute because I understand the problem in trying to
22 have some kind of a bypass list that takes in every
23 kind of commercial plan that somebody might have.

24 But I think Steve raised a
25 really good point and that is that there probably is

1 not a commercial insurance plan that pays for
2 targeted case management.

3 And if we were to find that
4 that was the case, I guess my question is, is there
5 some way that the provider can indicate that I'm
6 going to try to bill the insurer but I'm sure they're
7 not going to. They're not going to get an EOB
8 because it's not a covered service and can go to the
9 MCO at that point.

10 MS. PARKER: Dr. Schuster, this
11 is Angie Parker, and I'm not going to speak for the
12 MCOs on how they handle that, but I guess I have a
13 question. For example, you as a provider provides
14 targeted case management. Do you bill that to the
15 commercial plan?

16 MR. SHANNON: No.

17 MS. PARKER: So, if you were to
18 bill it to the commercial plan, then, you would get a
19 denial back, correct?

20 MR. SHANNON: No. We would get
21 nothing back.

22 MS. ADAMS: You get nothing
23 back.

24 MR. SHANNON: They're not
25 denying the service they don't cover.

1 MS. ADAMS: You can't get EOB's
2 for a lot of the behavioral health services because
3 they don't cover it. So, it's not technically----

4 MR. SHANNON: They don't cover
5 care support. They don't cover community supports.
6 So, they won't deny something they don't cover
7 because denying it is the implication that it is
8 covered. We're just not paying for it in this
9 situation.

10 What our experience has been,
11 we don't receive an EOB and, therefore, we can't send
12 that. And I think Kathy and I think Art and some of
13 my members have the same thing.

14 Here is a list of codes that
15 our billing folks, our third-party if you go through
16 a clearinghouse, maybe would help with, but the
17 reality is we get zero information.

18 It's much like sending a dental
19 claim to your car insurance. They're not going to
20 deny that dental claim because they don't pay for it.
21 So, we get nothing in response. We get nothing from
22 Medicare or hopefully that's addressed. You get
23 nothing from commercial insurance for those services
24 they do not cover.

25 And, therefore, our friends at

1 the MCOs, they don't want to pay for something as the
2 payer of last resort without a denial. We can't do
3 that. We're just never going to get a denial for
4 those services.

5 MS. PARKER: That's odd. I
6 mean, I'm sorry. I can't believe - I mean, I'm sure
7 you're correct. It's just that you would bill
8 something and they just ignore it because it would be
9 a benefit exclusion, so, they would have to----

10 MS. HUGHES: Having worked for
11 an insurance company, they typically will send you a
12 denial when the code is not a covered service.

13 MS. PARKER: Right. I'm amazed
14 that that doesn't happen with the behavioral health.

15 MR. SHANNON: Many years we have
16 been discussing this topic with our friends at the
17 MCOs. You can ask. Lori Gordon and I have probably
18 said meaner things to each other than any other
19 person around this table and that's the reality.

20 We do not get them. And
21 whether their expectation is they'll send an EOB, not
22 a covered service, that's not happening. If it
23 happened, we wouldn't have a problem.

24 MS. ADAMS: And this is Kathy
25 with the Children's Alliance to just say that Steve

1 is 100% accurate. My members experience the same
2 thing. They do not provide you an EOB and the MCO
3 will, then, not pay you for that service.

4 So, thus, that's why some of
5 our members may have stopped providing services to
6 people that have primary commercial insurance which,
7 as we noted in our last meeting, which is horrible
8 that people that have two insurances are actually
9 getting fewer services than those with just one.

10 DR. SCHUSTER: Bart, did you
11 want to say something?

12 MR. BALDWIN: Yes. Thank you,
13 Sheila. Just a couple of quick things.

14 One is it's across all provider
15 types. I mean, CMS (inaudible) those multi-specialty
16 groups on, you know, we work with all of the above
17 and they all experience the same thing of not being
18 able to get the denial.

19 The other thing is that I was
20 the one working on this last week and nothing I sent
21 in wasn't already on there, so, it's not going to
22 delay things, just to clarify that.

23 But she also said that if
24 you're billing Medicaid, straight Medicaid, there's a
25 form in the MMIS billing manual for the provider type

1 to fill out if the code is not on there, and that's
2 only if you're doing - and that's for commercial, my
3 understanding, if you're billing straight Medicaid
4 which probably happens but not nearly as much as
5 commercial and MCO.

6 MS. GUICE: Have you considered
7 asking the MCOs if they would follow that same
8 process?

9 MS. PARKER: This is Angie. I
10 actually provided that form to the MCOs back in July
11 after our last Behavioral Health TAC.

12 MS. ADAMS; This is Kathy Adams.
13 Our members used that form. It was April probably
14 two years ago that they were using that form. And,
15 then, all of a sudden, MCOs stopped accepting it and
16 we could not find out why. And, then, the pandemic
17 hit. So, yes. It's the TPL form, third-party
18 liability.

19 DR. SCHUSTER: Well, this is
20 obviously not going to get solved today and I want to
21 move on to the medical respite.

22 Let's put two parts of this on
23 the agenda for November. One is to get a briefing
24 from DMS on the file or chart and the comparisons.
25 And, then, I'm going to request through DMS that the

1 MCOs come and report how they are handling these
2 billing issues. Okay? I know everybody will be
3 thrilled about that.

4 Let's move on to a new topic
5 that I think is super interesting and something that
6 we need to pay attention to, and I'm going to turn it
7 over to Andrienne Bush from the Homeless and Housing
8 Coalition of Kentucky to introduce our speakers - a
9 father and son team.

10 MS. BUSH: Thank you so much,
11 Sheila, and thank you to the Behavioral Health TAC
12 for having us.

13 We got started really working
14 on medical respite - and by medical respite, we're
15 talking about care for people experiencing
16 homelessness once they are discharged from the
17 hospital.

18 We don't want to discharge them
19 back into homelessness, whether it's on the street or
20 in a shelter, and sometimes people need, like, mid-
21 level but they're well enough to be discharged,
22 they're not well enough to be living on their own.

23 And, so, a couple of years ago,
24 pre-pandemic - I guess it probably feels like ten
25 years ago - we got in touch or they got in touch with

1 us. Tom Walton, who wears a couple of different hats
2 but is with the University of Louisville as an
3 Executive in Residence but also is part of the
4 Louisville Health Advisory Board - Community
5 Coordination of Care Committee.

6 And, so, he has gotten in touch
7 with us and we're like, hey, there's something here.
8 The Kentucky InterAgency Council on Homelessness
9 which HHCK facilitates, we had had a number of
10 providers report that medical respite was something
11 that they wanted to work on that they saw a need for.

12 So, with that, I'm going to
13 turn it over to Tom and Matthew and whoever is here.
14 That's the thing with Zoom meetings. I'm never quite
15 sure who is here and who isn't. But, anyway, we're
16 really glad to have you on board, Tom, and anybody
17 else you want to introduce or if you just want to go
18 through the slides, that's great, too.

19 MR. WALTON: Sure. I'm going to
20 run through these slides really quickly so we have a
21 little bit of time for discussion.

22 When we started, we actually
23 have some people on the Community Coordination of
24 Care who do street outreach, and she took these
25 pictures and these are places where people are

1 actually recovering after hospitalizations.

2 When we talk about medical
3 respite, another term that's used is recuperative
4 care. We use the term respite but know in this
5 situation they're pretty much interchangeable.

6 As Adrienne mentioned, this is
7 part of the Louisville Health Advisory Board which
8 the whole Advisory Board is about eighty
9 organizations. The Community Coordination of Care is
10 about thirty organizations and we have three work
11 streams.

12 One is to screen for unmet
13 basic human needs. We were really instrumental in
14 thinking about screening for health systems, food
15 banks, etcetera for these more commonly called the
16 social determinants of health.

17 We also do a lot of work with
18 navigation. We did a lot of the thinking behind the
19 United Community which is the community-wide
20 navigation systems that's run by Metro United Way.

21 And, then, we realized you can
22 screen and you can navigate, but unless you have
23 capacity, you really have not served the needs of
24 individuals. So, we're working to increase capacity
25 and coordination in the areas of food, housing and

1 transportation.

2 Our larger initiative is called
3 Housing As Health because on our committee, we have
4 Norton Healthcare, New Directions Housing
5 Corporation, people from all over the spectrum of
6 Health and Human Services.

7 So, again, we're very
8 interested in affordable housing, very interested in
9 addiction prevention, but this specific project I'm
10 going to talk to you about today is about respite
11 care.

12 And, then, as Adrienne
13 mentioned, we were talking about this in the
14 Louisville I'll call it the LHAB, the Louisville
15 Health Advisory Board, and they said, hey, you guys
16 need to go to Frankfort and talk to the Housing and
17 Homeless Coalition. So, we've been working together
18 since then.

19 DR. SCHUSTER: Can I interrupt
20 for just a second? I have a question in the Chat.
21 Are you willing to share your slides afterwards?

22 MR. WALTON: I am.

23 DR. SCHUSTER: Okay. Great.
24 So, I can send them out to everyone on my list.
25 Thank you very much.

1 MR. WALTON: A lot of the
2 research we are doing, we are involved with the
3 National Institute for Medical Respite Care of the
4 National Health Care for the Homeless. They have a
5 lot of research on quality standards, outcomes,
6 implementation manuals, etcetera.

7 We look at a lot of academic
8 and industry publications and we're very interested
9 and we've actually applied for a Robert Wood Johnson
10 Systems for Action grant to address the wrong pocket
11 problem.

12 A good example of that in the
13 housing sector is if a child lives in a home with a
14 lot of rotting carpet and mold and keeps going to the
15 ER with asthma, well, it really is the MCO that's
16 paying for that. However, it's the housing sector
17 that is generating the cost.

18 So, again, we're looking at
19 that, and part of our reason for being so focused on
20 that is we're very interested in sustainability.

21 This is about some of the
22 conversations that we've had. We had three we call
23 them design calls. One of the calls we had the voice
24 of the client, people that do street outreach, health
25 systems, MCOs, etcetera, as Adrienne mentioned, the

1 Kentucky Council on Homelessness. We've talked with
2 Commissioner Lee, Leslie and Angela. And we also
3 report about this work bimonthly to the full LHAB and
4 also monthly Community Coordination of Care meetings,
5 with the Homeless Task Forces.

6 And, then, it's highly possible
7 that I've talked with you about this before if you
8 work for health systems, an MCO, the Kentucky
9 Hospital Association, etcetera. In other words,
10 we're trying to get as broad a representation of
11 stakeholders as possible.

12 What I'm going to ask of you
13 today is we really need the expertise of Medicaid and
14 all of you who are on this committee, and
15 particularly your lived-experience experts.

16 Those are the people who are
17 experiencing homelessness or who have experienced
18 because what we believe is that they need to be hard-
19 wired into the decision-making process for us if
20 we're willing to be successful and can meet their
21 needs.

22 This is the why. We have some
23 data from the Health Services and Facilities Data,
24 and you can see that there's over 11,000 people
25 experiencing homelessness - again, this is statewide

1 data - and a re-admission rate of 3,700 which is
2 about 33%, again, coming out of the hospital sector.

3 So, again, if we had this
4 number of re-admissions, we have been extremely
5 (inaudible).

6 The reason we're talking with
7 you all today is we also are looking at DRG's.
8 Again, there's over almost 11,000 cases where the
9 discharge diagnosis was documented, the DRG was
10 documented. Sixty percent of those had a psychiatric
11 diagnosis and by far the most common diagnosis was
12 psychosis.

13 So, we believe that a respite
14 program really will serve the populations with which
15 you all are concerned.

16 When we want you to be
17 involved, this is sort of the how. We're setting up
18 these three workgroups to develop a strategic
19 framework.

20 One, we're going to set up the
21 unifying goals and shared measures, and, again, I'll
22 talk about each of these in a little more detail.
23 The second is practice models and the third is
24 payment models.

25 So, again, I have written some

1 possible goals here. I want you to know that we're
2 very interested in co-creating this framework with
3 you all and with other stakeholders around the state,
4 but I thought it would be helpful to tell you some of
5 the indicators that are in the literature.

6 The number one which impressed
7 me was the improved quality of life. We tend to jump
8 into like reduced costs and all that kind of stuff,
9 but the literature very, very strongly suggests that
10 you will have a lower mortality rate, fewer
11 unsheltered days, less disease burden, etcetera.

12 Again, I'm not going to read
13 through all of these but I do want to talk about
14 appropriate utilization, and the number one thing
15 that people look for in a respite setting is the
16 connection to primary care, so, they, in fact, can
17 break the cycle of using the emergency rooms as their
18 primary care site.

19 People also look at stable
20 housing and better value. And, again, when you are
21 coming out of the hospital, I'm always looking at re-
22 admission rates and length of stay and things like
23 that, but, again, we're looking for a very holistic
24 set of measures.

25 The second area are these

1 practice models. Again, I can talk a lot about these
2 and this is my let's start now, that we don't have to
3 wait for a dedicated respite facility. Each
4 community around the state can start thinking like
5 how can we better coordinate services.

6 In Louisville, we actually
7 started back in 2012. We had these community-wide
8 case management conferences where we looked at people
9 who were familiar faces to multiple ER's and
10 hospitals, etcetera and started to develop sort of
11 community-wide care plans. It was really, really
12 successful.

13 Again, the technology is much,
14 much better now. In the Louisville market, I think
15 Aetna Better Health uses across the state the Unite
16 Us platform. So, it's much easier to do these kind
17 of navigation services.

18 Some people, again, in
19 Lexington and around the country uses a temporary
20 setting, a hotel, shelters, etcetera.

21 There's also models where they
22 have dedicated facilities. Some of them are staffed
23 with providers and registered nurses 24/7. Some are
24 more non-medical which means that the providers come
25 in to provide services but they don't necessarily

1 have 24-hour staffing.

2 We also know from looking at
3 the data that recovery is a really significant issue.

4 And, then, the model which I'm
5 actually quite fascinated with now based on this
6 study from UC Davis is this integrated, co-located,
7 patient-centered model and that's where you have a
8 campus very similar to these continuing-care campus
9 for older adults where you have assisted living,
10 independent living, permanent supportive housing,
11 etcetera, and, again, constantly thinking about
12 efficiency and how do we pull services there.

13 And, again, I'm going to go
14 back to this idea of having the clients themselves
15 participate in the design of the services.

16 The last area is the payment
17 models. So, we can thank our friends at the National
18 Institute for Medical Respite Care and United
19 Healthcare for funding a paper on different payment
20 models. So, I've referenced that here, but, again,
21 there's all sorts of payment models.

22 The reason that this is really
23 important right now, I will just tell you, in
24 Louisville, the Family Health Centers, the Phoenix
25 Health Care Centers for the Homeless are using part

1 of their Health Resources and Service Administration,
2 their HRSA funding to stand up a new respite location
3 at Hotel Louisville.

4 We will be looking at the data
5 in that very, very closely, and the reason for that
6 is we want to document the fact that this is a
7 sustainable business model. And, again, this goes
8 back to the wrong pocket problem.

9 We could ask a health system to
10 invest really hundreds of thousands of dollars in
11 adding new case management, but unless that benefits
12 them, we just know it will not be a sustainable
13 model.

14 And, then, I think - and I
15 don't have a slide on it - but it's the ability to
16 talk about the technology to link all of this
17 together.

18 Again, the Epic Systems has
19 care everywhere that can do things. We have United
20 Community, but, again, to be very intentional about
21 how these different systems of care can be linked
22 using technology.

23 And the last is these are sort
24 of the, in addition to participating on these
25 workgroups to design the strategic framework, we're

1 really interested in each organization going back and
2 looking at your engagement with people experiencing
3 homelessness because we do know that we all have
4 balance sheets we have to pay attention to and profit
5 and loss statements, but, again, to go back and look
6 at what makes sense for your organization, you know,
7 to talk about your North Star.

8 Also, our next virtual planning
9 conference is on September 30th at 10:00, and, again,
10 this will be in the slide. So, you're all welcome to
11 attend.

12 You can email me at
13 tom.walton@louisville.edu, and I will be glad to send
14 you an invitation.

15 The Phoenix Health Care Center
16 for the Homeless is going to be talking about their
17 model for respite care. And, again, they looked at
18 their data and the data that we're supplying and they
19 are (inaudible) hard-wired mental health services
20 into their program because we know that's a really
21 critical phase.

22 And, then, you're always
23 welcome to join the Louisville Health Advisory Board
24 - Community Coordination of Care and hear us how do
25 we flush out all of this work.

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Any questions? I think we have a couple of minutes left, or, Sheila, I'll yield the agenda to you.

DR. SCHUSTER: Thank you very much, Tom, and I appreciate having had a chance to talk with you and your son Matthew and Adrienne.

I guess from a behavioral health standpoint because obviously we have problems with people getting discharged from the hospitals purely on the behavioral health side and not getting back to what we call warm hand-off or the connection back into the community which is a problem, but you all are focusing, I assume, mostly on people that are being discharged from the hospital for a physical health reason?

MR. WALTON: No, not at all. In fact, if you go back and look at the data, it is the large psychiatric hospitals that have the highest re-admission rates.

And what we would be really interested in, and, again, I might use these little lingely terms from the health care world of systems of care. We're very interested in designing systems of care with the idea of no wrong door. So, you can enter any way and navigate out to the most

1 appropriate resources.

2 I think the thing that we are
3 going to pay a lot of attention to, though, is the
4 medical discharges where we have pretty much ignored
5 the behavioral health components, and I think that's
6 the big add here.

7 DR. SCHUSTER: I think that's
8 interesting. One of the things that we're - we've
9 only been asking for it for fifteen years or so is a
10 Medicaid waiver to address our folks with severe
11 mental illness and it would have a housing component,
12 a supported housing component.

13 And I wonder, Tom, if medical
14 respite couldn't be a part of that. I mean, it makes
15 sense because it's our SMI folks that are in that
16 revolving door in and out and we know that they also
17 have significant, significant physical health
18 problems because they die twenty-five years sooner
19 than their same-age peers who do not have an SMI.

20 So, that could really be a
21 place for at least some of this is land.

22 MR. WALTON: Sheila, I'll send
23 you a link to that UC Davis paper. It's 100 pages
24 and usually I just, quite frankly, just blow through
25 those things. I'm reading it in great detail and it

1 outlines models from around the country and different
2 approaches that they have taken.

3 And, again, this is where I
4 think we really have to hard-wire the voice of the
5 client into it so that they have some decision-making
6 process to some - you know, they are involved in the
7 decision-making process to choose the services and
8 the system of care that most benefits them.

9 DR. SCHUSTER: Diane, you had
10 your hand up. This is Diane Schirmer, Tom, who is
11 with the Brain Injury Alliance.

12 MS. SCHIRMER: I just wanted to
13 say that we would like to get more information simply
14 because we serve the military and we have a grant and
15 there's a high percentage of military individuals who
16 are homeless both with hospitalization and without,
17 but we have to address those issues. And, so, I'd
18 love to get more information and somehow get us
19 involved.

20 MR. WALTON: That's wonderful.
21 Thank you.

22 MS. SCHIRMER: So, I need to
23 make sure I get your email.

24 MR. WALTON: Sure.

25 DR. SCHUSTER: Tom, if you want

1 to, type your email in the Chat there so people can -
2 we used it earlier. Are you using your
3 tom.walton@louisville.edu or another one?

4 MR. WALTON: That's the best
5 one, yes.

6 DR. SCHUSTER: Okay. Why don't
7 you go on and put it in the Chat.

8 So, you met with some folks at
9 Medicaid. How do you see this being implemented
10 through Medicaid, I guess? They would have to put it
11 in the contracts.

12 MR. WALTON: That would
13 certainly be one way to do it. I would think they
14 also need some technical advice on like how to bill
15 it, like, do you bill, like, a room and board charge?
16 I think (inaudible) would be okay with billing for
17 the medical services.

18 We would also be really
19 interested in some demonstration projects about the
20 use of telehealth. And, again, I'm going to put on
21 my world health care hat here and think, like, could
22 you, in fact, have somebody discharged from Lexington
23 and returned to Somerset and, then, link back in to
24 the specialist in Lexington so that they can get
25 respite care in their respective communities and to

1 refer you to this paper, but in the research for
2 that, there's a chart in there that gives the lengths
3 of respite time.

4 Like, some have an average
5 length of stay of twenty days. Some have an average
6 length of stay of ninety-one days, but, again, I
7 think the idea of this integrated campus is really
8 attractive because people can move amongst that
9 campus and see the same providers.

10 We also believe that nursing
11 homes will be more willing to accept people with
12 medical needs if they know that they're not going to
13 get "stuck" with them, that they could be transferred
14 to a respite setting after their nursing home time,
15 but it really does vary.

16 And, again, part of the - I'm
17 going to put on my work stream hat - is the ability
18 to assess people's housing status.

19 We looked at one study in
20 Philadelphia where they had a very high re-admission
21 rate in the first seven days and they went back and
22 they did not assess housing status while the person
23 was in the hospital. So, they just were not thinking
24 in terms of the, you know, they weren't considering
25 the context of the patient.

1 MS. BUSH: The other thing, too,
2 is we want to be careful with respite programs and
3 designing respite programs that are not just another
4 place to warehouse the homeless and the mentally ill,
5 that this is just a point of contact, a place for
6 people to go to get the care that they need post
7 hospital but also get them connected to permanent
8 housing and prioritized for permanent supportive
9 housing or rapid re-housing, whatever the appropriate
10 housing intervention is.

11 MR. WALTON: Thank you,
12 Adrienne. I had in my notes to talk about why the
13 title Respite to Residence. It is very intentional
14 that there's a point of intent care coordination that
15 occurs while in respite.

16 And, then, the idea is to move
17 them - to spend at least a year with them post
18 respite and to navigate into permanent supportive
19 housing are the most appropriate housing situation
20 for them. So, thank you. Whoops. I forgot that.

21 MS. BUSH: No. You're fine.
22 Tom brings the health care piece and I bring the
23 housing piece. That's why we work well together.

24 DR. SCHUSTER: That's great.
25 Any other questions?

1 MS. SCHIRMER: Well, I was just
2 going to say that when you talk about something like
3 that, in brain injury, there have been projects
4 across the country called resource facilitation which
5 are those wraparound services that you're talking
6 about that really are in communities to help link the
7 people with the resources to give them the ability to
8 be successful in the community, whether it's housing
9 or vocational opportunities and other things to get
10 them successful.

11 And, so, I'd love to dialogue
12 more about this because I have a pretty good working
13 knowledge of how resource facilitation works and
14 building those small communities, and I'm linked up
15 in Kentucky with others that have that interest.

16 MR. WALTON: That's wonderful.
17 Thank you.

18 DR. SCHUSTER: Thank you so
19 much, Adrienne, for bringing this to our attention
20 and, Tom, for putting together the slides and it's
21 delightful to get to meet your son also who is a data
22 geek for the State which is great.

23 You are welcome to attend our
24 BH TAC meetings anytime. Obviously, housing has been
25 high on our priority list. I'm looking at Sarah

1 Kidder here. That's one of the things that NAMI has
2 been on for years and years and years.

3 Steve Shannon and I have been
4 advocating around a Medicaid waiver for supported
5 housing and this obviously is a piece of it that
6 needs to happen as well.

7 So, we thank you very much.
8 And with your permission, then, I will share the
9 slides back out to people that are on today.

10 MR. WALTON: Thank you.

11 DR. SCHUSTER: All right. Thank
12 you. Appreciate it. Thanks, Adrienne.

13 We are revisiting an old topic
14 but one that has been interesting and is still
15 unresolved and that's the issue of ambulance or EMS
16 transportation of individuals with behavioral health
17 issues.

18 And some of you may remember,
19 we used to have probably, well, it was in the
20 previous Administration, so, it was two years ago, we
21 used to have these discussions about people would
22 show up at an ER at a hospital that didn't have a
23 psych unit and want to be admitted, and the folks at
24 the hospital felt like they ought to be transported
25 safely, even though it was a voluntary commitment,

1 and EMS would either not show up or say they don't
2 have to take people with mental health issues or
3 something like that.

4 So, the Kentucky Hospital
5 Association is working on this issue very hard
6 because they're having so many problems in getting
7 hospital-to-hospital transfers and so forth.

8 So, I just wondered if anybody
9 on the call had any examples or anecdotes that you
10 could share briefly?

11 MS. DANSLOW (sic): I have one
12 with my teenage daughter.

13 DR. SCHUSTER: Okay. What's
14 that?

15 MS. DANSLOW: (Inaudible) she
16 has been in and out of psychosis. So, we had to call
17 the CIT team and CIT wasn't allowed to talk to her.
18 And, then, the ambulance and Fire Department showed
19 up. This wasn't even at the hospital. This was at
20 our house.

21 MS. DANSLOW: They didn't touch
22 her. They were just standing there watching me guide
23 her and chase her down the road and she ran in front
24 of multiple cars because they wouldn't touch her.

25 DR. SCHUSTER: Huh.

1 MS. DANSLOW: So, there's a
2 little bit of misguidedness on whether they should
3 touch or not touch as well as transport. They ended
4 up transporting her because she was clearly in a
5 state that was not safe but (inaudible) they wouldn't
6 do anything.

7 DR. SCHUSTER: Are you in urban,
8 rural?

9 MS. DANSLOW: Louisville,
10 Kentucky.

11 DR. SCHUSTER: Louisville.

12 MS. DANSLOW: And even with a
13 CIT officer there, they still wouldn't touch her and
14 (inaudible). I was able to get in the ambulance with
15 her and transport her but (inaudible). And I don't
16 know if this is just a teenager rule or if this is an
17 adult as well rule but it has happened twice.

18 DR. SCHUSTER: Okay. I'm sorry
19 it's happened. That's a great example. Jeff, do you
20 have something to add?

21 DR. SCHUSTER: And, Jeff, do you
22 have something to add?

23 MS. DANSLOW: Oh, whoops. That
24 was my dad's name. I forgot to change it. My name
25 is Carrie (sic) Danslow. I just got this computer

1 from him because mine died yesterday. My apologies.

2 My name is Carrie Denslow and I
3 am from Mental Health America of Northern Kentucky
4 and we currently are offering free mental health
5 first aid. I will leave the person's contact email
6 in the Chat if anybody would like to send it out to
7 your first responders or they themselves would like
8 to take mental health first aid. We are offering it
9 virtually.

10 So, yeah, I just thought this
11 would be another resource that folks can utilize.
12 And thanks for letting me share and I will change my
13 name.

14 DR. SCHUSTER: And Tom Walton
15 just put his email address in the Chat. Somebody was
16 looking for it - tom.walton@louisville.edu.

17 Any other EMS stories? Thank
18 you for sharing that.

19 All right. If you hear of any
20 or become aware, just send me an email -
21 kyadvocacy@email.com and let me know about it. Thank
22 you, Marcie. You just put it in the Chat for me.

23 Lee, I think this is you, the
24 update on the no-show data-gathering panel and how
25 the data will be used.

1 MS. GUICE: Yes, ma'am. What I
2 have are a couple of reports that I received.

3 What I can't tell you is how
4 it's going to be used other than to tell you we're
5 going to be sending reports to MCOs on this.

6 I think the testing on this has
7 been completed, but I don't know if they're done
8 sending the reports live right now.

9 What I can tell you is this,
10 and I can share a listing with you on my screen if
11 you would like for me to.

12 DR. SCHUSTER: Yes, why don't we
13 do that, Lee. That would be great.

14 MS. GUICE: Okay. Sharley, can
15 you give me the ability?

16 MS. HUGHES: You already are,
17 Lee.

18 MS. GUICE: Okay, great. Thank
19 you. I have too many things open on my computer.
20 Let me see if I can make it a little bit clearer -
21 or, too much bigger. I don't know how to zoom in
22 here but I can make it a little - there you go - just
23 a little bit bigger. Can you see that at all?

24 DR. SCHUSTER: Yeah. That
25 helps.

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MS. GUICE: Okay.

MS. HUGHES: Lee, click on Enable Editing. There you go.

MS. GUICE: That worked. I think you can see everything. What I have here is, right here on the left-hand side is the name of the provider type, okay, not the actual provider but the name of the provider type.

These are the providers that have been using the system and have reported missed or cancelled appointments and the number is how many times they have used it.

DR. SCHUSTER: And can you only enter one data point each time you use the system, Lee? In other words, if you had three clients in one day that missed their appointment, does that come up as three on your list or does that come up as one?

MS. GUICE: It will come up as three is what I'm trying to say because this means that a licensed clinical social worker has used the system six times.

DR. SCHUSTER: Okay.

MS. LEE: Okay? And you can see that individual dentists at 34 and physicians' group and optometrists individually have used it the most.

1 The total there is 248 different providers.

2 What this is telling me
3 actually, Sheila - I'm sorry - is that only one adult
4 day center has used the system. This tells me that
5 one hospital has used it. Wait a second. I have the
6 other information that you're looking for, however.

7 DR. BRENZEL: It looks like from
8 this, only one community mental health center has
9 reported.

10 MS. GUICE: Yes. I'm going to
11 stop sharing for just a second until I can open this
12 new and just to make sure that it opens to the -
13 there we go. Let me go back and share again. Can
14 you all see that? It's got the list of the - I know
15 - probably not very well.

16 DR. SCHUSTER: Okay. It's the
17 list of the MCOs.

18 MS. GUICE: Yes, ma'am.

19 DR. SCHUSTER: Okay.

20 MS. GUICE: I'll make that a
21 little bit bigger.

22 DR. SCHUSTER: Oh, that helps.
23 Yeah. Oh, good.

24 DR. BRENZEL: And that's just
25 the raw number of individuals reporting. So, it's a

1 little hard to not know their total membership to
2 know what that means but it just shows you there were
3 12,000 missed appointments.

4 MS. GUICE: Okay. So, I can
5 tell you that WellCare has the most members at a
6 little over 400,000, and Molina has probably the
7 next, with United Healthcare has the least. Humana,
8 Anthem and Aetna, Aetna is probably the fourth and
9 then Anthem. I thought about letting some different
10 numbers on here but not knowing exactly what you
11 wanted to see, it was hard to make the decision.

12 So, this Count of Member ID's,
13 these are individual, unduplicated members that were
14 reported and these members belong to WellCare, okay,
15 and this is how many times an appointment was missed.

16 DR. SCHUSTER: So, roughly 9,500
17 individuals unduplicated missed 12,500 appointments.

18 MS. GUICE: Yes, ma'am.

19 DR. SCHUSTER: Okay. All right.
20 So, some missed more than one appointment obviously.

21 MS. GUICE: Yes.

22 DR. SCHUSTER: Okay. All right.
23 So, that is helpful, I guess, to the MCOs.

24 So, the other data would tell
25 us by provider type who is using the system and

1 reporting.

2 MS. GUICE: Right. Exactly.

3 DR. SCHUSTER: Okay.

4 MS. GAINES: This is Nikki from
5 Kentucky River, one of the community mental health
6 centers. I know for us, if I could just speak about
7 our experience, I think this is pretty new, having
8 this form available for tracking purposes, and I
9 think the data is wonderful to have.

10 I don't think it's really been
11 integrated into our folks' work flow yet in terms of
12 the reporting because it's fairly new. Because our
13 staff are spread out and because we're doing
14 telehealth, etcetera, things take time to get
15 integrated into the work flow to probably have some
16 really good data through the system.

17 Now, if I go pull a report out
18 of my system to show me about how many missed
19 appointments we have, we usually run close to 30% but
20 that's integrated into my system, whereas this is
21 another system where somebody has to go put in data.

22 So, I think that extra step
23 could be part of the reason for the slow reporting.

24 MS. GUICE: Sure.

25 MR. BALDWIN: This is Bart. A

1 similar type question. If there was a way to, like
2 Nikki said, to batch and send a report without
3 manually coding in every single missed appointment
4 into the system, I think you would get a lot greater
5 compliance.

6 If we give you, like you said,
7 30%, I mean, we're talking about - I mean, that's----

8 MS. GAINES: Very significant.

9 MR. BALDWIN: ----that's
10 thousands a month just right there and that's a lot
11 of manual entry and a lot of staff time that's
12 probably already in a system to begin with.

13 MS. GAINES: Exactly, yes.

14 MR. SHANNON: We track that. I
15 don't know the number offhand like Nikki does but I
16 suspect we all know what that number is.

17 And I still think and I think
18 this is one point Sheila was making, I have been
19 asked how is this information used, and I think
20 people's concern is will the individual get contacted
21 by somebody. You know, you've missed appointments.
22 How come? That's a concern that has been expressed
23 to me as well.

24 And it may not be. It may not
25 happen at all. It could be a completely rational

1 concern but I've heard that from other folks.

2 DR. BRENZEL: I don't know how the
3 information will be used, but one way it could be
4 used is for managed care companies to offer care
5 coordination and do outreach and find out. Is that
6 an invasion of privacy or is that----

7 MR. SHANNON: No.

8 DR. BRENZEL: ----(inaudible)
9 and I'm trying to find out why they haven't been in
10 to see me.

11 MR. SHANNON: And we don't think
12 it's a privacy issue. We just think is there some
13 negative consequence for the individual?

14 DR. BRENZEL: But I do know some
15 providers fire people who miss two appointments which
16 is also inappropriate in my opinion.

17 DR. SCHUSTER: I think that was
18 my concern, Allen, was people being labeled in some
19 way if they show up as a chronic no show or something
20 like that. I mean, we have enough problems with
21 stigmatizing and stereotyping.

22 So, Lee, obviously, there are
23 member names in here, right?

24 MS. GUICE: Yes.

25 DR. SCHUSTER: I guess my

1 question is, are the members' names then turned over
2 to the MCOs?

3 MS. GUICE: Well, it makes it a
4 little bit difficult to do any coordination without
5 sending their membership back to them that shows that
6 they have - I mean, they would have to have that
7 information to do anything with it.

8 I don't know what they do with
9 it. You would need to ask the MCOs that question.

10 MS. CECIL; This is Veronica
11 Cecil with Medicaid. I think it is the intent for
12 this information to be utilized by the MCOs to do
13 just as Dr. Brenzel indicated, some type of outreach.

14 Now, especially if we're
15 identifying a member that has missed several, there
16 could be something going on. And having the MCOs
17 reach out and check in with that member and see if
18 there's other supports they need, is it
19 transportation, there's a whole host of things that
20 could be causing the missed appointment.

21 It absolutely is not to
22 stigmatize, and I think we all - and by we, I mean
23 the Department to the providers to the MCOs - are
24 just trying to do what's in the best interest of the
25 member and support them.

1 transportation benefit of Medicaid to help them get
2 to these appointments.

3 So, it's stuff like that that I
4 think is what the Commissioner's goal was is just to
5 really and truly to help these folks, like Deputy
6 Commissioner Cecil said.

7 DR. SCHUSTER: Yeah. And please
8 don't hear me as saying that I think anybody on this
9 call or anybody in the Department or any of the MCOs
10 are stigmatizing or treating people badly.

11 I think it's just the danger is
12 there of people getting labeled.

13 MR. SHANNON: And, Sheila, it's
14 relatively new. I think we need to look at that
15 piece as well.

16 DR. SCHUSTER: I think what I'll
17 do is to ask - maybe November is too early - but
18 maybe in January, the MCOs would have enough time to
19 have a little bit of a sense where they could give a
20 report about we followed up on "x" number and these
21 are the things that we found were keeping people from
22 their appointments kind of thing because I do think
23 that that's kind of a reverse needs assessment in
24 some ways.

25 And I wouldn't be surprised,

1 Sharley, if it was transportation because
2 transportation is always at the top of the list in
3 terms of issues.

4 I think somebody just asked
5 here in the Chat, Lee, when will these reports be
6 going to the MCOs?

7 MS. GUICE: Let me check and see
8 if I can run that down before the meeting ends.

9 DR. SCHUSTER: Okay. And was
10 there another comment in the Chat that I need to look
11 at?

12 MR. SHANNON: I think they were
13 both kind of the same.

14 DR. SCHUSTER: Yeah, same thing
15 about timing. And who are you sending the reports to
16 I guess might be helpful to know because obviously
17 there's lots and lots of staff at the MCOs and lots
18 of people who would be----

19 MS. GUICE: I'm pretty sure it's
20 not just like going out in an email. So, I'm sure
21 that it is transmitted over the secure site the same
22 way we transmit everything else.

23 MS. PARKER: Lee, I believe it's
24 going to be on SharePoint where the MCOs have access
25 to pull the report.

1 MS. GUICE: Perfect. Thank you,
2 Angie. And I'm going to stop sharing the screen now.
3 Is that okay?

4 DR. SCHUSTER: Yeah, that's
5 fine. Thank you very much for bringing that data,
6 Lee. That's helpful.

7 MS. GUICE: Certainly. Thank
8 you.

9 DR. SCHUSTER: And, Angie, that
10 SharePoint, it's called SharePoint? What is it
11 called?

12 MS. PARKER: Yes, it's
13 SharePoint. It's a, for lack of a better word, a
14 system that is able to share information with the
15 MCOs without having to - it's a secured site, I guess
16 is the word I was looking for.

17 DR. SCHUSTER: Okay. And
18 another MCO rep is asking what's the name of the
19 report? Do we know that?

20 MS. PARKER: We'll get hopefully
21 that answer before the end of the meeting.

22 DR. SCHUSTER: Okay. Thank you
23 very much, Lee.

24 I reached out to Abner Rayapati
25 to see if there was any further need to talk about

1 lock-ins for pharmacies and providers. Are you on
2 the call by chance, Dr. Rayapati? I did not hear
3 back from him.

4 You remember he had an issue
5 and Dr. Ali was on last time and gave him some people
6 to check in with.

7 MS. HUGHES: Unless he is
8 calling in, Sheila, I don't see him on the list of
9 participants.

10 DR. SCHUSTER: Okay. And is Dr.
11 Ali on?

12 DR. ALI: Yes.

13 DR. SCHUSTER: Wonderful. Thank
14 you so much, Dr. Ali. I have not gotten a lot of
15 eruptions from the community about anything having to
16 do with the pharmacy. So, it's been nice. Do you
17 have any updates for us, Dr. Ali?

18 DR. ALI: Well, that's certainly
19 good news. No news is good news.

20 In terms of lock-in, I don't
21 have much except that we removed Sublocade from the
22 lock-in list. So, we shouldn't be seeing any issues
23 with Sublocade. Any other non-Sublocade-related
24 lock-in issues can be triaged over to the respective
25 MCO and they should be able to help with those

1 concerns.

2 I don't have any updates on
3 changes to the single PDL. I did want to note that
4 our P&T meeting is coming up on September 16th at
5 1:00 p.m. Keep in mind these are public meetings.
6 So, anyone can attend those as a regular attendee,
7 and the link to that meeting is on the Magellan
8 provider portal. I'm happy to place it in the Chat
9 here as well.

10 In terms of changes to non-PDL
11 drugs, I did want to remind everyone that the non-PDL
12 grandfathering will end on September 29th. So,
13 beginning September 30th, those products will no
14 longer be grandfathered and just another reminder as
15 to which products fall into that list.

16 If the MCO was covering a
17 specific product without a prior authorization prior
18 to 7/1 and now requires a prior authorization, those
19 products are being grandfathered through September
20 29th.

21 So, in other words, these
22 products will show up at the pharmacy with a point-
23 of-sale messaging informing them that the product is
24 being grandfathered. So, prescribers are more than
25 welcome to submit a proactive prior authorization and

1 we encourage prescribers to do so.

2 We have been hearing that some
3 prior authorizations are not being honored as a
4 proactive prior authorization. So, we are working
5 with MedImpact to see what the underlying issues are
6 there.

7 If you see anything and you get
8 a denial that says that it doesn't require a prior
9 authorization but your understanding is that it does,
10 please feel free to reach out and we'll address those
11 issues in a timely manner.

12 I don't have any other prior
13 authorization issues. We get specific member cases
14 from time to time and we're able to resolve them.
15 So, if anyone has questions, I'm happy to take those.

16 DR. SCHUSTER: Thank you so
17 much, Dr. Ali. Let me just make sure I understand.

18 So, this grandparenting I like
19 to call it - so, it's non-sexist - grandparenting
20 period will end on September 29th. So, any of those
21 drugs that would have required a PA will now require
22 a PA.

23 DR. ALI: Right. So, if an MCO
24 was not PA'ing the product and it is now being PA'd
25 as part of the new formulary, it is being

1 grandfathered currently. And after September 29th,
2 it will require a prior authorization; but, again, we
3 encourage prescribers to submit proactive prior
4 authorizations so the member can continue therapy
5 with the drug without any interruptions in care.

6 DR. SCHUSTER: Okay. So, the
7 prescribers know that the deadline is looming and
8 you're asking them to be proactive so people don't
9 get left without their medications essentially.

10 DR. ALI: And we've been
11 communicating via lettering. We sent out a
12 communication very recently at the thirty-day mark.
13 We've also sent it out at the sixty-day mark as well.

14 DR. SCHUSTER; Okay. Thank you.
15 Any questions for Dr. Ali? It's wonderful to have
16 you on the call, Dr. Ali. Medications are so
17 important to our people, we want to be sure they have
18 access. Does anybody have any questions for Dr. Ali
19 on anything pharmacy-related, access to medications?

20 MS. MUDD: Let me see if I can
21 ask this question smartly.

22 So, if the grandfathering stops
23 on the 29th and it has to be preauthed on the 30th, I
24 assume that will be flagged and folks will see that
25 list. When they need that prior auth, will it go

1 through pretty quickly because there's already that
2 list? Do you know what I'm saying?

3 DR. ALI: Yes. And, you know,
4 that's where we encourage pharmacies, members and
5 prescribers alike to be proactive. The members can
6 certainly take charge of their health and call their
7 doctor and ensure that the prior authorization has
8 been submitted.

9 We've been communicating with
10 members, prescribers and pharmacies alike to make
11 sure that the word is out there.

12 Pharmacies can also help by
13 calling the prescriber and ensuring that they're
14 aware that certain products need a prior
15 authorization, and there are certain medications
16 where pharmacies can initiate prior authorizations as
17 well. So, it's a collaborative effort at the end of
18 the day.

19 DR. SCHUSTER: So, I think, Val,
20 from the consumer perspective, the issue is to be
21 watching those meds and checking with your prescriber
22 to make sure that he or she is sending a prior auth
23 because we're in the month now.

24 So, if you get a thirty-day
25 prescription, you've got to be ready for the next

1 month, right? Good question. Thank you very much.

2 Any other questions for Dr.
3 Ali? All right. You get off easy today, Dr. Ali.
4 Thank you so much for being with us. We really do
5 appreciate that.

6 And, Leslie, this is our age-
7 old question of you - status update on the waiver for
8 SUD services for incarcerated persons.

9 MS. HOFFMANN: Hello, Sheila.
10 It's me again.

11 I met with CMS week before last
12 again. I actually talked to Felisha (sic) at CMS who
13 is my lead person for this incarceration amendment,
14 and she again said please reiterate to our executive
15 staff, our leadership and our advocacy because I
16 reiterated everything she said and I said, this is
17 what I'm telling people.

18 She said do not feel bad. It's
19 not negative. There's no bad decisions being made.
20 It's just being visited at a much higher level
21 because so many states are involved now, and they
22 want to make sure that they've got it right before
23 they roll anything out.

24 So, I'm just reiterating what
25 she said to me the other day. It's all still

1 positive. I meet with them on a regular basis every
2 month and I keep it on the agenda and I'll keep you
3 guys posted.

4 DR. SCHUSTER: That's what I've
5 been telling people. It comes up at our various
6 meetings because people are really anxious, and I
7 said one of the down sides of being a trailblazer,
8 which is what Kentucky is in this regard, is that we
9 kind of caught CMS without some of the guidance that
10 they needed, as I understand it, Leslie, right? They
11 had not prepared some of the guidance documents and
12 so forth that they would need to have ready for other
13 states.

14 MS. HOFFMANN: Yes, that is
15 correct, such things as metrics, policy. There's a
16 lot of things that go into an 1115 that a state is
17 held accountable to and what that would look like,
18 especially the metrics and the monitoring piece.

19 DR. SCHUSTER: Okay. So, the
20 message is that the guts of the thing, the target
21 population and the interventions and so forth are a
22 go. We just aren't going yet. Is that accurate?

23 MS. HOFFMANN: That's accurate
24 as far as I know. They've not given me any
25 indication that they would not allow this in some

1 form. Now, they might decide to have me to modify it
2 in some way, but they've not even provided guidance
3 from the federal public comment period, those
4 questions. They've not provided me anything even
5 from that yet.

6 DR. SCHUSTER: Okay. All right.
7 Well, we will, of course, keep it on our agenda. I
8 think it's permanently in my computer at that spot.
9 So, thank you for that.

10 I don't think - Sharley, can
11 you look and see if Dr. John Sullivan is with us?

12 MS. HUGHES: Let me look here
13 real quick.

14 DR. SCHUSTER: Okay. Thank you.

15 MS. HUGHES: No, I don't see
16 him.

17 DR. SCHUSTER: So, this is his
18 issue around 99214 and 99215. So, we will try again
19 next time.

20 The 2021 General Assembly
21 Interim Session Task Forces. Leslie, the last time,
22 you gave us kind of an update. Are you doing that
23 again this time or am I?

24 MS. HOFFMANN: Sheila, I didn't
25 have any particular things to give you for an update

1 this time. Jonathan might be on the call. I'm not
2 trying to put him on the spot; but if not, I can
3 check on those task forces and give you any updates
4 that I'm aware of or that I can find out.

5 DR. SCHUSTER: Thank you. We
6 had some excellent presentations in August really
7 around recovery services and housing. So, we had
8 Bridgehaven Mental Health Services in Louisville. We
9 had Wellspring. We had New Beginnings in Lexington.
10 We had a program from Mountain Comp Care, and we had
11 Pathways CMHC also presenting.

12 So, we've covered a lot of
13 ground so far on that SMI Task Force. And the next
14 meeting - I meant to look it up - I'll have to look
15 and see when it is because they keep changing the
16 dates of these things but I'll post it when I see it.

17 So, they will meet in
18 September, October and probably try to wrap it up in
19 November in terms of - September 21st. Yeah, you're
20 right, Sarah. Thank you. September 21st at 3:00
21 p.m.

22 DR. BRENZEL: Commissioner
23 Morris is going to ask to speak as well as I've been
24 asked to present on state hospitals.

25 DR. SCHUSTER: Great.

1 DR. BRENZEL: So, we'll be on
2 the agenda for that September 21st meeting.

3 DR. SCHUSTER: Okay. What is
4 Commissioner Morris going to speak about, Allen?

5 DR. BRENZEL: I'm not 100% sure
6 but I think there was a specific request from the
7 committee regarding Tim's Law and the Louisville
8 pilot.

9 MS. HOFFMANN: Sheila, this is
10 Leslie. I'll be presenting on our initiatives
11 towards an SMI/SED waiver.

12 DR. BRENZEL: Excellent.

13 DR. SCHUSTER: Great. And,
14 Allen, you're going to talk about the psych
15 hospitals, the state psych hospitals and that system?

16 DR. BRENZEL: I think so. We
17 had some very specific questions about average
18 lengths of stay, number of people, how we're
19 coordinating discharge, follow-ups and things like
20 that. I think a specific member had some specific
21 questions.

22 DR. SCHUSTER: Great. Thank
23 you. For those of you who are not following that,
24 it's available to watch live on the Legislative
25 Research Commission's YouTube channel, and I

1 typically have sent out that link, but if you go to
2 the LRC website which is www.legislature.ky.gov - oh,
3 Marcie put the link in there for you. Thank you,
4 Marcie. You get good coverage.

5 I mean, you can't speak, so,
6 it's not like signing up and being able to speak but
7 we've had some excellent consumer stories which is
8 always helpful and we appreciate that.

9 Is there any updated prior
10 authorization guidance? I haven't seen anything come
11 out for probably two months, I guess. Any change?

12 MS. GUICE: Nothing has changed
13 as far as behavioral health goes.

14 DR. SCHUSTER: Okay. Thank you.
15 New recommendations to the MAC?

16 I would like to propose that we
17 recommend to the MAC that prior authorizations
18 continue to be suspended for all behavioral health
19 services through the end of this fiscal year which is
20 June 30th of 2022.

21 So, I will make that motion.
22 Is there a second from a voting member of the TAC?

23 MR. SHANNON: Second. Steve
24 Shannon.

25 DR. SCHUSTER: Okay. My

1 reasoning for taking it into June 30th of 2022 is
2 that I think we're still going to be dealing with the
3 behavioral health sequelae of COVID and Delta. We
4 thought we were coming up on the other side and I'm
5 not so sure that we are.

6 So, that's my recommendation
7 and I'd like to hear any discussion from any of the
8 voting members.

9 MR. SHANNON: I agree, Sheila.

10 MS. SCHIRMER: I agree. I
11 agree.

12 MS. MUDD: Me, too.

13 MR. SHANNON: This Delta surge,
14 I think has caused a lot more anxiety for many people
15 going forward and Lambda is coming. So, I think it's
16 a concern.

17 MS. MUDD: We actually closed
18 Participation Station last Friday again going back to
19 virtual programming.

20 DR. SCHUSTER: Yeah, and we're
21 still seeing increased calls to the suicide line and
22 the overdose rates are still up and so forth.

23 MS. MUDD: We can't keep up on
24 our warm line at all.

25 DR. SCHUSTER: Right. So, the

1 motion has been made and seconded. All those in
2 favor of making that recommendation to the MAC,
3 signify by saying aye. Thank you.

4 Any other recommendations to
5 take to the MAC at their September 23rd meeting?

6 MR. SHANNON: This is Steve
7 Shannon. I think just let the MAC know about an SMI
8 waiver, that we support that. We've talked about it
9 a lot here, in a variety of settings. The SMI Task
10 Force, the last time, there was some testimony, but
11 P&A is supporting the SMI waiver. Other folks have.
12 So, I just think make that recommendation so we go on
13 record as supporting an SMI waiver, SMI/SED waiver.

14 MS. SCHIRMER: That's a great
15 idea.

16 DR. SCHUSTER: Is that a second,
17 Diane?

18 MS. SCHIRMER: Yes, I'll second
19 it.

20 MS. BLANDFORD: The only thing I
21 would add to that conversation is that I'm not seeing
22 a lot of focus in any of the policy committee
23 meetings that I've been in on pediatric mental
24 illness and it's surging as well.

25 DR. SCHUSTER: Yeah. Who is

1 that that just made that comment?

2 MS. BLANDFORD: Rhonda
3 Blandford, NAMI Louisville.

4 DR. SCHUSTER: Aren't you
5 talking, Steve, about SMI/SED?

6 MR. SHANNON: Yes. That's what
7 Leslie Hoffmann said.

8 DR. SCHUSTER: So, that would be
9 the severe emotional disturbance in kids, but, yes,
10 you're right, Rhonda, there is certainly much more of
11 that.

12 Any other comments on that
13 motion? So, we have a motion and a second to
14 recommend to the MAC that we support the development
15 of an SMI/SED waiver. All in favor, signify by
16 saying aye. And opposed and abstaining?

17 Any other recommendations for
18 the MAC? Okay.

19 We have several items that
20 we're going to carry over from this meeting. So, we
21 seem to have an ongoing thing.

22 And if we get some good data
23 back from Medicaid, we may be able to put that on the
24 November meeting date to see what the Medicaid data
25 looks like as far as the targeted case management

1 goes. So, that's pretty exciting to think we could
2 get our hands on some pretty targeted data.

3 The next MAC meeting will be by
4 Zoom September 23rd. It's a Thursday. It starts at
5 10:00. We've been ending early but it is scheduled
6 to go until 12:30.

7 And, then, our next BH TAC
8 meeting is November 3rd at 1:00 p.m. Eastern via
9 Zoom.

10 MS. HUGHES: Sheila, you all had
11 last time, if I recall correctly, had voted that you
12 would basically follow as far as Zoom or in person,
13 that you would follow what the MAC was doing.

14 DR. SCHUSTER: Yes.

15 MS. HUGHES: Okay, because I was
16 just going to say - and you do have the November. I
17 didn't realize that November would be your last
18 meeting until I just started talking, but I was going
19 to ask that I had hoped that maybe we would just stay
20 Zoom for the rest of the year with this Delta variant
21 and so forth.

22 DR. SCHUSTER: I'm waiting to
23 see, Sharley, what's going to happen with the Session
24 opening on January 4th. I think we all thought that
25 we would be back up in Frankfort like we used to be.

1 You all remember those days, and I'm not at all sure
2 that we're going to be back up there in any kind of
3 numbers or anything else.

4 So, yes, this will take us via
5 Zoom all the way through 2021, and, then, we'll kind
6 of see at that point when we meet in November. We
7 probably will start off via Zoom.

8 We've had tremendous
9 participation. I think at one point, we had seventy-
10 three people on the Zoom call and, of course, it's so
11 much easier without having to drive and so forth.
12 It's not as much fun and not as much networking and
13 it's hard to keep track of everything, but we
14 certainly appreciate everyone participating and being
15 on it.

16 We'll be in touch with Tom
17 Walton. I think he presented some very interesting
18 and thoughtful data. We'll get that Powerpoint out
19 to you and let's see what we can do.

20 I think folding it in in some
21 way in an SMI/SED waiver around housing would really
22 make some sense. Good stuff.

23 Any other questions or anything
24 else that anybody wants to bring? I'm letting you
25 all go early.

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Sharley, thanks as always and
thanks to all the DMS and DBHDID folks that are on,
our voting members and the MCOs and all of you good
behavioral health folks. Stay safe and healthy.
Have a good Labor Day weekend and we'll see you soon.

MEETING ADJOURNED