# Addressing Childhood Obesity

Children's TAC July 2024

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# **Agenda**

- 1 Population
- 2 Care Management
- 3 Quality

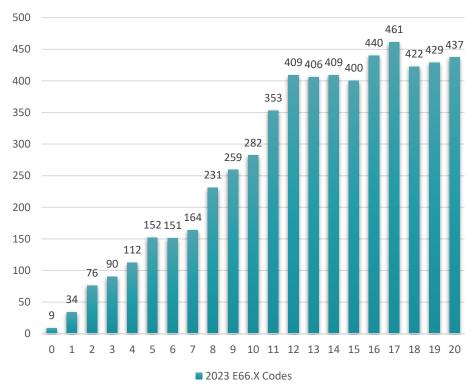


# **EPSDT Membership Breakdown**

## BMI ≥85<sup>th</sup> Percentile and/or Overweight/Obesity Codes

Race/Ethnicity	% with BMI ≥85th Percentile	% with Overweight/ Obesity Coding	% with either code set
AMERICAN INDIAN OR ALASKA NATIVE	21.5%	5.0%	22.3%
ASIAN/PACIFIC	16.7%	2.4%	17.2%
BLACK/AFRICAN AMERICAN	18.1%	4.5%	18.9%
HAWAIIAN	16.0%	4.3%	17.4%
HISPANIC OR LATINO/A	23.0%	5.5%	23.9%
NO ETHNICITY	6.8%	1.2%	7.0%
UNKNOWN	16.3%	3.3%	17.0%
WHITE/ CAUCASIAN	16.1%	3.8%	17.2%
Grand Total	17.2%	4.0%	18.2%

# **EPSDT Members with Overweight or Obese Dx by Age in Years**



Note: Unique Members based on claims data; corresponding ICD-10 code in any position not just primary diagnosis



# **Care Management**

# Level I CM

Telephonic outreach of members who stratify as lower risk but clinically impactable or based on HRA responses.

#### **Nutrition: Healthy Lifestyle Support**

Outreach to members (≥ 2 years) with claims identified obesity, failure to thrive or allergies.

Those who engage receive support from a Registered Dietician

Member centered goals and nutrition plan

Education on nutrition and health Higher
Acuity
CM
Needs

- Registered Dietitian on staff to:
  - provide additional support to any EPSDT member engaged in CM
  - or serve as the primary Case Manager for any member with higher acuity need specific to obesity as primary reason for CM
- Case Manager can refer to or consult with the Registered Dietician for any member with a diagnosis related to BMI.



# **Quality Department Efforts for HEDIS Measure WCC**

WCC: Weight assessment and counseling for nutrition and physical activity for children/adolescents

## Providers

- WCC is part of our value-based contract incentive program
- WCC is included in actionable provider HEDIS reports from Molina Quality Performance Tool
- QI Specialists highlight WCC care gaps to providers when helping members scheduled well child exams
- Provider education including Tip Sheet for WCC available

# Members

- Birthday cards are sent to all EPSDT members to help remind them to schedule well child exams (where BMI assessment and nutrition/activity counseling occurs most often)
- Outreach to member/caregiver to help schedule well child exams

# Passport Staff

• HEDIS alerts for all member facing staff to help close gaps and provide member education with every engagement.



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