

1 DEPARTMENT OF MEDICAID SERVICES
2 NURSING SERVICES ADVISORY COMMITTEE

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13 OCTOBER 12, 2023
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22 Stefanie Sweet, CVR, RCP-M
23 Certified Verbatim Reporter
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A P P E A R A N C E S

TAC Members:

Lisa Lockhart, Chair
Dr. Eva Stone
Jennifer Wiseman
Dolores Polito
April Hester

1 MS. BICKERS: Ms. Lisa, it
2 looks like the waiting room is cleared.
3 Eva is currently logging in, so you might
4 want to give her a moment to get on camera
5 and microphone, but I will hand it over to
6 you. You are muted, ma'am.

7 MS. LOCKHART: Sorry about that.
8 So from what I can tell, it is
9 just me, Jennifer, and Dr. Stone, as far
10 as the TAC members are concerned, is that
11 correct?

12 MS. BICKERS: Yes, ma'am.

13 MS. LOCKHART: Okay.

14 So Dee Polito, I know, had
15 excused herself, maybe --

16 MS. BICKERS: It gives you a
17 quorum, and I can let you know if April
18 logs in.

19 MS. LOCKHART: Okay. That is
20 what I was just getting ready to see if I
21 missed an email from her. Okay.

22 All right. So we will go ahead
23 and move on.

24 Hello, everybody. Thank you for
25 joining us today. It is a pleasure to be

1 here and to see all of you. This month
2 kind of crept up on us quick. I'm sure
3 everybody has been as busy -- everybody
4 has been busy and the holidays are
5 amongst -- the holiday season, so folks
6 are busy.

7 After today, our next meeting
8 will be in December, so time has a way of
9 moving on.

10 The minutes from our last
11 meeting, I am looking for approval from
12 those.

13 Erin, did we post those? Did
14 you post those again?

15 MS. BICKERS: Yes, ma'am.

16 They got sent out and I can --
17 if you give me a second -- can know what
18 date.

19 MS. LOCKHART: I remember
20 looking at them, but I don't remember --

21 MS. BICKERS: They went out
22 8/22.

23 MS. LOCKHART: If you haven't
24 looked at them, while we are talking, if
25 you can take a look back on 8/22 and take

1 a peek there. We are looking for approval
2 of those minutes.

3 MS. WISEMAN: I will make a
4 motion to approve.

5 MS. LOCKHART: Wonderful. Thank
6 you.

7 MS. BICKERS: Jen, can you turn
8 your camera on? My apologies.

9 MS. LOCKHART: I always forget
10 that, too.

11 MS. WISEMAN: I know. To make
12 our vote.

13 MS. LOCKHART: Okay.
14 Dr. Stone?

15 DR. STONE: I can't get my
16 camera to turn on.

17 MS. LOCKHART: You were on a
18 minute ago, but you were frozen in time.

19 DR. STONE: I know.

20 MS. BICKERS: We can come back
21 to the minutes if Dr. Stone is having some
22 technical issues, if you'd like.

23 MS. LOCKHART: When you can get
24 your camera fixed, let us know, and in the
25 meantime, we will move on.

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We are looking at our old business. Just to review, with the end of the PH emergency, we would like an update from the cabinet on Medicaid unwinding and how things are going. We had a lot of great presentations in August.

MS. CECIL: Good afternoon. This is Veronica Judy Cecil, Senior Deputy Commissioner of Medicaid.

I just wanted to highlight a couple of things. We are now into our sixth month of renewals, the restart of renewals. I will say a couple of things just to remind folks about. We had pushed a lot of cases to, sort of, toward the end of our unwinding period. Cases that are involving children. The reason for that is we were implementing child continuous coverage where if a child's determined eligible, they are granted that 12-month continuous coverage, and there are only a couple of reasons why somebody may lose eligibility -- a child may lose eligibility -- during that time, such as turning 19.

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So we do have a large number of cases now that are coming through the renewal process. But we have continued to implement a couple of different flexibilities to help us manage that workload into a system to benefit members as they are navigating the process.

For example, we just implemented extending anyone who has not responded to a notice for a month. So if somebody is coming up on their renewal date, let's say October 31st, and we have not received a response to request for information, or to the renewal packet that they're sent, we are allowed to go ahead and extend those folks for another month while we continue to do outreach to them to get them to provide that response to us. Obviously, our goal is to actually make that determination as to whether somebody is eligible or not.

We do know that folks may not be responding because they know that they are no longer eligible, either their income has increased during the public health

1 emergency, and as we move through
2 renewals, but what we do want to make sure
3 is they understand that they can get
4 connected to other coverage, such as a
5 qualified health plan on the Marketplace
6 Kynect. So just making sure that people
7 are staying covered even if they are no
8 longer Medicaid eligible.

9 So we are seeing a large number
10 of pending start to accumulate as a result
11 of that. We are also -- while we are
12 giving most of the population an extension
13 for a month, we are extending long-term
14 care and 1915c members up to two months.
15 So we may see that someone has a
16 redetermination date of, say, September
17 30th, but we might give them an additional
18 two months to get that response in, get
19 that renewal packet in. Again, just
20 trying to keep people covered as they are
21 navigating that process of responding.

22 On both sides, we're giving
23 members that additional time to get the
24 necessary information to us; but also from
25 a workload standpoint, just making sure

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that we are processing those renewals.

This is creating an issue on the application side, with the increase in work on the renewal side, if there were new applications pending, that is creating some backlog for our applications as well.

Some of the things we are doing to try to overcome that -- we are bringing on additional staff on a regular basis and training them up in different ways to help offset that workload to our DCBS eligibility workers -- Department of Community-Based Services eligibility workers. So we are just trying to manage the workload as best as possible. I think our biggest concern is just making sure that members are responding. If they do have something pending, their coverage is extended until they get processed, so just encouraging folks to get that in by their renewal date. It gives them at least some coverage until that gets dealt with.

There are, you know, certain problems with certain cases and we just continue to urge folks to escalate those

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to us. We work very well with the connectors, which are the individuals across the state to who are either contracted or who volunteer and have been trained to assist members with their renewals.

We have an escalation process through connectors and through insurance agents who can also, now, assist members with their renewals. So just asking, you know, if somebody is having difficulty, to please escalate those cases up to us so that we can get them looked at, and determine whether or not there is a system issue. We were hearing that individuals with pending documents were getting terminated and they shouldn't be, so we have to go in and make sure those cases are being extended as they are supposed to be.

Just a reminder to providers, we understand that you have a lot on your plate, but we really appreciate you all being a source of outreach to our members. Checking that redetermination date and

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Kentucky Health MAC because it is now available.

If you know that their renewal is current, let's say they have an October 31st renewal date, or they may be they have a November 31st renewal date, having a conversation with them to make sure they understand that they might have to go through an active renewal. Not everyone has to.

If we are able to go out and check the databases that are available to us we can automatically extend -- automatically redetermine somebody so it is really just the active individuals that we are more focused on. The other thing to mention is that if somebody does come in and they say that they have just been terminated, because maybe they didn't respond to a notice, they do have up to 90 days to be reinstated, so if they could just reach out and provide that information to us, we can reinstate them with no gap in coverage.

So just encourage providers to

1 help members understand that that option
2 is available to them. We have a new
3 provider flyer out on our unwinding
4 website and I'll be happy to put that into
5 the chat -- the link to that into the
6 chat. Lots of provider resources out
7 there, other stakeholder resources, and
8 our next stakeholder meeting is next week,
9 next Thursday. If you are unable to
10 attend a live presentation, we always
11 record them and post them to be able to go
12 back and look at it just for the most
13 up-to-date information on what is going on
14 with unwinding.

15 But happy to take any questions
16 that anyone might have.

17 MS. LOCKHART: Well, first I
18 want to comment that it seems very
19 generous that we've automatically extended
20 one month and then two months for
21 long-term care. I mean, that is very
22 generous and very flexible considering
23 to -- accolades to you all, the extremes
24 you have gone to to try and make sure that
25 nobody was overlooked.

1 I guess my question is, at what
2 point -- is there a plan, since you are
3 also giving them 90 days to come back and
4 get signed on, do we have a hard cut off
5 so that you can better address your
6 backlog of folks that are trying to get on
7 the program for the first time, because I
8 know that, population wise, I am sure in
9 Kentucky, but across the United States, we
10 are seeing a lot of changes and a lot of
11 influx, and a lot of people who are
12 applying for programs. As we look at new
13 business, that question is going to come
14 up.

15 I'm trying to make sure that I
16 am formulating the question right. What
17 is your plan moving forward? Is there a
18 plan for a hard cut off? I mean, you all
19 have been exceptional, I think, as far as
20 being accommodating.

21 MS. CECIL: Thank you for that.

22 We have to do this within 12
23 months so there is going to, eventually,
24 going to be in April 2024 -- unless there
25 is a change in state law, we are going to

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have to have a final hard stop for folks.
That is going to happen.

Again, one thing that we are trying to do is continue to bring on staff, and train current staff, to be able to handle those redeterminations or processing those renewals and applications. So we really are hoping, based on the forecast that we are seeing, that is going to happen towards the end of the unwinding period, that we should have enough staff to try to handle that.

MS. LOCKHART: Again, thank you. I applaud the efforts that have gone on across the state. I'm impressed every time we meet.

Dr. Stone, did you have a question?

DR. STONE: Not a question. I was just going to comment and really say thanks for all of the work that is going into this.

On a firsthand personal experience, we had a daughter that we fostered for many years. We still

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consider her ours, and she is grown, but our address is still listed for her, and she has WellCare as a secondary insurance, and I've gotten multiple, multiple calls looking for her, and I've just been so impressed that it is not just one and done. I told her today that you have to call them back.

So anyway, I just wanted to say thank you for this work, because not all families across the country are experiencing that kind of caring. So thank you.

MS. CECIL: I really appreciate that and we do have a very exhaustive outreach plan.

Not only is the state working with people who have to take action, but our managed-care organizations for our members are doing the same. There are a lot of organizations, but we thought it was necessary to make sure that we can try to reach folks before that termination happens. That is obviously our goal.

MS. LOCKHART: I applaud you.

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MR. OWENS: This is Stuart Owen with WellCare, real quick.

All of the MCOs I'm sure echo that DMS has done an outstanding job with this and, especially when you compare it with other states, they really have.

And also, Dr. Stone, yes. Please call WellCare. Please have her call WellCare.

MS. CECIL: Thank you, Stuart.

MS. LOCKHART: Any other questions or comments on this topic?

All right, thank you again for that update and report. Are there any updates on the immunization fee schedules?

I can't talk today. I'm drinking coffee, but I still can't talk. I'm sorry.

Anyone?

MS. JONES: Good afternoon. This is Erica Jones with the Division of Healthcare Policy.

Could you remind me what the actual questions were regarding the immunization fee schedules?

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DR. STONE: Erica, I think it was just an update for the whole TAC.

I know that you all recently looked at those schedules and changed them to update them to make sure that kids had access to vaccinations, and just wanted to be sure that that was shared with the TAC.

MS. JONES: Yes.

And I think the latest update has been the COVID -- the new COVID codes. And also adding RSV. It hasn't been added yet, but we are in the process of getting that added, and also doing the change orders to make sure that, as those claims come through, that they are approved.

MS. LOCKHART: Okay.

Any kind of estimate -- I know just for hospital systems, they are struggling to get the new vaccine. Wondering if you have any intel on that? Does anybody? It's hard to make a schedule when you don't know when you are going to have the product. I was just curious about that.

MS. JONES: Exactly. We had a

1 meeting with public health earlier today
2 and we were told that there hasn't been as
3 many providers asking for the RSV for
4 adults as they anticipated. But the
5 campaigns are out there, and they are
6 strong, for wanting to immunize adults
7 with RSV vaccine, so I anticipate that
8 that may be getting more intense as the
9 colder weather comes in when people are
10 starting --

11 MS. LOCKHART: When people are
12 actually getting sick.

13 MS. JONES: Yes.

14 But as of now, we haven't heard
15 anything from any providers or any
16 concerns from them as far as getting the
17 vaccine or needing the vaccine or haven't
18 been able to.

19 MS. LOCKHART: Okay, great.
20 Thank you. Thank you, very much.

21 Any questions or comments on
22 that? Before we move into new business?

23 Okay. So we will move on to new
24 business. Thank you very much.

25 Number one on the list is are

1 the challenges for rural Kentucky
2 different than that for more urban and
3 heavily populated areas of the state?

4 MR. OWENS: This is Stuart Owen
5 with WellCare, again.

6 Is this directed at MCOs, I am
7 thinking?

8 MS. LOCKHART: Yes.

9 MR. OWENS: I do have -- it's
10 nothing flashy, but I do have a few slides
11 that I can share. I'd be glad to share.

12 MS. LOCKHART: Thank you.

13 MR. OWENS: Sure.

14 MS. BICKERS: You are now a
15 co-host, Stuart. And as always, if you
16 can email me that after the meeting, that
17 would be great.

18 MR. OWENS: Will do. All right.

19 Do you all see Kentucky
20 Rural/Urban Comparison? A chart grid?

21 MS. LOCKHART: Yes, we do.

22 MR. OWENS: All right. We have
23 an awesome quality team, Christine
24 Lewandowski, who I don't think is on the
25 call today, created this, and this is

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Kentucky data right here.

I don't know if you all -- maybe I need to increase it a little bit. These are various, kind of, metrics related to social determinants of health and anything related to accessing health, and so it's like priority income, Internet, transportation.

And so this is an urban versus rural break down. On the left column where you see the three, now there's the category. This is rural and urban. This for all of Kentucky. There's a couple of these categories that just have WellCare data, but this shows you rural and urban Kentuckians.

So for example, we have red squares, not circles, socioeconomic vulnerability index. And so we have a little note at the bottom. This addresses the percent in poverty, unemployment, educational level, linguistic isolation, how much income is spent on housing, and the higher the number, the more vulnerable, so you can see this is for

1 Kentucky, rural areas of Kentucky, 68.6 is
2 the rating for that social vulnerability
3 compared to 54 for urban, and you know the
4 far right is the statewide average. So
5 that is clearly higher for rural.

6 Also, just for median family
7 income, rural it's 56,000 and urban is
8 about 67,000. Percent of individuals over
9 25 with no high school diploma, it's
10 roughly 19 for rural, compared to 12 for
11 urban.

12 What is kind of surprising is
13 over on the right there, the food desert
14 tracks. Rural is right about 6 percent,
15 but urban is almost 22 percent, which
16 indicates that it is more challenging,
17 there are more pockets in urban areas
18 where getting food is a challenge than
19 rural areas. And then, further down, we
20 have a couple categories here, with the
21 red squares; average number of households
22 with no computer at all, 15.7 percent for
23 rural and 9.5 with urban. Percentage of
24 households without Internet, 23.6 in
25 urban -- rural and 15.5 in urban. And so

1 obviously, there are challenges in both
2 areas and they kind of differ, but we have
3 particularly noticed that for WellCare,
4 for example, we have 60 percent of our
5 members in a rural area and Eastern
6 Kentucky, in particular, we got more -- we
7 have 160,000 members, which is more than
8 all of the other plans combined in Eastern
9 Kentucky.

10 So some of the challenges that
11 we particularly see is number 1, the
12 individuals of higher acuity, they tend to
13 be sicker, so they have health -- multiple
14 health conditions, health problems and
15 particularly in Eastern Kentucky, there
16 are fewer specialists, you know, different
17 healthcare specialists. Particularly in
18 pediatric. There are some -- really
19 statewide, that is a challenge, like with
20 pediatric specialists, but it is even more
21 pronounced when you get into Eastern
22 Kentucky.

23 So we do contract with -- all of
24 the border children's hospitals, and those
25 usually have a really robust network of

1 the doctors and nurses and allied
2 professionals, so we contract with them to
3 try to address that need, and also
4 Telehealth is one thing.

5 And kudos to DMS, way before
6 even the COVID pandemic, DMS has a very
7 expensive coverage of Telehealth. They
8 were way in front of the rest of the
9 country. A lot of people didn't discover
10 until the COVID pandemic, but DMS already
11 had a very expansive coverage --
12 progressive coverage for Telehealth and it
13 was extended even more during the
14 pandemic. So that's definitely helped.
15 We've got 89 different provider types that
16 we've looked at that we have paid a
17 Telehealth claim to, and it's over 12,000
18 distinct providers, so that is one of the
19 tools that we used.

20 There is a challenge, as well,
21 our care management team tells us, with
22 nonemergency transportation, and because
23 one of the requirements for that is that
24 you have to demonstrate that you do not
25 have access and it is not available --

1 transportation is not available. So that
2 is a little bit of a hurdle, for example,
3 when the car's being worked on, the member
4 has to get an attestation from the
5 mechanic that it is being worked on.

6 One of the things our care
7 management -- we do outreach to members
8 who basically show up as being an owner.
9 For example, you have a couple that maybe
10 split up and you've got the individual
11 still on the title to the car as a
12 co-owner, but they don't live with the
13 person anymore. So that's one of the
14 things that our care management team does
15 is work with those individuals and educate
16 them how to go to the county clerk's
17 office to get their name removed so it's
18 no longer showing that they are a co-owner
19 on a car.

20 Absolutely -- you can see that
21 there are challenges in both areas,
22 really, but definitely, those are the few
23 challenges that we see in the rural areas.

24 MS. LOCKHART: Thank you very
25 much. That was very helpful.

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And you are talking about the pediatric difficulties, women's health in general, OB/GYN -- that continues to be a challenge, especially in rural areas.

I know one of the things that prompted that line of questioning for this group, is concerns about changes in healthcare offerings across the state and what that will mean for rural facilities. It poses a great deal of concern, I'm sure that's shared by everybody on this call, what that would mean, since a large portion of our state is rural. The impact could be devastating.

I think by the information, the data that you just had in front of us, I think you said 64 percent, I believe, of our state is considered rural, so the impact could be huge.

Anyway, thank you very much. That was very informational and I appreciate that.

MR. OWENS: Sure.

MS. LOCKHART: Anybody with any comments about that?

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MS. NACHREINER: This is
Jennifer from Aetna.

I think -- you will get a
consistent message across MCOs. I think
our membership distribution is going to
claim to what our particular data looks
like, but I think one of the things that
was really interesting to us as we started
looking at this rural versus urban
challenge, is what is the percentage of
our friends and neighbors in the
commonwealth who qualify for Medicaid by
county, and looking at that distribution,
because you will begin to see that in
those more rural, eastern areas, in
particular, the percentage of those who
are Medicaid recipients goes way up.

From -- if you are looking
holistically, like you said, on the impact
of any policy change or facility change,
or something that is going to impact
facilities, it will likely
disproportionately hit the members that we
serve versus your commercial or Medicare,
because we are covering those lives.

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I echo what Stuart said from a transportation challenge perspective. I think broadband access is also an issue in some of those areas which can hinder our ability to reach them with other avenues like Telehealth.

I would like to leave with this caveat, too. One of the things that we have seen recently, actually, is counter to what we have been thinking from a rural urban perspective. We are seeing - we are looking at all of our quality measures with an equity lens now. So do we have demographics that are not seeking services at the same proportion in an urban area as they are in a rural? Or men versus women? Or black and brown versus white?

We are seeing that our men in urban areas who are black or brown are not seeking care at the same rate as their counterparts in rural areas, or women. And, particularly concerning to us is those who maybe have a history of substance use and the lack of follow-up that they are getting there. So that is

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something that I think -- I just want to challenge us as we are thinking about rural/urban.

I don't want to forget about our friends in the urban areas because there are challenges there too, although the density, and the population, and the access is there, we do still have challenges that we are seeing in our data from an access perspective. So I just want to leave with that.

MS. LOCKHART: That is a very valid point. That is a very valid point.

And we have spent some time at past meetings discussing that, and especially when you look at the black and brown communities, a sense of distrust of healthcare institutions, and what kind of an impact we can have, as nurses, on that, and one of the avenues that we discussed as a team, was getting to them when they are young, and instilling that trust of healthcare institutions in them, because, historically, there have been issues that we have to own as a country. And how do

1 we tackle that and overcome that? And
2 that is part of what you see in that data.
3 It's right there in front of them, but
4 they have an innate fear of going, and
5 their loved ones and family members and
6 friends and associates share that same
7 fear that they've come to accept
8 culturally, if you will, as part of their
9 environment, and how do we overcome that
10 and combat that?

11 A very valid point. A very
12 valid point.

13 DR. STONE: Speaking from an
14 urban perspective, nursing perspective, in
15 our district with about 100,000 students,
16 very stark disparities in access to care
17 for our black and brown children and for,
18 most significantly, children living in
19 poverty.

20 What we have found internally,
21 in doing weekend events, is that parents
22 who are working labor jobs that have to be
23 there all day, the healthcare system just
24 isn't necessarily set up to meet those
25 needs of families with social determinant

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issues, which is why it makes engaging all the stakeholders that can help ensure access are able to do that and bill for those services.

I just wanted to say that we are fortunate in implementing a new electronic health record to add to the discussion that will work with the managed-care organizations, so when parents opt in to this system, when students have multiple visits to the school nurse, for example, or there's things built in to the platform, that will alert to the insurer. Parents have to opt in that they want to participate, but for example, a child with asthma that sees the school nurse several times in a week, that will trigger an alert to the managed-care organization so a care coordinator can reach out to the family and really, with that goal of providing wraparound services for families, and ultimately helping ensure healthier, healthier kids, but also lower cost for their care.

MS. LOCKHART: Excellent.

1 A lot of proactive things. We
2 had this same conversation with KNAC, the
3 Kentucky Nurses Action Coalition. We have
4 these same conversations about healthcare
5 disparities and equities and how do we
6 reach these populations and encourage them
7 to -- you know, you can put all of the
8 work you want to in developing programs,
9 if you can't get them into the system to
10 engage with you. How do you get them to
11 engage?

12 Good conversation. Thank you.

13 Anybody else have any thoughts
14 they want to offer on that?

15 MS. WILSON: Yeah. This is
16 Carrie with Humana. How are you doing?

17 MS. LOCKHART: Hi. Good.

18 MS. WILSON: So some of the
19 things we have seen in the past,
20 especially in the rural areas, was
21 transportation. Just trying to get good
22 transportation to and from appointments.
23 And another thing we have seen in the
24 past, as well, is access to food, or
25 healthy food.

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Another one would be with the children and making sure that they get the vaccines as well. And pushing for those well-care visits.

MS. LOCKHART: Excellent. Thank you.

Anyone else?

MS. LEWIS: Hi. This is Suzanne from United Healthcare.

So I'd like to echo what I have heard about transportation, and this is both from a rural and urban standpoint. We have our member population in both areas, so we've got some in Eastern Kentucky and some of the rural parts of Western Kentucky. We have a concentration of members in and around the urban areas, and overall, we see that transportation is a bit of a challenge.

As I think somebody was talking about, you know, having ownership of a vehicle, maybe it is working, maybe it is not, or it's a partial ownership type of situation. We have had certain types of challenges there. But not just that, we

1 have had members who live on a bus line,
2 and have been told that they won't qualify
3 for transportation because they are within
4 walking distance of a bus stop, but
5 unfortunately, our particular member is
6 not capable of getting to that bus stop,
7 whether that is because of challenges with
8 mobility, or because of their chronic
9 condition, or maybe they don't feel safe
10 going to that bus stop. So again, I think
11 we -- I just echo the transportation
12 challenge. Getting folks to their
13 appointments is the biggest challenge that
14 we see across the board.

15 And then, as far as food
16 deserts, I want to speak to that a moment.
17 I know there is a program -- and I'm going
18 to get this wrong, probably, so I
19 apologize -- but I believe that, was it
20 Norton's that was doing a subscription
21 food pantry? Does anybody recall hearing
22 about this, where at -- they had an actual
23 food pantry for members in this particular
24 location -- or maybe they are going to --
25 I heard something about this recently.

1 But if we think about the challenges that
2 our members have with food and
3 transportation, if we can get folks to
4 healthcare, why not have access to other
5 needs at that same location? So the idea
6 of a food pantry being available for our
7 Kentuckians, wherever they may be located,
8 being able to access food and healthcare
9 at the same time would certainly be a
10 wonderful approach. And if you think
11 about it, as an incentive to get to care.
12 So again, I think I read or heard about
13 that, and again, I thought it was just
14 such a wonderful idea of bringing needed
15 services together and maybe working
16 with -- I want to say they were working
17 with Dare to Care -- and I believe that's
18 maybe they are working with it or
19 discussing it -- Thank you, Stuart.

20 MR. OWENS: You're welcome.

21 MS. LEWIS: Stuart knows all of
22 this stuff. You are such a rock star. I
23 look forward to hearing you when you come
24 on these meetings. He's always got his
25 slides, and he's always got his stuff, and

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it's just so awesome.

MR. OWENS: Thank you. But I had to Google. I cheated.

MS. LEWIS: Well, hey, you Googled fast.

Anyway, again, what a wonderful idea to partner with a community-based organization who brings in needed services and offer healthcare.

So when we think about looking through an equity lens and we know that there is fear and distrust of healthcare providers, being able to try to bridge the gap with some other needed services like basic needs -- foods or a clothes closet -- you know, again, we have to figure out the transportation issue to get people there, but once they are there, being able to serve more than just one need is my thought.

DR. THERIOT: I was a pediatrician in that clinic until I stopped seeing patients, and it is wonderful, except I can tell you that transportation is still a problem because

1 some of the patients could not bring the
2 food home with them, because they had to
3 go home on the bus, or they weren't sure
4 of their ride. So yes, it was wonderful
5 and we do partner with Dare to Care, but
6 it's still got -- there are some logistics
7 going on that are a barrier.

8 MS. LEWIS: I think
9 transportation is just such a challenge
10 regardless of urban or rural.

11 Yes. Each area has their own
12 challenges, but I say that transportation
13 is one of the biggest ones across the
14 state. Thank you.

15 DR. STONE: At least from a
16 pediatric perspective, you know, Kentucky
17 has established Family Resource Youth
18 Service Centers who are addressing many of
19 these needs for children, at least,
20 because, you know, they submit data to the
21 cabinet on the amount of kids who
22 participate in backpack programs at the
23 school, which means they are getting food
24 sent home with them on a regular basis and
25 on the weekends, and the schools that have

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family resource centers and clothes closets and have all of those things, and now we need to make sure that the health care is provided.

And I would posit that yes, transportation is an issue across the state, but children living in poverty come to school, so anything we can do to support the delivery of services like we've done with Family Resource Youth Service Centers would go a long way in helping to change the trajectory of health in Kentucky.

MS. LEWIS: And meeting people where they are at. I think that's absolutely the right approach to meet people where they're at. We continue to have the transportation problem and we are not able to solve it -- it is a widespread problem. We have to meet people where they are at and go to them. Mobile units, and things like that. Yes. Absolutely.

DR. THERIOT: I hate to say it, but I'm just going to say it. The food pantry in the clinic -- it is Dare to

1 Care, but the food is things like fruit
2 cocktail in heavy syrup and jarred tomato
3 sauce with a lot of sugar in it, so in my
4 opinion, it is not very healthy. And then
5 we got fresh vegetables one week, and we
6 were so excited that we got fresh
7 vegetables, and they were beets. Beets.
8 Raw beets. I don't know how many people
9 on this call think, you know, I really
10 want to eat some raw beets today. So for
11 families who aren't used to cooking and
12 having fresh vegetables, I would think
13 that a beet is not the thing to give them.
14 So anyway, I just had a problem with that
15 and I think we have to offer good foods,
16 but also healthy foods and foods that
17 people are more likely to eat. Not just
18 any food should be in the food pantry.

19 MS. WILSON: Right. Apples and
20 oranges for kids. They love that stuff.
21 Or maybe partner with some farms and
22 access they can give. I'm sure they do.
23 I've heard of them doing that anyway. But
24 yeah, definitely not beets. I can't see
25 them liking that.

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MS. KUNTZ: This is Stephanie with Anthem. Can you guys hear me?

MS. LOCKHART: Yes. Sorry. I couldn't get off mute, but, yes.

MS. KUNTZ: No worries. Sorry I was muted on both my phone and my computer. So I'm sorry about that.

I just wanted to echo what everyone else is saying. It is both rural and urban, and I know definitely in the rural areas due to, most of the time, lack of providers, especially specialty providers when we get into maternal -- there is a lot of maternity deserts out there, so not a lot of OB providers. And for the providers that do exist in the rural areas, their appointments are scheduled very far out, so it might take you three or four months to be able to see a provider. So then you are back into the same transportation needs for the members that they have to travel a little bit further because they have to get into a provider sooner.

So we do have an empowerment

1 team, which is what we call it to work on
2 the social determinants of health, and we
3 have certified community health workers
4 that address each of those issues of
5 transportation and food and clothing and
6 employment, Internet, cell phone. We try
7 to really work on, like the rest of the
8 MCOs do, we try to look at where the needs
9 are for healthcare and transportation, the
10 food, and really work our extra benefits,
11 you know, our healthy rewards or added
12 benefits around those, so we can offer gas
13 cards and those sort of items that will
14 really help our members get to these
15 important appointments. Because if they
16 can't get to their well visits, and get
17 vaccinated, and their OB appointments,
18 then there are going to be issues down the
19 line.

20 So anything we can do, I don't
21 know if its transportation, but also
22 getting more providers working together in
23 those rural areas. Thank you.

24 MS. LOCKHART: Thank you.

25 Anyone else?

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A lot of good dialogue today.
Very appreciated.

Okay. I'm going to turn my camera on. Dr. Stone, you were the last person -- are you okay to approve the minutes? I'm just going to backtrack for a second. You are muted.

DR. STONE: If my camera is not off, I'm muted. Absolutely.

MS. LOCKHART: Okay great.

Back to -- really in closing, a homework assignment for some of you, should you choose to accept it. For our December meeting, we are requesting five-to ten-minute presentations to include member incentive member benefits that are available and how do members receive their benefits. There is one. And the other is, the surge in immigration affecting the ability to provide services, and that one is me.

I am curious because I'm watching the news and I'm looking at some of the programs regarding the surge in immigration, and the coming into some of

1 our cities, and the struggle that's going
2 on trying to provide both healthcare and
3 education. Those are the big two. And
4 housing. We have a lot of them living on
5 the streets, now, and it is a struggle. A
6 lot of the cities and healthcare
7 organizations are like, "Uncle. We are
8 overwhelmed."

9 I know that Kentucky is seeing
10 some surge from that. Nothing compared to
11 like what we are seeing in Chicago, New
12 York, California, Texas, all of those
13 areas. It doesn't compare to that at this
14 time, but I'm sure it's been impactful for
15 you all, overall, and our school systems
16 are going to be greatly impacted.

17 And my -- the ask, here, is are
18 we already thinking along those lines,
19 kind of, proactively preparing for what we
20 are going to do -- especially thinking of
21 our original conversation today about how
22 your backlog is starting to occur, and
23 this just adds to that.

24 I know hiring is part of that,
25 but we are interested in some

1 presentations from you all about what your
2 plans are to try to manage that when it
3 occurs, because it will occur.

4 Any questions about what we are
5 asking? Everybody? We are good?

6 MR. OWENS: I think we are clear
7 with the homework assignment.

8 MS. LOCKHART: You've got a
9 whole month -- two months.

10 MR. OWENS: Yes. We appreciate
11 that, Professor.

12 MS. LOCKHART: A little heads
13 up. All right. Good.

14 MS. CECIL: I will say from a
15 Medicaid enrollment, we are not seeing --
16 we definitely track our enrollment on a
17 weekly basis, and we've not seen a spike
18 that would be related to this.

19 MS. LOCKHART: Okay. All right.

20 I'm certainly happy to come back
21 in December and continue to monitor that
22 and let you know if there are changes for
23 the Medicaid program.

24 MS. LOCKHART: Okay.

25 MS. CECIL: That might not

1 necessarily mean that in the communities
2 there aren't issues, but in terms of
3 Medicaid enrollment, there still may not
4 be an impact.

5 MS. LOCKHART: Okay. Apples and
6 oranges. Thank you so, so much.

7 And that is all we have for our
8 agenda today. Is there anything from the
9 group or anything from the TAC members
10 that are on the call that we didn't get
11 around to today?

12 (Background noise.)

13 Sorry. I am at work. And it is
14 a hospital, if you couldn't tell. Is
15 there anything else for the group that we
16 want to bring up?

17 No? Okay.

18 Well, with that said, it looks
19 like we are able to adjourn a little early
20 then. Can I have a motion from the TAC
21 members to adjourn?

22 DR. STONE: So moved.

23 MS. LOCKHART: Okay.

24 MS. BICKERS: Lisa? You didn't
25 officially approve the minutes.

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MS. LOCKHART: Okay.

MS. BICKERS: Because they were so far apart, we have to have somebody, you know, we got to go through the process again. My apologies.

MS. LOCKHART: So I am asking for approval of the minutes. Dr. Stone?

DR. STONE: So moved.

MS. LOCKHART: Okay.

Ms. Wiseman, are you on here?

MS. WISEMAN: Yeah. I will second.

MS. LOCKHART: Okay, great. So moved. Minutes approved.

MS. BICKERS: Thank you, ladies.

MS. LOCKHART: And with that, we will go ahead and motion to adjourn as well. I'll see you all in December.

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C E R T I F I C A T E

I, STEFANIE SWEET, Certified Verbatim Reporter and Registered CART Provider - Master, hereby certify that the foregoing record represents the original record of the Technical Advisory Committee meeting; the record is an accurate and complete recording of the proceeding; and a transcript of this record has been produced and delivered to the Department of Medicaid Services.

Dated this 3rd of November, 2023

 /s/ Stefanie Sweet

Stefanie Sweet, CVR, RCP-M