



# Community Water Fluoridation

“...one of the ten great Public Health achievements of the 20th century.”

— CDC

## [ Quick Facts ]

💧 Drinking fluoridated water **reduces** cavities by up to **25%** in children and adults

💧 Fluoride is the **MOST EFFECTIVE** way to reduce tooth decay by:

- Building stronger teeth as they develop
- Keeping tooth enamel strong and resistant to cavities forever

💧 Community water fluoridation **saves money** for both families and the healthcare system

💧 **Health Equity** - community water fluoridation is a cost-effective measure to narrow the gap in Kentucky when it comes to oral health and tooth decay

💧 Currently, 99.9% of Kentucky's community water systems fluoridate, making Kentucky a **national leader**



**Kentucky Public Health**

Prevent. Promote. Protect.

Oral Health