



# COVID-19 in Schools

## Guidelines for Quarantine After Exposure in K-12 School Settings

This chart can help guide quarantine decisions for COVID-19 exposures that occur in school settings.

### Determine case's infectious period based on the date of onset of symptoms:

First date of infectious period  
2 days prior to onset.

\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Date of onset of symptoms  
(or COVID-19 test if asymptomatic)

\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Last date of infectious period  
10 days after onset.

\_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Was the COVID-19 case in school or a participant in school activities during infectious period?

Was anyone  $\leq 6$  feet\* of the case for  $> 15$  minutes during the infectious period?

**YES**

**NO**

**YES** | **NO**

No at school exposures need to be assessed. The case should self-isolate away from school until after the last day of the infectious period. Individuals exposed to the case outside of school may need to quarantine (e.g., household contacts).

Has the contact had a documented COVID-19 infection (positive PCR or antigen test) in the prior three months?

**NO**

**YES**

Contact does not need to quarantine as long as they have **NO** symptoms.

Is the contact fully vaccinated?

**NO**

**YES**

#### Contact should:

Quarantine away from school and extracurricular activities for:

- **10 full days if no they have NO symptoms; or**
- **7 days if they have NO symptoms and test negative (PCR or antigen) on or after day 5 of quarantine.**

If a school has a modified quarantine "test to stay" program, students may continue to attend school if they have no symptoms and receive repeated negative COVID-19 tests.

#### Contact should:

- Wear a mask indoors.
- May remain in the normal in-person classroom setting and participate in extracurricular and sport activities as long as they have no symptoms.
- Be tested 5-7 days after exposure. If they test positive they should isolate for at least 10 days from the date of the positive test.

\*In the K-12 indoor setting, students who are  $\geq 3$  feet away from an infected student do not need to quarantine if both students were consistently wearing masks. This exception does not apply to teachers, staff, other adults, or exposures outside of the classroom.

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