



**CABINET FOR HEALTH AND FAMILY SERVICES  
OFFICE OF INSPECTOR GENERAL**

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**Eric C. Friedlander**  
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**Novel Coronavirus (COVID-19) Guidance for  
Long-Term Care Facilities (LTCF) Regarding Visitation  
March 10<sup>th</sup> 2020, 9:00AM**

- On March 4, 2020, the Centers for Medicare and Medicaid Services issued guidance recommending that nursing facilities screen visitors and staff for symptoms of respiratory infection, international travel to restricted countries, and contact with anyone who has or is suspected to have COVID-19. Link to the CMS guidance: <https://www.cms.gov/medicareprovider-enrollment-and-certificationsurveycertificationgeninfopolicy-and/qso-20-14-nh.pdf>
- In addition to the recent recommendations from CMS, the Cabinet for Health and Family Services, Department for Public Health pursuant to authority granted in KRS 214.020 and Executive Order 2020-215 hereby issues this supplemental guidance by recommending that long-term care facilities limit visitation only to those loved ones that are **receiving end-of-life care**:

For visitors, this applies to:

- Visitors must have their temperatures taken at the facility's front desk before entry to the facility can be granted.
- Visitors with no fever, below 100 degrees Fahrenheit, are to be escorted by facility staff both to the patient's room and from the patient's room when the visitor is ready to leave.
- At no time is the visitor to be out of the room unescorted.
- Visitors with a temperature reading of 100.1 degrees Fahrenheit and above should not be granted entry to the facility and should be advised to seek medical attention if the visitor:
  - Shows additional signs or symptoms of respiratory infection such as cough and sore throat;
  - Has recently traveled internationally to restricted countries; or
  - Has had contact with someone with or under investigation for COVID-19.

If a visitor is denied entry to visit a loved one, the Cabinet further recommends that facilities should have phones available for patients to speak with visitors.

**This guidance has been provided in consultation and agreement with the Department for Public Health. For questions regarding infection control, transmission-based precautions, and use of personal protective equipment, please call the Healthcare-Associated Infection/Antibiotic Resistance Prevention Program:**

- Andrea Flinchum (502) 564-3261 ext. 4248
- Michael Curran (502) 564-3261 ext. 4249
- Chad Eldridge (502) 564-3261 ext. 4251

**For the most up-to-date information, visit the following sites: CDC General COVID-19 site [www.cdc.gov/covid19](http://www.cdc.gov/covid19) Detailed information specific to long term care <https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/prevent-spread-in-long-term-care-facilities.html> | **KDPH** - [www.KYCOVID19.ky.gov](http://www.KYCOVID19.ky.gov)**