

Novel Coronavirus (COVID-19) Guidance for Kentucky Community- and Faith- Based Organizations

The following recommendations are established to prevent the transmission of the novel coronavirus (COVID-19) for community- and faith-based organizations (CFBOs). The Kentucky Department for Public Health recommends CFBOs postpone services and gatherings temporarily. This recommendation is due to close proximity to others at these events and because attendees may be members of high-risk populations.

Prevention Measures

The following prevention measures are recommended to prevent the transmission of COVID-19:

- Remind each other to stay calm and be informed.
- Practice healthy hygiene and wash your hands often.
- Practice social distancing (6 feet away).
- Postpone gatherings. Provide web- and mobile-based communications and services, if possible. Increase the use of email, conference calls, video conferencing, and web-based seminars. Partner with other organizations in your community to share messaging.
- Remind people it is ok - even preferable- to postpone events in these situations. Events may include group gatherings such as weddings, funerals, youth activities, religious study groups and celebration meals. Remind each other it is an act of care for fellow members whose may be at higher risk.
- Refrain from handshaking, hugs or other direct physical contact. Greet one another without physical contact with a smile, saying hello, or a wave.
- Implement environmental surface cleaning measures including frequently touched surfaces and objects, i.e., tables, doorknobs, nursery equipment, shared books, etc. Use regular household cleaning spray or wipes as recommended by CDC.

People at Higher Risk for COVID-19 Complications

Adults over 60 and people who have severe chronic medical conditions like heart, lung or kidney disease seem to be at higher risk for more serious COVID-19 illness. It is especially important for people at high risk to take the following actions to reduce your risk of exposure:

- Stay at home as much as possible.
- Make sure you have access to several weeks of medications and supplies in case you need to stay home for prolonged periods of time.
- When you go out in public, keep away from others who are sick, limit close contact (6 feet away) and wash your hands often.
- Avoid crowds.

The Centers for Disease Control and Prevention provides more information and resources for Community- and Faith-Based Leaders at <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/index.html>.

Additional information can be obtained at www.KYCOVID19.KY.GOV