## **RUBELLA** WHAT YOU NEED TO KNOW

Rubella (German measles) is a contagious viral infection.

If a women gets rubella when pregnant serious consequences can result, including miscarriages, fetal deaths, still births and congenital rubella syndrome.

## SYMPTOMS:

- Mild fever
- Headache
- Rash
- Muscle pain
- Tender lymph nodes
- Conjunctivitis





Spread in airborne droplets when people sneeze or cough.

## RUBELLA MOVES FAST WE ARE COMMITTED TO MOVING FASTER!



(MMR) Two dose vaccine 1st dose: 12-15 months 2nd dose: 4-6 years



Kentucky residents can access a copy of their vaccination records utilizing the Kentucky Immunization Public Portal. Scan the QR code or visit: <u>chfs.ky.gov/KDPHMyVaxRecord</u> For more information visit: www.cdc.gov/rubella

