



FLU

DURING PREGNANCY



SYMPTOMS OF FLU

- Fever and/or chills
- Cough
- Sore throat
- Runny nose
- Body aches
- Headaches
- No energy



SPREAD OF FLU

Flu spreads when someone sick coughs, sneezes or gets close to your baby.



IMMUNIZATION AGAINST FLU

Infants cannot receive their own protection against the Flu until they are 6 months old. Pregnant patients who get the flu vaccine, pass short-term protection from the Flu to their newborn.



FACTS ABOUT FLU

A flu shot can reduce a pregnant woman's risk of being hospitalized with flu by an average of 40%. Flu is more likely to cause severe illness in pregnant and postpartum women than in women who are not pregnant.



**FOR MORE INFO
SCAN THE QR CODE
OR VISIT:**

<https://www.acog.org/womens-health/faqs/the-flu-vaccine-and-pregnancy>



Kentucky Public Health
Prevent. Promote. Protect.



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