

Students Taking Charge 3 Minute Parent Survey

Parents, we want your opinion! We want to make our school a place where it is easy to be healthy, and we need your help. Take a few minutes to tell us what you think about healthy eating and physical activity at your student's school. This is an anonymous survey so no one will know how you answered the questions.

About You

1. What is your relationship to the student (mother, father, etc.)? _____

2. What grade is your student in: 9th 10th 11th 12th
(If you have multiple children at the school, please circle all that apply.)

Hot Topics

3. Does the school have a local wellness policy? (A local wellness policy generally sets goals for nutrition education, physical activity, and other school-based activities to promote student wellness)

YES NO DON'T KNOW

4. Does the school promote a healthy school environment? (Healthy school environment generally means the physical and visual surroundings and the mental and social climate and culture of the school.)

YES NO DON'T KNOW

5. The school provides opportunities for my student to speak up about school health issues.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

6. A healthy environment for students, teachers, and staff is a priority at the school.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

7. The school provides enough opportunities for all students to make healthy food choices.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

8. The school provides enough opportunities for all students to be physically active.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

9. The school provides opportunities for parents and families to get involved in wellness.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

10. Should schools only offer healthy food choices on school campuses (including vending machines, a la carte line, school stores, etc)?

YES NO

Tell us why!

11. Should physical education electives be available to all students every semester every year?

YES NO

Tell us why!

12. Should schools promote opportunities for physical activity for students before, during and after school?

YES NO

Tell us why!

13. Should school fundraising activities support healthy eating by selling non-food items or foods that are low in fat, sodium and added sugars?

YES NO

Tell us why!

14. Should school districts implement a 100% Tobacco-Free Policy? (see policy below)

YES NO

15. Should schools provide classes that teach students about the dangers of tobacco use?

YES NO

16. Should schools provide resources or classes for students who want to quit smoking?

YES NO

Thanks for telling us what you think!

What is a 100% Tobacco-Free School Policy?

A 100% Tobacco-Free School policy prohibits tobacco use by staff, students and visitors twenty-four hours a day, seven days a week, inside Board-owned buildings or vehicles, on school owned property, and during school-related student trips