

Students Taking Charge 3 Minute Student Survey

Students, we want your opinion! We want to make our school a place where it is easy to be healthy and we need your help. Take a few minutes to tell us what you think about healthy eating and physical activity at school. This is an anonymous survey so no one will know how you answered the questions.

About You

1. Gender:

2. Grade: 9th 10th 11th 12th

Hot Topics

3. Does your school have a local wellness policy? (A local wellness policy generally sets goals for nutrition education, physical activity, and other school-based activities to promote student wellness)

YES NO DON'T KNOW

4. Does your school promote a healthy school environment? (Healthy school environment generally means the physical and visual surroundings and the mental and social climate and culture of the school.)

YES NO DON'T KNOW

5. My school provides opportunities for students to speak up about school health issues.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

6. A healthy environment for students, teachers, and staff is a priority at my school.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

7. My school provides enough opportunities for all students to make healthy food choices.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

8. My school provides enough opportunities for all students to be physically active.

No, definitely not | No, not really | Yes, sort of | Yes, definitely | Not sure

9. Should schools only offer healthy food choices on school campuses (including vending machines, a la carte line, school stores, etc)?

YES NO

Tell us why!

10. Should physical education electives be available to all students every semester every year?

YES

NO

Tell us why!

11. Should schools promote opportunities for physical activity for students before, during and after school?

YES

NO

Tell us why!

12. Should school fundraising activities support healthy eating by selling non-food items or foods that are low in fat, sodium and added sugars?

YES

NO

Tell us why!

13. Should schools provide classes that teach students about the dangers of tobacco use?

YES

NO

14. Does your school have any resources or classes for students who want to quit smoking?

YES

NO

15. Does your school provide an opportunity for tobacco prevention education?

YES

NO

Thanks for telling us what you think!