

Strengthening Families Leadership Team Meeting – 12/16/13

Transportation Conference Room C107 A & B, 200 Metro Street, Frankfort

A. Welcome & Introductions – Terry Tolan

Members present: Tammie Isenberg, Tal Curry, Diana Koonce, Kristy Briggs, Kristal Hankinson, Shawn Murphy, Beth Jordan, Paula Woodworth, Joe Roberts, Courtney Daniel, Amanda Flanary, Carol Cecil, Tina Webb, Heather Dearing, Marilyn Coffey, Margaret Childers, Tricia Okeson, Tom Lottman, Brooke Gill, Mary Beth Jackson, Joel Griffith, Ruth Ann Shepherd, Terry Tolan, and Cindy Heine.

B. Overview of November 7, 2013 Meeting with Strengthening Families Georgia- Terry Tolan

a. Overall Reactions & Thoughts since last meeting

1. KY appears to be more advanced due to strong community collaborations that already existed.
2. A great deal of work occurred since 11/7 meeting, and will be shared at today's meeting.
3. Members were surprised at GA's 6 year journey and are grateful for Pat's overview of Strengthening Families Framework. Discussed that GA leadership meets 4 times a year, and the partners meeting 2 times a year. While a smaller group answers strategic questions.
4. The overall GA program runs on a \$45,000 grant.
5. Discussed GA's vision and mission and how it utilizes parent friendly language and the national resources GA shared with us.
6. Dr. Shepherd discussed how exercises assisted KY with direction of where to go for the future, and let the group know that we would be discussing some of this today. She also pointed out that we have collaboration with our community partners and knows that our rollout here in KY will go much more quickly than Gas.

b. Review Lessons Learned Activity

1. Terry pointed out that the group wanted to focus on "Needs Work" answers that were given to the Lessons Learned Activity from GA. She referred to numbers 1, 3, 4, 7, 8, 9, 12, 13 and 15 (please see lessons learned activity from GA sheet for reference).
2. Discussed how GA had not included evaluation in early work and Tom Lottman added that GA hired Michael Quinn Patton to look at template and that the evaluation had changed from GA as they grew in knowledge and numbers. Hope is that KY will utilize a different approach for our evaluation.

C. Discuss Leadership Structure – Terry Tolan/Ruth Ann Shepherd

- Steering Committee (Dr. Shepherd, Terry Tolan, Diana Koonce, Tom Lottman, Tal Curry, Courtney Daniels, and Beth Jordan)
- Leadership Team (members present today)
- Partner Group (all our partners, which number more than 60)
- Workgroups (to be determined after strategic meeting)
- Ad Hoc Work Group, which discussed vision, mission and language we will discuss today
- Terry pointed out that it is very important to get everyone on the leadership team on the same level, and this was something that occurred at the 11/7 training with GA.

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Discuss Leadership Structure Cont.:

- Review proposed timeline:
 - ➔ Webinar on December 18 by Terry/ other messaging activities
 - ➔ January 23 -Strategic Planning Meeting
 - To be held in the Transportation Center
 - Karen Russell from ECU will be our facilitator.
 - We will set a plan for our future with Strengthening Families
 - Attendance at this meeting is extremely important, so if you cannot attend, please send someone to represent you.
 - ➔ Train the trainer tentatively looking at late March/April
 - Dr. Minish may be available for this, but she is retiring this February 2014.
 - Discussed making high level training more affordable
 - GA utilized training, parent cafes, and awareness
 - Some of the members have moved forward with Strengthening Families within our own organizations
 - ➔ Roll out at June at GOEC Conference
 - Discussed rolling out with existing trainings and awareness launch, at Readiness Kids Conference in June
 - Each track having a Strengthening Families training in it
- Workgroups – Infrastructure, Evaluation, Training
 - Waiting For Strategic Planning Meeting

D. Review & Finalize Mission, Vision, Values, Guiding Principles, & Desired Outcomes (“ “ denotes decided by membership, although changes may occur)

- Facilitated activity - Ruth Ann Shepherd
- Results
 - Vision: “All KY Children are healthy, safe and prepared to succeed in school and in life through families that are supported and strengthened within their communities.”
 - Mission: “KY is strengthening families, promoting knowledge and skills and providing access to resources and support by enhancing protective factors through community partnerships.”
 - Values:
 - Promoting Strong Families and healthy development
 - Addressing all families and celebrating differences
 - Using protective factors/buffers for toxic stress
 - Strength based
 - Knowledge and skill building

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Review and Finalize: Cont.

- Guiding Principles:
 - Prenatal thru five
 - common lens/common language
 - multigenerational focus
 - dyadic relationship (bonding is most critical piece)
 - rising above adversity
 - People of all ages need a safe, stable and nurturing environment: at least reliable, responsive caring relationship helps to develop adaptive capacities rise above adversity
 - Life course perspective.
 - Discussion broke out about “to age five” or “thru age five”
 - Decided on thru five and recognize when strategic planning where we are focusing.
 - Wanted to highlight that we do not want children being in a “gap of services”, especially when it is such a critical time.
 - Add “Family Driven”
 - Add “universal, inclusive and celebrating diversity”,
 - Add “meeting families were they are”

- Desired Outcomes: We will do this at the strategic planning meeting, however briefly discussed
 - All process outcomes (four from Tal)
 - School readiness
 - Injury reduction
 - Need to think in two years- we will have a significant amount of training and implementation in the agencies present today.
 - Evidence Informed VS Evidence Based- “How will these manifest?” as we can’t do a direct correlation.
 - Protective Factor Surveys will assist in measuring the amount of growth that has occurred.
 - What’s the knowledge, what’s the skill acquisition, what’s the knowledge application, and what are the results on children?
 - Family Stress reduction

E. Review & Finalize Protective Factor Definitions

- Facilitated activity - Ruth Ann Shepherd
- Discussion on 5 or 6 Protective Factors
- Results:
 - Parental Resilience: Families are strong and flexible
 - “Families are strong and can cope in good times and bad times.”
 - Social Connections: Families have friends they can count on
 - “Families have people they can count on.”
 - Knowledge of Parenting & Child Development: Families know how children grown and learn
 - “Families help their children grow and learn.”

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Protective Factor Definitions: Cont.

- Concrete Support in Times of Need: Families know where to turn for help
 - “Families get the help they need from caring communities.”
- Children’s Social and Emotional Development: Families help their children understand feelings and relationships.
 - “Families help their children manage feelings and relationships.”
- Nurturing & Attachment: Families love and respect their children
 - “Families create secure bonds with children.”

F. Next Steps - Terry Tolan

- Reminder that next meeting will be a an All Day Strategic Planning meeting on January 23, 2014, at Transportation Cabinet Training Room C117.