

Strengthening Families Meeting Summary 9/26/13

The Strengthening Families Leadership Team met on September 26 at the Franklin County Health Department. Members present include: Tina Hagenbuch, Beth Jordan, Cindy Baumert, Kristal Hankinson, Kristy Boggs, Amanda Flanary, Mary Ann McKenzie, Bill Buchanan, Tricia Okeson, Joel Griffith, John Nevitt, Laura Beard, Tom Lottman, Brooke Gill, Judy Schroeder, Tal Curry, Diana Koonce and Ruth Ann Shepherd.

Dr. Shepherd gave an overview of the previous meetings. She discussed school readiness and abuse. She illustrated how Strengthening Families gives protective factors to meet school readiness and decrease abuse.

A. Welcome/Introductions Overview of Previous Meetings

a. Amanda Flanary- Race to the Top Update

- i. Strengthening Families was intentionally built into Race to the Top.
- ii. Amanda reported about discussion of resource building and getting protective factors out into the community. She discussed 5 different sections of the grant- 1) Successful State Systems, 2) High Quality Accountable Programs, 3) Engaging and Supporting Families, 4) Professional Development, and 5) Measurement & Evaluation. Hoping for funding to support our efforts of expanding the protective factors to as many families as possible.

b. Dr. Shepherd Review of Initiative

- i. Inclusion of Prichard Committee, Success by Six, KPFC, and Family Voices/CCSHCN
- ii. Discussed importance of Strengthening Families and Race to the Top Grant, working hand-in-hand.

B. Homework Review- 3-4 Agencies report & Group Process

a. Prevent Child Abuse Kentucky- Joel Griffith (please see PCAK Grid)

- i. Parent Education Program- Contract with providers across the state to provide groups and education. Separated out Social and Emotional.
- ii. Parental Resilience- Assess gaps and how they are maintaining fidelity to on-going programs. How do we build in RFPs with these folks?
- iii. Knowledge of parenting & child development- Gap is doing pre and posttests which are subjective, and thus do not have an objective data source. Looking at do these families have fewer incidents after participation in class.
- iv. Concrete support- evaluation and assessment (UNCOPE), during and after program. Want to assist in connecting them with resources in their community.
- v. Nurturing & Attachment- Can tell you which groups provide curriculum, but they do not collect data on individual ages on children in home. Working towards developing programs that look intentionally at Early Childhood.
- vi. Social/Emotional/Developmental Piece-assisting parents with how this impacts them.

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- b. CECC- Amanda Flanary (Please see CECC Grid)
 - i. Social Connections- CCECs will hold community based events- Community Baby Showers, Literacy and Back-to-School days- usually one time a year. Have partnered with Toyota for Born Learning Programs- Parenting Training Opportunity. Used Strengthening Families' internet cafes.
 - ii. Knowledge of parenting and child development- Parent Cafes, distributing kindergarten readiness domains, social media has increased: Facebook pages via CCECs, distribution on parenting guides, Ages and Stages and Help Me Grow.
 - iii. Concrete Support and Parent Resilience-unsure where CCECs fit
 - iv. Nurturing and Attachment- Focus on implementing protective factors on the ground.
- c. Division of Behavioral Health- Beth Jordan (Please see KY IMPACT Grid)
 - i. Picked IMPACT
 - ii. Parental Resilience- Trained in strength- based WRAP around process, parental and family supports are built into the child's wraparound plan, family peer support services. Gaps- peer support isn't a billable service.
 - iii. Social Connections- Natural support persons on wraparound teams, and community resources. Gap-some struggle with identifying natural supports
 - iv. Knowledge of parenting & child development- not sure how many focus on early childhood, access to nurturing parenting program,
 - v. Concrete support in times of need-RIAC has access to flexible funds if none are available in community-Gap-not all are familiar with early childhood resources.
 - vi. Nurturing & Attachment-Families are involved in all aspects of the wraparound plan. Many have been trained on best practice therapy techniques. KYSEED Committee is looking at social-emotional indicators.
 - vii. Overall gap is no systemic way of seeing how these interventions improve protective factors
- d. Division of Child Care- (Please See STARS for KIDS Now) Kristy Boggs
 - i. Family Activity plan with higher tiers of Stars - minimal, indicators in Environment Rating Scales- average score
 - ii. Social Connections-Don't regulate what is on lesson plan, but that it is available
 - iii. Knowledge of parenting & child development- annual survey- 2 gaps- no specified tool with survey, not required to do anything with implementation.
 - iv. Concrete Support in times of need-monetary awards and support to high risk children.
 - v. Nurturing and Attachment- Environment Rating Scales-indicators look at health, wellness and safety, but not required-statewide train-the-trainers.
- e. Tom Lottman from Children, Inc. also gave grid

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Dr. Shepherd discussed how we are making small changes to already existing infrastructures for Strengthening Families protective factors to be included.

Laura Beard- Discussed Leadership Academy-entirely free for families to attend. 30% become peer support specialists-5 day training: extensive with daily exams (including Ethics and WRAP-around model). Struggling to keep families energized and empowered- connect them to parent support groups or work within headstart and community mental health centers. Cumberland River is leading a strong peer support specialist cadre. There is coaching available to peer support specialists.

Strengthening Families has a ladder for peer training, as pointed out by RAS. Need to think about community based training.

Implementation Process: Discussed Implementation Process and is there a need for master trainers for Train-the Trainers? : A core curriculum that everyone should have, in terms of integration and coordination. We have State-Regional Parent Engagement and need to increase local community implementation (“boots on the ground”).

Look at Strategies for Implementation in the Early Learning Challenge Application in small groups and Measures.

Strategies: written down by Diana on easel

- Technical Assistance and consistency across systems.
- Using the Strengthening Families Tool Assessment for quality improvement.
- Develop Cross Disciplinary Training across agencies.
- Engaging primary health care providers to provide information- Office Staff as opposed to Doctors.
- Engage MCOs
- Leveraging Resources
- Statewide Parent Advisory Council
- Building on Protective Factors-operating on building upon agencies that already touch high risk families.
- Evaluation- attribution, very clearly articulated theory of change- SF offers a template to help think through their theory of change.
- Pg. 13- Creating a continuum for parental learning from birth through young adulthood.
- How do we connect ordinary citizens to all of the wonderful resources that are available in the state-Marketing and Outreach Strategies-reaching those families that are more difficult to reach.
- Identify a piece or part of the community (i.e., Ministry/faith based) and give them the tools to implement these protective factors at various points in child development.

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- Give parents “user friendly” information-Motivational Interviewing-listening to families-nurturing relationships, make them a part of the decision.
- Trainings- Universal, local, and intensive trainings-all related to how we build protective factors.
- Screening, Assessment, and Outcomes- Make sure they are strength based and can be done by parents, not just professionals.
- Scripting with positive language-a takeaway from a training

Measurements (making sure we follow them throughout the continuum-how to measure process-what do we considered success?):

- Child Abuse: match parenting class graduates with TWIST (PCKA)
- Increase parent skills & understanding: standardized survey (childcare) and CQI
- Brigance (information to families, what impact did it have)
- Healthcare providers
- Attribution-proxy = theory of change
- Measure people through the continuum
- Retention
- Numbers of agencies involved
- Protective Factors into Trainings
- Number of People Trained
- Number of Disciplines
- Number of Agencies that incorporate protective factors into case plans or treatment plans.
- System Levels-protective factors in RFARs
- Parent cafes- how many receive training, how many trainings occur.
- Skill Level tool
- Tracking and measuring the number of parents or families with children that indicate they have these protecting factors.
- Which protective factors are we doing well, and which are we not-will we identify populations with specific protective factors.
- Scalability, Efficacy, Policy Change, Cost Analysis
- AAPI: 3 month media survey re: parenting (look for trend year to year)
- Measure of social networks (Dunster/Trivette Scale)
- Cultural Competence- cultural norms are different throughout the state
- Collating ASQ
- KDE-Response Intervention-Protective Factors- do we currently track tiers and intervention strategies
- KPFC-APLK expansion?
- Direct Measure of Social Networks- strength and complexity

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- National Tool to measure Parent Engagement- Assessment of Parent Engagement, Completed in early 2014- Discussed Skill Building versus Engagement. Nurturing relationships sets the stage for positive skill building.
 - The PICALO -ten minute observational tool on strengths and attachment
 - Child Abuse-Tracking PAHT cases, substantiations and reports
 - Ages and Stages
- C. Vision Statement Group Work-Tabled due to time
- D. Review & Discuss- 6 Protective Factors-tabled due to time

E. Next Steps

The next meeting will follow-up with Georgia's Implementation Plan (which has a large System of Care approach, much like ours). Tena Roberts will look at measurements. Amanda is looking into how Strengthening Families is going to play a part in Race to the Top- we need to find measurements and strategies that we are going to look at closely. Dr. Shepherd pointed out that the training will be the first year during Race to the Top.

Next meeting will be held October 31 from 10AM-12PM (Happy Halloween and Dr. Shepherd is encouraging costume wearing for this meeting).

We want to start looking at values-five or six common values will be picked from the agencies, and trimming down definitions at next meeting.

List of who is on committee and their contact information for collaboration purposes.

Dr. Shepherd thanked everyone for their attendance and meeting was adjourned.