

## SECONDHAND SMOKE IN KENTUCKY 2011

Kentucky Department for Public Health,  
Kentucky Tobacco Prevention and Control  
Program

<http://chfs.ky.gov/dph/mch/hp/tobacco.htm>

Secondhand smoke (SHS) is a mixture of chemicals that includes: smoke from a burning cigarette or cigar; smoke that has been exhaled by the person smoking; and more than 7,000 chemicals, including 70 that can cause cancer. There has been significant progress to reduce SHS exposure in Kentucky, and the Kentucky Tobacco Prevention and Control Program continues to monitor knowledge, attitudes, behaviors, and reported exposure regarding SHS.

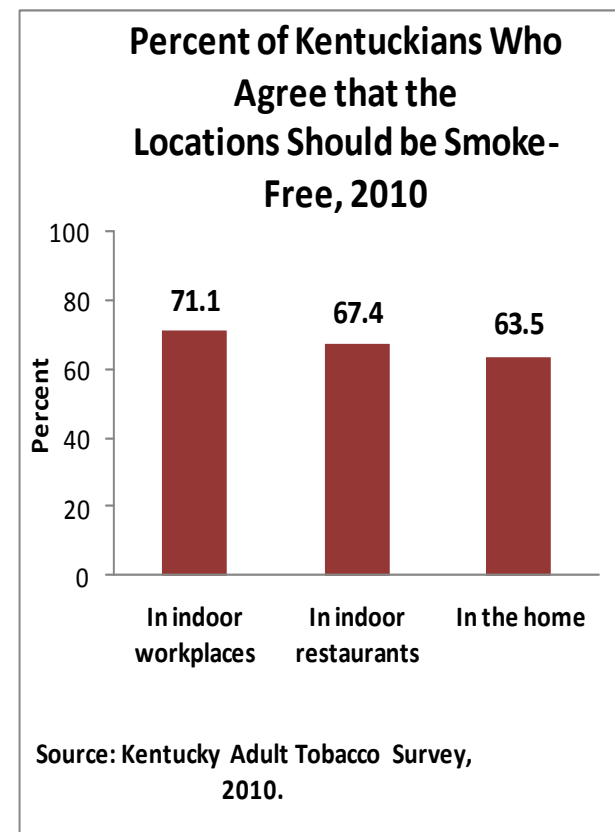
### Protection from SHS

- To be considered 100% smoke-free, municipalities with ordinances or regulations must include all workplaces (workplaces include both public and private non-hospitality workplaces, including offices, factories, and warehouses), that do not allow smoking in attached bars or separately ventilated rooms and do not include workplace size exemptions.
- As of October 2011, 33.6 percent of Kentuckians were covered by smoke-free workplace (indoor/outdoor) regulations.
- As of October 2011, 11 colleges, and 19 high schools, in Kentucky were covered by a 100% smoke-free policy.
- 19 municipalities in Kentucky, or 35% of Kentuckians, are covered by comprehensive ordinances or regulations requiring 100% smoke-free workplaces.
- 81.3% of Kentuckians believe tobacco use should be completely prohibited on school grounds.

### Attitudes about SHS exposures

- 84% of Kentuckians believe that policies that prohibit tobacco use in indoor or outdoor public places should be strictly enforced.

- 71.1% of Kentuckians believe smoking should be prohibited in indoor workplaces.
- 67.4% of Kentuckians agree that smoking should never be allowed in indoor restaurants.
- 63.5% of Kentuckians agree that smoking should never be allowed inside a home.



### SHS Exposures

- In 2009, 69% of Kentuckians reported having a smoke-free home.
- In 2010, 71.9% of Kentuckians said they were not exposed to SHS by being in the same room with someone who was smoking during the previous 7 days.
- In 2010, 84.5% of Kentuckians said they were not exposed to SHS in a car or vehicle during the previous 7 days.

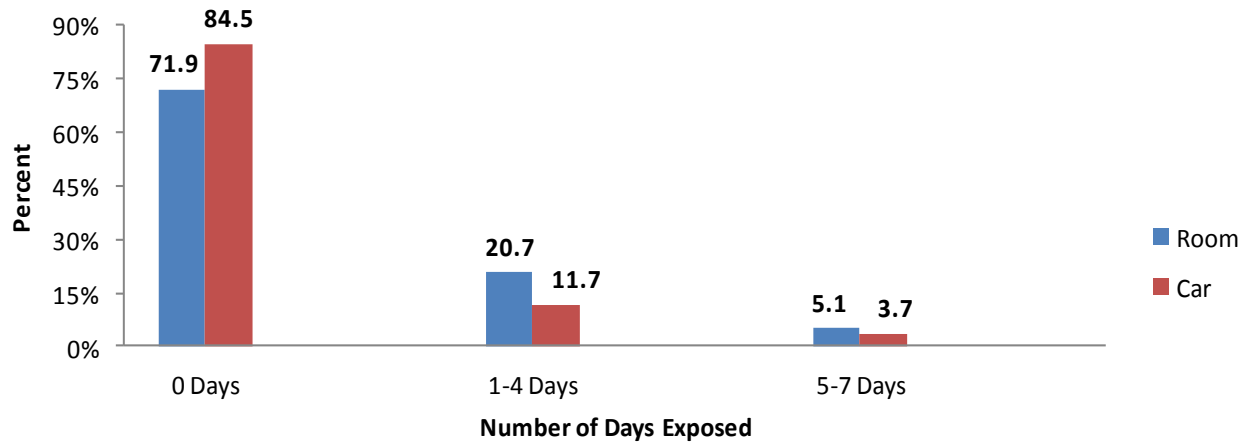
- In 2010, 36% of Kentucky high school students reported exposure to SHS while in a car with someone smoking cigarettes during the previous seven days.
- In 2010, 45% of high school students in Kentucky reported being exposed to SHS by being in a room with someone who was smoking during the previous 7 seven days.

### Beliefs about SHS and Health

- 57.5% of Kentuckians believe exposure to SHS is very harmful to one’s health.

- 34.5% of Kentuckians believe exposure to SHS is somewhat harmful to one’s health.
- 85.6% of Kentuckians believe cigarette smoking is very addictive.
- 59.1% of Kentucky high school students have discussed the dangers of tobacco use with a parent or guardian in the past 12 months.
- 81.3% of current high school smokers, and 88.3% of non-smokers, think young people risk harming themselves in they smoke between 1-5 cigarettes per day.

**Percent of Kentuckians who are Exposed to Secondhand Smoke in the Past 7 Days, 2010**



Source: KY Adult Tobacco Survey, 2010

### About the Surveys

The Kentucky Adult Tobacco Survey (KYATS) is a random-digit-dial telephone survey of approximately 1,800 adults conducted by the Office on Health and Smoking (OSH). Data has been weighted to the 2000 Kentucky population.

The Kentucky Youth Tobacco Survey (KYTS) is a large, in school student survey of tobacco use. Data was collected for both middle (grades 6-8) and high school (grades 9-12) students.