Kentucky WIC
Approved Food List
Displaced Participants
10/01/2018 - 9/30/2020

To purchase these food items, they must be shown on the EBT shopping list.

See KY WIC Approved Foods list for the following items:
• Fruit/Vegetable juice
• Peanut Butter
• Canned Fish
• Whole grain breads, brown rice, or tortillas
• Fresh fruits & vegetables
• Infant formula and foods

Milk

Any brand nonfat dry in 9.6 oz container only.

Soymilk
Shelf Stable Soy Milk-Quart Container

Pacific Ultra Soy
Original

No Other Shelf Stable Soy Milk is Authorized

Canned Baked Beans
15-16 ounce

Bush’s Honey
Bush’s Vegetarian

No Added meats, fats, and oils

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Kentucky Department for Public Health
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