

What if My Baby's Formula Needs to be Changed?

The information given below will help make this change easier for you and your baby.

Prepare both formulas according to package directions.

- Day One:** Mix $\frac{3}{4}$ of current formula with $\frac{1}{4}$ of the new formula at each feeding (for example, 3 ounces of current formula plus 1 ounce of new formula).
- Day Two:** Mix $\frac{1}{2}$ current formula and $\frac{1}{2}$ new formula at each feeding.
- Day Three:** Mix $\frac{1}{4}$ current formula and $\frac{3}{4}$ new formula at each feeding.
- Day Four:** Offer new formula at each feeding.

The new formula must be tried for 3 days. If your baby has projectile vomiting, develops a rash or you have any questions, contact your health care provider or the local health department.



COMMONWEALTH OF KENTUCKY
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