**Study Guide Material for the Kentucky Registered Sanitarian Exam**

The study guide material is designed to assist you in your preparation for the Kentucky Registered Environmental Health Sanitarian (REHS) Exam, but more importantly to provide you with the foundation needed as a new Environmental Health Specialist in the state of Kentucky.

The exam is comprised of 200 questions total in two parts each consisting of 100 questions. A score of 70% or better is required to pass. For more information regarding the REHS exam, please go to: [Registered Environmental Health Specialists - Cabinet for Health and Family Services (ky.gov)](https://www.chfs.ky.gov/agencies/dph/dphps/emb/Pages/sanitarians.aspx).

1. Online:
   1. General
      1. [CDC | National Center for Environmental Health](https://www.cdc.gov/nceh/)
         1. [Environmental Public Health and the 10 Essential Services Home | EHS | CDC](https://www.cdc.gov/nceh/ehs/10-essential-services/index.html)
         2. [National Environmental Public Health Tracking | Tracking | NCEH | CDC](https://www.cdc.gov/nceh/tracking/index.html)
      2. [U.S. Environmental Protection Agency | US EPA](https://www.epa.gov/)
      3. [World Health Organization (WHO)](https://www.who.int/)
      4. [Health & Education (nih.gov)](https://www.niehs.nih.gov/health/)
   2. Food
      1. [U.S. Food and Drug Administration (fda.gov)](https://www.fda.gov/)
      2. [Food Safety Home Page | CDC](https://www.cdc.gov/foodsafety/index.html)
      3. [FoodSafety.gov](https://www.foodsafety.gov/)
   3. Toxicology
      1. [Toxic Substances Portal | ATSDR (cdc.gov)](https://wwwn.cdc.gov/TSP/index.aspx)
   4. Entomology
      1. [List of Pests of Significant Public Health Importance | US EPA](https://www.epa.gov/insect-repellents/list-pests-significant-public-health-importance#:~:text=Following%20is%20a%20brief%20description%20of%20some%20of,...%208%20Reptiles%20and%20birds.%20...%20More%20items)
      2. [Entomology (uky.edu)](https://entomology.ca.uky.edu/)
      3. [Division of Vector-Borne Diseases (DVBD) | Division of Vector-Borne Diseases | NCEZID | CDC](https://www.cdc.gov/ncezid/dvbd/index.html)
2. Kentucky Core Training:
   1. General sanitation
   2. Onsite sewage disposal systems
   3. Food safety
3. Kentucky Statutes and Regulations:
   1. Statutes
      1. KRS Chapter 13B - Administrative Hearings
      2. KRS Chapters 211 - State Health Programs
      3. KRS Chapter 212 - Local Health Programs
      4. KRS Chapter 217 - Food, Drug, and Cosmetic Act
      5. KRS Chapter 217C - Milk and Milk Products Act
      6. KRS Chapter 219 - Hotel, Food Service, and Mobile Home and Recreational Vehicle Parks
      7. KRS Chapter 224 - Environmental Protection
      8. KRS Chapter 318 - State Plumbing Code
   2. Regulations
      1. 902 KAR 1:400 - Administrative hearings
      2. 902 KAR 7:010 - State hotel and motel code
      3. 902 KAR 9:010 - State confinement facilities
      4. 902 KAR 10:030 - Registered environmental health specialists
      5. 902 KAR 10:010 - Public restrooms
      6. 902 KAR 10:040 - KY youth camps
      7. 902 KAR 10:045 - Tattoo artists
      8. 902 KAR 10:060-10:110 - Onsite sewage disposal systems
      9. 902 KAR 10:120 - Public swimming and bathing facilities regulation
      10. 902 KAR 10:121: Plan review and fees for pools
      11. 902 KAR 10:131-170: Onsite sewage disposal systems
      12. 902 KAR 10:190: Splash pads operated by local governments
      13. 902 KAR 15:010 - Mobile home communities
      14. 902 KAR 15:020 - Recreational vehicle communities
      15. 902 KAR 45.005 Kentucky food code
      16. 902 KAR 45:020 Kentucky shellfish dealer standards and requirements
      17. 902 KAR 45:070 Body piercing and ear piercing
      18. 902 KAR 45:075 Tanning facilities
      19. 902 KAR 45:080 Salvage foods and cosmetics
      20. 902 KAR 45:090 Home-based processors and farmers market home-based microprocessors
      21. 902 KAR 45:100 Vending machines; food and beverages
      22. 902 KAR 45:110 Permits and fees for retail food establishments
      23. 902 KAR 45:180 Permits and fees for food processing plants, food storage warehouses, and distributors, cosmetic manufacturers and certificate of free sale.
      24. 902 KAR 45:160 Kentucky food and cosmetic processing, packaging, storage, and distribution operations.
      25. 902 KAR Chapter 47 - Hazardous substances
      26. 902 KAR Chapter 48 - Lead abatement
      27. 815 KAR Chapter 7 - KY state building code
      28. 302 KAR Chapter 26 - Pesticides
      29. 401 KAR Chapter 5 - Water quality
      30. 401 KAR Chapter 8 - Public water supply
      31. 815 KAR Chapter 25 - Manufactured and mobile homes
      32. Interstate Milk Shippers Pasteurized Milk Ordinance
4. Books:
   1. “Principles of Food Sanitation” by Norman Marriott and Robert Gravani
   2. Three volume “Environmental Engineering” set Nemerow, Agardy, Sullivan and Salvato
   3. Prevention and Response to Water, Food, Soil, Airborne Disease and Illness Sixth Edition, which includes:
      1. “Prevention and Response to Water, Food, Soil and Airborne Disease and Illness”
      2. “Water and Wastewater, Soil and Groundwater Treatment and Remediation”
   4. National Pool and Spa Operators Manual
5. Additional Supplemental Books:
   1. REHS/RS Study Guide (Newest Edition), NEHA.
   2. Control of Communicable Diseases Manual (20th Edition), 2015, D.L. Heymann (Editor), American Public Health Association
   3. Environmental Health (Third Edition), 2003, M.T. Morgan
   4. Basic Environmental Health, 2001, A. Yassi, T. Kjellstrom, T. de Kok, and T.L. Guidotti
   5. Disaster Field Manual for Environmental Health Specialists, 2012, California Association of Environmental Health Administrators
   6. Environmental Law Handbook (22nd Edition), 2014, Bernan Press
   7. Essential Epidemiology: Principles and Applications, 2002, W. Oleckno
   8. Pool & Spa Operator™ Handbook, 2014, National Swimming Pool Foundation
   9. Emergency Public Health: Preparedness and Response, 2011, G.B. Kapur and J.P. Smith
   10. Principles of Food Sanitation (Fifth Edition), 2006, N.G. Marriott and R.B. Gravani