



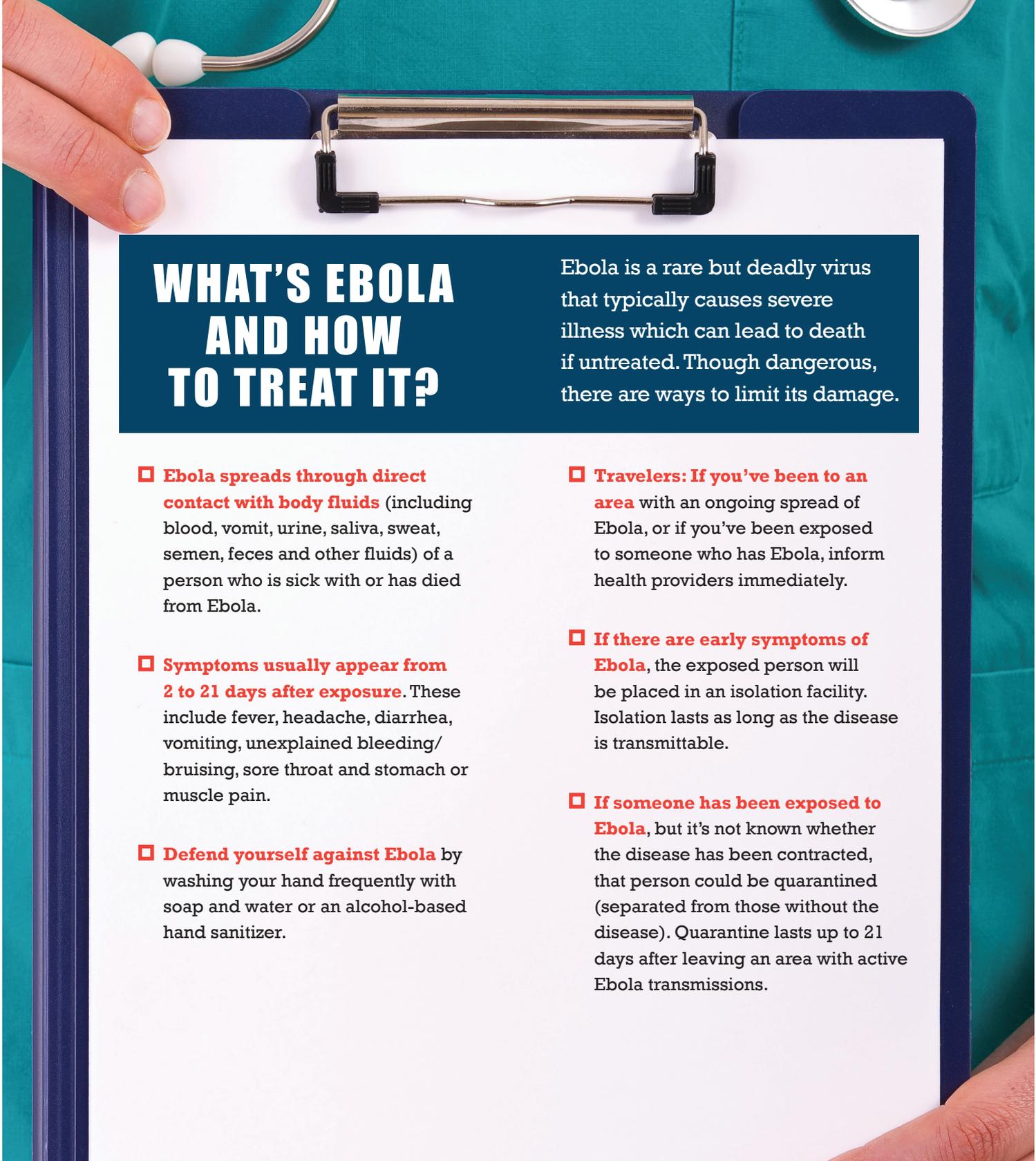
EBOLA FACTS

**WHAT
YOU SHOULD
KNOW.**



**KENTUCKY CABINET FOR
HEALTH AND FAMILY SERVICES**





WHAT'S EBOLA AND HOW TO TREAT IT?

Ebola is a rare but deadly virus that typically causes severe illness which can lead to death if untreated. Though dangerous, there are ways to limit its damage.

- ❑ **Ebola spreads through direct contact with body fluids** (including blood, vomit, urine, saliva, sweat, semen, feces and other fluids) of a person who is sick with or has died from Ebola.
- ❑ **Symptoms usually appear from 2 to 21 days after exposure.** These include fever, headache, diarrhea, vomiting, unexplained bleeding/bruising, sore throat and stomach or muscle pain.
- ❑ **Defend yourself against Ebola** by washing your hand frequently with soap and water or an alcohol-based hand sanitizer.
- ❑ **Travelers: If you've been to an area** with an ongoing spread of Ebola, or if you've been exposed to someone who has Ebola, inform health providers immediately.
- ❑ **If there are early symptoms of Ebola,** the exposed person will be placed in an isolation facility. Isolation lasts as long as the disease is transmittable.
- ❑ **If someone has been exposed to Ebola,** but it's not known whether the disease has been contracted, that person could be quarantined (separated from those without the disease). Quarantine lasts up to 21 days after leaving an area with active Ebola transmissions.

**EBOLA:
KNOW THE FACTS.
CALL 1.888.973.7678**



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