September/October 2019

34 Organizations Serving 120 Counties (organizations counted once at highest level)

(62 counties served by In-Person)

### Kentucky-known organizations offering DPP by ONLINE, DISTANCE LEARNING or COMBINATION included in this chart.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>Balanced Wellness LLC</td>
<td>Distance Learning</td>
</tr>
<tr>
<td>Barren River District Health Department</td>
<td>Distance Learning</td>
</tr>
<tr>
<td>Coach Shellie’s Healthy Lifestyle Program</td>
<td>In-Person and Online</td>
</tr>
<tr>
<td>Good Measures LLC</td>
<td>In-Person, Online and Distance Learning</td>
</tr>
<tr>
<td>Kroger Pharmacy-Elizabethtown</td>
<td>Combination</td>
</tr>
<tr>
<td>Lexington-Fayette County Health Department</td>
<td>In-Person and Distance Learning</td>
</tr>
<tr>
<td>University of Kentucky, UK Healthcare Barnett Brown</td>
<td>Combination</td>
</tr>
</tbody>
</table>

### Kentucky DPP Updates

<table>
<thead>
<tr>
<th>Achieved Full CDC Recognition (NEW)</th>
<th>Achieved Preliminary CDC Recognition (NEW)</th>
<th>New Organization(s) Listed on CDC Site (usually Pending Status)</th>
<th>Organization(s) No Longer Listed on CDC Site</th>
<th>New Counties Covered In-Person</th>
<th>Counties No Longer Covered In-Person</th>
<th>Updates Made to Existing Organization(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Coach Shellie’s Healthy Lifestyle Program (for Online)</td>
<td>2. Good Measures LLC (for Distance Learning)</td>
<td>3. Todd County Health Dept.</td>
<td>4. WW (Weight Watchers ® Reimagined)</td>
<td>1. Beat DM2 Clark County Health Dept.</td>
<td>2. Martin County Health Dept.</td>
<td>1. Carroll County Health Dept.</td>
</tr>
</tbody>
</table>

DPP organizations are listed from the CDC website by physical location of “recognized organization”. DPP organizations listed in alphabetical order provide DPP “In-Person” unless otherwise specified in red box.

“Provided in” means provider is willing to offer DPP “In-Person” in that county.
Allen County Health Department

Participation only open to Kentucky Employee Health Plan (KEHP) members.

(Provided in Allen County)

107 North Court St.
Scottsville, KY 42164

Amy Meador  
amyl.meador@ky.gov
270.237.4423 Ext 103

Carolyn Richey  
carolyns.richey@ky.gov
270.237.4423 Ext 109

Balanced Wellness LLC

Achieved Full CDC-Recognition

(Available in all 120 Counties)

★ PO Box 23008
★ Anchorage, KY 40223

Terry Gehrke  
tag@balancedwellnessky.com
★ 502.716.7773

DPP by Distance Learning

Baptist Health Lexington

Baptist Health Kentuckiana / Central

Achieved Full CDC-Recognition

Medicare (MDPP) Supplier /2 sites *

★ Baptist Health Lexington

(Provided in Fayette and Madison Counties)

1740 Nicholasville Rd.
Lexington, KY 40503

Kathleen Stanley  
Kstanley@bhsi.com
859.260.5122

REGISTRATION: Rachael Clipson

rachael.clipson@bhsi.com
859.260.6419

★ Baptist Health Corbin

Participation only open to Baptist Health Corbin employees.

(Provided in Knox, Laurel, and Whitley counties)

95 Bryan Blvd Suite 102
Corbin, KY 40701

Debbie Scarberry  
dscarber@bhsi.com
★ 606.528.1212

Hannah Sizemore  
Hannah.Sizemore@bhsi.com
★ 606.523.8549

Baptist Health Louisville

Baptist Health Kentuckiana / West

Achieved Full CDC-Recognition

★ Baptist Health Louisville

(Provided in Jefferson County)

4000 Kresge Way
Louisville, KY 40207

Ronda Merryman-Valiyi  
ronda.merryman-valiyi@bhsi.com
502.897.8047 Direct Line (or) 502.897.8831-Diabetes Office

REGISTRATION: Beth Craig  
Beth.craig@bhsi.com
502.897.8831

★ Baptist Health LaGrange

(Provided in Oldham County)

1025 New Moody Ln.
LaGrange, KY 40031

Carry Doyle  
carry.doyle@bhsi.com
★ 502.222.3344

★ Baptist Health Paducah

(Provided in McCracken County)

Participation only open to Baptist Health Paducah employees.

2501 Kentucky Ave.
Paducah, KY 42003

Kathy West  
kwest1@bhsi.com
★ 270.575.2282

Barren River District Health Department

Pending CDC-Recognition for Distance Learning

1109 State St.
Bowling Green, KY 42102

Cara Castleberry  
carisa.castleberry@barrenriverhealth.org
★ 270.781.8039 Ext 186

Chelsea Tabor  
Chelsea.Tabor@barrenriverhealth.org
★ 270.781.8039 Ext 143

DPP by Distance Learning For: Barren, Butler, Edmonson, Hart,
Logan, Metcalfe, Simpson, and Warren Counties

Christian County Health Department

Pending CDC-Recognition

(Provided in Christian County)

1700 Canton St.
Hopkinsville, KY 42240

Amanda Sweeney  
Amanda.sweeney@ky.gov
270.887.4160 Ext. 158

Clay County Health Department – in cooperation with
Cumberland Valley District Health Department

Achieved Preliminary CDC-Recognition

(Provided in Clay County)

330 Shamrock Rd.
Manchester, KY 40962

Tracie Grubb  
Tracie.grubb@ky.gov
Christie Green  
Christiel.green@ky.gov
606.598.2425

Page | 2
Coach Shellie’s Healthy Lifestyle Program

Achieved Full CDC-Recognition for In-Person
Achieved Full CDC-Recognition for ONLINE

Participation only open to Kentucky Employee Health Plan (KEHP) members.
(Available In-Person in Franklin County & Online in all 120 Counties)
245 Beechwood Ave.
Frankfort, KY 40601
Shellie Wingate shelliewingate@gmail.com
502.682.5079
DPP by In-Person and Online

Diabetes Resource Center of Hopkinsville

Achieved Full CDC-Recognition
(Provided in Christian County)
530 Noel Ave.
Hopkinsville, KY 42240
Theresa Clark clark_t@bellsouth.net
270.707.0060

Franklin County Health Department

Achieved Preliminary CDC-Recognition
(Provided in Franklin County)
851 East-West Connector
Frankfort, KY 40601-2473
Debbie Bell debbief.bell@ky.gov
502.566.5559 Ext 207

Good Measures LLC ♦ (listed on CDC DPP Registry Under Massachusetts)

Achieved Full CDC-Recognition for ONLINE
Achieved Preliminary CDC-Recognition for In-Person
Achieved Full CDC-Recognition for Distance Learning

Participation only open to members of specific Kentucky Health Plans utilizing Good Measures as their DPP organization.
(Available online in specific Kentucky Counties)
60 State St., Ste. 700
Boston, MA 02109
Cassandra Johnson, MS, RDN
Cassandra.johnson@goodmeasures.com
★ 617.531.9149 Ext 2713 AND 888.320.1776
15 Rye St., Ste. 305
Portsmouth, NH 03801
Patti McKenzie pattimckenzie@goodmeasures.com
★ 617.531.9149 Ext 1727
DPP by In-Person, Online and Distance Learning

Graves County Health Department

Achieved Full CDC-Recognition
(Provided in Graves County)
416 Central Ave.
Mayfield KY 42066
Riley Beth Willett RileyE.Willett@ky.gov
270.247.3553 Ext 224

Jessamine County Health Department

Pending CDC-Recognition
(Provided in Jessamine County)
210 East Walnut St.
Nicholasville, KY 40356
Lauren Cass Lane LaurenM.Lane@ky.gov
859.885.4149 Ext 1040
Elizabeth Collins ElizabethA.Collins@ky.gov
859.885.4149 Ext 1010

Johnson County Health Department

Achieved Full CDC-Recognition
(Provided in Johnson County)
630 James Trimble Blvd.
Paintsville, KY 41240
Mary Beth Castle maryb.castle@ky.gov
606.789.2590

Juniper Health

Achieved Full CDC-Recognition
(Provided in Breathitt, Lee and Wolfe Counties)
141 Main St.
Beattyville, KY 41311
Missy Begley missy.begley@juniperhealth.org
Bridget Turner bridget.turner@juniperhealth.org
606.464.0151 AND ★ 606.464.2401 (for Breathitt County)

Kentucky River District Health Department

Achieved Preliminary CDC-Recognition
(Provided in Knott, Leslie, Letcher, and Perry Counties)
441 Gorman Hollow Rd.
Hazard, KY 41701
April Sandlin april.sandlin@ky.gov
Denesa S. Watts denesas.watts@ky.gov
606.785.3144 OR ★ 606.439.2361
(Provided in Lee, Owsley, Wolfe counties)
Vivian Smith viviank.smith@ky.gov
Susan Kincaid susanm.kincaid@ky.gov
(606) 464.2492

Kroger Pharmacy

Achieved Full CDC-Recognition
(Provided in Bullitt, Clark, Fayette, Jefferson, Madison, Oldham, Pulaski, Shelby, and Woodford Counties)
1808 Alexandria Dr.
Lexington, KY 40504
Brooke Hudspeth brooke.hudspeth@kroger.com
★ 859.806.0310

Kroger Pharmacy

Pending CDC-Recognition
(Provided in Hardin County)
3040 Dolphin Dr.
Elizabethtown, KY 42701
Gina Guarino gina.guarino@kroger.com
★ 502.937.0303 OR 859.806.0310
Combination
Lake Cumberland District Health Department

**ACHEVED PRELINARY CDC-RECOGNITION**
(Provided in Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne Counties)
500 Bourne Ave.
Somerset, KY 42501
Jamie Lee  jamie.lee@lcdhd.org
606.678.4761 ext. 1157  OR  Janet Cowherd (for Casey, Green, and Taylor counties)
Janetf.cowherd@lcdhd.org  ★ 270.465.4191 ext. 7270

Lawrence County Health Department

**ACHEVED FULL CDC-RECOGNITION**
(Provided in Lawrence County)
1080 Meadowbrook Ln.
Louisa, KY 41230
Ashley E. Wilks  ashleye.wilks@ky.gov
606.638.4389  OR  ★ 606.638.9500

Lexington-Fayette County Health Department

**ACHEVED PRELIMINARY CDC-RECOGNITION** for In-Person
**PENDING CDC-RECOGNITION** for Distance Learning
(Provided in Fayette County)
650 Newton Pike
Lexington, KY 40508  OR
2433 Regency Road
Lexington, KY 40503
Melissa Smith  MelissaR.Smith@ky.gov
★ 859.288.2473
REGISTRATION: Erin Kelley  ErinW.Kelley@ky.gov
859.288.2446
DPP BY IN-PERSON AND DISTANCE LEARNING

Madison County Health Department

**PENDING CDC-RECOGNITION**
(Provided in Madison County)
216 Boggs Ln.
Richmond, KY 40475
Barbara Baumgardner  BarbaraA.Baumgardner@ky.gov
859.623.7312
Margaret Maupin-Story  maem.maupin@ky.gov
859.623.3462

Owensboro Health

**ACHEVED FULL CDC-RECOGNITION**
Kentucky Medicare (MDPP) Supplier /1 site *
(Provided in Daviess and Muhlenberg Counties)
1006 Ford Ave.
Owensboro, KY 42301
Amy Turley  amy.turley@owensborohealth.org
270.688.4459
Beth Cecil  beth.cecil@owensborohealth.org
270.688.3252

Rockcastle County Health Department – in cooperation with Cumberland Valley District Health Department

**ACHEVED PRELIMINARY CDC-RECOGNITION**
(Provided in Rockcastle County)
120 Richmond St.
Mt. Vernon, KY 40456
Melinda Osborne  melindaj.osborne@ky.gov
606.256.2242 Ext 118
Christie Green  christiel.green@ky.gov
606.598.5564 Ext 116

Rockcastle Regional Hospital and Respiratory Care Center in cooperation with Rockcastle Family Wellness

**PENDING CDC-RECOGNITION**
(Provided in Rockcastle County)
145 Newcomb Ave.
Mount Vernon, KY 40456
Angela Parsons-Woods  a.woods@rhrcc.org
Pat Watson  plwatson@trhosp.org
270.465.3561 Ext 5843

Ruwe Family Pharmacy

**PENDING CDC-RECOGNITION**
(Provided in Kenton County)
434 Scott St.
Covington, KY 41011
Jeanne Zeis  jeanne.zeis@ruwerx.com
859.431.3304

Taylor Regional Hospital

**PENDING CDC-RECOGNITION**
(Provided in Taylor County)
1700 Old Lebanon Road
Campbellsville, KY 42718
Angela McKee  Angela.mckee@ky.gov
270.265.2362 Ext 201

Todd County Health Department

**ACHEVED FULL CDC-RECOGNITION**
(Provided in Todd County)
★ 617 West Main St.
Elkton, KY 42220

ULP University of Louisville Physicians Diabetes and Obesity Center

**ACHEVED FULL CDC-RECOGNITION**
(Provided in Jefferson County)
401 East Chestnut St., Suite 310
Louisville, KY 40202
Beth Ackerman  beth.ackerman@louisville.edu
502.588.4499
University of Kentucky, UK HealthCare Barnstable Brown Diabetes Prevention Program Turfland

Kentucky Medicare (MDPP) Supplier /1 site *
(Provided in Fayette County)
2195 Harrodsburg Road, Suite 125
Lexington, KY 40504

Sheri Setser-Legg sheris.w@uky.edu
Laura Hieronymus laura.hieronymus@uky.edu
REGISTRATION: Jenna Wells jenna.tackett@uky.edu
859.323.2223 (Option 3)

- UKY HealthCare Barnstable Brown Diabetes Center
  Diabetes Prevention Program Polk Dalton
  (Provided in Fayette County)
  UK Cooperative Extension Service
  217 Elm Tree Lane
  Lexington, KY 40507
  Emily DeWitt Emily.dewitt@uky.edu
  859.218.3324

- UKY HealthCare Barnstable Brown Diabetes Center
  Diabetes Prevention Program Knox County
  (Provided in Knox County)
  UK Cooperative Extension Service
  215 Treuhaft Boulevard, Suite 7
  Barbourville, KY 40906
  Danielle Barrett Danielle.barrett@uky.edu
  606-546-3447

- UKY HealthCare Barnstable Brown Diabetes Center
  Diabetes Prevention Program Scott County
  (Provided in Scott County)
  UK Cooperative Extension Service
  1130 Cincinnati Road
  Georgetown, KY 40324
  Whitney Hilterbran Whitney.hilterbran@uky.edu
  502-863-0984

- UKY HealthCare Barnstable Brown Diabetes Center
  Diabetes Prevention Program Washington County
  (Provided in Washington County)
  UK Cooperative Extension Service
  245 Corporate Drive
  Springfield, KY 40069
  Cabrina Buckman cabina.buckman@uky.edu
  859-336-7741

- UKY HealthCare Barnstable Brown Diabetes Center
  Diabetes Prevention Program Whitley County
  (Provided in Whitley County)
  UK Cooperative Extension Service
  4275 US-25W
  PO Box 328
  Williamsburg, KY 40769
  Matti Cornelius Matti.daniels@uky.edu
  606-549-1430

COMBINATION

WW (Weight Watchers® Reimagined)
(Administered by Solera Health)
(listed on CDC DPP Registry under New York)

- Achieved Full CDC Recognition

Participants may start anytime (schedule provided with enrollment)
675 Avenue of the Americas, 6th floor
New York, NY 10010

Solera Participant Call Center 1-844-206-3728
(M-F; 9AM till 9PM Eastern) OR 866-204-2885

DPP BY IN-PERSON

YMCA of Central Kentucky

- Achieved Preliminary CDC Recognition

(Provided in Fayette, Franklin, Jessamine, and Scott Counties)
239 East High St.
Lexington, KY 40507
859.254.9622

Marcus McAlpin mmc@ymca.org
502.382.0912

- Frankfort YMCA
  (Provided in Franklin County)
  77-C Michael Davenport Blvd.
  Frankfort, KY 40601
  Marcus McAlpin mmc@ymca.org
  502.382.0912

YMCA of Greater Cincinnati ✦ (listed on CDC DPP Registry under Ohio)

- Achieved Full CDC Recognition

(Provided in Northern KY – Boone, Campbell, and Kenton Counties)
1105 Elm Street
Cincinnati, OH 45202

Bridget Behrmann BBehrmann@myy.org
513.362.9622 ext. 2885

YMCA of Greater Louisville

- Achieved Full CDC Recognition

(Provided in Bullitt, Jefferson, and Oldham Counties)
545 South 2nd St.
Louisville, KY 40202

Krista Burden Fanelli kfanelli@ymca.org
502.572.2608

Contact information (address and phone) updated from what is listing on the CDC DPP Online Registry.

Denotes an out-of-state organization that offers DPP classes physically in a Kentucky county(s).

For more information regarding this listing contact:
Theresa.Renn@ky.gov (or) Janice.Haile@ky.gov