

## Tuberculosis Isolation Agreement

Your doctor has diagnosed you with or believes you to have tuberculosis (TB). TB is a disease caused by bacteria that is spread from person to person by breathing the same air with someone who is infectious. (*Infectious means expelling droplets containing TB bacteria into the air when coughing, sneezing, speaking, or singing.*)

This is a very serious condition. A diagnosis of TB means you have the potential of spreading the TB bacteria to others around you. Without the proper medical treatment, you risk spreading the TB bacteria to others who may continue to spread it to their loved ones. Proper medical treatment is not only important to the public around you, but it is also important for your health. TB patients need monitoring during treatment until they complete their medications and are **cured**.

Proper medical treatment for TB includes:

- Remaining in isolation until no longer infectious (not able to spread TB bacteria to others).
- Taking medications exactly as prescribed by their TB physician.
- Meeting with the TB nurse case manager for directly observed therapy (DOT).
- Keeping clinic or office appointments with their TB physician and keeping appointments for additional testing (X-rays, labs etc.)

It is very important that people who have TB take their medications exactly as prescribed. If you stop taking your medication too soon, you can become sick again; if you do not take the drugs correctly, the bacteria that are still alive may become resistant to your medication. TB bacteria that is resistant to medication is harder to treat and can increase the risk of death.

Isolation is also important for the safety of the public and for your loved ones. The laws of the Commonwealth of Kentucky (KRS 215.540 through 215.580), state that you are to remain isolated at your home of residence until you are cleared by your health department of your potential risk of spreading the TB bacteria to others.

Therefore:

- You are restricted from your place of work.
- You are restricted from other public places (volunteer work, errands, school, church, etc.)
- You must remain at your home.
- You cannot have any visitors in your home until cleared by your health department.
- If you change where you are living, you must tell the TB Nurse Case Manager within one day.
- You will not be able to travel until cleared by your health department.
- In the case of an emergency or to receive medical care you must wear a mask while you are away from home. Masks will be provided to you by the Health Department.

(Place facility logo here)

(Pt. label)

This isolation agreement will remain in effect until TB is ruled out by additional laboratory tests, or until such time your TB physician determines that you are not able to spread TB bacteria to others around you. Adults who already live with you can stay in your home, however they must be checked out by your health department to determine if they also have TB. Other arrangements may need to be made if infants and/or small children live in your home.

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With this knowledge, I understand that tuberculosis (TB) is a very serious and contagious disease. By signing this document, **I fully agree to and intend to be compliant with my isolation and regimen of treatment for tuberculosis (TB)**, as prescribed by the Health Department medical provider in the Tuberculosis Clinic, or by my own personal physician.

I HAVE READ AND UNDERSTAND THE ABOVE. IF I DO NOT FOLLOW THE ABOVE GUIDELINES, LEGAL ACTION MAY BE TAKEN AGAINST ME; KRS 215.550, KRS 215.560.

I FULLY UNDERSTAND AND HAVE BEEN COUNSELED REGARDING MY TUBERCULOSIS (TB), TREATMENT PLAN AND ISOLATION.

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Patient Signature

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Date

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Parent/Guardian/Power of Attorney  N/A

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Relationship to Patient  N/A

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Patient Address

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TB Nurse Case Manager Signature or Designee

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Interpreter  N/A