KY-Moms: Maternal Assistance Towards Recovery (MATR) services:

- For Pregnant and Postpartum Women who are at risk for and diagnosed with Substance Use Disorders
- Located in 13 of KY’s Community Mental Health Centers
- Additional Substance Use services are offered by each region, contact CMHC for more information.

Department of Behavioral Health, Developmental and Intellectual Disabilities contact:
Katie Stratton: (502) 782-6192
Katie.stratton@ky.gov

Additional Substance Use Services for Pregnant and Postpartum Women

<table>
<thead>
<tr>
<th>Women's Renaissance Center</th>
<th>Shelbyville 502-437-5066</th>
</tr>
</thead>
<tbody>
<tr>
<td>Project LINK</td>
<td>Louisville 502-538-3951</td>
</tr>
<tr>
<td>Freedom House</td>
<td>Louisville 502-634-0082</td>
</tr>
<tr>
<td>WRAP House (Transitions)</td>
<td>Covington 859-491-2090</td>
</tr>
<tr>
<td>Chrysalis House</td>
<td>Lexington 859-255-0500</td>
</tr>
<tr>
<td>PRIDE Program (Bluegrass.org)</td>
<td>Lexington 800-928-8000</td>
</tr>
<tr>
<td>Independence House (Cumberland River)</td>
<td>Corbin 606-523-9386</td>
</tr>
<tr>
<td>OASIS</td>
<td>Owensboro 800-882-2873</td>
</tr>
<tr>
<td>Serenity House</td>
<td>Inez 606-298-4872</td>
</tr>
</tbody>
</table>

KY-Moms MATR and Substance Use Program by CMHC Region

1. Four Rivers Behavioral Health
   (Paducah & surrounding counties)
   Ellen Walsh  (270) 442-8039 x 703

2. Pennroyal Center
   (Hopkinsville & surrounding counties)
   Paula Brown  (270) 886-0486 x 194

3. River Valley Behavioral Health
   (Owensboro & surrounding counties)
   Nikki Slobig  (270) 852-5520

4. Lifeskills
   (Bowling Green & surrounding counties)
   Karen Garrity  (270) 901-5000 x 1066

5. Communicare
   (Elizabethtown & surrounding area)
   Tara Smith  (270) 734-2850

6. Centerstone
   (Louisville & surrounding counties)
   Mendy Mason  (502) 341-5400

7. NorthKey Community Care
   (Northern KY area)
   Heidi Bowman  (859) 283-0952 x 4251

8. Comprehend
   (Maysville & surrounding counties)
   Lauren Penrose  (606) 759-7799

9/10. Pathways
      (Ashland & surrounding counties)
      Kerry Wheeler  (606)324-1141 x 4532

11. Mountain Comprehensive Care
    (Pikeville & surrounding counties)
    MaShawna Jacobs  (606) 889-0328

12. KY River Comprehensive Care
    (Hazard & surrounding counties)
    Judy Cattoi  (606) 436-4124

13. Cumberland River Behavioral Health, Inc
    (Corbin & surrounding counties)
    Jill Owens  (606) 337-2070

14. The Adanta Group
    (Somerset & surrounding counties)
    Sherri Estes  (606) 679-9425