**KIDS NOW PLUS services**
- For Pregnant and Postpartum Women with Substance Use Disorders
- Located in 13 of KY’s Community Mental Health Regions
- Additional Substance Use services are offered by each region, contact CMHC for more information.

**Division of Behavioral Health**
Katie Stratton: (502) 782-6192
Katie.stratton@ky.gov

**Substance Use Services for Pregnant and Postpartum Women**

1. **Four Rivers Behavioral Health**
   - Longterm Family Residential Treatment
   - (Paducah & surrounding counties)
   - Ellen Walsh: (270) 442-8039

2. **Pennroyal Center**
   - Longterm Family Residential Treatment
   - (Hopkinsville & surrounding counties)
   - Paula Brown: (270) 886-0486

3. **River Valley Behavioral Health**
   - Longterm Family Residential Treatment
   - (Owensboro & surrounding counties)
   - Kelly Bradshaw: (270) 852-5520

4. **Lifeskills**
   - Outpatient Treatment & Case Management
   - (Bowling Green & surrounding counties)
   - Karen Garrity: (270) 901-5000

5. **Communicare**
   - Longterm Family Residential Treatment
   - (Elizabethtown & surrounding area)
   - Tara Smith: (270) 734-2850

6. **Seven Counties Services**
   - Longterm Family Residential Treatment
   - (Louisville & surrounding counties)
   - Mendy Mason: (502) 341-5400

7. **NorthKey Community Care**
   - Longterm Family Residential Treatment
   - (Northern KY area)
   - Heidi Bowman: (859) 283-0952

8. **Comprehend**
   - Longterm Family Residential Treatment
   - (Maysville & surrounding counties)
   - Lauren Penrose: (606) 759-7799

9. **Pathways**
   - Longterm Family Residential Treatment
   - (Ashland & surrounding counties)
   - Kerry Wheeler: (606) 324-1141

10. **Mountain Comprehensive Care**
    - Longterm Family Residential Treatment
    - (Pikeville & surrounding counties)
    - Rachel Willoughby: (606) 889-0328

11. **KY River Comprehensive Care**
    - Longterm Family Residential Treatment
    - (Hazard & surrounding counties)
    - Donna Hardin: (606) 436-4124

12. **The Adanta Group**
    - Longterm Family Residential Treatment
    - (Somerset & surrounding counties)
    - Sherry Estes: (606) 679-9425

13. **Bluegrass.org**
    - Longterm Family Residential Treatment
    - (Lexington & surrounding counties)
    - Tara Stanfield: (859) 928-8000