

This Issue Includes:

 Carol Baldwin Retires

 Free CEU for CCHW

 2023 KPAP Progress

 Mandatory Trainings

 GSK PAP Portal

 KVH Conference

 KRHA Conference

 Awareness Months

 Seasonal Recipes

 Word Search

 Crossword Puzzle

 2024 KPAP Trainings

 2024 DA Trainings

 Office Hours

CAROL BALDWIN RETIRES AFTER 15 YEARS OF SERVICE TO KPAP

by Bryant Hileman

From 2005 to 2008 I worked with Charles Thompson in Paducah, Kentucky to establish Heart USA, a 501c3 nonprofit that helped individuals obtain free prescription medications. Several hours away in Elizabethtown, Kentucky, Carol Baldwin was busy doing the same. We did not know each other, and we had no idea we were doing the same work.

It was not until a meeting in Frankfort that we connected and realized we both had the same goal, to establish a training model that empowered Kentuckians across the Commonwealth to assist their friends and neighbors with prescription medications. We had both called our representatives, met with leaders in Frankfort, and continued to advocate for patients. It was only a matter of time before our paths crossed.

After meeting with Carol in 2008 Representative Jimmy Lee of Elizabethtown created the Kentucky Prescription Assistance Program (KPAP) with legislation aimed at consolidating all programs in the state that offered Patient Assistance Programs. We started in October collaborating on a training model that understood people are better equipped to recognize and address the problems in their own communities better than any office in Frankfort ever could. They just needed tools, education, and networking for empowerment. Those first few months were tough. We worked constantly to develop a model that was scalable that anyone could use.



Carol with her granddaughter Caitlin

With software, a training model and supporting resources, Carol and I split Kentucky in half in 2009. We organized advocates and community stakeholders in all 120 counties around the problem of health equity and prescription medication access. We partnered with free clinics, faith-based organizations, and non-profits. We established a statewide training event in Elizabethtown so advocates from across the state could meet in person for a two-day training event. After years of advocacy, organizing and training KPAP was off and running!

(CONT.)

KPAP HOTLINE:
1-800-633-8100

HOURS: M-F
8 AM - 4 PM EST

For the next 15 years Carol worked to organize, train, advocate and assist stakeholders and patients across Kentucky. Her work and dedication made a difference in the lives of tens of thousands of our friends and neighbors. Without Carol's determination and advocacy none of what each of our advocates do today would have been possible.

Carol possesses an emphatic heart that is responsible for her direct action in addressing the problem. Problems are not to be ignored no matter how impossible they seem at the time. Problems are not to be avoided; they are opportunities for us to show the best version of ourselves. They are to be embraced with an emphatic heart that can only address them with love to remove unnecessary suffering. I am reminded of this quote by Dr. James Hillman when I think about the last 15 years of working shoulder to shoulder with Carol. "Why do we focus so intensely on our problems? What draws us to them? Why are they so attractive? They have the magnet power of love. We desire our problems; we are in love with them as much as we want to get rid of them. Problems sustain us.

That's why they will not go away. What would life be without them? Completely tranquilized and loveless. There is a secret love hiding in each problem."

Carol, on behalf of the entire KPAP staff, the tens of thousands of our friends and neighbors that you assisted, and for every advocate over the years that you trained, we wish you the best in retirement. You are loved and appreciated by so many across the Commonwealth. Thank you for sharing your emphatic heart with everyone.



Carol and Mike Baldwin with their grandchildren

FREE CEU FOR CERTIFIED COMMUNITY HEALTH WORKERS

by Jennifer Toribio Naas

KPAP has been approved by the Kentucky Office of Community Health Workers to provide one CEU to all Certified Community Health Workers for completing the "KPAP Training". This CEU is free to all CCHWs.

To receive your **FREE CEU** you must attend a minimum of 75% of the 2-hour "KPAP Training". Attendance and participation are monitored during the training. After the training, email Jennifer.ToribioNaas@ky.gov and request a training evaluation. Once the evaluation has been completed, you will receive a CEU certificate.

2023 KPAP PROGRESS

by Bryant Hileman

Currently, we have increased the amount of patients by 10.1% over 2023. We are projected to finish the calendar year with an 18.5% increase in the amount of Kentuckians served.

We have also increased the Average Wholesale Price of medications found by 17.22%. We are projected to finish the calendar year with a 26.79% increase in the average wholesale price value of medications.

Lastly, we have increased the amount of 90-day prescriptions found by 1.23%. We are projected to finish the calendar year with an increase of 10.4%.

KPAP and its advocates have made major progress in expanding access to this program to more of our friends and neighbors in Kentucky!

MANDATORY TRAININGS FOR ALL KPAP ADVOCATES

by Jennifer Toribio Naas

All new KPAP advocates are required to complete the "Drug Assistant" training and the "KPAP Training" within 90 days of sign-up. These trainings are mandatory and you only have to attend each one once.



The "Drug Assistant" training is held the third Wednesday of every month. It is an excellent introduction to the Drug Assistant software. The "KPAP Training" is held the last Wednesday of every month.

Once an advocate completes both mandatory trainings, we will send out a Certificate of Completion for finishing all four hours of required KPAP trainings. We will also send you a small gift to show our appreciation!

GSK PAP PORTAL ACCOUNT

by Tessa Jessie

GlaxoSmithKline (GSK) recommends that "Patient Advocates" create an account on their self-register Patient Assistance Program Portal to streamline the process of program enrollment.

You can create a **FREE** account by clicking [HERE!](#) GSK offers several services on their website listed below:

- **Eligibility Pre-Screening:** Use the online enrollment functionality to get an on-screen eligibility pre-determination.
- **Patient Enrollments:** Simplified process means faster enrollment times.
- **Patient Management:** Use the interactive dashboard to see case status and more.
- **Secure Messaging:** Send HIPAA compliant electronic messages from within the portal to a program team member.

The GSK Program Hotline is operational Monday through Friday 8 AM - 8 PM EST at 1-866-728-4368.

UNVEILING NEW HORIZONS: A RECAP OF OUR INSPIRING KY VOICES FOR HEALTH CONFERENCE 2023

by Tessa Jessie

I am excited to share the highlights of KPAP's recent participation in the groundbreaking KY Voices for Health (KVH) Conference 2023, where we delved into the latest advancements, breakthroughs, and trends shaping the future of healthcare. It was an incredible opportunity to connect with experts, learn from industry leaders, and discover innovative solutions through advocacy initiatives. Here's a glimpse into our experience:

1. EMPOWERING KEYNOTE PRESENTATIONS

Renowned thought leaders and industry experts took the stage to share their insights, experiences, and vision for the future of healthcare. These inspiring keynote presentations covered a wide range of topics, from Medicaid Renewals, Community Health Worker Reimbursement, Research on the Impact of Medicaid During Crisis and Recovery and 2024 Legislative Preview for Advancing Policies for a Healthy KY. Their expertise challenged our perspectives and fueled our drive to make a positive impact in the healthcare landscape.



Executive Director of KVH, Emily Beauregard

2. ENGAGING PANEL DISCUSSIONS

The conference provided a platform for engaging panel discussions that brought together experts from diverse domains within the healthcare sector. These discussions fostered lively conversations, enabling us to gain different perspectives on pressing issues such as community professionals sharing their experiences in helping Kentuckians get life-changing care and support that was out of reach. It was truly inspiring to witness the collective wisdom and collaborative spirit among the panelist actively working in our communities.

3. NETWORKING OPPORTUNITIES

One of the most valuable aspects of attending the conference was the networking opportunities it offered. We connected with like-minded professionals, industry insiders, and potential collaborators from around the Commonwealth. Engaging in meaningful conversations, we exchanged ideas, shared best practices, engaged with questions as the audience and forged valuable connections that will undoubtedly shape our future endeavors through cross-sector collaborations.

TOP QUOTE FROM PANELIST SPEAKER

“

Listen to hear OR listen to learn”

Tiffany Taul-Scruggs

Understanding the importance as an advocate of meeting your patients where they are at, listening to their needs and treating them like a human through compassion is **ESSENTIAL**.

Community members tend to already feel like they are second-class citizens. It is refreshing to provide an empathic approach to our patients by advocating for their needs and unique situations.

By attending conferences, health fairs, etc. we are being given opportunities to network not only with organizations but also to our friends and neighbors that actively see the impact our work brings. We show up, talk of what we do, show them what we do and it builds rapport as someone who can share beneficial resources and knowledge.

KPAP ATTENDS THE ANNUAL KENTUCKY RURAL HEALTH ASSOCIATION CONFERENCE 2023 CELEBRATING 25 YEARS!

by Tessa Jessie

The Kentucky Prescription Assistance Program (KPAP) had the opportunity to exhibit at the 25th Annual Kentucky Rural Health Association (KRHA) Conference in Bowling Green, KY November 16th and 17th. The Western KY Community Consultant, Bryant Hileman and the Eastern KY Community Consultant, Tessa Jessie were in attendance.

Each year the KRHA features a wide range of topics presented by field-based speakers through their breakout sessions for attendees.



A few of the sessions the Community Consultants joined in on to listen was the "Access to Healthcare and Mental Health Services: Community Health Assessment Findings from Marshall County, KY" and "MEDICAID 101."

This event not only presented fantastic opportunities to grow our knowledge base with other healthcare industry peers. We were able to network and converse with industry leaders actively seeking ways to help their patients eliminate healthcare access barriers.

KPAP's main objective is to assist **ALL** Kentuckians in gaining access to prescription drug assistance programs offered by drug manufacturers, discount medication programs and discount pharmacy programs at a free or reduced rate. The community consultants were able to discuss with attendees how the Kentucky Prescription Assistance Program (KPAP) works, how to refer patients to the KPAP Hotline and offer to train facilities to become advocates for their local communities.

Please contact our **KPAP Hotline at 1-800-633-8100** that is available M-F 8 AM to 4 PM EST if you know of **ANY** location in your local area that would be interested in having a community consultant attend an event, educate your staff about the program or discuss the potential of becoming an advocate location to get the process started.



RECOGNIZING AWARENESS MONTHS

by Tessa Jessie

Learning about awareness months is important for several reasons that shed light on important issues that may not receive widespread attention throughout the year. By recognizing and learning about a dedicated month to a specific cause or topic, we have the opportunity to bring awareness to the challenges, experiences and needs of individuals or communities associated with that issue.

Awareness months provide a platform for education and understanding. They offer a chance to learn about different perspectives, experiences, and struggles faced by various groups. This knowledge helps break down stereotypes, fosters empathy and promotes inclusivity through acceptance.

Additionally, awareness months often coincide with advocacy campaigns, fundraising efforts and community events. By participating in these activities, we can actively contribute to positive change, support organizations working on the ground and create a sense of unity among those passionate about the cause. Learning about awareness months encourages ongoing learning and empowers us to be informed for our communities.

DECEMBER 2023

SEASONAL AFFECTIVE DISORDER (SAD) AWARENESS MONTH

It is that time around the holidays where seasonal depression effects millions of Americans. It is a recurrent pattern every year and for many it can last four to five months. [Health Hub by Valley Oaks](#) states, "Seasonal affective disorder is more than just the 'winter blues.' People with seasonal affective disorder experience mood changes and symptoms similar to depression. These changes usually occur during the fall and winter months, and they can be distressing and interfere with day-to-day life."



The purpose of the annual campaign is to bring awareness to the existence of this mental health condition and understanding the importance is in the diagnosis of SAD. According to the [National Institute of Mental Health](#), "SAD occurs much more often in women than in men. Winter-pattern SAD also occurs more often than summer-pattern SAD." It is highly recommended when you experience these mood shifts to seek a consultation from a mental health professional regarding the cause, symptoms, treatment options, and preventative measures in reducing the chances of acquiring SAD.

What are the symptoms of SAD?

- Change in appetite
- Change in sleeping patterns
- Feeling sad or having a depressed mood
- Feelings of irritability, frustration or restlessness
- Feeling worthlessness or hopelessness
- Decreased energy, increased fatigue
- Difficulty thinking and concentrating
- Physical aches, headaches, cramps, etc.
- Thoughts of death or suicide

Activities to help with SAD:

- Doing something you enjoy
- Going outside in the sunlight
- Spending time with friends and family
- Eating healthier more balanced food options

Seek professional help:

- Psychotherapy (talk therapy)
- Light therapy
- Medications (i.e. Vitamin D supplements)



BOOSTING YOUR MOOD INTERACTIVE ACTIVITY!



Practice gratitude by writing a journal or list of things you are thankful for.



Cultivate self-compassion and self-confidence by being kind to yourself.



Do something nice for someone else.



Listen to happy music, laugh, or look at positive images to lift your spirits.



JOURNAL CHALLENGE



Write down something you are proud of in yourself or a goal for your future!

RECOGNIZING AWARENESS MONTHS CONTINUED...

by Tessa Jessie

JANUARY 2024

CERVICAL AWARENESS MONTH

January is a significant month for raising awareness about cervical health. Cervical Awareness Month aims to educate women about the importance of regular screenings, early detection and prevention of cervical cancer. By shedding light on this preventable disease, we can empower women to take charge of their health.

During January Cervical Awareness Month, various organizations, healthcare providers and communities collaborate to spread awareness. They each provide information through educational campaigns, workshops, social media engagement initiatives, events to meet first-hand with patients and often offer **FREE** or **REDUCED-COST** cervical screenings for those who may face financial barriers.



Understanding Cervical Cancer:

Cervical cancer affects the cervix, the lower part of the uterus. It is primarily caused by persistent infections of high-risk types of human papillomavirus (HPV). While cervical cancer is a major health concern, it is highly preventable and can be detected at an early stage through regular screenings.

Symptoms of Cervical Cancer (Mayo Clinic)

- Vaginal bleeding after intercourse, between periods or after menopause
- Menstrual bleeding that is heavier and lasts longer than usual
- Watery, bloody vaginal discharge that may be heavy and have a foul odor
- Pelvic pain or pain during intercourse

Risk Factors (Mayo Clinic)

- Smoking tobacco
- Increasing number of sexual partners
- Early sexual activity
- Other sexually transmitted infections
- A weakened immune system
- Exposure to miscarriage prevention medicine

Prevention (Mayo Clinic)

- Ask your doctor about the HPV vaccine
- Have routine Pap tests
- Practice safe sex
- Don't smoke

Educational Resource Links:

- [Cervical Cancer Fact Sheet - American Cancer Society](#)
- [Cervical Cancer Fact Sheet - CDC](#)

Health Screening Resource Links:

- [Find a Screening Program Near You - Kentucky](#)

HOW MUCH DO YOU KNOW ABOUT GYNECOLOGIC
CANCERS? TAKE THE **QUIZ** BY CLICKING THE ICON!



RECOGNIZING AWARENESS MONTHS CONTINUED...

by Tessa Jessie

FEBRUARY 2024

NATIONAL CANCER PREVENTION MONTH

Observed in February, National Cancer Prevention Month spotlights the importance of proactive measures in reducing the risk of cancer through cancer prevention strategies, promote healthy lifestyles, and motivating individuals for early detection efforts. We can make huge strides in reducing the burden of cancer on individuals, families and communities. Let's take a deep dive into the significance of this month and explore key topics related to it's prevention.

Understanding Cancer Prevention:

Cancer prevention involves consistent practices that reduce the risk of developing cancer. Although not all cancers can be prevented, research suggests that a vast amount of cancer cases can be attributed to lifestyle factors and environmental exposures.

Promoting Healthy Lifestyle Choices:

A top priority is focusing on a healthy lifestyle. This includes a balanced diet with limited processed foods, sugary drinks and red meats. Regular physical activity, such as exercise or active hobbies is crucial! Click [HERE](#) for a "Active People, Healthy Nation" PDF by the CDC for strategies to increase physical activity!

Included below is the recommended activity for different age groups!



Preschool-Aged Children

(3-5 Years)

Physical activity everyday throughout the day



Children & Adolescents

(6-17 Years)

60 minutes+ of moderate to vigorous intensity



Adults

(18-64 Years)

At least 150 minutes a week of moderate intensity



Older Adults

(65 Years+)

At least 150 minutes a week of moderate intensity



Avoiding Tobacco and Alcohol:

Tobacco use is a leading cause of preventable cancers such as lung, throat and oral cancers. This month emphasizes how vital it is to your health to quit smoking and avoiding secondhand smoke. Additionally, excessive alcohol assumption has been linked to increased risk of certain cancers, such as those of the breast, liver and mouth.

Educational Resource Links:

- [Physical Activity Guidelines PDF - CDC](#)
- [Physical Activity Age Group Recommendations - CDC](#)



MYPLATE MATCH GAME

Test what you know about the food groups!

[CLICK HERE](#)

KPAP WORD SEARCH

"PHARMACEUTICAL COMPANIES"

By Troy Chisholm

FIND THE WORD IN THE PUZZLE



Words can go in any direction



Words can share letters as they cross each other

B i o n t e c h P j n e J Z e o d u e e
 T m i e h l e g n I r e g n i r h e o B
 V a T O k p P S r n A L v H v l K T g j
 B v k c z f C z l s X d D h b K J X H s
 T U r e i e T b t Y n v S S b j o o e Y
 E e V z d I s r S w k b o k A w h c o D
 M O e k w a a i K p r G h c b z n V F w
 V r J L C Z J K t C e S H m q e s b z S
 v j F Q e y v d B r y K X o i f o n a S
 o p J n L N L y G t a r i c O P n G a I
 s L e b q o f M M h B v S c n x J q Y i
 i c q J R v L J o l a d o P T s o J C s
 a J u u R o c h e d a i f N p N h h o A
 a g D t a N r F R e e w Z C E J n t n z
 O d S v q o E U l m A r n g X T s m l j
 l a B X i r a i r M u T n e c k o C v n
 u C w b z d G A b j A p B a g s n V c w
 g z n y J i h v L a P A z U I m s S G Z
 B G Z P u s L x U J G j a U I g A q j q
 m T V U w k E l i L i l l y H d M E m M

AbbVie

Bayer

Eli Lilly

JohnsonJohnson

Novartis

Roche

Amgen

Biontech

GileadSciences

Merck

NovoNordisk

Sanofi

AstraZeneca

BoehringerIngelheim

GSK

Moderna

Pfizer

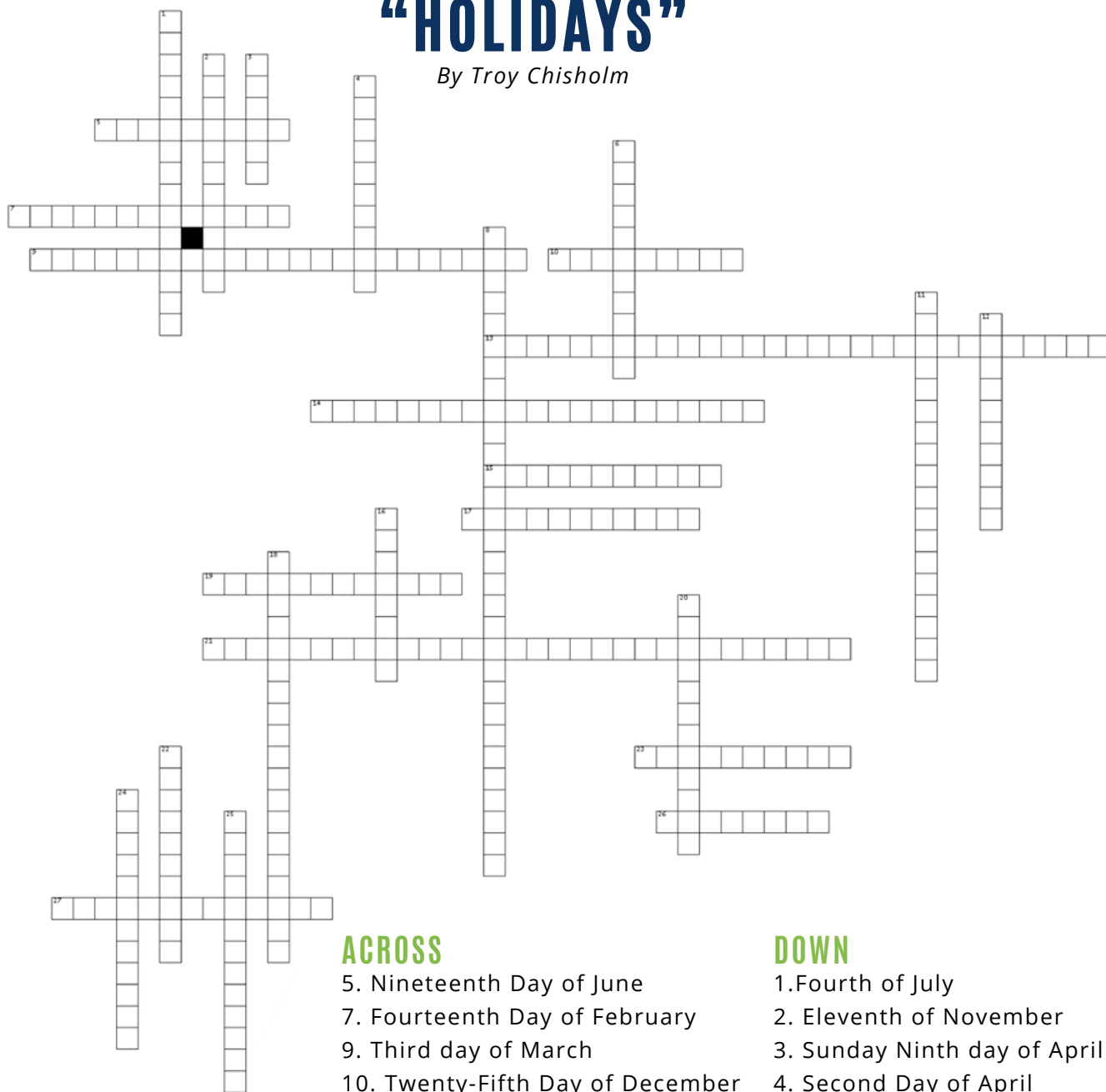
Takeda

Answer Key is on the last page of the newsletter.

KPAP CROSSWORD PUZZLE

"HOLIDAYS"

By Troy Chisholm



**USE THE CLUES TO FILL IN
THE WORDS ABOVE**



Words can go across or down



Letters are shared when the words intersect

ACROSS

5. Nineteenth Day of June
7. Fourteenth Day of February
9. Third day of March
10. Twenty-Fifth Day of December
13. Twenty-Ninth of March
14. Sixteenth Day of January
15. The Ninth of October
17. Tenth day of November
19. Twenty Second Day of January
21. Twenty-Sixth Day of April
23. Seventh Day of April
26. Fourth Day of September
27. Twentieth Day of February

DOWN

1. Fourth of July
2. Eleventh of November
3. Sunday Ninth day of April
4. Second Day of April
6. Twenty-Ninth Day of May
8. Second Day of May
11. Third Day of February
12. Eighteenth Day of June
16. First Day of January
18. Twentieth Day of January
20. Second Day of February
22. Fourteenth Day of May
24. Twenty-Third Day of November
25. Seventeenth Day of March

Answer Key is on the last page of the newsletter.

SEASONAL RECIPES BY THE KPAP TEAM

NURTURING FAMILY TRADITIONS

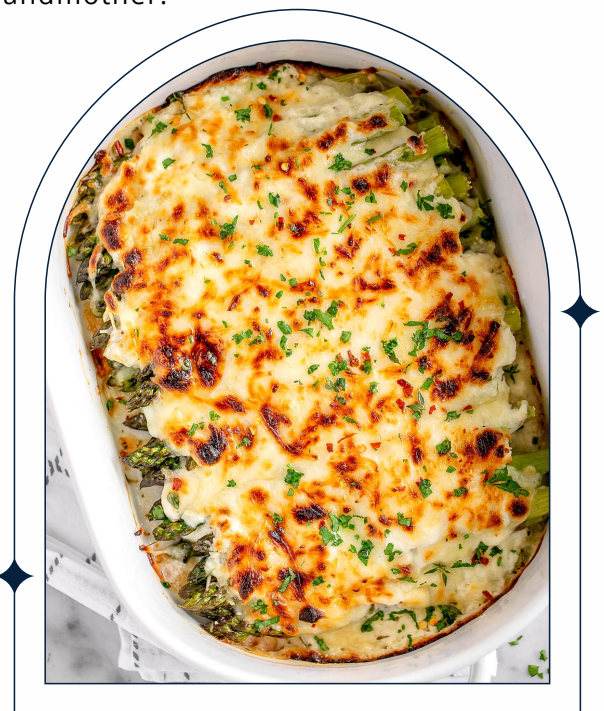
ASPARAGUS CASSEROLE

by Kimberly Bowman

This recipe is very forgiving, and the ingredients below are not exact so you can adjust to your desired thickness of sauce, amount of crust and spice. The recipe is always served as a side at our family table on Christmas as a tradition started by my great grandmother.

INGREDIENTS:

- 2 lbs. of fresh asparagus (blanched and dried) or 3 (15 oz) cans of asparagus spears, drained
- 2 jars of Old English Cheese
- 1/8 to 1/4 teaspoon of cayenne pepper (to taste)
- 2 cups of milk
- 4 tablespoons of flour
- 5 tablespoons of butter or margarine
- Approximately 2 cups of ritz cracker crumbs
- Approximately 1/2 stick of melted, unsalted butter
- Optional: Add about 6 hard-boiled eggs sliced into approximately 1/8 of an inch thick
- Optional: If doing low carb delete the cracker crumbs all together and use slivered almonds



INSTRUCTIONS:

- Preheat oven to 350 degrees. In a 9x13" baking dish. Mix melted, unsalted butter and cracker crumbs. Place about 3/4 of crumbs in the bottom of baking dish and press them to form a crust. Spread your asparagus spears evenly over cracker crumbs. Place optional sliced eggs evenly over asparagus.
- Melt 5 tablespoons of butter to add your flour and stir until all flour is dissolved about 2 minutes, then add milk slowly while stirring until well combined. When sauce is hot, add cheese and cayenne pepper and stir until well combined and slightly thickened. Pour over asparagus.
- Top with remaining cracker crumbs. Sprinkle paprika lightly over crumb topping. Bake for approximately 30 min or until cheese is bubbly and cracker crumbs are golden brown.

ENJOY! FROM OUR FAMILY TO YOURS THIS HOLIDAY SEASON!

SEASONAL RECIPES BY THE KPAP TEAM

NURTURING FAMILY TRADITIONS

PUMPKIN ROLL

by Tessa Jessie

What is your favorite holiday dessert? For me... it's pumpkin roll. I think the days leading up to the holidays give us each a time to reflect on childhood memories and one of mine is learning how to make a pumpkin roll with my mom and grandma. Now that I am older, I cherish those memories even more that I hope to share them one day with my future kids as an annual tradition. This classic take on a traditional pumpkin roll is extra fluffy, creamy and delicious that can be served at the dinner table or even as a gift!

CAKE ROLL INGREDIENTS:

- 1 cup granulated sugar
- 3/4 cups all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon pumpkin spice homemade blend
 - 2 teaspoons each of ground ginger & nutmeg
 - 1 1/2 teaspoons cloves
 - 3 tablespoons cinnamon
- 1/4 teaspoon salt
- 3 large eggs
- 2/3 cup pumpkin puree
- 1 teaspoon vanilla extract

INSTRUCTIONS:

- Preheat oven to 375 degrees. Line a 18x13 in pan with parchment paper.
- In a large bowl, whisk to combine sugar, flour, baking powder, pumpkin spice and salt. Add in the eggs, pumpkin puree and vanilla. Mix until combined.
- Pour the batter onto the prepared baking sheet and spread it into an even layer.
- Bake the cake roll for 12-15 minutes, until the top springs back when gently poked and no longer sticky.
- While the cake is baking, lay a clean towel out and sprinkle with powdered confectioner's sugar.
- When the cake is finished baking immediately turn it out onto the towel (parchment paper can remain for right now) and begin to roll the cake into a log form to cool for about 60 minutes.
- Hand mixer the confectioner's sugar, cream cheese, butter, heavy cream, & vanilla until smooth
- When the cake roll is cool, carefully unroll the cake and spread an even layer of cream cheese frosting all over leaving a 1/2-inch perimeter uncovered around the edges.
- Roll the cake back up without the parchment paper and towel and transfer to a serving plate. Cover with plastic wrap and place in fridge to chill before serving. When ready, unwrap the cake, dust with confectioner's sugar. Slice and serve!



CREAM CHEESE FILLING:

- 3 cups powdered confectioner's sugar
- 2 blocks of 8oz cream cheese room temperature
- 5 tablespoons unsalted butter room temperature
- 2 tablespoons heavy cream
- 1 teaspoon vanilla extract

MONTHLY "KPAP TRAINING" SCHEDULE

You must register in advance for this training. After registering, you will receive a confirmation email about joining the training. It is highly recommended that you attend this training at least once. This training focuses on teaching you how to do the actual KPAP process. You will be shown how to enter patients into the system, how to find medications and what next steps you need to complete the prescription assistance application process. Please note that these trainings can also be offered on a one-on-one basis to any advocate or organization. The trainings can be personalized for your organization's needs. Please contact Jennifer.ToribioNaas@ky.gov if you would like to schedule personalized training.

12/20/23	TRAINER: Tessa Jessie TIME: 10am - 12pm EST LINK HERE REGISTER IN ADVANCE FOR THIS TRAINING.
1/31/24	TRAINER: Bryant Hileman TIME: 10am - 12pm EST LINK HERE REGISTER IN ADVANCE FOR THIS TRAINING.
2/28/24	TRAINER: Tessa Jessie TIME: 10am - 12pm EST LINK HERE REGISTER IN ADVANCE FOR THIS TRAINING.
3/27/24	TRAINER: Bryant Hileman TIME: 10am - 12pm EST LINK HERE REGISTER IN ADVANCE FOR THIS TRAINING.

DRUG ASSISTANT TRAINING SCHEDULE

All KPAP advocates must attend the Drug Assistant Training within 90 days of sign-up. You only need to attend this training once. This training gives a general overview of the Drug Assistant software. You will need to register in advance for the Drug Assistant training on TRAIN.org/ky.

HOST: ILEANA BATISTA OF DRUG ASSISTANT

12/13/23
10a-12p EST

1/17/24
10a-12p EST

2/21/24
10a-12p EST

3/20/24
10a-12p EST

KPAP "OFFICE HOUR" SCHEDULE & LINKS

These are informal meetings that you can join at any time by just clicking the link! Office Hours are an opportunity for advocates to socialize, network and be curious. Please feel free to ask any questions about KPAP, the Drug Assistant software or a KPAP case that you have during these hours. We are here to help!

DEC**27****CANCELLED DUE TO HOLIDAY****JAN****10****HOST: KIMBERLY BOWMAN**

10am - 11am EST

[JOIN HERE](#)**FEB****7****HOST: JENNIFER TORIBIO NAAS**

10am - 11am EST

[JOIN HERE](#)**MAR****6****HOST: TROY CHISHOLM**

10am - 11am EST

[JOIN HERE](#)**TOPIC SUGGESTION?
CONTACT US!**

HOW DO I SIGN UP FOR MY TRAINING WITH *Drug Assistant?*

PLEASE FOLLOW THESE STEPS TO REGISTER FOR THE TRAINING:

The 2-hour Drug Assistant training is held once a month. The training is an excellent introduction to the Drug Assistant software. In the training, Account Manager, Ileana Batista, of Drug Assistant provides a basic overview of the software and how to use it. She is available to answer any questions. All new KPAP advocates must attend the training at least once within 90 days of sign-up.

Step 1:

SIGN UP

You will need to sign in to your TRAIN account. If you do not already have a TRAIN account, you can create a free account at www.train.org/ky

Step 2:

LOG IN

Once you are logged in to the TRAIN site (www.train.org/ky), click on the "Course Catalog" tab up at the top.

Step 3:

SEARCH

In the Search Box, type in the Course Title "Drug Assistant GoTo Training 1071427 Webinar" and then click on the "search" icon.

Step 4:

LOCATE

Click on the first search result that shows up, which is the "Drug Assistant GoTo Training 1071427 Webinar".

Step 5:

REGISTER

You will be able to see all of the session dates available. Register for the session you wish to sign up for.




ADDITIONAL INFORMATION:

This training is ONLY for KPAP advocates. Unauthorized individuals who sign up for the training will not be allowed to participate. Registration for training closes two days before each scheduled class.

You will receive a link via email the evening prior to the training. If you have not received your login information by the morning of, please contact Ileana Batista at Drug Assistant by calling 713-299-6736.


UPCOMING CONFERENCES AND TRAININGS



KY Public Health Association Annual Conference

Dates: 3/6/24 - 3/6/24
Location: Louisville, KY

[LINK HERE](#)



KY Asthma Partnership (KAP) Symposium

Dates: 5/8/24
Location: Louisville, KY

[LINK TBD](#)

REQUEST A COMMUNITY CONSULTANT AT YOUR EVENT

by Tessa Jessie

We would love to connect with your organization, educate your team, or exhibit at your next event!

- Conference
- Health fair
- Speaking engagement to educate your staff or community members

Please contact our **KAP Hotline at 1-800-633-8100** to be given the contact information of the local Community Consultant in your area to schedule.



NETWORK
Together



COLLABORATE
Initiatives



IMPROVE
Lives

CONNECT & MEET OUR KPAP TEAM



Shellie Wingate
Health Care Access Branch
Manager
Shellie.Wingate@ky.gov



Jennifer Toribio Naas, MSW, CSW
Health Care Access Branch
KPAP Program Administrator
Jennifer.ToribioNaas@ky.gov



Troy Chisholm
KPAP Hotline/ Citizen
Assistance Specialist
Troy.Chisholm@ky.gov



Kimberly Bowman
KPAP Hotline/ Health
Advocate Administrator
Kimberly.Bowman@ky.gov



Bryant Hileman
Western KY Community Consultant,
Consultant Supervisor
Bryant.Hileman@ky.gov



Tessa Jessie, CPC
Eastern KY Community Consultant
Tessa.Jessie@ky.gov

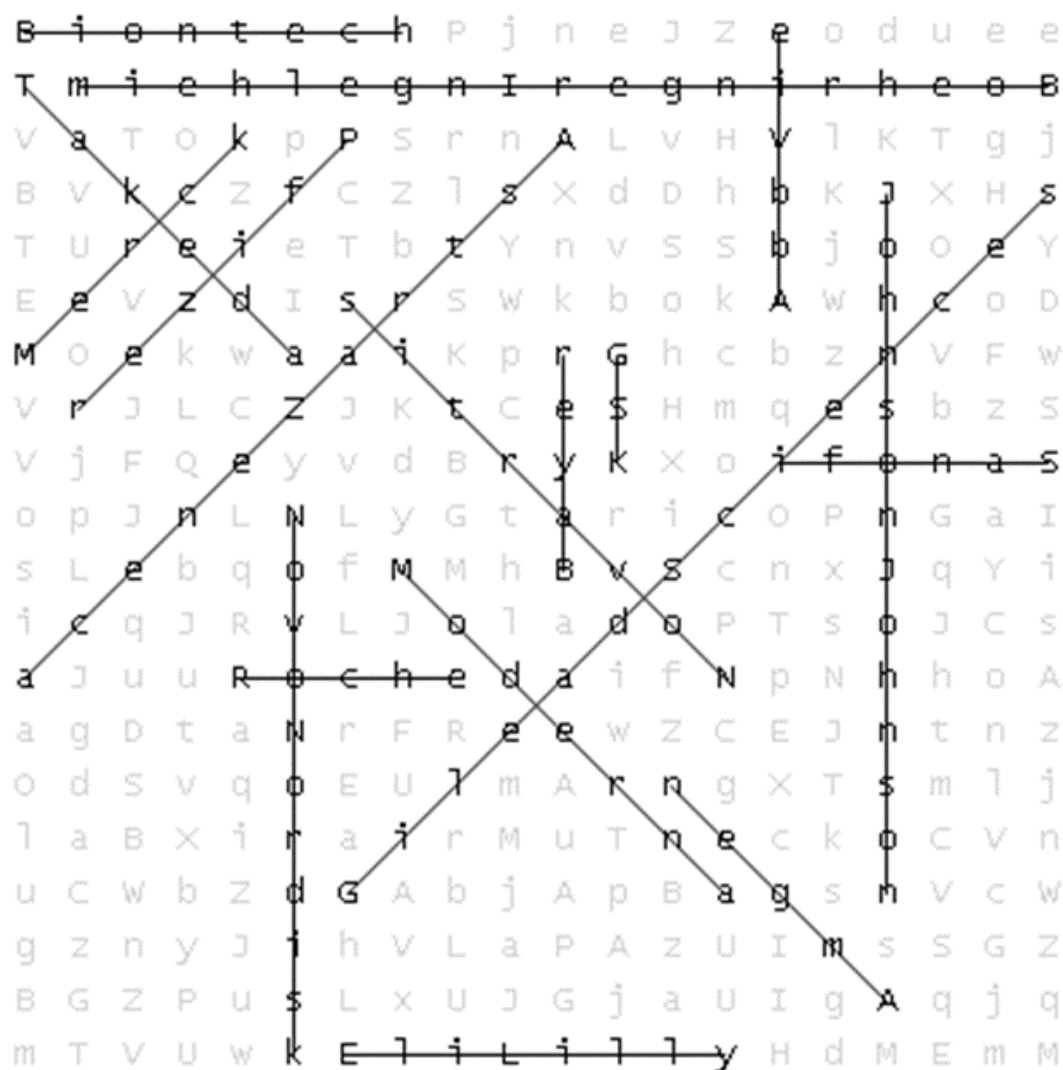
Call our **KPAP Hotline** with any questions you may have at **1-800-633-8100**. We are available Monday through Friday 8 AM to 4 PM EST.

If you are not sure which Community Consultant is assigned to your county, please contact the hotline and we will provide you with their information!



Kentucky Public Health
Prevent. Promote. Protect.

WORD SEARCH ANSWER KEY



AbbVie

Bayer

Eli Lilly

Johnson Johnson

Novartis

Roche

Amgen

Biontech

Gilead Sciences

Merck

Novo Nordisk

Sanofi

AstraZeneca

Boehringer Ingelheim

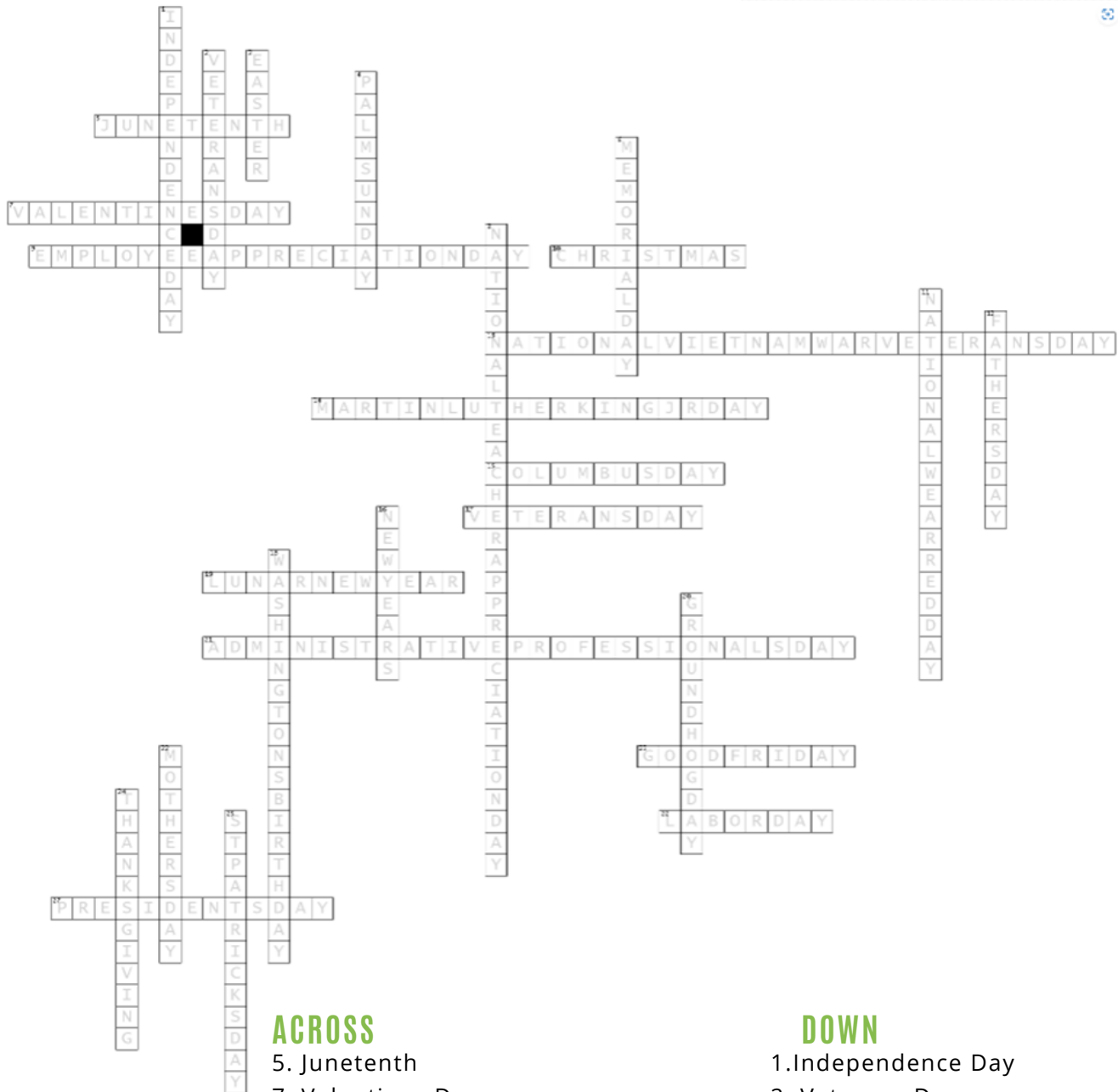
GSK

Moderna

Pfizer

Takeda

CROSSWORD PUZZLE ANSWER KEY



ACROSS

5. Junetenth
7. Valentines Day
9. Employee Appreciation Day
10. Christmas
13. National Vietnam War Veterans Day
14. Martin Luther King Jr Day
15. Columbus Day
17. Veterans Day
19. Luna New Year
21. Administrative Professionals Day
23. Good Friday
26. Labor Day
27. Presidents Day

DOWN

1. Independence Day
2. Veterans Day
3. Easter
4. Palm Sunday
6. Memorial Day
8. National Teacher Appreciation Day
11. National Wear Red Day
12. Fathers Day
16. New Years
18. Washingtons Birthday
20. Ground Hog Day
22. Mothers Day
24. Thanksgiving
25. St Patricks Days

MLA CITED SOURCES

“Cervical Cancer.” Mayo Clinic, Mayo Foundation for Medical Education and Research, 2 Sept. 2023, www.mayoclinic.org/diseases-conditions/cervical-cancer/symptoms-causes/syc-20352501.

“December Is Seasonal Affective Disorder Awareness Month.” Valley Oaks Health, 22 June 2023, valleyoaks.org/health-hub/december-is-seasonal-affective-disorder-awareness-month/.

“Seasonal Affective Disorder.” National Institute of Mental Health, U.S. Department of Health and Human Services, www.nimh.nih.gov/health/publications/seasonal-affective-disorder. Accessed 4 Dec. 2023.

“What Works: Strategies to Increase Physical Activity.” Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 8 June 2023, www.cdc.gov/physicalactivity/activepeoplehealthnation/strategies-to-increase-physical-activity/index.html.